


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BLACK HISTORY MONTH PRIDE HISTORY MONTH HEALTHY VISION MONTH AMERICAN HEART MONTH THERAPEUTIC RECREATION MONTH	WORLD INTERFAITH HARMONY WEEK FREELANCE WRITER APPRECIATION WEEK INTERNATIONAL NETWORKING WEEK PRIDE IN FOOD SERVICE WEEK	SUPERBOWL SUNDAY VALENTINES DAY PRESIDENTS DAY FIRST DAY OF RAMADAN	THOUGH, FEBRUARY IS SHORT, IT IS FILLED WITH LOTS OF LOVE AND SWEET SURPRISES! -CHARMAINE J FORDE			FREEDOM DAY 10:00 Light And Fit w/VH-G Game Show Fun w/Nayas-G Local News w/Nayas-G Music Fun w/Nayas-G Hand Rubs & Music w/Nayas-G 3:30 VR Fun w/VH-G Western Movie w/Nayas-G
GROUNDHOG DAY 10:00 Fun Fitness w/VH-G Music Sing A Long w/Nayas-G Building Blocks Fun w/Nayas-G Puzzles w/Nayas-G Bible Stories w/Nayas-G 3:30 Armchair Travel: CI w/VH -G Today in History w/Nayas-G	FEED THE BIRDS DAY 10:30 Monday Fitness/NP-G 11:00 Short Story w/NP-G Memory Game w/Nayas-G Mandala Art w/Nayas-G 2:00 Interactive Culinary Program w/NP-G 3:00 Art Remedy w/Morgan -G Music Appreciation w/Marvel-G	ROSA PARKS DAY 10:30 Stay Fit w/NP-G 11:00 Who is Rosa Park? w/NP-G Fun Club w/Ladrina-G 2:30 Drumming w/NP-G 3:30 Pictionary w/NP-G Story Time w/Nayas-G Western Movies w/Nayas-G	NATIONAL CHOPSTICKS DAY 10:00 Mid Week Fitness w/NP-G Jigsaw Puzzles w/Nayas-G Mind Joggers w/Nayas-G Sensory Touch w/Nayas-G 3:30 Anagram w/NP-G Hit The Deck w/Nayas-G Soothing Music w/Nayas-G	NATIONAL FROZEN YOGURT DAY 10:30 Let 's Get Fit w/NP-G 11:00 All About Kiwi w/NP-G Ring Toss w/Nayas-G 11:15 Out - Trip For Lunch w/VH 2:30 Frozen Yogurt Social w/NP-G 3:30 Solve The Riddles w/NP-G Creative Painting w/Nayas-G	NATIONAL WEAR RED DAY 10:30 TGIF Fitness w/NP-G 11:00 Why Wear Red ?w /NP-G Sensory Touch w/Nayas-G 1:30 Singing With Sister Char-G 2:30 Beach Ball Volley w/NP-G 3:30 Guess How Old They Are Now w/NP-G Bean Toss w/Nayas-G	NATIONAL BOY SCOUT DAY 10:00 Music & Dance w/Jennifer-G Exploring Music w/Nayas-G Current Events w/Nayas-G Painting Fun w/Nayas-G Balloon Toss w/Nayas-G 2:30 Variety of Fun w/Lisa-G Soothing Music w/Nayas-G
SUPERBOWL SUNDAY Morning Exercise w/Nayas-G Daily Bread w/Nayas-G Remember when...? w/Nayas-G Superbowl Sunday w/Nayas-G Theme Bingo w/Nayas-G All About Football w/Nayas-G Hallmart Movie w/Nayas-G	WORLD PULSES DAY 10:30 Fun Fitness w/VH-G 11:00 All About Birds w/VH-G Table Bowling w/Nayas-G Checkers w/Nayas-G 2:30 Word Puzzles w/VH-G Music Appreciation w/Mavel-G Bible Stories w/Nayas-G	THOMAS EDISON'S BIRTHDAY 10:00 Lets Exercise w/VH-G 10:30 Pianist: John Lamb -G Fun Club w/Ladrina -G 2:00 Interactive Culinary Program w/VH-G 3:00 Black History Facts w/VH -G Evening Games w/Nayas-G	LINCOLNS BIRTHDAY 10:00 Lets Exercise w/VH -G Silly Words w/Nayas-G Jigsaw Puzzles w/Nayas-G Ring Toss w/Nayas-G 3:30 Bingo w/VH-G All About 50's Music w/Nayas-G Balloon Toss w/Nayas-G	KISS DAY 10:00 Get Fit w/VH-G 10:30 Singer: MOJO -G Theme Charades w/Nayas-G One Hit Wonders w/Nayas -G 2:30 Ball In Basket w/VH -G 3:30 Songs With 'Kiss' w/VH-G Evening Snack & Chat w/Nayas-G	VALENTINES DAY 10:30 Dancersize w/VH-G 11:00 Horoscope w/VH-G YouTube Concert w/ Nayas-G 1:30 Singing With Sister Char-G 2:30 Valentines Social w/VH-G 3:30 Valentines Facts w/VH-G Classical Favorites w/Nayas-G	SINGLES AWARENESS DAY 10:00 Tai Chi w/Jonathan-G Ring Toss w/Nayas-G All About The Doo-Wop Music w/Nayas-G Category Game w/Nayas-G Charades w/Nayas 3:30 Who & What?? w/NP-G Evening Chat w/NayasG
NATIONAL ALMOND DAY 10:00 Sunday Fitness w/NP-G Jokes For Folks w/Nayas-G Daily Chronicle w/Nayas-G Table Bowling w/Nayas-G 3:30 Creative Art w/NP-G Kerplunk! w/Nayas-G Stories For The Soul w/Nayas-G	PRESIDENTS DAY 10:30 Rise And Shine w/NP-G 11:00 Who Am I: US President w/NP-G Sensory Touch w/Nayas-G Puzzles w/Nayas-G 2:30 Presidents Day Social w/NP-G Music Appreciation w/Marvel-G Evening TMC Movies w/Nayas-G	PLUTO DAY 10:00 Wake Me Up Exercise w/NP-G 10:30 Pluto Trivia w/NP-G Fun Club w/Ladrina -G 2:30 Interactive Culinary Program w/NP-G 3:30 Name The Tune w/NP-G Gentle Hand Rubs w/Nayas-G Evening Games w/NP-G	NATIONAL CHOCOLATE MINT DAY 10:00 Tai Chi w/Jonathan-G Daily Devotional w/Nayas-G Remember when...? w/Nayas-G Western Movie w/Nayas-G 3:30 Musical Favorites w/VH-G Snacks And Chat w/Nayas-G Evening Stretch w/Nayas-G	WORLD DAY OF SOCIAL JUSTICE 10:30 Mind & Body Fitnessw/NP 11:00 Name 5 w/NP-G Finish The Phrase w/Nayas-G Building Block Game w/Nayas-G 11:15 Out - Trip For Lunch w/VH 2:00 Singer: Lynn Lewis-G 3:00 Bingo w/NP-G Evening News wNayas-G	BREAK UP DAY 10:30 Let's Get Fit w/NP-G 11:00 BreakUpStories w/NP-G Kurplunk w/Nayas-G 1:30 Singing With Sister Char-G 2:30 Opposites Word Game w/NP-G 3:30 Ring Toss w/NP-G Evening News w/Nayas-G	WORLD THINKING DAY 10:00 Exercise & Trivia w/Joey -G Fill in the Blanks w/Nayas-G Checkers w/Nayas-G Refreshments & Music w/Nayas-G World 3:30 Family Feud w/Joey-G Evening Netflix w/Nayas-G
NATIONAL BANANA BREAD DAY 10:30 Exercise & Trivia w/Joey-G Bible Stories w/Nayas-G Qwirkle Game w/Nayas-G Daily Chronicle w/Nayas-G Word Pairs w/Nayas-G 2:00 Singer: Lynn Lewis-G Local News Report w/Nayas-G	NATIONAL TORTILLA DAY 10:30 Monday Stretch w/VH-G 11:00 February History w/VH-G Card Sharks w/Nayas-G Finish the Phrase w/Nayas-G 2:30 February Birthday Party w/VH-G Music Appreciation w/Marvel-G TCM Classic Movie w/Nayas-G	NATIONAL CLAM CHOWDER DAY 10:30 Fitness & Jokes w/VH-G 11:00 Soup World w/VH -G Mandela Art w/Nayas-G Fun Club w/Ladrina -G 2:30 Twister Toss w/VH-G 3:30 Story Time w/VH-G Current Events w/Nayas-G	NATIONAL PISTACHIO DAY 10:00 Lets Exercise w/VH-G 10:30 About Pistachio w/VH-G Kurplunk w/Nayas-G Charades w/Nayas-G 2:30 Balloon Tennis w/VH -G 3:30 Name 5 w/VH-G YouTube Concert w/CG's-IL	NATIONAL CHILI DAY 10:30 Fitness w/Music w/VH-G 11:00 Alphabet Veggie w/VH-G Jigsaw Puzzles w/Nayas-G Ring Toss w/Nayas-G 2:30 Seated Soccer w/VH-G 3:30 Chili Nation w/VH-G Puzzles w/Nayas-G	FIRST DAY OF RAMADAN 10:30 Balloon Fitness w/VH-G 11:00 Singer: Jennifer DiSapio -G I Spy w/Nayas-G 1:30 Singing With Sister Char-G 2:00 Interactive Culinary program w/VH-G 3:00 Ramadan w/VH-G TCM w/Nayas-G	Any Questions About Out-Trips, Family gathering, or programs. Call Victoria at 203-373-6452 or Noemi at 203-373- 6168

FEBRUARY 2025 GARDENS



ACTIVITY LOCATOR KEY

- AG - Art Gallery
- AS - Art Studio
- A - Auditorium
- G - Gardens
- TC - Town Center

- CG's - Caregivers
- CL - Community Life
- IL - Inn Lounge
- S - Springs
- VH - Victoria
- NP- Noemi
- SC - Springs Conference Room
- DR - Dining Room

Weekly Shabbat Service In The
 Town Center Interfaith Chapel
 See Town Center Weekly For
 More Information

Monthly Catholic
 Communion
 with
 Sister Maureen

Programs Are Subject
 To Change With Little Notice!