

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						10:15 Stretching & Weights with Kally - 2T Independent Word Games Available in the Bistro 1
10:00 Communion with Lucy - Bistro 10:30 Groundhog Day Word Mining - 2AR 2	10:15 Seated Aerobics - 2T 2:00 January IQ & Gazette - 2AR 3:00 Checkers - 2T 3	10:15 Chair Yoga-2T 1:30 Bingo - 2AR 2:45 Dominoes-2AR 6:00 Discovery with Donna - L 4	10:00 WU: Heart Health & Exercise w/ Wade -2T 10:45 Weis Trip 2:00 WU: Kitchen Creations: Soup(perbowl) - 2AR 6:00 Movie Night: "The Beautiful Game" 2T 5	10:15 Stretching & Balance - 2T 2:00 WU: Horticulture: Heart Shaped Soap-2AR 3:00 Life and Music of Louis Armstrong - 2AR 6	<u>Wear Your Eagles Green</u> 10:15 Building Muscle with Weights-2T 3:00 Happy Hour and Massages - 2AR 7	10:30 Word Games with Theresa - 2AR 1:30 Caring Cougars - Bingo and Crafts - 2AR 8
10:00 Communion with Lucy - Bistro 2:00 Superbowl Tailgate - 2T 9	10:15 Seated Aerobics - 2T 2:30 Minnie Kalan-Singer -2T 3:30 Tic Tac Toe - 2AR 4:30 Dinner In From Leo's Pizza - 2AR 10	10:15 Chair Yoga-2T 10:30 WU: African American Museum Trip 2:30 Bingo - 2AR 6:00 Discovery with Donna - L 11	10:15 Coordination & Agility Training - 2T 10:45 Dollar Tree 2:00 WU: In the Kitchen w/Desiree- Baking Cookies with Love!- 2AR 6:00 Movie Night: "Our Souls at Night" 2T 12	10:15 Stretch & Balance - 2T 2:00 Celebrating Mabert's 100th! - 2AR 3:00 Large Crossword Puzzle- 2AR 13	<u>Wear Red or Pink</u> 10:15 Building Muscle with Weights-2T 3:00 Happy Hour and Joe Conklin -2T 14	2:00 Piano Recital with the Children Celebrating Mabert's Birthday! 15
10:00 Communion with Lucy - Bistro 16	10:15 Seated Aerobics - 2T 2:00 WU: First Ladies -2AR 3:00 Rummy Cube- 2AR 17	10:15 Chair Yoga-2T 10:45 Nail Salon 1:30 Menu Plan- B 2:30 Bingo - 2AR 6:00 Discovery with Donna - L 18	10:15 Coordination & Agility Training - 2T 2:00 Resident Council - 2T 2:30 BBP Store-2AR 3:15 Corn Hole - 2T 6:00 Movie Night: "Becoming" 2T 19	10:15 Stretching & Balance - 2T 10:45 JC Penney's Trip 2:30 Monthly Activity Planning w/ Coffee- 2AR 6:15 Turning Point-Entertainment - Lobby 20	10:15 Building Muscle with Weights-2T 3:00 Happy Hour and Birthday Party -2AR 21	10:30 Word Games with Theresa - 2AR Independent Word Games Available in the Bistro 22
10:00 Communion with Lucy - Bistro 2:00 Musical Performance by Ethan - Lobby 23	10:15 Seated Aerobics - 2T 1:30 Bingo - 2AR 2:45 WU: The Price Was Right - Bistro 24	10:15 Chair Yoga-2T 11:30 Red Lobster 3:00 WU: Shining the Spotlight - Hollywood Scandal - Bistro 6:00 Discovery with Donna - L 25	10:15 Coordination & Agility Training - 2T 2:00 Large Crossword Puzzle - 2AR 3:00 Tic Tac Toe- 2AR 6:00 Movie Night: "The Six Triple Eight" 2T 26	10:15 Stretching & Balance - 2T 1:30 WU: Maya Angelou Life & Poetry - 2AR 27	10:15 Building Muscle with Weights-2T 3:00 Happy Hour 2AR 28	

FEBRUARY 2025

Traditional

 BLUE BELL PLACE
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

L - Lobby
DR - Dining Room
B - 1st Floor Bistro
2T- 2nd Fl. Theater
2AR - 2nd Fl. Activities Room

Manicures every Wednesday by appointment. Sign up at the front desk

Every Thursday evening join your friends for some jigsaw puzzle therapy in the Activities Room

Calendar is Subject to Change See Daily Calendar in Lobby for most accurate schedule!