

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>**All activities are subject to change All outings are weather permitting*</p>			10:00am Exercise With Theo L 11:00am BINGO L 1:30pm New years day trivia L 2:30pm Movie L 3:30pm Creative Coloring L 6:00pm Sensory Room Strolls SR	10:00am Cardio With Carol L 10:45am Snack Chat L 11:00am Charades L 11:30am Sing a long L 1:15pm Friendly Visits W/ Wendy 1:30pm UNO L 2:30pm Whiteboard games L 3:30pm Afternoon exercise L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Flowers of the month L 11:30am Trivia L 1:00pm Bus trip: Ride through a Winter Wonderland 1:30pm Left right center L 2:00pm Catholic Mass GVC 2:30pm Balloon Volleyball L 3:30p Sharpen Your Senses Car	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 1:00pm Dram-ANTICS AR 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 4:25pm Bills VS Patriots L 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Short bread snack L 11:00am Pamper and polish 1:30pm Left right center L 2:30 WU: The 13 Colonies part 4 L 3:30pm Mocktail Monday L 6:00pm Sensory Room Strolls SR	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Whiteboard games L 11:30am Penny Toss L 1:30pm Ceative coloring L 2:30pm Music Therapy W/ Katie L 3:30pm Afternoon Exercise L 6:00pm Creative Coloring L	10:00am Bible study w/ Anne and Tony L 11:00am Exercise with Theo L 1:00pm Calender Meeting DR 1:30pm BINGO L 2:30pm UNO L 3:30pm Hot coco social L 6:00pm Sensory Room Strolls SR	10:00am Cardio With Carol L 10:45am Snack Chat L 11:00am BINGO L 11:30am Balloon volleyball GA 1:15pm Friendly Visits W/ Wendy 2:00pm Mike Kornrich Performance GA 3:00pm Afternoon Exercise L 4:00pm 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Craft time L 12:00pm Pizza luncheon 1:30pm UNO L 2:00pm Catholic Mass GVC 2:30p Music & Mingling w/ Andy L 3:30Sharpen Your Senses Cards L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 4:25pm NFL Wildcard Games L 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Rubber ducky day L 1:30pm Left Right Center L 2:30pm Music by Jim Kimball GA 2:30pm Balloon Volleyball L 3:30pm Afternoon excercise L 6:00pm Sensory Room Strolls SR	10:00am Workout With Wendy L 10:30am Strawberry snack L 11:00am Penny toss L 11:30pm Bingo L 1:30pm Creative coloring L 2:30pm Music Therapy w/ Katie L 3:30pm Afternoon Exercise L 6:00pm Creative Coloring L	10:00am Exercise with Theo L 11:00am Whiteboard games L 1:30pm BINGO L 2:30 WU: All about Virginia L 2:00p Mike Sidoti performance GA 3:30pm Creative coloring L 6:00pm Sensory room strolls SR	10:00am Cardio With Carol L 10:45am Snack Chat L 11:00am Craft corner L 11:30am Sing a long L 1:15pm Friendly Visits W/ Wendy 1:30pm January trivia L 2:30pm Candy tasting L 3:30pm Afternoon Exercise L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Popeye the sailor man L 11:30am Creative Coloring L 2:00pm Bus trip: Highland park Conservatory 2:00pm Catholic Mass GVC 2:30pm Sing a long L 3:30pm Afternoon exercise L 6:00p Friday Night Movie Night	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 1:00pm Dram-ANTICS AR 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:00pm NFL Divisional Round L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00a Pamper and polish L 1:30pm Left Right Center L 2:30pWU:The 13 Colonies part 5 L 3:30pm Mocktail Monday L 6:00pm Sensory Room Strolls SR	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Sing a long L 1:30pm Blackjack L 2:30pm Music Therapy W/ Katie L 3:30pm Craft corner L 6:00pm Creative Coloring L	10:00am Bible study with Anne and Tony L 11:00am Exercise with Theo L 1:30pm BINGO L 2:30pm WU : All about WV L 3:30pm Afternoon exercise L 6:00pm Sensory room strolls SR	10:00am Cardio With Carol L 10:45am Snack Chat L 11:00am Rhyme time L 11:30am History of Bing Crosby L 1:15pm Friendly Visits W/ Wendy 1:30pm UNO L 2:30pm WU: Moose L 3:30pm Afternoon exercise L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30am Peanut butter snack L 11:00am Coffee filter craft #1 L 12:00pm Sub luncheon 1:30p Sharpen Your Senses Cards 2:00pm Catholic Mass GVC L 2:30pm Prayer Group With Andy L 3:30pm Afternoon Exercise L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 1:00pm NFL Playoffs L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:00pm Movie Night L	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Coffee filter craft #2 L 1:30pm UNO L 2:30pm WU: All about PA L 3:30pm Mocktail Monday L 6:00pm Sensory Room Strolls SR	10:00am Workout With Wendy L 10:30am Snack Chat L 11:00am Uno L 11:30am Old wives tales L 1:30pm UNO L 2:30pm Music Therapy W/ Katie L 3:30pm Afternoon Exercise L 6:00pm Creative Coloring L	10:00am Exercise With Theo L 11:00am Whiteboard games L 1:30pm BINGO L 2:30pm Craft Corner L 3:30pm Afternoon exercise L 6:00pm Sensory room strolls SR	10:00am Cardio With Carol L 10:45am Snack Chat L 11:00a Corn hole/bean bag toss L 11:30am Sing a long L 1:15pm Friendly Visits W/ Wendy 1:30pm Creative coloring L 2:30pm Left right center L 3:30pm Balloon volleyball L 6:00pm Creative Coloring L	10:00am Workout With Wendy L 10:30aHot chocolate snack chat L 11:00am 3 words game L 12:00pBus trip: lunch at Bil grays 2:00pm Catholic Mass GVC 2:30pm Prayer Group With Andy L 3:30pm Afternoon exercise L 6:00p Friday Night Movie Night L	

JANUARY 2025

The Gardens



LEGACY
AT GRANDE VIE
A WATERMARK RETIREMENT COMMUNITY™

ACTIVITY LOCATOR KEY

GA- Grande Vie Activities
 WU- Watermark University
 CY- Courtyard
 SR- Sensory Room
 DR- Dining Room
 L- Lounge
 GVC- Grande Vie Chapel

With any questions please reach out to:

George Kimball
 Community Life Director
 (585) 381-0680
 Ext. 1118
 gkimball@watermarkcommunities.com

Happy January Birthdays to:

John T. 6th
Bob B. 9th
Susan W. 19th

Musical Guests this month:

Mike Cornich- 9th
James Kimball- 13th
Mike Sidoti- 15th