

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Chair Yoga L 10:30am Snackchat L 11:00am Flowers of the month L 1:30pm UNO L 2:30pm WU: Utah L 3:30pm Mocktail Monday L 6:00pm Sensory Room Strolls L	10:00am Total Body Workout L 10:30am Snackchat L 11:00am Pamper and Polish L 11:30am Bird Videos L 1:30pm Blackjack L 2:30pm Music Therapy W/ Katie L 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00am Bible study with Anne and Tony L 11:00am Balance and Mobility L 1:30pm BINGO L 2:30pm Trivia L 3:30pm Chair Yoga L 6:00pm Sensory room strolls SR	10:00am Stretch and Tone L 10:45am Snack Chat L 11:00am Valentine Craft L 11:30am Sing-A-Long L 1:30pm Creative Coloring L 2:30pm Valentine Candy Tasting L 3:30pm American Trivia L 6:00pm Creative Coloring L	10:00am Workout with Wendy L 10:30am Snackchat L 11:00am Weekly News L 11:30am Whiteboard games L 12:00pm Pizza Luncheon DR 1:30pm UNO L 2:30pm Craft Corner L 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Free Draw L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
2	3	4	5	6	7	8
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:30pm Super Bowl L	10:00am Chair Yoga L 10:30am Snackchat L 11:00am Finish the Phrase L 11:30am UNO L 1:30pm Blackjack L 2:30pm WU: Alligator L 3:30pm American Trivia L 6:00pm Sensory Room Strolls SR	10:00am Total Body Workout L 10:30am Snackchat L 11:00am Valentines Day Craft L 2:00pm Joe Milsch Performance GA 2:30pm Music Therapy w/ Katie L 3:30 Functional Fitness L 6:00pm Creative Coloring L	10:00pm Balance and Mobility L 11:00am Whiteboard games L 1:30pm Muscial Memory Lane L 1:30pm WU: History of Orissa GA 2:30pm WU: The Mississippi River 3:30pm Music and coloring L 6:00pm Sensory Room Strolls SR	10:00am Stretch and Tone L 10:45am Snack Chat L 11:00am Jingo/Card Bingo L 11:30am Balloon Volleyball L 1:30pm Memory Madness L 2:30pm Whiteboard Games L 3:30pm Chair Yoga L 6:00pm Creative Coloring L	10:00am Workout with Wendy L 10:30am Snackchat L 11:00am Weekly News L 11:30am Sing-A-Long L 1:30pm Bus Trip: Penfield Library 3:30pm Aerobics with Andy L 6:30pm Valentines Day Dance W/ DJ Chuck! GA	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
9	10	11	12	13	14	15
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Chair Yoga L 10:30am Snackchat L 11:00am Patriotic Sing-A-Long L 11:30am Presidential Trivia L 1:30pm Left Right Center L 2:00 AMPS Music Performance GA 2:30pm WU: 13 Colonies L 3:30pm Milkshake Monday L 6:00pm Sensory Room Strolls SR	10:00am Total Body Workout L 10:30am Snackchat L 11:00am Pamper and Polish L 11:30am Creative Coloring L 1:30pm Craft Corner L 2:30pm Music Therpy W/ Katie L 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00am Bible Study with Anne and Tony L 11:00am Balance and Mobility L 1:00pm Art with Diana L 2:30pm Blackjack L 3:30pm Hot coco and chat L 6:00pm Sensory Room Strolls SR	10:00am Stretch and Tone L 10:45am Snack Chat L 11:00am Craft Corner L 11:30am Sing-A-Long L 1:30pm Puzzles and Coloring L 2:00pm February Birthday Party W/ DJ Chuck GA 6:00pm Creative Coloring L	10:00am Popcorn and Movie L 12:00pm Sub Luncheon DR 1:30pm Bingo L 2:00pm Cathletic Mass GVC 2:30pm Whiteboard games L 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Free Draw L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
16	17	18	19	20	21	22
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:00pm Movie Night L	10:00am Chair Yoga L 10:30am Snackchat L 11:00am Balloon Toss L 11:30am Memory Madness L 1:30pm WU: Komodo Dragon L 2:15pm Grande Vie Chorus GA 3:30 Refreshments and Mingle GA 6:00pm Sensory Room Strolls SR	10:00am Total Body Workout L 10:30am Snackchat L 11:00am Craft Club L 1:30pm Left Right center L 2:30pm MusicTherpy W/ Katie L 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00am Balance and Mobility L 11:00am Whiteboard Games L 1:30pm Muscial Memory lane L 2:30pm Craft Corner L 3:30pm Hot Coco and Chat L 6:00pm Sensory Room Strolls SR	10:00am Stretch and Tone L 10:45am Snack chat L 11:00am Rhyme Time L 11:30am WU: Andy Williams 1:30pm February Trivia L 2:30pm Memory madness L 3:30pm Chair Yoga L 6:00pm Creative Coloring L	10:00am Workout with Wendy L 10:30am Snackchat L 11:00am Weekly News L 11:15am Fun with Flowers L 1:30pm Trivia L 2:00pm Steel Drum band Performance GA 3:30pm Aerobics with Andy L 6:00p Friday Night Movie Night L	
23	24	25	26	27	28	

# FEBRUARY 2025

## The Gardens

 **LEGACY**  
AT GRANDE VIE  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

### ACTIVITY LOCATOR KEY

GA- Grande Vie Activities  
WU- Watermark University  
CY- Courtyard  
SR- Sensory Room  
DR- Dining Room  
L- Lounge  
GVC- Grande Vie Chapel

With any questions please reach out to:

**George Kimball**  
Community Life Director  
(585) 381-0680  
Ext. 1118  
gkimball@watermarkcommunities.com

February Birthdays:

Rosaria B.- 12th  
Carolyn R.- 15th  
Pat G.- 16th

### Entertainment:

Joe Milsch- 11th  
AMPS Music Performance- 17th  
Valentines Day Dance- 14th  
Birthday Party- 20th  
Grande Vie Chorus- 24th  
Steel Drum Band- 28th