


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<ul style="list-style-type: none"> ● Stretch & Strength ● Energy Burst Color and Song Afternoon Snack Daily Chronicles Evening Movie 1
<ul style="list-style-type: none"> ● Sole to Soul Walking Club ● Energy Burst Relax and Unwind with Meditation Sounds 2	<ul style="list-style-type: none"> ● Joyful Movement ● WU: Writers Collective ● WU: Culinary Creations ● Energy Burst March Fun Facts & Quiz Afternoon Snack After Dinner Sing Along 3	<ul style="list-style-type: none"> ● Tai Chi ● Brain Games ● WU: Artistry Unleashed ● Energy Burst 2:00 Mardi Gras Party- 2T After Dinner Funny Dog Videos 4	<ul style="list-style-type: none"> ● Strength & Balance ● Gratitude & Reflections ● Energy Burst IN2L Games 3:00 Ash Wednesday Services - Bistro Manicures Evening Movie 5	<ul style="list-style-type: none"> ● Slow Flow Yoga ● Brain Games ● Virtual Adventure ● Energy Burst Happy Hour Winding Down with a Jigsaw Puzzle 6	<ul style="list-style-type: none"> ● Joyful Movement ● Energy Burst ● WU: Person of Interest 2:00 Massages with Tiffany Afternoon Snack Color Our World 7	<ul style="list-style-type: none"> ● Stretch & Strength ● Energy Burst Daily Chronicles 2:30 Jaxon performing on saxophone in the lobby Afternoon Snack Evening Movie 8
<ul style="list-style-type: none"> ● Sole to Soul Walking Club ● Energy Burst Relax and Unwind with Meditation Sounds 9	<ul style="list-style-type: none"> ● Joyful Movement ● WU: Culinary Creations ● Energy Burst 2:30 Minnie Kalan- Singer - 2T Famous Irish Americans 10	<ul style="list-style-type: none"> ● Tai Chi ● Brain Games ● WU: An Eye for Art ● Energy Burst Afternoon Snack Corn Hole Motivational Stories 11	<ul style="list-style-type: none"> ● Strength & Balance ● Guided Imagery ● Energy Burst Manicures Afternoon Snack Parachute Fun Evening Movie 12	<ul style="list-style-type: none"> ● Slow Flow Yoga ● Brain Games ● Virtual Trip Down Memory Lane ● Energy Burst Happy Hour Wee Bit of Irish Humor 13	<ul style="list-style-type: none"> ● Joyful Movement ● Community Life Committee Meeting ● Energy Burst 2:00 Scenic Drive Afternoon Snack Hand Massages 14	<ul style="list-style-type: none"> ● Stretch & Strength ● Energy Burst Puzzle Corner Afternoon Snack Balloon Toss Evening Movie 15
<ul style="list-style-type: none"> ● Sole to Soul Walking Club ● Energy Burst Relax and Unwind with Meditation Sounds 16	<ul style="list-style-type: none"> ● Joyful Movement ● WU: Culinary Creations ● Energy Burst 2:00 St. Patrick's Day Party with DJ Betsy - 2T Truth or Blarney? 17	<ul style="list-style-type: none"> ● Tai Chi ● Brain Games ● WU: Artistry Unleashed ● Energy Burst 3:15 Meeta Parker - Singer - 2T Relax and Reminisce 18	<ul style="list-style-type: none"> ● Strength & Balance ● Gratitude & Reflections ● Energy Burst Manicures Afternoon Snack Jigsaw Puzzle Solve Evening Movie 19	<ul style="list-style-type: none"> ● Slow Flow Yoga ● Brain Games ● Virtual Roadtrippers ● Energy Burst Happy Hour Hollywood Scandal 20	<ul style="list-style-type: none"> ● Joyful Movement ● Service Circles ● Energy Burst 12:00 Lunch at PJ Whelihans Afternoon IN2L Games Hand Massages 21	<ul style="list-style-type: none"> ● Stretch & Strength ● Energy Burst Color and Song Afternoon Snack Daily Chronicles Evening Movie 22
<ul style="list-style-type: none"> ● Sole to Soul Walking Club ● Energy Burst Relax and Unwind with Meditation Sounds 23	<ul style="list-style-type: none"> ● Joyful Movement ● WU: Culinary Creations ● Energy Burst Afternoon Snack Corn Hole Charades 24	<ul style="list-style-type: none"> ● Tai Chi ● Brain Games ● WU: An Eye for Art ● Energy Burst Afternoon Snack Color Me Happy IN2L Games 25	<ul style="list-style-type: none"> ● Strength & Balance ● Guided Imagery ● Energy Burst Happy Hour Manicures Finish the Thought Evening Movie 26	<ul style="list-style-type: none"> ● Slow Flow Yoga ● Brain Games ● Energy Burst 2:00 Bill Long - Singer with Guitar - 2T ABC Name It Game The Good Old Days-Reminiscing 27	<ul style="list-style-type: none"> ● Joyful Movement ● WU: Lives Well Lived ● Energy Burst 2:00 Scenic Drive Afternoon Snack Hand Massages 28	<ul style="list-style-type: none"> ● Stretch & Strength ● Energy Burst Daily Chronicles 2:00 Piano Performance with Albert - Lobby Afternoon Snack Evening Movie 29
<ul style="list-style-type: none"> ● Sole to Soul Walking Club ● Energy Burst Relax and Unwind with Meditation Sounds 30	<ul style="list-style-type: none"> ● Joyful Movement ● WU: Culinary Creations ● Energy Burst IN2L Games Afternoon Snack Motivational Stories 31	<h1>MARCH 2025</h1> <h2>Prema Memory Support Pathways</h2>  <p>BLUE BELL PLACE A WATERMARK RETIREMENT COMMUNITYSM</p>		ACTIVITY LOCATOR KEY All Activities Will Take Place in the Common Areas	Calendar Is Subject to Change	