

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|--|---|---|
| Happy January Birthdays: Harry B. 01/04 Ruth W. 01/09 Ralph Z. 01/12 William D. 01/29 Lorraine S. 1/23 Ruth J. 01/22 Carol 01/25 Pat H. 01/27 William D. 01/29 | | | New Years Day 10:00 New Year Coffee Social-MP 11:00 New YOU Workout-AR 1:30 New Year's BINGO-AR 3:00 Arm Chair Travel w/ Beth - AR 6:00 Evening Movie -Ch 123 | 10:00 St. Charles Catholic Service - MP 11:00 Cardio Drumming - AR 1:30 Creative Corner: Art For The Young At Heart - MP 2:45 Euchre - MP 2:45 Library Outing 3:30 BINGO - AR 6:00 Evening Movie - Ch 123 | 10:00 Let's talk History 10:45 Disney on Ice 11:00 Friday Flex - AR 12:30 Friday Funnies - MP 1:30 Casino Games - AR 3:00 Happy Hour with Karen LaBella- SR 6:00 Evening Movie - Ch 123 | Happy Birthday Harry B. 10:00 Weekend Social 11:00 Weekend Workout-AR 1:00 WU: Dancing with the Birds-MP 2:00 Let's Talk Hobbies-MP 3:00 Pokeno-MP 6:00 Pleasant Puzzling- MP |
| 10:00 Daily TV Mass-MP 11:00 Weekend Workout-AR 1:00 Bills Game 1:00 WU: All About Elvis 2:00 Visits With Chaplain Shuman - MP 3:00 BINGO-AR 6:00 Evening Movie- Ch. 123 | 10:00 Christmas Clean-Up 11:00 Seated Aerobics- AR 1:00 Music Therapy with Eli-AR 2:15 Bocce Ball-AR 3:30 BINGO-AR 6:00 Evening Movie - Ch.123 | 10:00 Coffee Club Social -MP 11:00 Seated Workout-MP 1:30 Resident Council Mtg. - MP 2:45 Engage VR Let's Explore VR!- MP 3:45 Spanish 101 with Lukus- AR Evening BINGO with an Elvis Board -AR | Happy Birthday Elvis Presley 10:00 Elvis Trivia & Social 11:00 Shake, Rattle n Roll Workout- AR 1:00 Healthy Hands - MP 1:45 Movie in the Starlite Theater - Viva Las Vegas 3:30 Elvis Social PB&Bananas -AR 6:00 Evening Movie- Ch.123 | Happy Birthday Ruth W. 10:00 Christmas Clean-Up 10:00 St. Charles Catholic Service - MP 11:00 Priority One Fitness - AR 1:00 Movie Trivia-MP 2:00 January Birthday Social-AR 3:30 BINGO-AR 6:00 Evening Movie - Ch.123 | 10:00 Morning Social-MP 11:00 Friday Flex - AR 12:30 Friday Funnies - MP 1:30 Casino Games - AR 3:00 Happy Hour with Fred DiCeaser- SR 6:00 Evening Movie - Ch 123 | 10:00 Board Games-MP 11:00 Weekend Workout-AR 1:00 WU: Golden Winter-MP 2:00 Hot Toddy Day -Hot Toddy Social -AR 3:30 Pokeno-MP NFL Wild Card Games 6:00 Pleasant Puzzling- MP |
| Happy Birthday Ralph Z. 10:00 Daily TV Mass - MP 11:00 Weekend Workout- AR 1:00 WU: Flight of the Butterflies 2:00 Game-MP 3:30 BINGO - AR NFL Wild Card Games 6:00 Evening Movie -CH 123 | 10:00 Brain Games-MP 11:00 Seated Strength Training-AR 1:00 Music Therapy with Eli- AR 2:00 Euchre - MP 3:30 BINGO-AR 6:00 Evening Movie - Ch.123 NFL Wild Card Game | 10:00 Coffee and Reminiscing-MP 11:00 Seated HIT Workout- AR 1:30 Food Council Mtg. - MP 2:45 Wegmans Outing 3:30 Wheel of Fortune Game- MP 6:00 Evening BINGO-AR | Wear a Hat for National Hat Day 10:00 Coffee & Trivia- MP 11:00 Sit & be Fit- AR 1:00 Healthy Hands - MP 2:00 Bowling- AR 3:30 BINGO-AR 6:00 Evening Movie- Ch.123 | 10:00 St. Charles Catholic Service - MP 11:00 Tai Chi- AR 1:30 Creative Corner: Art For The Young At Heart - MP 2:30 UNO-MP 3:30 PopCorn Bar Social-AR 6:00 Evening Movie - Ch.123 | 10:00 A Better You! with Beth - MP 11:00 Friday Flex - AR 12:30 Friday Funnies - MP 1:30 Casino Games - AR 3:00 Happy Hour with Brian & Linda- SR 6:00 Evening Movie - Ch 123 | 10:00 Weekend Social- MP 11:00 Weekend Workout-AR 1:00 WU: Biography of Betty White 2:00 Who am I Trivia - MP 3:00 Pokeno-MP NFL Divisional Round 6:00 Pleasant Puzzling- MP |
| Activity Professionals Week 10:00 Daily TV Mass-MP 11:00 Weekend Workout-AR 1:00 WU: William Holden: The Golden Boy on YouTube 2:00 Visits With Chaplain Shuman - MP 3:00 BINGO-AR NFL Divisional Round 6:00 Evening Movie- Ch. 123 | Martin Luther King Jr. Day 10:00 Current Events- MP 11:00 Seated Aerobics-AR 1:00 Music Therapy with Eli- AR 2:00 MLK Jr Jeopardy-MP 3:30 What's your favorite Cheese?- AR 6:00 Evening Movie - Ch.123 | 10:00 Coffee Talk- MP 11:00 Sit & Be Fit-AR 1:30 Movie & Popcorn in the Starlite Theater- 3:00 Board Games - MP 6:00 Evening BINGO-AR | Happy Birthday Ruth J. 10:00 Piano Music with Steve -GR 11:00 Wednesday Workout-AR 1:00 Healthy Hands - MP 2:00 Euchre-MP 3:30 BINGO-AR 6:00 Evening Movie- Ch.123 | Happy Birthday Lorraine S. 10:00 St. Charles Catholic Service - MP 11:00 Noodle Ball -AR 1:00 Left Center Right-MP 2:00 Fitness with Denise-AR 3:15 Library Outing 6:00 Evening Movie - Ch.123 | 10:00 Morning Mix & Mingle-MP 11:00 Friday Flex - AR 12:30 Friday Funnies - MP 1:30 Casino Games - AR 3:00 Happy Hour with Boris Vodotinsky- SR 6:00 Evening Movie - Ch 123 | Happy Birthday Carol B. 10:00 Chinese New Year Tea Social -MP 11:00 Weekend Workout-AR 1:30 Travel W/ Linda - MP 2:30 Words Out of Word Game- MP 3:30 Pokeno-MP 6:00 Pleasant Puzzling- MP |
| 10:00 Daily TV Mass-MP 11:00 Weekend Workout-AR 1:00 WU: Tea Time on Netflix-MP 2:00 Game-MP 3:30 BINGO-AR NFL Conference Championship 6:00 Evening Movie- Ch. 123 | Happy Birthday Pat H. 10:00 Coffee Club Social -MP 10:45 KCSB Band & Chorus Concert-SR 1:00 Music Therapy with Eli-AR 2:00 Let's Talk Mozart-MP 3:30 BINGO-AR 6:00 Evening Movie - Ch.123 | 10:00 Coffee and Reminiscing-MP 11:00 Fit & Tone-AR 1:00 Scattergories-MP 2:00 3-D Tea Cup Craft-MP 3:30 Tea Party Social -AR 6:00 Evening BINGO-AR | Happy Birthday Bill D. Chinese New Year! Year of the Snake 10:00 Kumquat : A Symbol of Luck 11:00 Cardio Workout-AR 1:00 Healthy Hands - MP 2:00 Pictionary-MP 3:30 Chinese BINGO-AR 6:00 Evening Movie- Ch.123 | 10:00 St. Charles Catholic Service - MP 11:00 Cardio Drumming-AR 11:15 Out & About: Lunch at The Dakota 1:00 Bowling- AR 2:00 Bocce Ball- MP 3:30 BINGO-AR 6:00 Evening Movie - Ch.123 | National Hot Chocolate Day 10:00 Hot Chocolate Bar Social- MP 11:00 Friday Flex - AR 12:30 Friday Funnies - MP 1:30 Casino Games - AR 3:00 Happy Hour with Top Brass- SR 6:00 Evening Movie - Ch 123 | Calendar subject to change. Please refer to Daily Activity Sheets located at the front desk for the most accurate information. |

JANUARY 2025

The INN

ACTIVITY LOCATOR KEY

- AR - Bovenzi Activity Room
- GR - Gardens
- ST - Lisa's Starlite Theater
- MP - Multipurpose Room
- SR - Sunrise Dining Room

- EVENT KEY:**
- Fitness
 - Live Entertainment & Special Guests
 - Watermark University Courses
 - Fun, Special Events & Days
 - Creative Corner
 - Give Back Programs
 - Out & About

Casey Jurs
 Community Living Director
 (585) 546-7275
 CLJurs@watermarkcommuniities.com