

DECEMBER 29-JANUARY 4,



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12/29/24	12/30/24	12/31/24	1/1/25	1/2/25	1/3/25	1/4/25
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
MORNING MINGLE	MORNING MINGLE	MORNING MINGLE	MORNING MINGLE	MORNING MINGLE	MORNING MINGLE	MORNING MINGLE
HYDRATION	MONDAY MANICURES	GAMES W./ ELIZABETH	ROSE BOWL PARADE	BEAN BAG TOSS	MORNING MOVES	COMBINED CARDIO
LDS SACRAMENT	HYDRATION	HYDRATION	HYDRATION	HYDRATION	HYDRATION	BRAIN BREAKS
LUNCH	GOOD NEWS	GOOD NEWS	GOOD NEWS	GOOD NEWS	GOOD NEWS	THIS DAY IN HISTORY
REST & RELAX	THIS DAY IN HISTORY	THIS DAY IN HISTORY	THIS DAY IN HISTORY	THIS DAY IN HISTORY	THIS DAY IN HISTORY	LUNCH
WALKER'S CLUB	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	REST & RELAX
HYDRATION	REST & RELAX	REST & RELAX	REST & RELAX	REST & RELAX	REST & RELAX	WALKER'S CLUB
COLOR & CREATE	WALKER'S CLUB	WALKER'S CLUB	WALKER'S CLUB	WALKER'S CLUB	WALKER'S CLUB	HYDRATION
MUSIC & MOVEMENT	HYDRATION	HYDRATION	HYDRATION	HYDRATION	HYDRATION	BINGO
DINNER	FLOWER ARRANGING	BADMINTON	BADMINTON	CLAY ART	HAPPY HOUR &	DINNER
EVENING STROLL	MUSIC W/ LARRY	MUSIC & MOVEMENT	COLOR & CREATE	MUSIC & MOVEMENT	KARAOKE	EVENING STROLL
EVENING MOVIE	DINNER	DINNER	MUSIC & MOVEMENT	DINNER	DINNER	EVENING MOVIE
	EVENING STROLL	EVENING STROLL	DINNER	EVENING STROLL	EVENING STROLL	
	EVENING MOVIE	EVENING MOVIE	EVENING STROLL	EVENING MOVIE	EVENING MOVIE	
			EVENING MOVIE			