

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:00 Long Word, Short Word, Lobby 3:00 Dance Party, Lobby 6:00 Paramount Plus Movie, Connections Cafe	10:00 Exercise, Lobby 11:00 Morning Walk 11:00 Music w/David Sturdevant, Lobby 1:00 Board Games, Lobby 2:00 Coloring, 5th floor art studio 3:30 Word Games, Lobby 6:00 Movie, Connections Cafe	9:00 Zumba, Connections Cafe 10:00 Morning Walk 11:00 Art & Craft: Confetti Bud Vase, 5th floor art studio 2:00 Afternoon Walk 3:00 Cocktail Trivia, Lobby 6:00 Paramount Plus Movie, Connections Cafe	10:00 Weekly Excursion 11:30 Cinco de Mayo Lunch Celebration 1:00 Piano Music w/Natalie, Lobby 2:00 Cooking w/Christina, Lobby 2:30 Trader Joe's Shopping Trip 3:00 Dance Party, Lobby 6:00 Saturday Night Movie, Connections Cafe
1:00 Chair Yoga, Lobby 2:00 Spiritual Eldercare, Connections Cafe 3:00 Mahjong w/Emmy, Lobby 6:00 Sunday Night Movie, Connections Cafe	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Bingo! 2:00 AAPI Month Documentary: Terracota Army (Ancient China), Connections Cafe 3:00 Afternoon Walk 3:30 Brain Games, Lobby 6:00 Paramount Plus Movie	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Movie: Terms of Endearment, 3rd floor theater (Paramount Plus) 2:00 Who's Who?, Lobby 3:00 Afternoon Walk 3:30 DrumFit, Lobby 6:00 Paramount Plus Movie, 3rd floor theater	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:00 Long Word, Short Word, Lobby 3:00 Live Music: Christopher Alexander, Lobby 6:00 Paramount Plus Movie, Connections Cafe	10:00 Exercise, Lobby 11:00 Morning Walk 11:00 Learn Cantonese w/Emmy, Connections Cafe 1:00 Board Games, Lobby 2:00 Coloring, 5th floor art studio 3:30 Word Games, Lobby 6:00 Paramount Plus Movie, Connections Cafe	9:00 Zumba, Connections Cafe 10:00 Morning Walk 11:30 Mother's Day Buffet 1:00 Game Show TV 2:00 Afternoon Walk 3:00 Cocktail Trivia, Lobby 6:00 Paramount Plus Movie, Connections Cafe	10:00 Weekly Excursion 11:30 Mother's Day Tea, Lobby 1:00 Piano Music w/Natalie, Lobby 2:00 Karaoke w/Christina, Lobby 2:30 Walmart Shopping Trip 3:00 Dance Party, Lobby 6:00 Saturday Night Movie, Connections Cafe
1:00 Chair Yoga, Lobby 2:00 Spiritual Eldercare, Connections Cafe 3:00 Board Games, Lobby 6:00 Sunday Night Movie, Connections Cafe	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Bingo! 2:00 Taste & Talk: Chinese Bun & Dumplings, Lobby 3:00 Afternoon Walk 3:30 Brain Games, Lobby 6:00 Paramount Plus Movie	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Movie: Stepmom, 3rd floor theater (Paramount Plus) 2:00 Who's Who?, Lobby 3:00 Afternoon Walk 3:30 DrumFit, Lobby 6:00 Paramount Plus Movie, 3rd floor theater	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:00 Long Word, Short Word, Lobby 3:00 Live Music: Johnny Blair, Lobby 6:00 Paramount Plus Movie, Connections Cafe	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Board Games, Lobby 2:00 Coloring, 5th floor art studio 3:30 Word Games, Lobby 6:00 Paramount Plus Movie, Connections Cafe	9:00 Zumba, Connections Cafe 10:00 Morning Walk 11:00 Board Games, Lobby 1:00 Game Show TV, Connections Cafe 2:00 Afternoon Walk 3:00 Jazz Therapists, Lobby 6:00 Paramount Plus Movie, Connections Cafe	10:00 Weekly Excursion 1:00 Piano Music w/Natalie, Lobby 2:00 Cooking w/Christina, Lobby 2:30 Target Run 3:00 Dance Party, Lobby 6:00 Saturday Night Movie, Connections Cafe
1:00 Chair Yoga, Lobby 2:00 Spiritual Eldercare, Connections Cafe 3:00 Engage VR w/Emmy 6:00 Sunday Night Movie, Connections Cafe	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Resident Meeting, Connections Cafe 2:00 AAPI Documentary: Pearl of Gion: Return of Miyako Odori (Geisha story), Connections Cafe 3:00 Afternoon Walk 3:30 Brain Games, Lobby 6:00 Paramount Plus Movie	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Movie: Dumplin', 3rd floor theater (Netflix) 2:00 Who's Who?, Lobby 3:00 Afternoon Walk 3:30 DrumFit, Lobby 6:00 Paramount Plus Movie, 3rd floor theater	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:00 Long Word, Short Word, Lobby 3:00 Live Music: Larrie Noble, Lobby 6:00 Paramount Plus Movie, Connections Cafe	10:00 Exercise, Lobby 11:00 Morning Walk 11:00 Learn Cantonese w/Emmy, Connections Cafe 1:00 Board Games, Lobby 2:00 Coloring, 5th floor art studio 3:30 Word Games, Lobby 6:00 Paramount Plus Movie, Connections Cafe	9:00 Zumba, Connections Cafe 10:00 Morning Walk 11:00 Board Games 1:00 Taste & Talk: Seniorita Bread (Filipino) 2:00 Afternoon Walk 3:00 Cocktail Trivia, Lobby 6:00 Paramount Plus Movie, Connections Cafe	10:00 Weekly Excursion 1:00 Piano Music w/Natalie, Lobby 2:00 Karaoke w/Christina, Lobby 2:30 Trader Joe's Shopping Trip 3:00 Dance Party, Lobby 6:00 Saturday Night Movie, Connections Cafe
1:00 Chair Yoga, Lobby 2:00 Spiritual Eldercare, Connections Cafe 3:00 Board Games, Lobby 6:00 Sunday Night Movie, Connections Cafe	10:00 Exercise, Lobby 11:30 Memorial Day BBQ 1:00 Bingo! 2:00 Mark Weins: Korean Street Food, Connections Cafe 3:00 Afternoon Walk 3:30 Brain Games, Lobby 6:00 Paramount Plus Movie	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Movie: Earth Mama, 3rd floor theater (Paramount Plus) 2:00 May Birthday Party, Lobby 2:00 Food for Thought, TBD 3:30 Afternoon Walk 6:00 Paramount Plus Movie, 3rd floor theater	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:00 Long Word, Short Word, Lobby 3:00 Live Music: TBD, Lobby 6:00 Paramount Plus Movie, Connections Cafe	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Board Games, Lobby 2:00 Coloring, 5th floor art studio 2:00 Green Food Series Pt. 5: Matcha Latte! 3:30 Word Games, Lobby 6:00 Paramount Plus Movie, Connections Cafe	9:00 Zumba, Connections Cafe 10:00 Morning Walk 11:00 Board Games 1:00 Game Show TV, Connections Cafe 2:00 Afternoon Walk 3:00 Cocktail Trivia, Lobby 6:00 Paramount Plus Movie, Connections Cafe	

MAY 2024

Independent Living



ACTIVITY LOCATOR KEY

May is
Asian-American
& Pacific
Islander
Heritage Month