


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy New Year. We are thrilled to welcome you to our community and share all the wonderful events and engaging activities 2025 has in store!			New Year's Day 9:30am: Morning Fitness 10am: Daily Chronicles 11:00am: iN2L - The Price is Right 1:00pm: Floral Designing 2:00pm - Short Stories 2:30pm - Brain Games 3:00pm - Music & Movement 4:00pm - VR - Let's Explore 5:30pm - Cornhole Toss	9:30am: Morning Fitness: Sit & Stretch 10am: Daily Chronicles 11:am: iN2L - DID You Know? 1:00pm: (WU) Strokes of Art Series 2:00pm - Noodle-cise 3:00pm - Evening Stroll with Friends 4:00pm - This Day In History 6:30pm - Sensory and Reminiscence	9:30am: Chair Zumba 10:00am: Reminiscing - iN2L 11:00am: (WU) Sign Language 1:00pm - Mandala Painting 2:00pm - Take a Swing- Golf 3:00pm - Fast Friday Walk 4:00pm - Daily Chronicles 5:30pm - Friday Night Matinee	9:30am: Morning Fitness: Yoga 10am: Daily Chronicles 11:am: Balloon Kick Ball 1:00pm - Patio Music Conversation 2:00pm - iN2L - National Trivia Day 3:00pm - Lakeside Stroll 4:00pm - Rick Steve's Travel 5:30pm - Saturday Night Cinema
9:30am: Sunday Stretch Fitness Class 10am: Daily Chronicles 11:am: Sunday Worship 1:00pm: Scenic Drive 2:00pm - iN2L Water Color Painting 3:00pm - Creative Corner 4:00pm - Name That Tune 6:00pm - Golden Globe Awards	9:30am: Morning Fitness: Move & Groove 10am: Daily Chronicles 11:am: Baskets, Balloons and Games 1:00pm: Community Gardening 2:00pm (WU) Taste & Tell 3:00pm - Bingo on the Patio 4:00pm - Afternoon Stroll 5:15pm - Monday Night Football	9:30am: Morning Fitness: Fit & Flex 10am: Daily Chronicles 11:am: Ping Pong & Yard Games 1:00pm: VR - Nature Exploration 2:00pm - New Years, New Cheers ** 3:00pm - Men's Corner & Manicures 4:00pm - Rick Steve's Travel 6:00pm - Television Classic's	9:30am: Morning Fitness 10am: Daily Chronicles 11:00am: iN2L - The Price is Right 1:00pm: Floral Designing 2:00pm - Short Stories 2:30pm - Brain Games 3:00pm - Music & Movement 4:00pm - VR - Let's Explore 5:30pm - Cornhole Toss	9:30am: Morning Fitness: Sit & Stretch 10am: Daily Chronicles 11:am: iN2L - DID You Know? 1:00pm: (WU) Strokes of Art Series 2:00pm - Noodle-cise 3:00pm - Evening Stroll with Friends 4:00pm - This Day In History 6:30pm - Sensory and Reminiscence	9:30am: Chair Zumba 10:00am: Reminiscing - iN2L 11:00am: (WU) Sign Language 1:00pm - Mandala Painting 2:00pm - Take a Swing- Golf 3:00pm - Fast Friday Walk 4:00pm - Daily Chronicles 5:30pm - Friday Night Matinee	9:30am: Morning Fitness: Yoga 10am: Daily Chronicles 11:am: Balloon Kick Ball 1:00pm - Patio Music Conversation 2:00pm - iN2L - Water Color Painting 3:00pm - Lakeside Stroll 4:00pm - Rick Steve's Travel 5:30pm - Saturday Night Cinema
9:30am: Sunday Stretch Fitness Class 10am: Daily Chronicles 11:am: Sunday Worship 1:00pm: Scenic Drive 2:00pm - iN2L - Trivia 3:00pm - Creative Corner 4:00pm - Name That Tune 6:00pm - Sunday Night Movie	9:30am: Morning Fitness: Move & Groove 10am: Daily Chronicles 11:am: Baskets, Balloons and Games 1:00pm: Community Gardening 2:00pm - (WU) The Art of Wellness 3:00pm - Bingo on the Patio 4:00pm - Afternoon Stroll 5:15pm - Monday Night Football	9:30am: Morning Fitness: Fit & Flex 10am: Daily Chronicles 11:am: Ping Pong & Yard Games 1:00pm: VR - Nature Exploration 2:00pm - Cozy Cabin Mocktail Hour ** 3:00pm - Men's Corner & Manicures 4:00pm - Rick Steve's Travel 6:00pm - Television Classic's	9:30am: Morning Fitness 10am: Daily Chronicles 11:00am - National Bagel Day Outing 11:00am: iN2L - The Price is Right 1:00pm: Floral Designing 2:00pm - Short Stories 2:30pm - Brain Games 3:00pm - Music & Movement 4:00pm - VR - Let's Explore 5:30pm - Cornhole Toss	9:30am: Morning Fitness: Sit & Stretch 10am: Daily Chronicles 11:am: iN2L - DID You Know? 1:00pm: (WU) Strokes of Art Series 2:00pm - Noodle-cise 3:00pm - Evening Stroll with Friends 4:00pm - This Day In History 6:30pm - Sensory and Reminiscence	9:30am: Chair Zumba 10:00am: Reminiscing - iN2L 11:00am: (WU) Sign Language 1:00pm - Mandala Painting 2:00pm - Take a Swing- Golf 3:00pm - Fast Friday Walk 4:00pm - Daily Chronicles 5:30pm - Friday Night Matinee	9:30am: Morning Fitness: Yoga 10am: Daily Chronicles 11:am: Balloon Kick Ball 1:00pm - Patio Music Conversation 2:00pm - iN2L - Water Color Painting 3:00pm - Lakeside Stroll 4:00pm - Rick Steve's Travel 5:30pm - Saturday Night Cinema
National Activity Professionals Week 9:30am: Sunday Stretch Fitness Class 10am: Daily Chronicles 11:am: Sunday Worship 1:00pm: Scenic Drive 2:00pm - iN2L - Trivia 3:00pm - Creative Corner 4:00pm - Name That Tune 6:00pm - Sunday Night Movie	9:30am: Morning Fitness: Move & Groove 10am: Daily Chronicles 11:am: Baskets, Balloons and Games 1:00pm: Community Gardening 2:00pm - (WU) Honoring MLK 3:00pm - Bingo on the Patio 4:00pm - Afternoon Stroll 5:15pm - Monday Night Football	9:30am: Morning Fitness: Fit & Flex 10am: Daily Chronicles 11:am: Ping Pong & Yard Games 1:00pm: VR - Nature Exploration 2:00pm - Retro Sock Hop ** 3:00pm - Men's Corner & Manicures 4:00pm - Rick Steve's Travel 6:00pm - Television Classic's	9:30am: Morning Fitness 10am: Daily Chronicles 11:00am: iN2L - The Price is Right 1:00pm: Floral Designing 2:00pm - (WU) The Art of Baking Pie 2:30pm - Brain Games 3:00pm - Music & Movement 4:00pm - VR - Let's Explore 5:30pm - Cornhole Toss	9:30am: Morning Fitness: Sit & Stretch 10am: Daily Chronicles 11:am: iN2L - DID You Know? 1:00pm: (WU) Strokes of Art Series 2:30pm - Resident Birthday Celebration 3:30pm - Evening Stroll with Friends 4:00pm - This Day In History 6:30pm - Sensory and Reminiscence	9:30am: Chair Zumba 10:00am: Reminiscing - iN2L 11:00am: (WU) Sign Language 1:00pm - Mandala Painting 2:00pm - Take a Swing- Golf 3:00pm - Fast Friday Walk 4:00pm - Daily Chronicles 5:30pm - Friday Night Matinee	9:30am: Morning Fitness: Yoga 10am: Daily Chronicles 11:am: Balloon Kick Ball 1:00pm - Patio Music Conversation 2:00pm - iN2L - Water Color Painting 3:00pm - Lakeside Stroll 4:00pm - Rick Steve's Travel 5:30pm - Saturday Night Cinema
9:30am: Sunday Stretch Fitness Class 10am: Daily Chronicles 11:am: Sunday Worship 1:00pm: Scenic Drive 2:00pm - iN2L - Trivia 3:00pm - Creative Corner 4:00pm - Name That Tune 6:00pm - Sunday Night Movie	9:30am: Morning Fitness: Move & Groove 10am: Daily Chronicles 11:am: Baskets, Balloons and Games 1:00pm: Community Gardening 2:00pm - (WU) Sensory Ceramics 3:00pm - Bingo on the Patio 4:00pm - Afternoon Stroll 5:15pm - Monday Night Football	9:30am: Morning Fitness: Fit & Flex 10am: Daily Chronicles 11:am: Ping Pong & Yard Games 1:00pm: VR - Nature Exploration 2:00pm - Frosty Fiesta ** 3:00pm - Men's Corner & Manicures 4:00pm - Rick Steve's Travel 6:00pm - Television Classic's	9:30am: Morning Fitness 10am: Daily Chronicles 11:00am: iN2L - The Price is Right 1:00pm - Plenty of Puzzles 2:00pm - Chinese New Year Celebration 3:30pm - Floral Designing 4:00pm - VR - Let's Explore 5:30pm - Cornhole Toss	9:30am: Morning Fitness: Sit & Stretch 10am: Daily Chronicles 11:am: iN2L - DID You Know? 1:00pm: (WU) Strokes of Art Series 2:00pm - Noodle-cise 3:00pm - Evening Stroll with Friends 4:00pm - This Day In History 6:30pm - Sensory and Reminiscence	9:30am: Chair Zumba 10:00am: Reminiscing - iN2L 11:00am: (WU) Sign Language 1:00pm - Mandala Painting 2:00pm - Take a Swing- Golf 3:00pm - Fast Friday Walk 4:00pm - Daily Chronicles 5:30pm - Friday Night Matinee	

JANUARY 2025



LAKESIDE PARK
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

***All activities are subject to change**

WU - Watermark University
iN2L - It's Never too late activity program
VR - Virtual Reality
****** - Live Music

Happy Birthday

Carol C. - 1/12
 Mary L. - 1/05
 Diane M. - 1/23

Happy Birthday

Andrea S. - 1/05
 Ronald P. - 1/23
 Barbara W. - 1/25

Special Events

Dementia Support Group
2nd Thursday @ 4:30PM

Winter Concert Series
Thursday 1/16 @ 5PM