

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY   |
|---|--|--|---|--|---|--|
|   |  |  |   |  |   | Morning Stretches<br>Daily Chronicles<br>Word Games<br>Snack Time<br>Pre-Dinner Move to the Music<br>Evening Movie <b>1</b>  |
| Sole to Soul Walking Club<br>Communion with Lucy<br>Relaxation Sounds & Hand Massages <b>2</b>                            | Morning Exercises<br>IN2L Games<br>Learning About the Month of February<br>Sing Along Together <b>3</b>                          | Dance for Health<br>IN2L Games<br>Let's Make Some Memories<br><b>WU: The Eagles Through the Years</b> <b>4</b> | Stretch and Flex<br>IN2L Games<br><b>WU: Inspirational Short Stories-Ukraine</b><br>Evening Movie <b>5</b>                        | Morning Exercises<br>IN2L Games<br>Spy the Difference<br>Happy Hour<br><b>WU: Artist Corner: Paper Hearts Garland</b> <b>6</b> | Movin and Groovin<br>IN2L Games<br><b>2:00 Massages with Tiffany</b><br>Color Me Happy <b>7</b>             | Morning Stretches<br>Daily Chronicles<br>Word Games<br>Snack Time<br>Pre-Dinner Move to the Music<br>Evening Movie <b>8</b>  |
| Sole to Soul Walking Club<br>Communion w/Lucy<br><b>Superbowl Tailgate Party</b><br><b>Superbowl Watch Party</b> <b>9</b> | Morning Exercises<br>IN2L Games<br><b>2:30 Minnie Kalan-Singer- 2AR</b><br>Funny Animals <b>10</b>                               | Dance for Health<br>IN2L Games<br><b>WU: Inspirational Short Stories-Seniors Making a Difference</b> <b>11</b> | Stretch and Flex<br>IN2L Games<br><b>WU: Armchair Travel: Paris, The City of Love</b><br>Hand Massages<br>Evening Movie <b>12</b> | Morning Exercises<br>IN2L Games<br>Happy Hour<br>Sing Along<br><b>Valentine's Inspired Family Feud</b> <b>13</b>               | Movin and Groovin<br>IN2L Games<br><b>Scenic Drive</b><br><b>3:00 John Conklin - Singer - 2AR</b> <b>14</b> | Morning Stretches<br>Daily Chronicles<br>Word Games<br>Snack Time<br>Pre-Dinner Move to the Music<br>Evening Movie <b>15</b> |
| Sole to Soul Walking Club<br>Communion with Lucy<br>Sing Along<br>Reminiscing <b>16</b>                                   | Morning Exercises<br>IN2L Games<br>Fun with Art<br><b>WU: Shining the Spotlight- American Presidents</b> <b>17</b>               | Dance for Health<br>IN2L Games<br>Let's Play "Friendly Feud"<br>Culinary: No Fuss Dessert <b>18</b>            | Stretch and Flex<br>IN2L Games<br>Finish the Thought<br>Jig Saw Puzzle Time<br>Evening Movie <b>19</b>                            | Morning Exercises<br>IN2L Games<br>Happy Hour<br>Hand Massages<br><b>6:15 Turning Point - Singers - Lobby</b> <b>20</b>        | Movin and Groovin<br>IN2L Games<br>Let's Sort It Out<br><b>WU: Museum Virtual Visit</b> <b>21</b>           | Morning Stretches<br>Daily Chronicles<br>Word Games<br>Snack Time<br>Pre-Dinner Move to the Music<br>Evening Movie <b>22</b> |
| Sole to Soul Walking Club<br>Communion with Lucy<br>Relaxing Hand Massages w/Music <b>23</b>                              | Morning Exercises<br>IN2L Games<br>Let's Play Hoops<br>ABC Name It Game<br><b>WU: Aretha Franklin-Life &amp; Music</b> <b>24</b> | Dance for Health<br>IN2L Games<br>Corn Hole<br>Puzzle Corner<br>Relax and Remember <b>25</b>                   | Stretch and Flex<br>IN2L Games<br>Balloon Toss<br>Hand Massages<br>Evening Movie <b>26</b>  | Morning Exercises<br>IN2L Games<br>Happy Hour<br>Art and Music<br>Sing a Happy Memory <b>27</b>                                | Movin and Groovin<br>IN2L Games<br><b>Scenic Drive</b><br><b>WU: Health Through Laughter</b> <b>28</b>      |  |

# FEBRUARY 2025

## Pathways



### ACTIVITY LOCATOR KEY

**All Activities Will Take Place in the Common Areas**

**Manicures will be done weekly**

**Calendar Is Subject to Change**