

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Please contact our Program Director or Community Life Associate for further information regarding outings</b></p>		<p><b>Quote of the Month:</b> You are never too old to set another goal or to dream a new dream." - C.S. Lewis</p>	<p>9:15 Monthly Gazette 9:30 Balance Exercise Group 2:00 Movie and Popcorn 4:00 Daily Riddler: Nature Riddles 6:30 Pokeno</p>	<p>9:15 Teacher Appreciation Talk 9:45 Flexibility Exercise Group <b>10:10 WU Garden Club- May Flowers</b> 2:00 Hahtzee <b>3:15 Happy Hour with Trixie Tincher and Cinco De Mayo Drinks</b> 6:00 Poker with the Guys</p>	<p>9:15 Kick Ball 9:30 Newspaper and Coffee Social 10:00 Bingo <b>2:30 WU Colorful Crowd with Julie</b> 4:00 Walking World of Wonder 6:00 Late Night Uno</p>	<p><b>9:00 Wall the Heals Outing</b> 9:30 Current Events and Coffee Social 10:00 Bingo 2:00 Saturday Movie and Popcorn: Ticket to Paradise 4:00 Walking World of Wonder 6:00 Saturday Night Trivia</p>
<p><b>Cinco De Mayo</b> 9:30 Newspaper and Coffee Social 10:30 Bingo 1:00 Scripture Reading 2:30 Hymn Singing 3:15 Poetry Hour-Haiku <b>3:30 WU Documentary Club- Colorado Wildflower</b> 5:00 Walking Group</p>	<p>9:30 Newspaper and Coffee Social 9:45 Cardio Group 10:15 Thank you Cards for National Nurses Week <b>3:00 Bible Study and Hymn Singing</b> <b>4:00 Bible Study Discussion</b> 6:00 Bananagrams</p>	<p>9:30 Newspaper and Coffee Social <b>10:00 WU Culture Club- British Culture</b> 10:15 Meditation with Naaha 2:00 Bingo <b>3:15 WU Find the Difference-VR</b> 6:00 Bubble Burst Game</p>	<p><b>9:15 Pastries and Mom-osas: Mothers Day Party</b> <b>10:15 WU Creative Crafts with Sandy</b> 2:00 Movie and Popcorn 2:00 1:1 In-Rooms 6:30 Pokeno</p>	<p><b>9:00 Dr. Arnold Podiatry Visit</b> 9:15 Flexibility Exercise Group <b>10:00 WU Food Club- Shrimp Cocktails</b> <b>11:30 HTeaO Outing</b> 2:30 Popular Authors from History <b>3:15 Happy Hour with Sheree and Tina</b> 6:30 Poker with the Guys</p>	<p>9:30 Balance Exercise 10:00 Bingo <b>2:30 WU Colorful Crowd with Julie</b> 4:00 Walking World of Wonder 6:00 Late Night Uno</p>	<p>9:30 Current Events and Coffee Social 10:00 Bingo 2:00 Saturday Movie and Popcorn: Six Days and Seven Nights 4:00 Walking World of Wonder 6:00 Saturday Night Trivia</p>
<p><b>Mothers Day</b> 9:30 Newspaper and Coffee Social 10:30 Bingo 1:00 Scripture Reading 3:15 Gratitude Hour <b>3:30 WU Documentary Club- Jamestown Virginia</b> 6:30 Walking Group</p>	<p><b>9:00 WU History Buffs: Apple Pie Day</b> 9:45 Cardio Group 10:15 Fifties Trivia 1:30 Hahtzee <b>3:00 Bible Study and Hymn Singing</b> <b>4:00 Bible Study Discussion</b> 6:00 Bananagrams</p>	<p>9:30 Newspaper and Coffee Social 10:00 Morning Topic of Discussion 10:15 Meditation with Naaha 2:00 Bingo 3:00 Daily Riddler: May Riddles 6:00 Bubble Burst Game</p>	<p><b>9:15 WU Women's Health Month</b> 9:30 Balance Exercise Group <b>10:00 WU Food Club: Cooking Demo- Salads</b> <b>2:00 WU Music and Memories</b> 3:00 WU Better Sleep Discussion 6:30 Pokeno</p>	<p>9:45 Flexibility Exercise Group 10:00 Newspaper and Coffee Social <b>11:00 Mens Lunch Outing</b> <b>2:30 Craft Club: Stained Glass</b> <b>3:15 Happy Hour with Sheree and Tina</b> 6:30 Poker with the Guys</p>	<p>9:30 Newspaper and Coffee Social 10:00 Bingo <b>2:30 Sweet and Sour Social Hour</b> 3:30 Junk Drawer Detective 4:00 Walking World of Wonder 6:00 Late Night Uno</p>	<p>9:30 Current Events and Coffee Social 10:00 Bingo 2:00 Saturday Movie and Popcorn: Day After Tomorrow 4:00 Walking World of Wonder 6:00 Saturday Night Trivia</p>
<p>9:30 Newspaper and Coffee Social 10:30 Bingo 1:00 Scripture Reading 2:30 Hymn Singing 3:15 Poetry Hour <b>3:30 WU Documentary Club- Ben and Jerry's</b> 6:30 Walking Group</p>	<p><b>9:00 WU History Buffs: Buddy Poppy Day Trivia</b> 9:45 Cardio Group <b>10:00 WU Food Club: Ham and Pickle Rolls</b> <b>3:00 Bible Study and Hymn Singing</b> <b>4:00 Bible Study Discussion</b> 6:00 Bananagrams</p>	<p>9:30 Newspaper and Coffee Social 9:45 Exercise Group Strengthening 10:15 Meditation with Naaha 2:00 Bingo <b>3:15 WU Medical Talk with Tim</b> <b>3:15 Songs and Smiles Karaoke Karl</b> 6:00 Bubble Burst Game</p>	<p>9:30 Balance Exercise Group <b>10:00 WU Food Club: Vanilla Pudding Parfait</b> 2:00 Movie and Popcorn 2:00 1:1 In-Rooms 3:00 Cranium Crunches <b>4:00 WU My home town w/Shanece</b> 6:30 Pokeno</p>	<p><b>9:10 WU Turtle Day Information Session</b> 9:45 Flexibility Exercise Group 10:00 Scrabble Challenge 2:30 Turtle Dream Bar Social <b>3:15 Happy Hour with Sheree and Tina</b> 6:30 Poker with the Guys</p>	<p>9:30 Newspaper and Coffee Social 10:00 Bingo <b>2:30 WU Brothers Day Mens Club</b> 3:00 Brain Teasers 4:00 Walking World of Wonder 6:00 Late Night Uno</p>	<p>9:30 Current Events and Coffee Social 10:00 Bingo 2:00 Saturday Movie and Popcorn: My Big Fat Greek Wedding 4:00 Walking World of Wonder 6:00 Saturday Night Trivia</p>
<p>9:30 Newspaper and Coffee Social 10:30 Bingo 1:00 Scripture Reading 2:30 Hymn Singing 3:15 Gratitude Hour <b>3:30 WU Documentary Club- Yellow Submarine (Beatles Day)</b> 6:30 Walking Group</p>	<p><b>Memorial Day</b> 9:00 Cardio Group <b>9:30 Memorial Day Event</b> 10:15 Sixties Trivia <b>3:00 Bible Study and Hymn Singing</b> <b>4:00 Bible Study Discussion</b> 6:00 Bananagrams</p>	<p><b>9:15 WU Red Hat Singing Club</b> 9:30 Newspaper and Coffee Social 9:45 Exercise Group Strengthening 10:15 Meditation with Naaha 2:00 Bingo <b>3:15 WU Walking trail of Oklahoma-VR</b> 6:00 Bubble Burst Game</p>	<p>9:30 Balance Exercise Group <b>10:15 WU Biography Club: Shakespeare</b> <b>1:00 WU Resident Art Showcase with Sheree</b> 2:00 Movie and Popcorn 2:00 1:1 In-Rooms 3:00 Resident Council Meeting 6:30 Pokeno</p>	<p>9:15 Flexibility Exercise Group 9:30 Mel Blanc Trivia 1:30 Laughter Yoga <b>2:00 WU Book Club</b> <b>3:15 Happy Hour with Johnny Tincher</b> 6:30 Poker with the Guys</p>	<p>9:30 Newspaper and Coffee Social 10:00 Bingo <b>2:00 WU Modern Trivia: Clint Eastwood</b> 4:00 Walking World of Wonder 6:00 Late Night Uno</p>	

**MAY 2024**  
**Assisted Living**  
PARKVIEW  
IN FRISCO  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**

Living- L

**Color Key**  
Green- Spirit  
Blue- Watermark University  
Orange- Outings  
Pink- Entertainment/Special Event

May Birthdays  
Norma Baker May 10th  
Don Mason May 23rd

