

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>"The month of May is the gateway to summer."</i>	ADDITIONAL INFO HERE	ADDITIONAL INFO HERE	A.M. Wednesday Workout Refreshments We All Scream for Ice Cream Hey, It's May Day Baskets P.M. Exercise - Range of Motion <b>Singing with Dave</b> Precious Memories. <b>1</b>	A.M. Discussion - Table Talk Tidbits <b>WU Gardening Club</b> Chair Zumba Painting With A Twist Happy Hour Entertainment P.M. Evening Stroll <b>2</b>	A.M. Friday Fitness Hawaiian Lei Day Refreshments <b>WU Craft Club: Moon Pie Art</b> Exercise - Strength P.M. In2L Brain Challenge Activity Basket Fun <b>3</b>	A.M. Saturday Fitness Refreshments Favorite Photo Contest P.M. <b>WU Culinary Club-Vanilla Pudding with a Twist</b> Exercise- Strength Evening- In2L Furry Friend <b>4</b>
A.M. Stretch It Out Refreshments <b>Sunday Devotional Hymn</b> Praise and Worship P.M. A Day in the Life Exercise - Balance Relax With Jazz Music <b>5</b>	A.M. In2L Tai Chi Sing-A-Long Monday Refreshments Morning Devotional <b>WU Craft Club/Color &amp; Me</b> P.M. Thank you Nurses Day Exercise - Cardio <b>6</b>	A.M. Rise and Shine Fitness Refreshments Sing - A - Long Tuesday Catholic Service/Communion <b>PB&amp;J Day</b> P.M. Virtual Reality - Hawaiian Islands <b>7</b>	A.M. Wednesday Workout Refreshments Blowing Bubbles Activity <b>Music Therapy with Ivor</b> P.M. Travelogue-France WWII Remembrance Day Precious Memories <b>8</b>	A.M. <b>WU Gardening Club</b> Refreshments Exercise - Ball Toss Sing-A-Long with Susie P.M. Exercise - Range of Motion Happy Hour Entertainment Dining Helpers <b>9</b>	A.M. Friday Fitness Refreshments Food Fun- Daisy Cake P.M. In2L Brain Challenge Did Anybody Say BINGO Exercise - Breath Work Manicures & Music <b>10</b>	A.M. Sit & Be Fit Refreshments <b>WU Craft Club-Birds Paint by Number</b> P.M. Hostess Cupcake Day In2L: Sing-A-Long with Susie <b>11</b>
A.M. Sit & Be Fit Mother's Day Muffins&Mimosas <b>Sunday Devotional Hymn</b> Sing-A-Long P.M. Exercise - Strength Did Someone Say BINGO? <b>12</b>	A.M. Sing-A-Long Monday Refreshments Morning Devotional <b>WU Craft Club/Color &amp; Me</b> P.M. Celebrate Like A Mother to Me Exercise - Cardio <b>13</b>	A.M. Rise and Shine Fitness Refreshments <b>WU Craft Club: Poppy Pop Ups</b> P.M. Evening Stroll Virtual Reality America's National Parks <b>14</b>	A.M. Wednesday Workout Refreshments Bocce Ball Challenge P.M. Reading Theater Did Someone Say BINGO <b>Singing with Krystal</b> Evening Stroll <b>15</b>	A.M. <b>WU Gardening Club</b> Refreshments Name That Tune Challenge Won't You Be My Neighbor Game P.M. Happy Hour Entertainment Exercise - Range of Motion <b>16</b>	A.M. Friday Fitness Pack Rats Junk Drawer Detective P.M. Exercise - Cardio Aromatherapy Dough Activity Baskets Fun Dining Helpers <b>17</b>	A.M. Stretch It Out Refreshments Let's Take a Stroll Chessy Joke Challenge P.M. Family Movie Matinee AL Exercise - Cardio Dining Helpers <b>18</b>
A.M. Sit & Be Fit <b>Sunday Devotional Hymns</b> Exercise - Strength New Friends, Old Friends P.M. Stretch It Out Evening Hot Towel Therapy <b>19</b>	A.M. Sing-A-Long Monday Refreshments Queen Victoria for a Day Bocce Ball Challenge P.M. A Poppy to Remember Exercise - Range of Motion Dining Helpers <b>20</b>	A.M. Rise and Shine Fitness Refreshments <b>WU Art Club: Watercolors</b> P.M. Junk Drawer Detective Virtual Reality - China Evening Stroll <b>21</b>	A.M. Wednesday Workout Refreshments <b>WU Craft Club-Color&amp;Me</b> <b>Music Therapy with Ivor</b> P.M. Exercise - Balance Did Someone Say BINGO? In2L Classic Rock Radio <b>22</b>	A.M. <b>WU Gardening Club</b> Refreshments Penny for your Thoughts In2L: Memory Match Up P.M. Exercise - Range of Motion Happy Hour Entertainment Dining Helpers <b>23</b>	A.M. Friday Fitness Refreshments <b>WU Culinary Club-Mars Bar Rice Krispies Squares</b> Trivia Time P.M. <b>WU Book Club - Short Stories</b> <b>24</b>	A.M. Stretch It Out Refreshments Bean Bag Target Toss Name That Tune P.M. I'm in a Pickle Exercise-Strength Training Manicures & Music <b>25</b>
A.M. Sit & Be Fit Refreshments <b>Prestonwood Church Service</b> Hymn Sing-A-Long P.M. Precious Memories Match up Yellow Submarine Day Puzzles & Games <b>26</b>	A.M. Sing-A-Long Monday Refreshments Military Appreciation Day P.M. Exercise - Range of Motion Evening-Music & Relaxation Dining Helpers <b>27</b>	A.M. Rise and Shine Fitness  Daily Chronicle <b>WU Culinary Club: Cherry Cobbler</b> P.M. Virtual Reality: Niagara Falls Evening Stroll <b>28</b>	A.M. Wednesday Workout Refreshments Bull's Eye Target Toss Lets Take A Walk P.M. Exercise - Range of Motion Virtual Travel Club Precious Memories <b>29</b>	A.M. Discussion- Table Talk Tidbits <b>WU Gardening Club</b> Chair Zumba Painting with a Twist Happy Hour Entertainment P.M. Manicures and Music Evening Stroll <b>30</b>	A.M. Friday Fitness Refreshments <b>WU Culinary Club- May Day Cookies</b> Can You Picture This Exercise - Strength P.M. In2L Brain Drain Contest <b>31</b>	

**MAY 2024**  
**Memory Care**  
 **PARKVIEW**  
 IN FRISCO  
 A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**  
 ADDITIONAL INFO HERE

*Happy Birthday*  
*Richard Hatcher 5/31*

*"Be like a flower and turn your face to the sun"*

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