

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>New: Vitality &amp; Balance Class Saturdays @ 10:30 AM</b></p> <p>Walking Club is now on Wednesdays @ 1:30 PM</p>	<p><b>Our annual Hudson Valley Animal Rescue Pet Supply Drive is from 1st - 14th. Donation box located in Main Lobby.</b></p>	<p><b>New: Collage Creations w/ Susan Myers - 22nd</b></p> <p><b>Valentine's Craft - 4th</b></p>	<p><b>Resident &amp; Staff Pancake Breakfast - 5th</b></p> <p>Fountains Radio Network resumes on Wednesday 2/12 &amp; 2/26 at 1pm</p>	<p><b>New Bible Study series starts 2/6 w/ Pastor Kyle: Judges: Light n Darkness. Please note time &amp; location change to the Inn*</b></p>	<p><b>New Watermark University Series:</b></p> <p>Spanish 101 w/ Lou &amp; Fran Saraceno - Fridays at 1 pm</p>	<p>10:30 WU Vitality &amp; Balance A 11:00 Scrabble - UL 1:00 Wii Bowling w/ Reed - AL 1:00 Virgin River Season 6, episode 7 - 591 2:00 Film: Crazy on the Outside - A, 591 2:15 Crafts w/ Jess: Heart Ornaments- AR 4:00 Intergenerational Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation &amp; Movement w/ Elizabeth - A 1:30 Mahjong - Sales Office 1A 2:00 Film: Paint Your Wagon - 591, A 2:30 Bingo w/ prizes - UL</p>	<p>10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - Sales Office (1A) 1:30 WU Knit/Crochet - UL 2:00 Shopping Trip: Adams 3:00 WU Opera part 1: The Elixir of Love by Gaetano Donizetti - A 7:00 Film: Sherlock Holmes: A Game of Shadows - AL, 591</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Valentine's Craft w/ Raegan - AR 11:30 Inventions Series - 591 1:00 Kings in the Corner - Sales Office (1A) 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 3:00 WU Active Listening w/ Maayana - AL 4:00 Deb's Update Meeting A</p>	<p>10:00 Pancake Breakfast- DR 10:45 WU Alexander Tech. - A 11:00 WU Woodshop - AR 1:00 Bridge - Sales Office (1A) 1:30 WU Walking Club - NL 2:00 WU Writers' Exchange w/ Lorraine - L 3:00 WU Active Aging Seminar w/ Sarah: Heart Health - AL 3:45 Coffee Social w/ the FMRA Board - UL</p>	<p>10:00 WU Equine Therapy - Inn 10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Advanced Art - AR 2:00 WU Art History Film: Maverick Modigliani - A 3:30 Art History Discussion - AR 3:45 WU Bible Study Series- INN 4:00 Catholic Communion - AL 4:30 Trip: Landmark Grill 6:30 Game Night w/ Amber -UL</p>	<p>10:00 Hand, Knee, Foot - Sales Office (1A) 10:45 WU Stretch &amp; Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 1:00 WU Spanish 101 - L 2:00 Trivial Pursuit - AL 3:00 WU Greek Cooking Class w/ Irene &amp; Kat - Bistro 4:00 Shabbat Shalom - PDR</p>	<p>10:30 WU Vitality &amp; Balance A 11:00 Scrabble - UL 1:00 Wii Bowling w/ Reed - AL 1:00 Virgin River Season 6, episode 8 - 591 2:00 Classic Film: Sabrina (1954) - A, 591 2:15 Crafts w/ Jess: Dream Catchers - AR 4:00 Intergenerational Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation &amp; Movement w/ Elizabeth - A 1:30 Mahjong - Sales Office 1A 1:45 Trip: Grease @ RPA 2:00 Film: In the Heart of the Sea - 591, A 3:00 WU Making Connections w/ Maayana - AL 6:00 Superbowl Party! - A</p>	<p>10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - Sales Office (1A) 1:00 Shopping Trip: Shoprite 1:30 WU Knit/Crochet - UL 3:00 WU Opera part 2: The Elixir of Love by Gaetano Donizetti - A 3:00 Gloria's Line Dancers INN 7:00 Film: Great Expectations (1946) - AL, 591</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591 1:00 Kings in the Corner - Sales Office (1A) 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 3:00 WU Brain Games w/ Jen McCreery from Millbrook Library - L Soul Food Theme Dinner - Main DR</p>	<p>10:00 Men's Coffee Social - CS 10:45 WU Alexander Tech. - A 11:00 WU Woodshop - AR 1:00 Bridge - Sales Office (1A) 1:00 Fountains Radio Network - L 1:30 WU Walking Club - NL 2:00 New: Wicked Film w/ refreshments &amp; post film Ozian vocabulary quiz w/ prizes! - A</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Advanced Art - AR 2:00 WU Art History Film: Rivers &amp; Tides, Andy Goldsworthy - A 2:30 Game w/ Jess: Blank Slate - L 3:30 Art History Discussion - AR 3:45 WU Bible Study Series- INN 4:00 Catholic Communion - AL</p>	<p>10:00 Hand, Knee, Foot - Sales Office (1A) 10:45 WU Stretch &amp; Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 1:00 WU Spanish 101 - L 2:00 Trivial Pursuit w/ Dave AL 3:00 Valentine's Day Dance Party w/ Frankie Keene - A 4:00 Shabbat Shalom - PDR</p>	<p>10:30 WU Vitality &amp; Balance A 11:00 Scrabble - UL 1:00 Wii Bowling w/ Reed - AL 1:00 Virgin River Season 6, episode 9 - 591 2:00 Film: Only You - A, 591 2:15 Crafts w/ Jess: Heart Sun Catchers- AR 4:00 Intergenerational Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation &amp; Movement w/ Elizabeth - A 1:30 Mahjong - Sales Office 1A 2:00 Black History Month Film: The Six Triple Eight - A, 591 2:30 Team Game: Smart Alec - UL 3:00 WU Spiritual Study w/ Beth &amp; Maayana - AL</p>	<p>10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - Sales Office (1A) 1:30 WU Knit/Crochet - UL 1:30 Documentary: Borealis - AL, 591 3:15 Nancy Paroli &amp; Jeff Semancik Sock Hop Concert - A 7:00 Presidents Day Film: PBS Documentary: Jimmy Carter (part 1) -AL, 591</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591 1:00 Kings in the Corner - Sales Office (1A) 1:00 Canasta - UL 1:00 Shopping Trip: Millbrook 1:00 WU Beginner's Art - AR 2:30 Food Service Meeting - BIS 3:30 WU Laura's Book Club - L 4:15 WU Edwin's Prayer Group</p>	<p>10:45 WU Alexander Tech. - A 11:00 WU Woodshop - AR 1:00 Bridge - Sales Office (1A) 1:00 PT Walker Clinic - Fitness Center 1:30 WU Walking Club - NL 2:00 Saxophone Name That Tune - Inn 2:00 Jewelry Bingo - L 3:15 Father Matt's Service - AL</p>	<p>10:45 WU Lucy's Limber Up - A 11:00 Shopping Trip: Hobby Lobby 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Advanced Art - AR 1:30 Game w/ Jess: Scategories L 2:30 WU Art Opening: Barbara Minton - AG 3:45 WU Bible Study Series- INN 4:00 Catholic Communion - AL</p>	<p>10:00 Hand, Knee, Foot - Sales Office (1A) 10:45 WU Stretch &amp; Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 1:00 WU Spanish 101 - L 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR</p>	<p>10:30 WU Vitality &amp; Balance A 11:00 Scrabble - UL 1:00 Wii Bowling w/ Reed - AL 1:00 Virgin River Season 6, episode 10 - 591 2:00 Film: Thelma - A, 591 2:15 Collage Creations w/ Susan Meyers - AR 4:00 Intergenerational Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation &amp; Movement w/ Elizabeth - A 12:30 Trip: Spring Dance Concert at Bard's Fischer Center 1:30 Mahjong - Sales Office 1A 2:00 Film: Maria - A, 591</p>	<p>10:45 WU Rehab Workout - A 11:30 WU Current Affairs - AL 1:00 Bridge - Sales Office (1A) 1:00 Shopping Trip: Tops 1:30 WU Knit/Crochet - UL 3:15 WU Music Appreciation: Favorite Love Songs - A 7:00 Film: Jimmy Carter (part 2) -AL, 591</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591 1:00 Kings in the Corner - Sales Office (1A) 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 3:00 WU Active Listening w/ Maayana - AL 4:00 The Everly Brothers, Harmonies From Heaven - 591 only (59 min)</p>	<p>10:45 WU Exercise Therapy w/ Cris Caivano - A 11:00 WU Woodshop - AR 1:00 Bridge - Sales Office (1A) 1:00 Fountains Radio Network - L 1:30 WU Walking Club - NL 2:00 WU Writers' Exchange w/ Lorraine - L 3:15 Singing Bowl Sound Bath w/ Elizabeth - AL</p>	<p>10:00 Trip: Adams Garden Show 10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:00 WU Advanced Art - AR 2:00 WU Art History Film: Wyeth - A 2:30 Game w/ Jess: Pictionary - L 3:30 Art History Discussion - AR 3:45 WU Bible Study Series- INN 4:00 Catholic Communion - AL 5:00 Birthday Dinner - PDR</p>	<p>10:00 Hand, Knee, Foot - Sales Office(1A) 10:45 WU Stretch &amp; Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 1:00 WU Spanish 101 - L 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR</p>	<p>A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room L - Library (1A) LOB - Main Lobby LR - Living Room at the Inn</p>

# FEBRUARY 2025 Independent Living



## ACTIVITY LOCATOR KEY

**Your Community Life Team:**  
Lisa Rieckermann, Director  
Jennifer Bourque, Associate  
Raegan Haege, Associate  
Jessica Kaufman, Associate  
845-905-8014

Please check channel 591 daily for updates!

Shopping trips:  
sign up @ podium - Lobby

Community Life trips:  
905-8014

Wine Tasting w/ Carl resumes in March\*

Red - Live Exercise  
Purple - Music  
Dark Orange - Arts & Crafts  
Teal - Vocational  
Black - Educational/Social  
Pink - Health  
Green - Trips  
Blue - Spiritual, Therapeutic

NL - North Lounge  
PDR - Private Dining Room  
UL - Upper Lobby  
WS - Woodshop (1A)