

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			HAPPY NEW YEAR! 9:30 Coffee and News (LR) 10:00 Rose Bowl Parade on TV 10:30 History of the Ball Drop (LR) 12:30 Bridge Group (CLR) 1:00 History Buffs: Chinese Culture (LR) 2:00 Music with Dave (MC) 2:00 Themed Movie, Popcorn & Drinks (LR) 2:00 Calendar Building Creations (LR) 3:15 Bulletin Board Photos (LR) 6:00 Evening Brain Puzzles (LR) 1	9:30 Coffee and News (LR) 9:45 Exercise: Flexibility (LR) 10:15 10:30 WU Card Making Club 1:00 Community Life Meeting with Sheree (LR) 2:00 WU Book Club w/ Sheree (LR) 3:15 Entertainment & Happy Hour with Johnny 6:00 Evening Movie (LR) 2	9:30 Coffee and News (LR) 10:00 Bingo (LR) 10:30 Did you Know? Young Presidents 1:30 Reedy Orchestra Performance 2:30 WU Colorful Crowd with Julie (LR) 3:30 Brain Challenging Puzzles 4:30 Dinner (DR) 6:00 Late night Trivia with Tina 3	9:30 Coffee and News (LR) 10:00 Bingo (LR) 10:30 Did you Know? Young Presidents 1:30 Corn Hole Toss (LR) 2:30 Trivia (LR) 3:00 Trivia (LR) 6:00 Evening Movie (LR) 4
7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Sunday Stretches (LR) 10:30 BINGO (LR) 11:30 Lunch (DR) 1:00 Hymn Singing 2:00 Church Service on TV (LR) 3:00 Sheree Walking Club(DR) 4:30 Dinner (DR) 6:00 Mocktail Hour (DR) 5	9:30 Coffee and News (LR) 9:45 Exercise Group: Cardio (LR) 10:15 Trivia Group: Finishing Lines Challenge 10:30 Gametime: Domino's / Mexican Train 1:00 Resident Room visits 2:00 Precious Moments - Yesterday's Remedies 2:30 Communion Service (CLR) 3:00 Bible Study & Hymn Singing with Pastor 6:00 Puzzles (LR) 6	7:30 Breakfast (DR) 9:30 Daily News (FP) 9:45 Exercise Group: Strength (LR) 10:15 Meditation with Neha (LR) 10:30 11:00 OUTING: Lunch Bunch 11:30 Lunch (DR) 1:00 Crazy Rummy with Sheree (LR) 2:00 BINGO - (LR) 3:15 WU Travel Club 4:30 Dinner (DR) 6:00 Evening Movie (LR) 7	9:30 Coffee and News (LR) 9:45 Exercise Group: Balance (LR) 10:15 Chat Pack 10:30 WU Creative Crafts with Sandy (LR) 12:30 Bridge Group (CLR) 1:30 Arts Class with IL Resident Judy Mason (LR) 2:30 Themed Movie, Popcorn & Drinks 2:00 Calendar Building Creations (LR) 3:15 Bulletin Board Photos (LR) 6:00 Evening Brain Puzzles (LR) 8	9:30 Coffee and News (LR) 9:45 Exercise: Flexibility (LR) 10:15 10:30 WU Blankets of Love (LR) 1:30 Medical Talk with HealthPro Heritage (LR) 2:00 WU Book Club w/ Sheree (LR) 3:15 Entertainment & Happy Hour with 6:00 Evening Movie (LR) 9	9:30 Coffee and News (LR) 10:00 Bingo (LR) 10:30 Did you Know? 11:30 Lunch (DR) 2:30 WU Colorful Crowd with Julie (LR) 3:30 Brain Challenging Puzzles 4:30 Dinner (DR) 6:00 Late night Trivia with Tina 10	9:30 Coffee and News (LR) 10:00 Bingo (LR) 1:30 Corn Hole Toss (LR) 2:30 Coloring Corner (LR) 3:00 Trivia (LR) 6:00 Evening Movie (LR) 11
7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Sunday Stretches (LR) 10:30 BINGO (LR) 11:30 Lunch (DR) 1:00 Hymn Singing 2:00 Church Service on TV (LR) 3:00 Sheree Walking Club(DR) 4:30 Dinner (DR) 6:00 Mocktail Hour (LR) 12	9:30 Coffee & News (LR) 9:45 Exercise Group: Cardio (LR) 10:15 Trivia Group: Finishing Words Challenge 10:30 Music Therapy with Luisa 1:00 Resident Room visits 2:00 Precious Moments - Anti Antics 3:00 Bible Study & Hymn Singing with Pastor Bill (DR) 6:00 Jazz Music (LR) 13	9:30 Coffee and News (LR) 9:45 Exercise Group : Strength (LR) 10:15 Meditation with Neha (LR) 10:30 WU Culinary Club 1:00 Crazy Rummy with Sheree (LR) 2:00 BINGO- LR 3:15 WU Songs & Smiles w/ Karl (LR) 6:00 Evening Movie (LR) 14	9:30 Coffee and News (LR) 9:45 Exercise Group: Balance (LR) 10:15 Chat Pack 10:30 WU Sheree's Art Enthusiasts: 12:30 Bridge Group (CLR) 2:00 Music with Krystal (MC) 2:00 Themed Movie, Popcorn & Drinks (LR) 2:00 Calendar Building Creations (LR) 3:15 Bulletin Board Photos (LR) 6:00 Evening Brain Puzzles (LR) 15	9:30 Coffee and News (LR) 9:45 Exercise: Flexibility (LR) 10:15 10:30 WU Scrapbooking / Photos (LR) 2:00 WU Book Club w/ Sheree (LR) 3:15 Entertainment & Happy Hour with 6:00 Evening Movie (LR) 16	9:30 Coffee and News (LR) 10:00 Bingo (LR) 2:00 Coloring Corner (LR) 2:30 Total Hearing Care Visit (LR) 3:15 Social with Nicki (LR) 6:00 Friday Night Dominoes 17	9:30 Coffee and News (LR) 10:00 Bingo (LR) 1:30-3:30 Board Game Day with Golden Hearts Club (LR) 3:00 Trivia (LR) 6:00 Evening Movie (LR) 18
7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Sunday Stretches (LR) 10:30 BINGO (LR) 11:30 Lunch (DR) 1:00 Hymn Singing 2:00 Church Service on TV (LR) 3:00 Sheree Walking Club(DR) 4:30 Dinner (DR) 6:00 Mocktail Hour (LR) 19	9:30 Coffee & News (LR) 9:45 Exercise Group: Cardio (LR) 10:15 Trivia Group: Finishing Lyrics Challenge 10:30 Gametime: UNO Cards 1:00 Resident Room visits 2:00 Precious Moments - Memorable Birthdays 3:00 Bible Study & Hymn Singing with Pastor Bill (DR) 6:00 Jazz Music (LR) 20	9:30 Coffee and News (LR) 9:45 Exercise Group : Strength (LR) 10:15 Meditation with Neha (LR) 10:30 WU Culinary Club with Sheree (LR) 1:00 OUTING: NORMA'S Cafe for Pie 3:15 WU Songs & Smiles w/ Karl (LR) 6:00 Evening Movie (LR) 21	9:30 Coffee and News (LR) 9:45 Exercise Group: Balance (LR) 10:15 WU Creative Crafts 12:30 Bridge Group (CLR) 2:00 Themed Movie, Popcorn & Drinks 2:00 Calendar Building Creations (LR) 3:15 Bulletin Board Photos (LR) 6:00 Evening Brain Puzzles (LR) 22	9:30 Coffee and News (LR) 9:45 Exercise: Flexibility (LR) 10:15 10:30 WU Bulletin Board Updates (LR) 2:00 WU Book Club w/ Sheree (LR) 3:15 Entertainment & Happy Hour with 6:00 Evening Movie (LR) 23	9:30 Coffee and News (LR) 10:00 Bingo (LR) 2:00 Coloring Corner (LR) 3:30 Brain Challenging Puzzles 6:00 Friday Night Dominoes 24	9:30 Coffee and News (LR) 10:00 Bingo (LR) 1:30 Corn Hole Toss (LR) 2:30 Coloring Corner (LR) 3:00 Trivia (LR) 6:00 Evening Movie (LR) 25
7:30 Breakfast (DR) 9:30 Coffee and News (LR) 10:00 Sunday Stretches (LR) 10:30 BINGO (LR) 11:30 Lunch (DR) 1:00 Hymn Singing 2:00 Church Service on TV (LR) 3:00 Sheree Walking Club(DR) 4:30 Dinner (DR) 6:00 Mocktail Hour (LR) 26	9:30 Coffee & News (LR) 9:45 Exercise Group: Cardio (LR) 10:15 Trivia Group: Name 10 Challenge 10:30 Group Yahtzee Challenge 1:00 Resident Room visits 2:00 Precious Memories - Learning to Dance 3:00 Bible Study & Hymn Singing with Pastor Bill (DR) 6:00 Jazz Music (LR) 27	7:30 Breakfast (DR) 9:30 Coffee and News (LR) 9:45 Exercise Group: Strength (LR) 10:15 Meditation with Neha (LR) 10:30 BINGO (LR) 11:30 Lunch (DR) 1:00 Mary Kay Museum Outing 2:00 The Price is Right Game Show with Sheree (DR) 3:30 Chat Pack 6:00 Evening Movie (LR) 28	9:30 Coffee and News (LR) 9:45 Exercise Group: Balance (LR) 10:15 WU Painting Club (LR) 12:30 Bridge Group (CLR) 2:00 Themed Movie, Popcorn & Drinks 2:00 Calendar Building Creations (LR) 3:15 Bulletin Board Photos (LR) 6:00 Evening Brain Puzzles (LR) 29	9:30 Coffee and News (LR) 9:45 Exercise: Flexibility (LR) 10:15 10:30 Red Hat Club Singing (LR) 2:00 WU Book Club w/ Sheree (LR) 3:15 Entertainment & Happy Hour with 6:00 Evening Movie (LR) 30	9:30 Coffee and News (LR) 10:00 Bingo (LR) 2:00 Coloring Corner (LR) 3:30 Brain Challenging Puzzles 6:00 Friday Night Dominoes 31	



JANUARY 2025

Assisted Living



ACTIVITY LOCATOR KEY

- DR- Dining Room
- LR- Living Room
- FP- Fire Place
- CLR- Community Life Room
- MC- Memory Care

Friendly Reminder:
Schedule changes may occur, changes will be posted on the daily schedule

Quote of the Month
January, the month of new beginnings and fresh starts, holds the key to unlock your biggest dreams

January Birthdays
Hans Kolb 01/09
Frances Belcastro 01/12
Joanie Edwards 01/24