

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Medical Transportation Appointment Request must be turned in one day prior by 2:00pm. All appointments must be within a 10 mile radius. Please note: Only one appointment per day per resident and First Come First Serve</p>						10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Lungs (BL) 10:30 Diamond Dots (BL) 10:30 Suad Sells (BL) 11:00 Dickey's BBQ Outing 1:30 Bingo (MP) 1:30 Virtual Reality Glasses with Vrishin (BL) 2:30 Trivia and Meet & Greet with Vrishin (BL) 2:00/7:00 Movie: The Judge (TH) 6:30 Chicken Foot (G)	
<p>Groundhog Day 10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: My Fair Lady (TH)</p>	9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 Delicious Deals: Canes Chicken Outing 1:00 Tammy from Encompass Health: Dementia and Its Stages (BL) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 3:00 New Resident Orientation (TH) 6:30 Pokeno (G)	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 11:00 Trivia with Christianne (BL) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:00 Chocolate Fondue Day: Chocolate Fondue (BL) 3:30 Boxing Star Day: Oscar De La Hoya Highlights (BL) 6:30 Evening Movie: Hello Dolly (TH)	10:00 Resistance Band Workout (AS) 11:00 History of the World with Rabbi Wolk (TH) 11:00 Morning Affirmations (BL) 11:00 ROMEO Mens Lunch Outing: Derby 1:00 Pokeno (Next to 5212) 1:00 WU History Buffs (L) 2:00 Candy Making Demo with Chef Russell (DR) 3:00 Art Class with Judy Mason (AB) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)	8:00-4:00 Dr. Graff Mobile Visit (East Side of Building) 9:00 Walking Club with Raz (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 WU Virtual Tour of DC Landmarks: Lincoln Memorial (BL) 1:30 Bingo (MP) 2:00 Community Life Meeting (TH) 2:30 Hymn Singing (next to 4111) 3:00 Canadian Maple Syrup Day: Pancake Syrup versus Maple Syrup (BL) 6:30 Pokeno (G)	9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 10:30 Heart Health Talk with Raz (BL) 11:30 Mystery Lunch Outing 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 4:00 Signature Cocktail Hour (BL) 7:00 Mexican Train (MP)	10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Heart (BL) 11:45 Frisco Lunar New Year Celebration: Warren Parkway 1:30 Bingo (MP) 1:30 Valerie's Card Making Creations (AB) 2:00/7:00 Movie: Red (TH) 6:30 Chicken Foot (G)	
	2	3	4	5	6	7	8
10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 5:00 Superbowl Watch Party (BL) 6:30 Sunday Movie: The Quiet Man (TH)	9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 Delicious Deals: Whataburger Outing 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30 Pokeno (G)	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 11:00 Mary Kay Satin Hand Cream Information Session with Christianne (BL) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:00 Valentines Cupcake Decorating (AB) 3:00 Valentines: The Newlywed Game Hosted by Christianne (BL) 6:30 Evening Movie: European Vacation (TH)	10:00 Resistance Band Workout (AS) 10:00 Grocery Shopping/Nail Salon Outing 11:00 Valentines Cookie Bake (BL) 1:00 Pokeno (Next to 5212) 1:30 Health Pro Heritage 360 Well Talk: Ways to Manage High Blood Pressure (BL) 2:30 Valentines Mimosa Bar (BL) 3:30 WU Bob Razz Painting Class: Valentines Hearts (AB) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 11:30 WU Tech Class: Social Media (BL) 12:30 Valentines Roses Centerpieces (AB) 1:30 WU Virtual Tour of DC Landmarks: Jefferson Memorial (BL) 1:30 Bingo (MP) 2:00 Valentines Mystery Date Gameshow Hosted by Christianne (DR) 6:30 Pokeno (G)	<p>Valentines Day 9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 12:00 Sam Moon Outing 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 4:00 Signature Cocktail Hour (BL) 4:00-6:00 Valentines Dinner (DR) 7:00 Valentines Day Happy Hour with Divine (DR) 7:00 Mexican Train (MP)</p>	10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Kidneys (BL) 10:00 La Madeline Outing 10:30 Julie's Abstract Art (AB) 10:30 Diamond Dots (BL) 1:30 Bingo (MP) 1:30 Virtual Reality Glasses with Vrishin (BL) 2:30 Board Games with Vrishin (BL) 2:00/7:00 Movie: The Last Holiday (TH) 6:30 Chicken Foot (G)	
	9	10	11	12	13	14	15
10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: The Longest Ride (TH)	<p>Presidents' Day 9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 Delicious Deals: Lubys Outing 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30 Pokeno (G)</p>	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:30 National Drink Wine Day: Blind Tasting (BL) 3:00 National Engineers Week: Talk on Engineering with Don Cryer (BL) 6:30 Evening Movie: Silverado (TH)	10:00 Resistance Band Workout (AS) 11:00 Morning Affirmations (BL) 12:00 The Bureau of Engraving and Printing in Fort Worth Texas Outing 1:00 Pokeno (Next to 5212) 1:00 WU History Buffs (L) 1:30 WU Taste of the Holy Lands (1208) 2:00 Resident Town Hall (DR) 3:00 National Engineers Week: Talk on Engineering with Bill Priebe (BL) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 10:30 WU Virtual Tour of DC Landmarks: Washington Monument (BL) 1:30 Bingo (MP) 1:30 Leslie's Watercolor Art with Accent (AB) 2:00 Heart of the Matter Talk with Encompass Health (BL) 2:30 Hymn Singing (next to 4111) 3:00 National Engineers Week: Talk on Engineering with Paul Phillips (BL) 5:00 Mystery Dinner Outing 6:30 Pokeno (G)	9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:00 Travel with Christianne: Belgium (TH) 1:00 Crazy Rummy (L) 1:00 JULIETS Women's Outing: The Bloom Lounge 1:00/2:00/3:00 WU Live your Best Life (G) 3:00 National Engineers Week: Resident Talk on Engineering (BL) 3:30 Total Hearing Care Visit (L) 4:00 Signature Cocktail Hour (BL) 6:15 Frisco Chorale Concert Frisco First Methodist Outing 7:00 Mexican Train (MP)	10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Pancreas (BL) 10:00 Cracker Barrel Outing 10:30 Diamond Dots (BL) 10:30 Julie's Abstract Art (AB) 11:45 Rolling Through the 40's and 50's with Dean Peters (DR) 1:30 Bingo (MP) 2:00/7:00 Movie: Man on Fire (TH) 6:30 Chicken Foot (G)	
	16	17	18	19	20	21	22
10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: From the Terrace (TH)	9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 Delicious Deals: Wendys Outing 1:00 Chair Zumba (AS) 1:00 Harris Jewelry Repair (BL) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30 Pokeno (G)	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:15 Happy Hour (DR) 3:15 Chocolate Covered Peanut Day Tasting (BL) 6:30 Evening Movie: Moons Truck (TH)	10:00 Resistance Band Workout (AS) 10:00 Grocery Shopping/Nail Salon Outing 11:00 Morning Affirmations (BL) 1:00 Pokeno (Next to 5212) 1:00 WU Dale Smarts Genealogy Class (AB) 2:00 Pinochle (G) 2:00 Old West Day: Old West Appetizers and Drinks (BL) 3:00 Art Class with Judy Mason (AB) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 WU Virtual Tour of DC Landmarks: Franklin Delano Roosevelt Memorial (BL) 1:30 Bingo (MP) 2:30 Florida Strawberry Day: Strawberry Milkshake Bar (BL) 3:00 Mad Hatters Book Club: News of the World by Paulette Jiles (L) 6:30 Pokeno (G)	8:00 Choctaw Casino 9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 Floral Design Day: Crepe Paper Flowers (AB) 4:00 Signature Cocktail Hour (BL) 7:00 Mexican Train (MP)	<p>February Birthdays Janice Mumford 02/01 Neauthia Young 02/01 Warren Cox 02/03 Don Warren 02/06 Jane Burris 02/07 Mike Latour 02/11 Jo Covin 02/13 Gail Ford 02/14 Walter Bell 02/15</p>	
	23	24	25	26	27	28	

FEBRUARY 2025 Independent Living



ACTIVITY LOCATOR KEY

AB- Art Breezway
AS- Aerobic Studio
B1/4 Breezway Between Bld 1/4
BL- Bistro Lounge
DO- Doctor's Office (#1102)

DR- Dining Room
FP- Fire Place
G- Game Room
L- Library
MP- Multipurpose Room

LB- Lobby
P- Pool
PD- Private Dining Room
PT- Pool Table
TH- Theater

February Birthdays Continued

Richard Graves 02/15
 Pam Priebe 02/18
 Dorothy Wicks 02/18
 Jody Townsend 02/21
 Charles Braun 02/22
 Linda Maxedon 02/22
 Betsy Allen 02/23
 Joe Gray 02/24
 Charles Melton 02/26
 Robert Ballent 02/28