

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:30 Coffee and News 10:00 Bingo 11:30 Piano Playing with Samhitha 12:00 Trivia with Samhitha 12:30 Diamond Dots with Samhitha 1:30 Creative Expression Through Color 3:30 History Buffs with Kaitlin 6:00 Evening Movie
<b>Groundhog Day</b> 9:30 Coffee and News 10:00 Sunday Stretches 10:30 Bingo 12:30 Ground Hog Day: Punxsutawney Phil Trivia 1:00 Rose Centerpieces 2:00 Hymn Singing & Church Service on TV 2:00-3:30 Songs for Seniors 6:00 Mocktail Hour	9:30 Coffee and News 9:45 Exercise Group: Cardio 10:00 Wedding March Day: Share your Wedding Stories 10:30 Hot Coffee Social with Nicki 12:30 James Michener Day: Biography 1:00 Precious Memories 2:00 Pokeno 2:30 Communion Service 3:00 Bible Study & Hymn Singing with Pastor Bill 6:00 Puzzles	9:00 Community Life Meeting with Raz 9:30 Coffee and News 9:45 Exercise Group: Strength <b>10:00 Outing: Mary Kay Museum</b> 10:15 Meditation with Neha 12:30 Crazy Rummy 1:00 Chocolate Fondue Day: Chocolate Fondue 2:00 Bingo 3:15 WU Travel Club 5:30 Evening Movie	9:30 Coffee and News 9:45 Exercise Group: Balance 10:00 This Day in History 10:45 Readers Digest: What Am I? 12:30 Bridge Group 12:30 US Snow Sculpting: Snow Sculpting Contest 1:00 Video Game Day: History of the Atari 2:00 Nutella Day: Cheesecake Fruit Wrap with Nutella 3:00 Wine Down Wednesday 6:00 Evening Brain Puzzles	9:30 Coffee and News 9:45 Exercise: Flexibility 10:00 Canadian Maple Syrup Day: Pancake Syrup versus Maple Syrup 10:30 Bible Study 12:30 WU Virtual Tour of DC Landmarks: Lincoln Memorial 1:00 Afternoon Stretches 2:00 Hymn Singing <b>3:15 Happy Hour</b> 6:00 Evening Movie	9:30 Coffee and News 10:00 Bingo 1:00 Afternoon Yoga with Tina <b>2:30 WU Colorful Crowd with Julie</b> 3:30 Brain Challenging Puzzles 6:00 Friday Night Dominoes 6:00 Late night Trivia with Tina	9:30 Coffee and News 10:00 Bingo 11:30 Piano Playing with Samhitha 12:00 Trivia with Samhitha 12:30 Diamond Dots with Samhitha 1:30 Creative Expression Through Color 3:30 History Buffs with Kaitlin 6:00 Evening Movie
9:30 Coffee and News 10:00 Sunday Stretches 10:30 Bingo 12:30 Mens Club 1:00 Spelling Sunday Supper Brain Challenge 2:00 Hymn Singing & Church Service on TV 3:00 Hot Chocolate Social Time 5:00 Superbowl Watch Party 6:00 Mocktail Hour	9:30 Coffee & News 9:45 Exercise Group: Cardio 10:15 Trivia Group: Finishing Words Challenge 10:30 Gametime: UNO Cards 12:30 Oatmeal Day: Oatmeal Hand Mask 1:00 Precious Memories 2:00 Pokeno 3:00 Bible Study & Hymn Singing with Pastor Bill 6:00 Jazz Music	9:30 Coffee and News 9:45 Exercise Group: Strength 10:15 Meditation with Neha 10:30 WU Culinary Club 12:30 Crazy Rummy 1:00 Valentines Cupcake Decorating 2:00 Bingo 3:15 WU Songs & Smiles w/ Karl 5:30 Evening Movie	9:30 Coffee and News 9:45 Exercise Group: Balance 10:15 Chat Pack 10:30 WU Creative Crafts with Sandy 12:30 Bridge Group 12:30 Abe Day, Lincolns Hat: Virtual Visit to Smithsonian 1:00 Valentines Mimosa Bar 2:00 International Darwin Day: Darwins Finches 3:00 Wine Down Wednesday 6:00 Evening Brain Puzzles	9:30 Coffee and News 9:45 Exercise: Flexibility 10:00 Tech Class: New Technology in our time 10:30 Bible Study 12:30 WU Virtual Tour of DC Landmarks: Jefferson Memorial 1:00 Valentines Centerpieces 2:00 WU Book Club w/ Sheree <b>3:15 Valentines Happy Hour</b> 6:00 Evening Movie	<b>Valentines Day</b> 9:30 Coffee and News 10:00 Bingo 1:00 Afternoon Yoga with Tina <b>2:30 WU Colorful Crowd with Julie</b> 3:30 Brain Challenging Puzzles 6:00 Friday Night Dominoes 6:00 Late night Trivia with Tina	9:30 Coffee and News 10:00 Bingo 11:30 Piano Playing with Samhitha 12:00 Trivia with Samhitha 12:30 Diamond Dots Corner with Jacky 1:30 Creative Expression Through Color 2:30 Afternoon Stretches 3:00 Pokeno 3:30 History Buffs with Kaitlin 6:00 Evening Movie
9:30 Coffee and News 10:00 Sunday Stretches 10:30 Bingo 12:30 National Engineers Week: Electrical 1:00 NASCAR Day: History of NASCAR 2:00 Hymn Singing & Church Service on TV 3:00 Almond Day: Almond Crunch Cookies 6:00 Mocktail Hour	<b>Presidents Day</b> 9:30 Coffee & News 9:45 Exercise Group: Cardio 10:15 Trivia Group: Finishing Lyrics Challenge <b>10:30 Music Therapy with Luisa</b> 12:30 National Engineers Week: Civil 1:00 Brain Teasers: Presidents 2:00 Pokeno 3:00 Bible Study & Hymn Singing with Pastor Bill 6:00 Jazz Music	9:30 Coffee and News 9:45 Exercise Group: Strength <b>10:00 Outing: Lunch Bunch</b> 10:15 Meditation with Neha 12:30 Crazy Rummy 1:00 National Engineers Week: Mechanical 2:00 Bingo 3:15 WU Songs & Smiles w/ Karl 5:30 Evening Movie	9:30 Coffee and News 9:45 Exercise Group: Balance 10:15 Chat Pack 10:30 WU Sheree's Art Enthusiasts with Hot Chocolate 12:30 Bridge Group 12:30 National Engineers Week: Computer 1:00 Prize in the Box Week: DIY Cracker Jack Box 2:00 Taste of the Mediterranean 3:00 Wine Down Wednesday 6:00 Evening Brain Puzzles	9:30 Coffee and News 9:45 Exercise: Flexibility 10:00 Bible Study 10:30 WU Scrapbooking Photos 12:30 WU Virtual Tour of DC Landmarks: Washington Monument 1:30 HealthPro Heritage 360 Well Talk: Healthy Living and Fitness 2:00 WU Book Club w/ Sheree <b>3:15 Happy Hour</b> 6:00 Evening Movie	9:30 Coffee and News 10:00 Bingo 1:00 Afternoon Yoga with Tina 2:00 Coloring Corner 2:30 Total Hearing Care Visit 3:15 Resident Social with Nicki 6:00 Friday Night Dominoes 6:00 Late night Trivia with Tina	9:30 Coffee and News 10:00 Bingo 11:30 Piano Playing with Samhitha 12:00 Trivia with Samhitha 12:30 Diamond Dots Corner with Jacky 1:30 Creative Expression Through Color 2:30 Afternoon Stretches 3:00 Pokeno 3:30 History Buffs with Kaitlin 6:00 Evening Movie
9:30 Coffee and News 10:00 Sunday Stretches 10:30 Bingo 12:30 Right Brain or Left Brain: What side do you use? 1:00 Tootsie Roll Day: Tootsie Roll Fudge 2:00 Hymn singing & Church Service on TV 3:00 Chips & Dips Social Time 6:00 Mocktail Hour	9:30 Coffee & News 9:45 Exercise Group: Cardio 10:15 Trivia Group: Name 10 Challenge 10:30 Group Yahtzee Challenge 12:30 Tortilla Chip Day: Heart Shaped Tortillas and Mango Salsa 1:00 Precious Memories 2:00 Pokeno 3:00 Bible Study & Hymn Singing with Pastor Bill 6:00 Jazz Music	9:30 Coffee and News 9:45 Exercise Group: Strength 10:15 Meditation with Neha 10:30 Singing Club 12:30 Crazy Rummy 1:00 Chocolate Covered Peanuts Day: Chocolate Covered Peanut Tasting 2:00 Bingo 3:30 Chat Pack 5:30 Evening Movie	9:30 Coffee and News 9:45 Exercise Group: Balance 10:15 WU Creative Crafts 10:30 Black History Month Table Talks 12:30 Bridge Group 12:30 Understanding Genealogy with Sheree 1:00 Old West Day: Old West Snacks and Drinks 2:00 Mexican Train 3:00 Wine Down Wednesday 6:00 Evening Brain Puzzles	9:30 Coffee and News 9:45 Exercise: Flexibility 10:00 Bible Study 10:30 WU Blankets of Love with Sheree 12:30 WU Virtual Tour of DC Landmarks: Franklin Delano Roosevelt Memorial 1:00 Florida Strawberry Day: Strawberry Milkshake Bar <b>1:30 Leslies Art with Accent</b> 2:30 WU Book Club w/ Sheree <b>3:15 Happy Hour</b> 6:00 Evening Movie	9:30 Coffee and News (LR) 10:00 Bingo (LR) 1:00 Afternoon Yoga with Tina (LR) 2:00 Coloring Corner (LR) 3:00 Brain Challenging Puzzles (LR) 3:30 Time Slips with Tina- Create your own Story (LR) 6:00 Friday Night Dominoes (CLR) 6:00 Late night Trivia with Tina (LR)	

# FEBRUARY 2025

## Assisted Living



### ACTIVITY LOCATOR KEY

DR- Dining Room  
LR- Living Room  
FP- Fire Place  
CLR- Community Life Room  
MC- Memory Care

**Friendly Reminder:**  
Schedule changes may occur,  
changes will be posted on  
the daily schedule

### Quote of the Month

**February Birthdays**  
Alice Collins 02/10  
Michelle Gantley 02/12

