

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<ul style="list-style-type: none"> <li>Stretch and Strength</li> <li>Energy Burst: Ball Toss</li> <li>Church Service</li> <li>Trivia Fun</li> <li>Junk drawer detective</li> <li>Decorating with Candy</li> <li>Who Am I: Willy Wonka</li> <li>Memory Baskets with Nayas</li> </ul>
<ul style="list-style-type: none"> <li>Sole to Soul Walking Club</li> <li>Energy Burst: Ladder Ball</li> <li>Hymn and Church Service with Tina</li> <li>Practicing Gratitude</li> <li>Daily Devotional</li> <li>Energy Boost: Ladder Ball</li> <li>Popcorn and a movie with the Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>WU: Writers Collective: The Renaissance</li> <li>WU: Culinary Creations</li> <li>Energy Burst: Corn Hole</li> <li>Junk Drawer Detective</li> <li>Who Am I Brain Game</li> <li>Gardening Club</li> <li>Art Club: Color and Me with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Tai Chi</li> <li>Brain Games</li> <li>WU: Artistry Unleashed: Energy Burst: Velcro Darts</li> <li><b>Chocolate Fondue Day: Chocolate Fondue (AL-LR)</b></li> <li>Gosh We Love Galoshes Day</li> <li>Evening Puzzles with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Strength &amp; Balances</li> <li>Gratitude and Reflections</li> <li>Energy Burst</li> <li>Pair up Memory Game</li> <li>Happy Birthday Readers Digest</li> <li>Who Are We: Remembering Zsa Zsa</li> <li>Evening Adult Coloring with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Virtual Adventure</li> <li>Energy Burst: Ladder Ball</li> <li>Music and Snacks</li> <li><b>Canadian Maple Syrup Day: Pancake Syrup versus Maple Syrup</b></li> <li>Happy Hour in Assisted Living</li> <li>Evening Movie with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>Energy Burst: Dodge Ball</li> <li>WU: Person of Interest: Jack London</li> <li><b>National Ballet Day: The Art of Ballet</b></li> <li><b>Rose Day: Rose Canvas Painting</b></li> <li>Gardening Club</li> <li>Parkview Movie Night</li> </ul>	<ul style="list-style-type: none"> <li>Stretch and Strength</li> <li>Energy Burst: Balloon Volleyball</li> <li>Remembering the Boy Scouts</li> <li>Valentine Sweetheart Card Making</li> <li>National Wear Red Day</li> <li>Evening Relaxation with Jazz Music</li> </ul>
<ul style="list-style-type: none"> <li>Sole to Soul Walking Club</li> <li>Energy Burst: Velcro Darts</li> <li>Hymn and Church Service with Tina</li> <li>Random Acts of Kindness</li> <li>A-mazing Superbowl Sunday</li> <li>Memory Baskets with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>WU: Culinary Creations</li> <li>Energy Burst: Dodge Ball</li> <li>Remembering Going to the Movies</li> <li>WU: An Eye for Art- Faces of the Renaissance</li> <li>Who Am I</li> <li>Thriving Through music with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Tai Chi</li> <li>Brain Games</li> <li><b>Country Drive Outing</b></li> <li>Energy Burst: Ladder Ball</li> <li><b>WU: An Eye for Art: Leslies Art with Accent at 1:30pm</b></li> <li>WU Virtual Travel with Tina: Castles Europe</li> <li>Valentines Mimosa Bar</li> <li>Evening Bible Verse with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Strength &amp; Balances</li> <li>Guided Imagery</li> <li>Energy Burst: Ball Toss</li> <li>Evening Relaxation with Cello Music</li> <li>Entertainment with Dave Eagleston</li> <li>Abe Day: Gettysburg Address Contest</li> <li>Evening Memory Baskets with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Virtual Trip Down Memory Lane</li> <li>Energy Burst: Velcro Darts Game</li> <li><b>Valentines Roses Centerpieces</b></li> <li>Happy Hour in Assisted Living</li> <li>Evening Manicures with Nayas</li> </ul>	<ul style="list-style-type: none"> <li><b>Valentines Day</b></li> <li>Joyful Movement</li> <li>Community Life</li> <li>Committee Meeting</li> <li>Energy Burst: Table Tennis</li> <li><b>National Creme Filled Chocolate Day: Chocolate Tasting</b></li> <li><b>Scavenger Hunt: Find the Heart</b></li> <li>Parkview Movie Night</li> </ul>	<ul style="list-style-type: none"> <li>Stretch and Strength</li> <li>Energy Burst: Ball Toss</li> <li>Craft Club: Pet Rock Planting</li> <li>Culinary Creations: Heart Sugar Cookies</li> <li>Snack Food Challenge</li> <li>Evening Relaxation with Jazz Music</li> </ul>
<ul style="list-style-type: none"> <li>Sole to Soul Walking Club</li> <li>Energy Burst: Balloon Volleyball</li> <li>Church Service and Hymns with Tina</li> <li>World Marriage Day</li> <li>Nascar Day: The History of Auto Racing</li> <li>Brain Games: You be the Judge</li> </ul>	<ul style="list-style-type: none"> <li><b>Presidents Day</b></li> <li>Joyful Movement</li> <li>WU: Culinary Creations</li> <li>Energy Burst: Dodge Ball</li> <li>Remembering Going to the Movies</li> <li>Who Am I</li> <li>What First Lady Am I Game</li> <li>Thriving Through music with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Tai Chi</li> <li>Brain Games</li> <li>WU: Artistry Unleashed: Energy Burst: Velcro Darts</li> <li>Happy Birthday John Travolta</li> <li>Let's Blow Bubbles Day</li> <li>Evening Puzzles with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Strength &amp; Balances</li> <li>Gratitude and Reflections</li> <li>Energy Burst: Bowling</li> <li>Pair up Memory Game</li> <li>Who Am I: Sidney Poitier</li> <li>Goodie Goodie Gumdrops</li> <li>Pisces the Fish Day</li> <li>Evening Adult Coloring with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Virtual Roadtrippers: Energy Burst: Ladder Ball</li> <li>Music and Snacks</li> <li><b>National Muffin Day: Muffin Tasting</b></li> <li>Happy Hour in Assisted Living</li> <li>Evening Movie with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>Service Circle</li> <li>Energy Burst: Velcro Darts</li> <li>Craft Club" National Caregiver Day- Thank you Card Creations</li> <li><b>Yukon Heritage Day: History of the Yukon</b></li> <li>Parkview Movie Night</li> </ul>	<ul style="list-style-type: none"> <li>Stretch and Strength</li> <li>Energy Burst: Balloon Volleyball</li> <li>Travel Brief: Virtual Roadtrippers</li> <li>"Sense"-ational Candy Sorting</li> <li>What Am I: Candy Land</li> <li>Evening Relaxation with Jazz Music</li> </ul>
<ul style="list-style-type: none"> <li>Sole to Soul Walking Club</li> <li>Energy Burst: Ladderball</li> <li>Hymns and Church Service with Tina</li> <li>Can you Picture This? Game</li> <li>You be the Judge</li> <li>Memory Baskets with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement- <b>Leah from Accent Care</b></li> <li>WU: Culinary Creations</li> <li>Energy Burst: Dodge Ball</li> <li>Remembering Going to the Movies</li> <li>Who Am I</li> <li>Thriving Through music with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Tai Chi</li> <li>Brain Games</li> <li><b>Braums Ice Cream Outing</b></li> <li>WU: An Eye for Art</li> <li>Energy Burst: Ladder Ball</li> <li>WU Virtual Travel with Tina: Castles Europe</li> <li><b>Chocolate Covered Peanut Day Tasting</b></li> <li><b>Old West Day: Old West Drinks and Cobblers</b></li> <li>Evening Bible Verse with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Strength &amp; Balances</li> <li>Guided Imagery</li> <li>Energy Burst: Ball Toss</li> <li>Entertainment with Krystal</li> <li>Pair up Memory Game</li> <li>Happy Birthday Johnny Cash</li> <li>Evening Memory Baskets with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Energy Burst: Ladder Ball</li> <li><b>Florida Strawberry Day: Strawberry Milkshakes</b></li> <li>Happy Hour in Assisted Living</li> <li>No Brainer Day: Candy Phrases Finish the Line</li> <li>Evening Movie with Nayas</li> </ul>	<ul style="list-style-type: none"> <li>Joyful Movement</li> <li>WU: Lives Well Lived</li> <li>Energy Burst</li> <li><b>Floral Design Day: Floral Crepe Paper</b></li> <li><b>German Carnival: Fasching</b></li> <li>Parkview Movie Night</li> </ul>	

# FEBRUARY 2025

## Prema Memory Support



### ACTIVITY LOCATOR KEY

- Body
- Community
- Mind
- Spirit

**Friendly Reminder:**  
Schedule changes may occur

**February Birthdays**  
Barbara Carlisle 02/21  
Dianna Hirschenberger 02/05  
Patricia McKinzie 02/20

