

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY  |
|--|---|---|---|---|--|---|
| <b>Happy Birthday</b><br><b>01/12 Kathleen Gibellino</b><br><b>01/18 Catherine Barney</b><br><b>01/23 June Tshudy</b>  |   |   | <b>NEW YEAR'S DAY</b><br>9:45 This or That<br>10:15 Chair Soccer<br>10:45 Wednesday Trivia<br>11:15 Write our Resolution<br>2:00 Bingo<br>3:00 Social Hour<br>4:00 Comedy Hour: BOB NEWHART (2nd FL.)                                     | 10:00 Tone Up<br><b>10:30 Fun with Tim T</b><br><b>11:30 WU- Let's Travel: India</b><br>2:00 Meditation & Art Therapy<br>3:00 Afternoon Chat<br>4:00 Movie in the Brandywine                          | 9:45 Analyze Me<br>10:15 Ball Toss<br><b>10:45 WU- Baking with Maria</b><br>11:15 Fun with words<br>2:00 Bingo<br>3:00 Happy Hour<br>4:00 Comedy Hour: TAXI (2nd. FL.)                   | 10:00 Chair Yoga<br>10:15 Bingo<br>2:00 Afternoon Matinee & Popcorn (BR)<br>4:00 Before Dinner Comedy (2nd FL.)         |
| 9:45 Spiritual Music Offering (BR)<br>10:15 Holy Communion (BR)<br>10:30 Live Mass (BR)<br>11:15 Comedy Hour<br><b>2:00 Outreach Ministries Music &amp; Sermon (BR)</b><br>3:00 Reflection & Refreshments<br>4:00 Lobby Chat | <b>National Technology Day</b><br>9:45 Gathering Together<br>10:00 Ring Toss<br>10:30 Family Feud<br><b>11:00 Ted Talk: Technology</b><br>2:00 Bingo<br><b>3:00 WU- Tea from Around the World</b><br>4:00 Lobby Chat      | 9:45 Getting to Know You<br>10:00 Let's get Fit!<br>10:30 Word Association<br><b>11:00 Bible Study with Mrs. Grady (BR)</b><br><b>11:00 Fairfax Shopping</b><br><b>1:30 Carol Regan Sings (MC)</b><br>2:00 Fun with Friends<br><b>3:00 Carol Regan Sings (BR)</b> | 9:45 This or That<br>10:15 Chair Soccer<br>10:45 Wednesday Trivia<br><b>11:30 Buckley's Tavern Lunch Outing</b><br>2:00 Bingo<br>3:00 Social Hour<br>4:00 Comedy Hour: BOB NEWHART (2nd FL.)  | 10:00 Tone Up<br><b>10:30 Fun with Tim T</b><br><b>11:30 WU- Let's Travel: Africa</b><br><b>2:00 WU- Carol's Crafting Corner: Snowflakes</b><br>3:00 Afternoon Chat<br>4:00 Movie in the Brandywine   | 9:45 Analyze Me<br>10:15 Ball Toss<br><b>10:45 WU- Baking with Maria</b><br>11:15 Fun with words<br>2:00 Bingo<br>3:00 Happy Hour<br>4:00 Comedy Hour: TAXI (2nd. FL.)                   | 10:00 Chair Yoga<br>10:15 Bingo<br><b>2:00 WU-National Bird Month Documentary(BR)</b><br>4:00 Before Dinner Comedy (BR) |
| 9:45 Spiritual Music Offering (BR)<br>10:15 Holy Communion (BR)<br>10:30 Live Mass (BR)<br>11:15 Comedy Hour<br><b>2:00 Pastor Julia Speaks the Word (BR)</b><br>3:00 Reflection & Refreshments<br>4:00 Lobby Chat           | 9:45 Gathering Together<br>10:00 Ring Toss<br><b>10:30 Bayada Health Talk: Healthy Habits (BR)</b><br><b>1:45 Cindy McGrath on Piano &amp; Flute (BR)</b><br><b>3:00 WU- Tea from Around the World</b><br>4:00 Lobby Chat | 9:45 Getting to Know You<br>10:00 Let's get Fit!<br>10:30 Word Association<br><b>11:00 Bible Study with Mrs. Grady (BR)</b><br>1:45 Activity Council Meeting<br><b>2:00 WU-Expressions Painting</b><br>3:00 Fun with Friends<br>4:00 Movie in the Brandywine      | 9:45 This or That<br><b>10:00 WU- Baking with Sondra Swain (2nd. FL.)</b><br><b>11:00 WU-Virtual Reality</b><br><b>1:45 Dollar Store Shopping</b><br><b>2:00 Bingo</b><br>3:00 Strawberry Ice Cream & Hat Social<br>4:00 Comedy Hour (2nd | 10:00 Tone Up<br><b>10:30 WU-Crafting with Patricia: Clay Crafting</b><br>2:00 Meditation & Art Therapy<br>2:45 Food Council Meeting<br>3:15 Afternoon Chat<br>4:00 Movie in the Brandywine           | 9:45 Analyze Me<br>10:15 Ball Toss<br><b>10:45 WU- Baking with Maria</b><br>11:15 Fun with words<br>2:00 Bingo<br>3:00 Happy Hour<br>4:00 Comedy Hour: TAXI (2nd. FL.)                   | 10:00 Chair Yoga<br>10:15 Bingo<br>2:00 Afternoon Matinee & Popcorn (BR)<br>4:00 Before Dinner Comedy (BR)              |
| 9:45 Spiritual Music Offering (BR)<br>10:15 Holy Communion (BR)<br>10:30 Live Mass (BR)<br>11:15 Comedy Hour<br><b>2:00 Reverend Gloria Preaches (BR)</b><br>3:00 Reflection & Refreshments<br>4:00 Lobby Chat               | <b>Martin Luther King Jr. Day</b><br>10:00 Ring Toss<br>10:30 Family Feud<br><b>11:00 Martin Luther King Documentary</b><br><b>2:00 Clem the Storyteller (MC)</b><br>2:00 Bingo<br><b>3:00 WU- Tea from Around</b>        | 9:45 Getting to Know You<br>10:00 Let's get Fit!<br>10:30 Word Association<br><b>11:00 Bible Study with Mrs. Grady</b><br><b>2:00 WU-Expressions Painting</b><br>3:00 Popcorn Bar (BR)<br>4:00 Movie in the Brandywine  | 9:45 This or That<br><b>10:15 WU-Chocolate covered Cherries with Sharon</b><br>10:45 Chair Soccer<br><b>11:00 WU- Virtual Reality (2nd. FL)</b><br>11:15 Meditation & Art Therapy<br>2:00 Bingo<br>3:00 Social Hour                       | 10:00 Tone Up<br><b>10:30 Fun with Tim T</b><br><b>11:30 WU- Let's Travel: Italy</b><br><b>2:00 Caribbean Resident Birthday Party</b><br>3:00 Afternoon Chat<br>4:00 Movie in the Brandywine          | 9:45 Analyze Me<br>10:15 Ball Toss<br><b>10:45 WU- Baking with Maria</b><br>11:15 Fun with words<br>2:00 Bingo<br>3:00 Happy Hour<br>4:00 Popeye Documentary (BR)                        | 10:00 Chair Yoga<br>10:15 Bingo<br>2:00 Afternoon Matinee & Popcorn (BR)<br>4:00 Before Dinner Comedy (BR)              |
| 9:45 Spiritual Music Offering (BR)<br>10:15 Holy Communion (BR)<br>10:30 Live Mass (BR)<br>11:15 Comedy Hour<br><b>2:00 Reverend Gloria Preaches (BR)</b><br>3:00 Reflection & Refreshments<br>4:00 Lobby Chat               | <b>Holocaust Remembrance Day</b><br>9:45 Gathering Together<br>10:00 Ring Toss<br>10:30 Family Feud<br><b>11:00 Holocaust Documentary</b><br>2:00 Bingo<br><b>3:00 WU- Tea from Around the World</b>                      | 9:45 Getting to Know You<br>10:00 Let's get Fit!<br>10:30 Word Association<br><b>11:00 Bible Study with Mrs. Grady</b><br><b>2:00 WU-Expressions Painting</b><br>3:00 Fun with Friends<br>4:00 Movie in the Brandywine  | <b>LUNAR NEW YEAR</b><br>9:45 This or That<br>10:15 Lunar New Year Trivia<br><b>11:00 WU-Virtual Reality (2nd. FL)</b><br><b>2:00 Sean Sinatra (Lobby)</b><br><b>3:00 Lunar New Year Party</b><br>4:00 Comedy Hour: BOB NEWHART (2nd FL.) | 10:00 Tone Up<br><b>10:30 Fun with Tim T</b><br><b>11:30 WU- Let's Travel: France</b><br><b>2:00 WU- Carol's Crafting Corner: Wooden Signs</b><br>3:00 Afternoon Chat<br>4:00 Movie in the Brandywine | 9:45 Analyze Me<br>10:15 Ball Toss<br><b>10:45 WU-Carol's Crafting Corner: Wind Chimes</b><br>11:15 Fun with words<br>2:00 Bingo<br>3:00 Happy Hour<br>4:00 Comedy Hour: TAXI (2nd. FL.) | <i>Dates and times of activities and outings may change without notice. Sorry for any inconvenience.</i>                |

# JANUARY 2025

## Assisted Living


**ROCKLAND PLACE**  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

### ACTIVITY LOCATOR KEY

**Key:**  
 (MC): Memory Care  
 (BR): Brandywine Room  
 (2nd FL.): Second Floor

**Be sure to sign up for any outings/ shopping trips A.S.A.P.!! Seating is limited!!**