

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|--|--|
| | | | | | | Morning: Exercise to the Bee Gees Couponing Table Setting Afternoon: Karaoke What Would You Do Discussion 3:00 Music with Kayte Devlin Evening: Sing-A-Long Short Stories |
| Morning: Morning Mass Ground Hog Day Discussion Table Setting Afternoon: Sunday Seated Stretching Afternoon Movie Table Setting Evening: Crossword Club Folding and Sorting | Morning: 9:30 Morning Greet w/ S 10:00 Exercise to Beach Boys w/ S 10:30 Daily Chronicle Table Setting Afternoon: Group Breathwork Exercise Bird Tales - Feed the Birds Day Discussion Group Table Setting Evening: Manicures and Hand Massages Soothing Music | Morning: 9:30 Ball Exercise w/ S 10:00 Picture Bingo w/ S 10:30 Cabinet Organizing w/ S 11:00 Table Setting Afternoon: 2:00 Name That Tune w/N 3:00 Fitness Fun w/N 3:30 Afternoon Movie Table Setting Evening: 5:30 Volleyball with N Evening Check-Ins w/N | Morning: 9:30 Exercise to Music w/ S 10:30 Volleyball w/ S 11:00 Valentines Heart Craft w/ S Table Setting Afternoon: 1:30 Live Piano by Gary Stabile 2:30 Do you Remember? w/ S 3:00 Current Events w/ S Table Setting Evening: Resident Choice Movie | Morning: 10:00 Morning Check ins w/S 10:30 Pool Noodle Exercise w/ S 11:00 Table Setting Afternoon: 2:00 Dice Game w/S 2:30 National Frozen Yogurt Day w/S 3:00 Do you Remember?w/S Table Setting Evening: 5:30 Volleyball w/ S | Morning: Feel Good stories Grocery Sorting Table Setting Afternoon: Watercolor Creations Afternoon Movie Table Setting Evening: Bean Bag Toss 10 Card Flip | Morning: Exercise to the Bee Gees Surface Freshening Table Setting Afternoon: Karaoke Group Seated Stretch Afternoon Movie Evening: Folding and Sorting Short Stories |
| Morning: Morning Mass Magazine Art Table Setting Afternoon: Sunday Seated Stretching Afternoon Movie Table Setting Evening: Crossword Club Pick a Card Social | Morning: 9:30 Morning Greet w/ S 10:00 Balloon Volleyball w/S 10:30 Daily Chronicle Table Setting Afternoon: Group Breathwork Exercise Movie Matinee Table Setting Evening: Watercolor Paint Go Fish | Morning: 9:30 Bowling w/ S 10:00 National Inventors Day Discussion w/S 10:30 Valentines Tissue Heart Craft w/ S Table Setting Afternoon: 2:00 Scattergories w/N 3:00 Fitness Fun w/N 3:30 Afternoon Movie Table Setting Evening: 5:30 Volleyball w/ N Evening Check-Ins w/N | Morning: 9:30 Exercise to the Bee Gees w/ S 10:00 Balloon Volleyball w/ S 11:00 Puzzle Challenge w/ S Afternoon: 1:30 Live Piano by Gary Stabile 2:30 Abraham Lincoln Discussion 3:00 Cognitive Block Puzzle w/ S Table Setting Evening: Musical Creations Evening Group Meditation | Morning: 10:00 Morning Check-ins w/ S 10:30 Heart Ornament decorating w/S 11:00 Having a Ball; Yarn w/ S Table Setting Afternoon: 2:00 Matching Card Game w/ S 2:30 Afternoon Tea and Magazine w/S 3:00 Piano Melodies Movie Matinee Table Setting Evening: 5:30 Volleyball w/ S | Morning: 9:30 Morning Mingle w/N 10:00 Volleyball w/N Grocery Sorting Table Setting Afternoon: Finish the Expression Table Setting Evening: Watercolor Creations Afternoon Movie Evening: Bean Bag Toss Connect Four Game | Morning: Exercise to the Bee Gees Word in a Word Game Table Setting Afternoon: Jukebox Jams 3:00 Music with Don Lowe Table Setting Evening: Star Gazing Short Stories |
| Morning: Morning Mass Current Events Table Setting Afternoon: Sunday Seated Stretching Afternoon Movie Table Setting Evening: Crossword Club Folding and Sorting | Morning: 9:30 Morning Greet w/ S 10:00 Watercolor Paint w/ S 10:30 Daily Chronicle Table Setting Afternoon: Group Breathwork Exercise Presidents Day Discussion Afternoon Movie Matinee Table Setting Evening: Manicures and Hand Massages Soothing Music | Morning: 9:30 Morning Greet w/ S 10:00 Balloon Exercise w/S 10:30 Name Five Category Game w/S Table Setting Afternoon: 2:00 Trivia w/N 3:00 Fitness Fun w/N 3:30 Afternoon Movie Table Setting Evening: 5:30 Volleyball w/ N Evening Check-Ins w/N | Morning: 9:30 Morning Greet w/ S 10:00 Let's Shoot Hoops w/ S 10:30 Matching Game w/ S 11:00 Do you Remember? w/S Table Setting Afternoon: 1:30 Live Piano by Gary Stabile 2:30 Paint and Sip w/Sara 3:00 Afternoon Movie Matinee Table Setting Evening: Evening Group Meditation | Morning: 10:00 Morning Greet w/ S 10:30 Pool Noodle Exercise w/ S 11:00 National Pet Day - Discussion w/ S Table Setting Afternoon: 2:00 Dice Game w/S 2:30 Afternoon Tea and Magazine w/ S 3:00 Piano Melodies w/S Table Setting Evening: 5:30 Volleyball with S | Morning: 9:30 Morning Mingle w/N 10:00 Dancing to Music w/N Grocery Sorting Table Setting Afternoon: Watercolor Creations Afternoon Movie Table Setting Evening: Bean Bag Toss Go Fish | Morning: Exercise to the Bee Gees Surface Freshening Table Setting Afternoon: Group Seated Stretch History Discussion - George Washington's Birthday Table Setting Evening: Resident Movie Choice |
| Morning: Morning Mass Magazine and Tea Table Setting Afternoon: Sunday Seated Stretching Afternoon Movie Table Setting Evening: Crossword Club Pick a Card Social | Morning: 9:30 Morning Greet w/ S 10:00 Brain Exercise w/ S 10:30 Daily Chronicle Table Setting Afternoon: Group Breathwork Exercise Afternoon Movie Discussion Group Table Setting Evening: Sing-a-Long Pet Care | Morning: 9:30 Bowling w/ S 10:00 Board Game w/ S 11:00 Live Music by Brian Horberg Table Setting Afternoon: 2:00 Word in a Word w/N 3:00 Fitness Fun w/N 3:30 Afternoon Movie Table Setting Evening: 5:30 Volleyball w/ N Evening Check-Ins w/N | Morning: 9:30 Morning Greet w/ S 10:00 Pool Noodle Exercise w/ S 10:30 Dice Game w/ S 11:00 Table Setting Afternoon: 1:30 Live Piano by Gary Stabile 2:30 Brain Fitness- Expressions w/ S 3:00 Trivia w/ S 3:30 Movie Matinee Table Setting Evening: Musical Creations Evening Group Meditation | Morning: 10:00 Exercise to Music w/ S 10:30 National Polar Bear Day Chat w/ S 11:00 Animal Matching Game Table Setting Afternoon: 2:00 Music Sing Along w/ S 2:30 Afternoon Tea and Magazine w/S 3:00 Afternoon Movie Matinee Table Setting Evening: 5:30 Volleyball w/ S | Morning: Feel Good stories Grocery Sorting Table Setting Afternoon: Watercolor Creations Afternoon Movie Table Setting Evening: Bean Bag Toss Trivia | All activities are led by Nayas unless otherwise noted. *All programs and times are subject to change.* |

FEBRUARY 2025

The Villa



Birthdays
 Betsy Manning 2/12