

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:00 Coffee and Discussion 10:00 Tai Chi Stretches 10:30 Daily Chronicles 11:00 IN2L Interaction 1:30 Octa Band Stretches 2:00 Music Therapy W/ Nancy 3:00 Afternoon Refresh 4:00 One on One Activities 6:00 Balloon Bat 7:00 Massage and Music
9:00 Communion from Nativity 10:00 Rosary 10:30 Catholic Mass 11:00 Groundhog Predictions 1:30 Walking Club 2:00 Movie Matinee: Beauty and the Beast 3:00 WU: Football Through The Decades 4:00 One on One Activities 6:00 Stretch and Flex	9:00 On This Day 10:00 Full Body Blast 10:30 Searching for February 11:00 Qwarkle 1:30 Mindful Meditation 2:00 Cheerio Bird Feeders 3:00 Bingo 4:00 One on One Activities 6:00 Audio Book (IN2L) 7:00 Andre Rieu Orchestra	9:00 News and Views 10:00 Simple Stretches 10:30 Mix and Match 11:00 Velvet Colors 1:30 Basketball Dribble 2:00 HEART Bingo 3:00 Mock-tails and Music 4:00 One on One Activities 6:00 Jiving Jazz Hands 7:00 Rosary 8:00 Movie Night	9:00 Daily Devotions 10:00 Stretch and Flex 10:30 Scenic Drive W/Sara 11:00 Seasonal Sensory 1:30 Bean Bag Toss 2:00 Gummy Worm Challenge 3:00 Fitness Class W/ Bayada 4:00 One on One Activities 6:00 Trivia (IN2L) 7:00 Songs of Praise and Worship	9:00 On This Day 10:00 Dancing Through The Decades 10:30 Card Games 11:00 Guided Imagery 1:30 Indoor Snowball Fight 2:00 WU:Culinary Creations Choco Dipped Strawberries 3:00 Virtual Travel: Oxford, England 4:00 One on One Activities 6:00 Name That Tune 7:00 M*A*S*H	9:00 This day in History 10:00 Full Body Blast 10:30 Manicures and Massage 11:00 Listening and Laughter 1:30 Seated Stretches 2:00 Magazine Social 3:00 Music Music Music 3:00 EAGLES Pep Rally 4:00 One on One Activities 6:00 IN2L Interaction 7:00 Jeopardy With Care	9:00 Coffee and Discussion 10:00 Tai Chi Stretches 10:30 Daily Chronicles 11:00 IN2L Interaction 1:30 Matching Time W/ Tunes 2:00 Prices Then Vs. Now (IN2L) 3:00 Afternoon Refresh 4:00 One on One Activities 6:00 Musical Ball 7:00 Massage and Music
9:00 Communion from Nativity 10:00 Rosary 10:30 Catholic Mass 11:00 Hymn Sing Along 1:30 Walking Club 2:00 Superbowl Tailgate Social 3:00 Bingo 4:00 One on One Activities 6:00 SUPERBOWL GAME GO EAGLES! 7:00 National Geographic	9:00 News and Views 10:00 Simple Stretches 10:30 Jigsaw Puzzles 11:00 Checkers 1:30 Grab the gumdrop game 2:00 Table Top Puzzles 3:00 Finish the Lyrics 4:00 One on One Activities 6:00 Short Stories 7:00 Andre Rieu Orchestra	9:00 News and Views 10:00 Simple Stretches 10:30 Not Like the Others 11:00 Velvet Colors 11:30 Lunch Trip 1:30 Basketball Dribble 2:00 Bingo 3:00 Mock-tails and Music 4:00 One on One Activities 6:00 Jiving Jazz Hands 7:00 Rosary	9:00 Daily Devotions 10:00 Stretch and Flex 10:30 Scenic Drive W/Sara 11:00 Masterpiece Memory Game 1:30 Bean Bag Toss 2:00 WU: Baseball Class W/ Mike 3:00 Fitness Class W/ Bayada 4:00 One on One Activities 6:00 Trivia (IN2L) 7:00 Songs of Praise and Worship	9:00 On This Day 10:00 Dancing Through The Decades 10:30 Gratitude and Reflection 11:00 Sing Alongs 1:30 Table Pong 2:00 Sweetheart Spa Social W/Massages By Missy 4:00 One on One Activities 6:00 Grooving to Tunes 7:00 Movie: Grumpy Old Men	9:00 This day in History 10:00 Full Body Blast 10:30 Manicures and Massage 11:00 Listening and Laughter 1:30 Seated Stretches 2:00 Sweetheart Detective 3:00 Music Music Music 4:00 One on One Activities <i>Valentine's Dinner</i> 6:00 IN2L Interaction 7:00 Family Feud With Care (IN2L)	9:00 Coffee and Discussion 10:00 Tai Chi Stretches 10:30 Daily Chronicles 11:00 Old Time Radio (IN2L) 1:30 Snowflake Race 2:00 Music Therapy W/ Nancy 3:00 Afternoon Refresh 4:00 One on One Activities 6:00 Balloon Bat 7:00 Massage and Music
9:00 Communion from Nativity 10:00 Rosary 10:30 Catholic Mass 11:00 Hymn Sing Along 1:30 Walking Club 2:00 Movie Matinee 3:00 WU: Bible Study W/ Angie 4:00 One on One Activities 6:00 Mindful Meditation 7:00 National Geographic	9:00 News and Views 10:00 Simple Stretches 10:30 Word Search Wonders 11:00 Balloon Burst (IN2L) 1:30 Mindful Meditation 2:00 Catholic Mass W/ Father Gillin 3:00 Sip and Paint 4:00 One on One Activities 6:00 Swinging to Show Tunes 7:00 Andre Rieu Orchestra	9:00 Coffee and News 10:00 Chair Dancing Exercise 10:30 Mix and Match 11:00 Velvet Colors 1:30 Snowman Competition 2:00 Bingo 3:00 Mock-tails and Music 4:00 One on One Activities 6:00 Comedy Shorts 7:00 Rosary 8:00 Movie Night	9:00 Daily Devotions 10:00 Stretch and Flex 10:30 Scenic Drive W/Sara 11:00 Wrap It Up Sensory 1:30 Snowflake Drop 2:00 Birthday Bash W. Debbie Doo Wop 3:00 Fitness Class W/ Bayada 4:00 One on One Activities 6:00 Trivia (IN2L) 7:00 Songs of Praise and Worshi	9:00 On This Day 10:00 Dancing Through The Decades 10:30 Follow Your Nose 11:00 Guided Imagery 1:30 Bingo 2:00 WU: Culinary Creations Home Made Hot Chocolate 3:00 Reminiscing Thanksgiving 4:00 One on One Activities 6:00 Grooving to Tunes 7:00 Arctic Expedition	9:00 This day in History 10:00 Full Body Blast 10:30 Manicures and Massage 11:00 Listening and Laughter 1:30 Seated Stretches 2:00 Jigsaw Puzzles 3:00 Music Music Music 4:00 One on One Activities 6:00 IN2L Interaction 7:00 Jeopardy With Care (IN2L)	9:00 Coffee and Discussion 10:00 Tai Chi Stretches 10:30 Daily Chronicles 11:00 IN2L Interaction 1:30 Matching Time W/ Tunes 2:00 Prices Then Vs. Now (IN2L) 3:00 Afternoon Refresh 4:00 One on One Activities 6:00 Musical Ball 7:00 Massage and Music
9:00 Communion from Nativity 10:00 Rosary 10:30 Catholic Mass 11:00 Hymn Sing Along 1:30 Walking Club 2:00 Movie Matinee 3:00 Beauty Tips from Laura 4:00 One on One Activities 6:00 Seated Stretches 7:00 National Geographic	9:00 News and Views 10:00 Simple Stretches 10:30 Fill In The Blank 11:00 Apples to Apples 1:30 Gumdrop Tower Takeover 2:00 Cranium Crunches 3:00 WU: Virtual Travel: Dubai 4:00 One on One Activities 6:00 Jamming to Jazz 7:00 Jeopardy 8:00 Evening Movie Night	9:00 News and Views 10:00 Simple Stretches 10:30 Mix and Match 11:00 Velvet Colors 1:30 Sing along 2:00 Bingo 3:00 Mock-Tails and Music 4:00 One on One Activities 6:00 Jiving Jazz Hands 7:00 Rosary 8:00 Movie Night	9:00 Daily Devotions 10:00 Stretch and Flex 10:30 Lunch Trip W/ Sara 11:30 Spy the Difference 1:30 Corn Hole 2:00 WU: Science Experiment How Snow is Made 3:00 Fitness Class W/ Bayada 4:00 One on One Activities 6:00 Trivia (IN2L) 7:00 Songs of Praise and Worshi	9:00 On This Day 10:00 Dancing Through the Decades 10:30 Matching Sets 11:00 Listening and Laughter 1:30 Seated Stretches (IN2L) 2:00 WU: Culinary Creations Coconut Snow Balls 3:00 Sensational Sensory 4:00 One on One Activities 6:00 Grooving to Tunes 7:00 Movie: Apollo 11	9:00 This day in History 10:00 Full Body Blast 10:30 Manicures and Massage 11:00 Listening and Laughter 1:30 Seated Stretches 2:00 Jigsaw Puzzles 3:00 Music Music Music 4:00 One on One Activities 6:00 IN2L Interaction 7:00 Jeopardy With Care (IN2L)	

FEBRUARY 2025

Memory Care



ACTIVITY LOCATOR KEY

All Activities Are Subject to Change

(AR) Third Floor Activity Room

(L) Library

(ML) Main Lobby

(CL) Community Life Room 1st Floor

(IN2L) It's Never Too Later Computer Machine

(WU) Watermark University

(DR) Dining Room