

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |
|--|--|--|--|---|--|---|
| <b>Holidays:</b><br><b>5/1- May Day</b><br><b>5/5- Cinco De Mayo</b><br><b>5/12- Mother's Day</b><br><b>5/18- Armed Forces Day</b><br><b>5/27- Memorial Day</b>  |  | <b>Happy Birthday!</b><br><ul style="list-style-type: none"> <li>James P. 5/5</li> <li>Barbara W. 5/14</li> <li>Elinor F. 5/16</li> <li>Elise W. 5/30</li> </ul>   | <b>National Chocolate Parfait Day!</b><br>Today's Chronicle Discussion<br>Gentle Movement<br>Group Storytelling<br>Wonders of the World: Great Wall of China - iN2L<br><b>Chocolate Parfait Making</b><br>Wednesday Walk<br>Wednesday Western <b>1</b> | Today's Chronicle Discussion<br>Movement and Music<br>Open Art Studio<br>Animal Trivia - iN2L<br>Table Activities<br>Walk in the Park<br>Documentaries <b>2</b>   | Today's Chronicle Discussion<br>Chair Zumba<br>Reminiscing - iN2L<br><b>Sign Language w/ Michael (WU)</b><br>Puzzles<br>Fast Friday Walk<br>Friday Night Movie <b>3</b>            | Today's Chronicle Discussion<br>Chair Yoga<br><b>Kentucky Derby Live Stream</b><br>Word Find<br>Rick Steves Travel: Austria - iN2L<br>Lakeside Stroll<br>Movie Madness <b>4</b>   |
| <b>"Cinco De Mayo Celebraion"</b><br>Today's Chronicle Discussion - 2<br>Strength Training on 1<br><i>Detective Legends: Sherlock Holmes - iN2L</i><br><b>12 Noon Mother's Day Luncheon on 1</b><br>Chair Volleyball<br>Table Activities<br>Afternoon Stroll<br>Sunday Musicals <b>5</b> | Today's Chronicle Discussion<br>Morning Exercise w/ Michael<br><b>Musical Mirrors: Bing Crosby w/ Marmie (WU)</b><br><i>Cinco De Mayo History - iN2L</i><br>Basketball<br>Happy Feet Walkers<br>Movie Monday <b>6</b>      | Today's Chronicle Discussion<br>Balance & Strength<br>Spotlight on Inventors: Patricia Bath- iN2L<br>Bingo<br><b>VR Nature Exploration</b><br>Puzzles & Games<br>Neighborhood Walk<br>Classic Movie <b>7</b> | Today's Chronicle Discussion<br>Gentle Movement<br>Group Storytelling<br>Wonders of the World: Chichen Itza at Mexico - iN2L<br>Wednesday Walk<br>Wednesday Western <b>8</b>   | Today's Chronicle Discussion<br>Movement and Music<br>Open Art Studio<br>Decades Trivia: 1950s - iN2L<br>Community Kitchen: <i>Guacamole and Salsa Making</i><br>Walk in the Park<br><b>4:30 Dementia Support Group with Heidi Latora-Petersen, LVN, RCFE</b><br>Documentaries <b>9</b>                 | Today's Chronicle Discussion<br>Chair Zumba<br>Reminiscing - iN2L<br><b>Sign Language w/ Michael (WU)</b><br><b>Happy Hour</b><br>Fast Friday Walk<br>Friday Night Movie <b>10</b> | Today's Chronicle Discussion<br>Chair Yoga<br>Word Find<br>Watercolor<br>Rick Steves Travel: Mexico - iN2L<br>Lakeside Stroll<br>Movie Madness <b>11</b>                          |
| <b>"Mother's Day"</b><br>Today's Chronicle Discussion - 2<br>Strength Training on 1<br><i>Detective Legends: Hercule Poirot- iN2L</i><br>Chair Volleyball<br>Name That Tune - iN2L<br>Table Activities<br>Afternoon Stroll<br>Sunday Musicals <b>12</b>                                  | Today's Chronicle Discussion<br>Morning Exercise w/ Michael<br><i>Mother's Day History - iN2L</i><br><b>2:00 PM - Music with Danny on 1</b><br>Basketball<br>Happy Feet Walkers<br>Movie Monday <b>13</b>                  | Today's Chronicle Discussion<br>Balance & Strength<br>Spotlight on Inventors: Nikola Tesla- iN2L<br>Bingo<br><b>2:00 Music with David</b><br>Neighborhood Walk<br>Classic Movie <b>14</b>                    | Today's Chronicle Discussion<br>Gentle Movement<br>Group Storytelling<br>Wonders of the World: Machu Picchu - iN2L<br><i>Mom's Sereni-Tea Celebration</i><br>Wednesday Walk<br>Wednesday Western <b>15</b>   | Today's Chronicle Discussion<br>Movement and Music<br>Water Painting<br>Mother's Day Trivia - iN2L<br><b>VR Nature Exploration</b><br>Walk in the Park<br>Documentaries <b>16</b>   | Today's Chronicle Discussion<br>Chair Zumba<br>Reminiscing - iN2L<br><b>Sign Language w/ Michael (WU)</b><br>Puzzles<br>Fast Friday Walk<br>Friday Night Movie <b>17</b>           | Today's Chronicle Discussion<br>Chair Yoga<br>Word Find<br>Watercolor<br>Rick Steves Travel: Italy - iN2L<br>Lakeside Stroll<br>Movie Madness <b>18</b>                           |
| <b>"AAPI Heritage Week"</b><br>Today's Chronicle Discussion - 2<br>Strength Training on 1<br><i>Detective Legends: Nancy Drew - iN2L</i><br>Chair Volleyball<br>Name That Tune - iN2L<br>Table Activities<br>Afternoon Stroll<br>Sunday Musicals <b>19</b>                               | Today's Chronicle Discussion<br>Morning Exercise w/ Michael<br><b>Musical Mirrors: Ella Fitzgerald w/ Marmie (WU)</b><br>Basketball<br>Happy Feet Walkers<br>Movie Monday <b>20</b>  | Today's Chronicle Discussion<br>Balance & Strength<br>Spotlight on Inventors: Benjamin Franklin- iN2L<br>Bingo<br><b>2:00 Music with Todd on 1</b><br>Neighborhood Walk<br>Classic Movie <b>21</b>           | Today's Chronicle Discussion<br>Gentle Movement<br>Group Storytelling<br>Wonders of the World: Petra - iN2L<br><b>VR Nature Exploration</b><br>Wednesday Walk<br>Wednesday Western <b>22</b>   | Today's Chronicle Discussion<br><b>10:00 Outing: The Little Farm at Tilden</b><br>Movement and Music<br>Open Art Studio<br>AAPI Heritage Trivia - iN2L<br><b>2:30 Resident Birthday Celebration</b><br><b>4:30 A Night to Remember with Heidi Latora-Petersen, LVN, RCFE</b><br>Documentaries <b>23</b> | Today's Chronicle Discussion<br>Chair Zumba<br>Reminiscing - iN2L<br><b>Sign Language w/ Michael (WU)</b><br><b>Happy Hour</b><br>Fast Friday Walk<br>Friday Night Movie <b>24</b> | Today's Chronicle Discussion<br>Chair Yoga<br>Word Find<br><b>Memorial Day BBQ Celebration</b><br>Rick Steves Travel: Greece - iN2L<br>Lakeside Stroll<br>Movie Madness <b>25</b> |
| <b>"Memorial Day Week"</b><br>Today's Chronicle Discussion - 2<br>Strength Training on 1<br><i>Detective Legends: Jessica Fletcher - iN2L</i><br>Chair Volleyball<br>Name That Tune - iN2L<br>Table Activities<br>Afternoon Stroll<br>Sunday Musicals <b>26</b>                          | Today's Chronicle Discussion<br>Morning Exercise w/ Michael<br><b>Musical Mirrors: Louis Armstrong w/ Marmie (WU)</b><br><i>Memorial Day Parade Watching</i><br>Basketball<br>Happy Feet Walkers<br>Movie Monday <b>27</b> | Today's Chronicle Discussion<br>Balance & Strength<br>Spotlight on Inventors: Leonardo da Vinci- iN2L<br>Patriotic Bingo<br><b>VR Nature Exploration</b><br>Neighborhood Walk<br>Classic Movie <b>28</b>     | Today's Chronicle Discussion<br>Gentle Movement<br>Group Storytelling<br>Wonders of the World: Taj Mahal - iN2L<br><b>Global Snack Tasting: Baltic</b><br>Memory Lane Walk<br>Wednesday Western <b>29</b>  | Today's Chronicle Discussion<br>Movement and Music<br>Open Art Studio<br>Patriotic Trivia - iN2L<br><b>Rootbeer Float with Jazz Music</b><br>Walk in the Park<br>Documentaries <b>30</b>  | Today's Chronicle Discussion<br>Chair Zumba<br>Reminiscing - iN2L<br><b>Sign Language w/ Michael (WU)</b><br>Puzzles<br>Fast Friday Walk<br>Friday Night Movie <b>31</b>           |   |

**MAY 2024**



**LAKESIDE PARK**  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

| ACTIVITY LOCATOR KEY | WU - Watermark University<br>1 - 1st Floor<br>2 - 2nd Floor<br>iN2L - It's Never too late activity program<br>VR - Virtual Reality |
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**\*All activities are subject to change**