

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Medical Transportation Appointment Request must be turned in one day prior by 2:00pm. All appointments must be within a 10 mile radius. Please note: Only one appointment per day per resident and First Come First Serve</p>			<p>New Years Day 10:00 Resistance Band Workout (AS) 12:00 Z Day: Zulu Inspired Friendship Pins (AB) 1:00 Pokeno (Next to 5212) 1:00 New Years Day Trivia and Prizes (BL) 2:00 National Bloody Mary Day: Bloody Mary Bar (BL) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 10:30 National Chocolate Covered Cherry Day: Chocolate Covered Cherries (BL) 1:30 Bingo (MP) 2:00 WU National Hot Tea Month: Significance of Tea from England (BL) 2:30 Community Life Meeting (BL) 2:30 Hymn Singing (next to 4111) 3:30 Introduction to Virtual Reality Glasses (BL) 6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 12:00 54th Street Outing 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 WU National Bird Day: Virtual Bird Watching using eBird (TH) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Lungs (BL) 10:30 Diamond Dots (BL) 10:30 Suad Sells (BL) 1:00 January Jeopardy (BL) 1:00 Portillos Chicago Style Hot Dogs Outing 1:30 Bingo (MP) 2:00/7:00 Movie: A Beautiful Mind (TH) 6:30 Chicken Foot (G)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Bernie (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 1:00 Chair Zumba (AS) 1:00 Delicious Deals: McDonald's Outing 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 3:00 New Resident Orientation (TH) 6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:00 Funny Basketball Day: Basketball Jokes and Harlem Globe Trotters Trivia (BL) 10:30 Parkview Book Club: The Three Mothers (L) 1:00 Crazy Rummy (G) 2:15 Happy Hour with Tony Macaroni (DR) 3:15 Jewelry Making: DIY Clay Jewelry Earrings (BL) 4:00-5:00 Resident Directory Pictures 6:30 Evening Movie: The Big Chill (TH)</p>	<p>10:00 Resistance Band Workout (AS) 11:00 History of the World with Rabbi Wolk (TH) 11:00-12:00 Resident Directory Pictures 1:00 Pokeno (Next to 5212) 1:00 Mary Kay Museum Tour Outing 1:00 Medical Talk with HealthPro Heritage (BL) 1:30 WU Bob Razz Painting Class: Winter Wonderland (AB) 2:30 English Toffee Day: Dessert Pairings (BL) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Tech Class: Social Media (BL) 10:30 WU Bible Study (MP) 12:30 Dear Abby Day: Advice Box for Parkview (BL) 1:30 Bingo (MP) 2:00 WU National Hot Tea Month: Significance of Tea from India (BL) 3:30 Background Immersion in Virtual Reality (BL) 4:00-5:00 Resident Directory Pictures 6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:00 -6:00 Blood Drive for Elias (LB) 11:30 Mystery Lunch Outing 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 WU National Bird Day: Virtual Bird Watching: Finding Birds Near You (TH) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Heart (BL) 10:30 Diamond Dots (BL) 1:00 Frisco Farmers Market Outing 1:30 Bingo (MP) 1:30 Valerie's Card Making Creations (AB) 2:00/7:00 Movie: Charlies Wilsons War (TH) 6:30 Chicken Foot (G)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Butch Cassidy and the Sundance Kid (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 1:00 Chair Zumba (AS) 1:00 Delicious Deals: Braum's Outing 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: The Three Mothers (L) 1:00 Crazy Rummy (G) 1:00 "Curiouser & Curiouser" Day: Zentangle Art Project (AB) 2:30 Makar Sankranti (Hindu Harvest Festival): Popular Indian Dessert and Harvest Trivia (BL) 6:30 Evening Movie: CELL (TH)</p>	<p>10:00 Resistance Band Workout (AS) 10:00 Grocery Shopping/Nail Salon Outing 1:00 Pokeno (Next to 5212) 1:00 History Buffs: Chinese (L) 1:30 WU Taste of the Holy Lands (1208) 2:30 Wacky Winter Wardrobe Day: Shredded T-Shirt Scarf (AB) 3:00 Bagel Day: Bagels and Bites (BL) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 12:30 National Popcorn Day: Popcorn Bar (BL) 1:30 Bingo (MP) 1:30 Leslie's Watercolor Art with Accent (AB) 2:00 Dementia and Its Stages Talk with Encompass Health (BL) 2:30 Hymn Singing (next to 4111) 3:00 Mad Hatters Book Club: The Chocolate Chip Cookie Murder by Joanne Fluke (L) 3:30 Virtual Golf (BL) 6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 1:00 Crazy Rummy (L) 1:00 JULIETS Women's Outing: The Biscuit Bar 1:00 National Bootleggers Day: Speakeasy and Moonshine (TH) 1:00/2:00/3:00 WU Live your Best Life (G) 3:30 Total Hearing Care Visit (L) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Kidneys (BL) 10:30 Julie's Abstract Art (AB) 10:30 Diamond Dots (BL) 1:00 Dolly Parton Day at the Truck Yard in The Colony Outing 1:30 Bingo (MP) 2:00/7:00 Movie: The Cider House Rules (TH) 6:30 Chicken Foot (G)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Fargo (TH)</p>	<p>Martin Luther King Day 9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 11:00 Inauguration Watch Party (BL) 1:00 Chair Zumba (AS) 1:00 Delicious Deals: Luby's Outing 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:00 Squirrel Appreciation Day: Squirrel Trivia and Prizes (BL) 10:30 Parkview Book Club: The Three Mothers (L) 1:00 Crazy Rummy (G) 2:15 Disco Day: Happy Hour with Doc Gibbs and Disco Party (DR) 3:15 Granola Bars Day: Taste Test (BL) 6:30 Evening Movie: The Good, The Bad, and the Ugly (TH)</p>	<p>10:00 Resistance Band Workout (AS) 10:00 Minnie Mouse Day: Create your own Minnie Mouse Mugs (AB) 12:00 ROMEO Mens Club: Mens Lunch Outing 1:00 Pokeno (Next to 5212) 1:30 Fall Prevention Talk with Jerry Gorman from HomeWell Care Services (TH) 2:00 Pinochle (G) 2:00 National Hobby Month: Hobby Showcase with Residents and Associates (AB) 3:00 Blonde Brownie Day: Blondies and Ice Cream (BL) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 Bingo (MP) 1:30 National Pie Day: DIY Pie Creations (BL) 2:30 WU National Hot Tea Month: Significance of Tea from China and Ceremonies (BL) 3:30 Virtual Duck Hunt (BL) 5:00 Mystery Dinner Outing 6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:00 WU Travel with Christianne: Istanbul (TH) 12:00 Saltgrass Outing 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 WU National Bird Day: Virtual Bird Watching: Northern Mockingbird (TH) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Pancreas (BL) 10:30 Julie's Abstract Art (AB) 10:30 Diamond Dots (BL) 11:45 Rolling Through the 40's and 50's with Dean Peters (DR) 1:00 Share Tea Bubble Tea Outing 1:30 Bingo (MP) 2:00/7:00 Movie: Chicago (TH) 6:30 Chicken Foot (G)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Driving Miss Daisy (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 1:00 Chair Zumba (AS) 1:00 Harris Jewelry Repair (BL) 1:00 Delicious Deals: Chick-Fil-A Outing 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30 Pokeno (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: The Three Mothers (L) 1:00 Crazy Rummy (G) 1:00 Data Privacy Class with Officer Lovell (TH) 2:00 Lego Day: Lego Trivia and Prizes (BL) 3:00 Kazoo Day: DIY Kazoo (AB) 6:30 Evening Movie: Casablanca (TH)</p>	<p>10:00 Resistance Band Workout (AS) 10:00 Grocery Shopping/Nail Salon Outing 1:00 Pokeno (Next to 5212) 1:00 Chinese New Year: Chinese New Year Party (BL) 2:30 Seeing Eye Day: Becoming a Seeing Eye Dog in London (TH) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 Bingo (MP) 1:30 WU National Hot Tea Month: Significance of Tea from Korea and Ceremonies (BL) 2:30 Krazy Karaoke in the Bistro (BL) 3:30 Getting to Know you Social (BL) 6:30 Pokeno (G)</p>	<p>8:00 Winstar Casino 9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 WU National Bird Day: Virtual Bird Watching: Scissor Tailed Flycatcher (TH) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>January Birthdays Dorothy Nachazel 01/01 Donna Adamo 01/02 Norma Bryant 01/03 Pat Apeland 01/05 Bill Priebe 01/06 Tim Scott 01/07 Don Sneed 01/07 Mike Moore 01/10 Richard Behning 01/14 Betty Fisher 01/17</p>

JANUARY 2025
Independent Living



PARKVIEW
 IN FRISCO
 A WATERMARK RETIREMENT COMMUNITIESSM

ACTIVITY LOCATOR KEY

AB- Art Breezeway
 AS- Aerobic Studio
 B1/4 Breezeway Between Bld 1/4
 BL- Bistro Lounge
 DO- Doctor's Office (#1102)

DR- Dining Room
 FP- Fire Place
 G- Game Room
 L- Library
 MP- Multipurpose Room

LB- Lobby
 P-Pool
 PD- Private Dining Room
 PT- Pool Table
 TH- Theater



WATERMARK
 RETIREMENT COMMUNITIESSM

Joanne Waddell 01/18
 Harold Covin 01/19
 Mary Bednarz 01/21
 Suad Abughazaleh 01/22
 Elaine Chepey 01/24
 Vicky Wright 01/24
 Diane Lampman 01/26
 Barbara McCorkle 01/26
 Patsy Geron 01/28
 Philip Salomone 01/30
 LaVonne Pietsch 01/31
 Sarah Simerly 01/31