

February 2025

Assisted Living



JOSHUA SPRINGS
SENIOR LIVING
A WATERMARK RETIREMENT COMMUNITYSM

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|--|
| | | | | | | 1 st 9am Hot Topics! (T) 10am Farmers Market & Lunch Outing! 3pm Happy Hour (B) |
| 2 nd Groundhog's Day 9am Catholic Church (T) 10am Sittercise (T) 1pm Chicken Foot (GR) 3pm Virtual Destination Travel! VR (T) 5pm Groundhog Day Movie! | 3 rd 9am I Love Lucy-TV (T) 10am Chair Yoga (T) 1pm Yahtzee Club! (GR) 3pm Trivia Time! (B) | 4 th 9am Coffee & Hot Topics (B) 10am Scrabble! (GR) 1pm Chicken Foot (GR) 3pm Community Church (T) | 5 th 9am Body Balance! (T) 10am Creative Journeys-V- day scrapbook pages!(AR) 1:30pm Bingo (B) 3pm Community Store (AR) 5PM Cinema Club (T) | 6 th 9am Joint Mobility (T) 11am Taste of Town-Colianos 2pm Heart n Soul Live Music!(B) 3pm Thirsty Thursday (B) | 7 th 9am Coffee Bar & Current Events (B) 10am Sittercise (T) 1:30pm Bingo (B) 3pm Bible Study (T) | 8 th 9am Hot Topics! (T) 10am Breath&Meditate(T) 2pm RummyCube Group (GR) 3pm Happy Hour (B) |
| 9 th 9am Catholic Church (T) 10am Sittercise (T) 1pm Chicken Foot (GR) 3:30pm Superbowl Viewing Party! (T) | 10 th 9am I Love Lucy-TV (T) 10am Chair Yoga (T) 1pm Yahtzee Club! (GR) 2pm Bereavement Support Group (T) 3pm Trivia Time! (B) | 11 th 9am Andy Griffith Show (T) 10am Joint Mobility(T) 1pm Chicken Foot (GR) 3pm Community Church (T) | 12 th 9am Coffee & Hot topics (B) 10am Creative Journeys-wood art(AR) 12:30pm Town Hall (T) 1:30pm Bingo (B) 5PM Cinema Club (T) | 13 th 9am Core & Stretch (T) 11am Taste of the Town-Oriol's 1pm Watermark University: Beginner Crochet w/Ruth(AR) 3pm Thirsty Thursday (B) | 14 th Valentine's Day 9am Coffee Bar & Current Events (B) 10am Sittercise (T) 1:30pm Bingo (DR) 3pm Valentine's Day Soiree (B) | 15 th 9am Hot Topics! (T) 10am Breath&Meditate(T) 1pm RummyCube Group (GR) 2-4pm Paint & Sip! (B) |
| 16 th 9am Catholic Church (T) 11am Lunch & Gambling @ The Pioneer! 1pm Chicken Foot (GR) 5pm Flick Picks! | 17 th Presidents Day 9am I Love Lucy-TV (T) 10am Chair Yoga (T) 1pm Watermark University-The Art of Sculpting (AR) 3pm Trivia Time! (B) | 18 th 9am Coffee & Current Events (B) 10am Scrabble! (GR) 1pm Chicken Foot (GR) 3pm Community Church (T) | 19 th 9am VFW Meeting (T) 12:30pm Resident Council(T) 1:30pm Bingo (B) 3pm Live Stand up Show (T) 5PM Cinema Club (T) | 20 th 9AM Core & Stretch (T) 11am Taste of the Town-Perkins 1pm Yahtzee Group (GR) 2-4pm Bringing Back the 50's Sock Hop! | 21 st 9am Coffee Bar & Current Events (B) 10am Sittercise (T) 1:30pm Bingo (B) 3pm Bible Study (T) | 22 nd 9am I Love Lucy-TV (T) 10am Breath&Meditate(T) 1pm RummyCube Group (GR) 3pm US History Trivia(T) |
| 23 rd 9am Catholic Church (T) 10am Sittercise (T) 1pm Chicken Foot (GR) 3pm Virtual Destination Travel! VR (T) 5pm Flick Picks! | 24 th 9am I Love Lucy-TV (T) 10am Chair Yoga (T) 1pm Yahtzee Club! (GR) 1pm Larger than life Game time w/ AZ Life Hospice! (B) 3pm Trivia Time! (B) | 25 th 9am Andy Griffith Show (T) 10am Joint Mobility(T) 1pm Chicken Foot (GR) 3pm Community Church (T) | 26 th 10am Zen Meditation Class w/ Lety (T) 12:30pm Ambassadors Meeting 1pm Bingo (B) 2pm Mad Hatter Tea(DR) | 27 th 9am Core & Stretch (T) 11am Taste of the town-D'place 1pm Yahtzee Group (GR) 2PM Dining Meeting (T) 3pm Thirsty Thursday | 28 th 9am Coffee Bar & Current Events (B) 10am Sittercise (T) 1:30pm Bingo (B) 3pm Bible Study (T) | Activity Locator Key: Bistro (B) Game Rm (GR) Theatre (T) Bistro Patio (BP) Activity Rm (AR) Private Dinning Rm (PDR) Dining Rm (DR) Exercise Room (ER) Sitting Rm by Fireplace 1 st Floor (SR) |

BIRTHDAYS: Joe Gurzi 2/9, Carol Bell 2/11, Joyce Rye 2/21, Jenny Lynn 2/28 & Patrick Cirelli 2/29

*Trips to Walmart Fridays @9am & Crossroads @12pm, sign up w/ our Concierge!