



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
						<ul style="list-style-type: none"> ● Stretch & Strength ● Music & Aromatherapy 	
<ul style="list-style-type: none"> ● Walk & Talk ● VR - Nature Treks! 	<ul style="list-style-type: none"> ● Morning Music ● Sensory Scent time ● One on One Visits 	<ul style="list-style-type: none"> ● Morning Music ● Walk & Stretch ● Memory Boxes ● Community Church & Singing 	<ul style="list-style-type: none"> ● Prayer & Communion ● Morning Gardners Club ● Walk & Talk Together 	<ul style="list-style-type: none"> ● Music & Color Together ● Joyful Movement ● Thirsty Thursday Social ● Cinema Club 	<ul style="list-style-type: none"> ● Morning Gardners Club ● Aromatherapy & Unwind ● Creation Station 	<ul style="list-style-type: none"> ● Morning Music ● Stretch & Strength 	
2	3	4	5	6	7	8	
<ul style="list-style-type: none"> ● Walk & Talk ● Brain Games 	<ul style="list-style-type: none"> ● Morning Music ● Sensory Scent Time ● One on One Visits 	<ul style="list-style-type: none"> ● Morning Music ● Walk & Stretch ● Memory Boxes ● Community Church & Singing 	<ul style="list-style-type: none"> ● Prayer & Communion ● Morning Gardners Club ● Walk & Stretch Together 	<ul style="list-style-type: none"> ● Music & Color Together ● Joyful Movement ● Thirsty Thursday Social ● Cinema Club 	<ul style="list-style-type: none"> ● Morning Gardening Club ● Aromatherapy & Unwind ● Joshua Springs Meet & Greet 	<ul style="list-style-type: none"> ● Morning Music ● Stretch & Strength 	
9	10	11	12	13	14	15	
<ul style="list-style-type: none"> ● Walk & Talk ● Brain Games 	<ul style="list-style-type: none"> ● Morning Music ● Sensory Scent Time ● Shamrock Shake Social 	<ul style="list-style-type: none"> ● Morning Music ● Walk & Stretch ● Memory Boxes ● Community Church & Singing 	<ul style="list-style-type: none"> ● Prayer & Communion ● Morning Gardners Club ● Walk & Stretch 	<ul style="list-style-type: none"> ● Music & Color Together ● Joyful Movement ● WU: Thriving through art w/ Thomas ● Thirsty Thursday Social 	<ul style="list-style-type: none"> ● Morning Gardners Club ● Aromatherapy & Unwind ● Live Music w/ Lenny! 	<ul style="list-style-type: none"> ● Stretch & Strength ● Classic Car Show 	
16	17	18	19	20	21	22	
<ul style="list-style-type: none"> ● Walk & Talk ● Brain Games 	<ul style="list-style-type: none"> ● Joyful Movement ● WU: Culinary Creations ● Energy Burst 	<ul style="list-style-type: none"> ● Morning Music ● Walk & Stretch ● Memory Boxes ● Community Church & Singing 	<ul style="list-style-type: none"> ● Prayers & Communion ● Morning Gardners Club ● Walk & Stretch 	<ul style="list-style-type: none"> ● Music & Color Together ● Joyful Movement ● Thirsty Thursday Social 	<ul style="list-style-type: none"> ● Joyful Movement ● Gardner's Club ● Live action fruit machine game 	<ul style="list-style-type: none"> ● Stretch & Strength ● Brain Games 	
23	24	25	26	27	28	29	
<ul style="list-style-type: none"> ● Walk & Talk ● VR- Nature Treks! 	<ul style="list-style-type: none"> ● Joyful Movement ● WU: Culinary Creations ● Energy Burst 	<h1>MARCH 2025</h1> <h2>Prema Memory Support</h2>  <h3>JOSHUA SPRINGS</h3> <p>SENIOR LIVING A WATERMARK RETIREMENT COMMUNITYSM</p>		<h4>ACTIVITY LOCATOR KEY</h4>		 <h2>WATERMARK</h2> <p>RETIREMENT COMMUNITIES[®]</p>	
30	31						