Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					LAMIS OF LLAS.	7:30 Breakfast (DR) 9:00 Doughnut Social (CB) 9:45 Saturday Stretch (BR) 10:30 Painting with a twist (CB) 11:00 Samurai Collection (BUS) 12:00 Lunch (DR) 1:00 Saturday Matinee Movie (CR) 1:15 Walking Club (L) 2:00 Craft Corner "Mystery Craft" (BR) 2:00 GAMESHOW HOUR wy Sonny (TR) 3:30 Saturday Happy Hour (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Trial by Fire" (CR)
7:30 Breakfast (DR) 9:30 Sunrise Stretching (BR) 10:30 Televised Worship Service (CR) 11:00 Daily Chronicle (CR) 11:00 Dallas Museum of Art (BUS) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: Tai Chi and Tea (BR) 2:30 Word Search Mania (BR) 3:30 Sunday Happy Hour (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Bridget Jones: MadBoy" (CR)	7:30 Breakfast (DR) 9:45 Fitness: Rockin' and Rollin' (BR) 10:30 Meditation Mindset (CR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:30 Classical Music Mondays w/ Mark (L) 3:30 Social Hour w/ Table Talk Visit (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Chicago" (CR)	7:30 Breakfast (DR) 9:45 Chair Yoga Dancing (BR) 10:30 WU; Prayer & Bible Discussion (TR) 11:00 Gumbo Showdown (CB) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 Rummikub with Friends (CB) 2:30 J.R. Jazz Quintet Band (L) 3:30 Social Hour: Name that Tune Mardi Gras Edition (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Killers of the Flower Moon" (CR)	7:30 Breakfast (DR) 9:45 Chair Aerobic Exercise (BR) 10:30 WU; American History: America in Color (CR) 12:00 Lunch (DR) 1:00 Rock Barrel Field Trip (RBMAB) 3:30 Social Hour Bingo (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Confess Fletch" (CR)	• 7:30 Breakfast (DR) • 9:45 Chair Yoga Dancing (BR) • 10:30 Life Stories Circle (CB) • 12:00 Lunch (DR) • 1:15 Walking Club (L) • 1:30 WU: Silver Sneakers w/Tina (BR) • 2:30 Mix-N-Mingle w/ Black Bean Band (L) • 3:30 Social Hour: Po-Ke-No BINGO (CB) • 5:00 Dinner (DR) • 6:00 Nightly Cinema "Matlock Ep 1" (CR)	7:30 Breakfast (DR) 9:45 Exercise: Fitness and Fun (BR) 10:15 WU: American History: Vietnam War (CR) 11:00 Dream Cafe Lunch Outing (BUS) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 Rummikub with Friends (CB) 2:15 WU: DIMA Jazz Concert (L) 5:00 Dinner (DR) 6:00 Nightly Cinema "The Shack" (CR)	7:30 Breakfast (DR) 9:00 Doughnut Social (CB) 9:45 Saturday Stretch (BR) 11:30 International Women's Tea Party Brunch (DR) 12:00 Men's Lunch (CR) 1:00 Saturday Matinee Movie (CR) 1:15 Walking Club (L) 2:00 Craft Corner "Mystery Craft" (BR) 3:30 Saturday Happy Hour (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Fancy Dance" (CR)
9 7:30 Breakfast (DR) 9:30 Sunrise Stretching (BR) 10:30 Televised Worship Service (CR) 11:00 Daily Chronicle (CR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: Tai Chi and Tea (BR) 2:30 Word Search Mania (BR) 3:30 Sunday Happy Hour (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "I could never" (CR)	• 7:30 Breakfast (DR) • 9:30 Fitness: Rockin' and Rollin' (BR) • 10:15 For Love and Art (CR) • 12:00 Lunch (DR) • 1:15 Walking Club (L) • 1:30 WU: DAPS presents Move, Laugh, Connect (CR) • 2:30 Rummikub with Friends (CR) • 3:30 Social Hour w/ Table Talk Visit (CB) • 5:00 Dinner (DR) • 6:00 Nightly Cinema "Zack & Reba" (CR)	7:30 Breakfast (DR) 9:45 Chair Yoga Dancing (BR) 10:30 WU: Prayer & Bible Discussion (TR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 Rummikub with Friends (CB) 2:30 WU: Current Events w/ Randy Mayeux (CR) 3:30 Social Hour: Name that Tune (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Heart of Champions" (CR)	7:30 Breakfast (DR) 9:45 Chair Aerobic Exercise (BR) 10:30 WU: American History: America in Color (CR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 Craft Corner "Mystery Craft" (CR) 3:00 Meditation Mindset (CR) 3:30 Social Hour Bingo (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "17 Miracles" (CR)	• 7:30 Breakfast (DR) • 9:45 Chair Yoga Dancing (BR) • 12:00 Lunch (DR) • 1:00 Coffee and Conversation (CB) • 1:00 Walking Club (L) • 1:30 WU: Silver Sneakers w/Tina (BR) • 2:30 Rummikub with Friends (CB) • 3:30 Social Hour: Po-Ke-No BINGO (CB) • 5:00 Dinner (DR) • 6:00 An Evening with Norris Perry (L) • 7:00 Nightly Cinema "Matlock Ep 2" (CR)	7:30 Breakfast (DR) 9:30 Exercise: Fitness and Fun (BR) 10:15 WU: American History: Vietnam War (CR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 Rummikub with Friends (CB) 2:30 Mexican Train Game (CB) 3:30 Social Hour w/ Music (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "A Fine Step" (CR)	7:30 Breakfast (DR) 9:00 Doughnut Social (CB) 9:45 Saturday Stretch (BR) 11:00 Spring Valley Gallery and Sculpture House (6SVR) 12:00 Lunch (DR) 1:00 Saturday Matinee Movie (CR) 1:00 Walking Club (L) 3:30 Saturday Happy Hour (CB) 5:00 Dinner (DR) 6:00 Saturday Night Live Music (L) 7:00 Nightly Cinema "Finch" (CR)
- 7:30 Breakfast (DR) - 9:30 Sunrise Stretching (BR) - 10:30 Televised Worship Service (CR) - 11:00 Daily Chronicle (CR) - 12:00 Lunch (DR) - 1:15 Walking Club (L) - 1:30 WU: Tai Chi and Tea (BR) - 2:30 Word Search Mania (BR) - 3:30 Sunday Happy Hour (CB) - 5:00 Dinner (DR) - 6:00 Nightly Cinema "An Affair to Remember" (CR)	7:30 Breakfast (DR) 9:45 Fitness: Rockin' and Rollin' (BR) 10:30 Mocktails and Muddy Buddies (CB) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:00 McClane School of Irish Dancers (L) 3:30 Social Hour w/ Table Talk Visit (CB) 4:00 The Old Monk: Dinner Outing (BUS) 5:00 Dinner (DR) 6:00 Nightly Cinema "Emancipation" (CR)	7:30 Breakfast (DR) 9:30 Shopping Outing: Target, CVS, Northpark (RSVP Needed) (L) 9:45 Chair Yoga Dancing (BR) 10:30 WU: Prayer & Bible Discussion (TR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 Residents Council Meeting (CR) 2:30 Mix-N-Mingle w/ Mark Dunn (Singer w/ Piano) (L) 3:30 Social Hour: Name that Tune (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "The Angel of Pennsylvania Ave" (CR)	7:30 Breakfast (DR) 9:45 Chair Aerobic Exercise (BR) 10:30 WU: American History: America in Color (CR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: Jewelry Making w/ Beccye (TR) 2:30 Mexican Train Game (RT(F) 3:30 Social Hour: Birthday Happy Hour (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "The Wrong Track" (CR)	7:30 Breakfast (DR) 9:45 Chair Yoga Dancing (BR) 10:30 WU: Garden Club Meeting (TT) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: Silver Sneakers w/Tina (BR) 2:30 Mix-N-Mingle w/ Toni Macaroni (CR) 5:00 Dinner (DR) 6:00 Nightly Cinema "Matlock Ep 3" (CR)	7:30 Breakfast (DR) 9:30 Exercise: Fitness and Fun (BR) 10:15 WU: American History: Vietnam War (CR) 10:30 Multicultural Day Dancers (L) 11:30 Taste of Cultural food (CB) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 VR Travel: Explore a different Country (CR) 2:15 WU: DIMA - Jazz and Lecture Performance (CR) 3:30 Social Hour w/ Music (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "The Benefactor" (CR)	7:30 Breakfast (DR) 9:00 Doughnut Social (CB) 9:30 Dr. Pepper Museum and Lunch (BUS) 9:45 Saturday Stretch (BR) 12:00 Lunch (DR) 1:00 Saturday Matinee Movie (CR) 1:15 Walking Club (L) 3:30 Saturday Happy Hour (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "The Banker" (CR)
7:30 Breakfast (DR) 9:30 Sunrise Stretching (BR) 10:30 Televised Worship Service (CR) 11:00 Daily Chronicle (CR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: Tai Chi and Tea (BR) 2:30 Word Search Mania (BR) 3:30 Sunday Happy Hour (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Always" (CR)	7:30 Breakfast (DR) 9:45 Fitness: Rockin' and Rollin' (BR) 10:30 Life Stories Circle (CB) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:30 Rummikub with Friends (CR) 3:30 Social Hour w/ Table Talk Visit (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Judy" (CR)	7:30 Breakfast (DR) 9:45 Chair Yoga Dancing (BR) 10:30 WU: Prayer & Bible Discussion (TR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 Rummikub with Friends (CB) 2:30 WU: Current Events w/, Randy Mayeux (CR) 3:30 Social Hour: Name that Tune (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "On the Rocks" (CR)	7:30 Breakfast (DR) 9:45 Chair Aerobic Exercise (BR) 10:30 WU: American History: America in Color (CR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:45 Mexican Train Game (RT(F) 2:30 WU: Name That Tune w/ Mike Frankel (CR) 3:30 Social Hour Bingo (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Napoleon" (CR)	• 7:30 Breakfast (DR) • 9:45 Chair Yoga Dancing (BR) • 10:30 Coffee and Conversation (CB) • 12:00 Lunch (DR) • 1:15 Walking Club (L) • 1:30 WU: Silver Sneakers w/Tina (BR) • 2:30 Mix and Mingle: Denny Robinson (L) • 3:30 Social Hour: Po-Ke-No BINGO (CB) • 5:00 Dinner (DR) • 6:00 Nightly Cinema "Matlock Ep 4" (CR)	7:30 Breakfast (DR) 9:30 Exercise: Fitness and Fun (BR) 10:15 WU: American History: Vietnam War (CR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 Rummikub with Friends (CB) 3:30 Mary Kay and Mimosas (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Rescued by Rudy" (CR)	7:30 Breakfast (DR) 9:00 Doughnut Social (CB) 9:45 Saturday Stretch (BR) 10:30 Life Stories Circle (CB) 12:00 Lunch (DR) 1:00 Saturday Matinee Movie (CR) 1:15 Walking Club (L) 1:30 Craft Corner "Mystery Craft" (BR) 2:30 Saturday Happy Hour (CB) 3:30 Saturday Music: "Jazz Express" (L) 5:00 Dinner (DR) 6:00 Nightly Cinema "The Adults" (CR)
7:30 Breakfast (DR) 10:30 Televised Worship Service (CR) 11:00 Daily Chronicle (CR) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: Tai Chi and Tea (BR) 2:30 Word Search Mania (BR) 3:30 Sunday Happy Hour (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "12 Disasters" (CR)	7:30 Breakfast (DR) 9:45 Fitness: Rockin' and Rollin' (BR) 10:30 Coffee and Conversation (CB) 12:00 Lunch (DR) 1:15 Walking Club (L) 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 1:30 WU: Mosaic Art w/ Esther (TR) 2:30 Rummikub with Friends (CR) 3:30 Social Hour w/ Table Talk Visit (CB) 5:00 Dinner (DR) 6:00 Nightly Cinema "Flashdance" (CR)		Body Community Entertainment Mind Outing Spirit	St. Standard		

Activity Locator Key:

CR = Community Room (1st Floor)

TR = Tea Room (7th Floor)

CB = Craddock's Bar /Lounge (1st Floor)

PT = Poker Table (3rd Floor)

L = Lobby (1st Floor)

BR = Bridge (3rd Floor)

DR = Dining Room(1st Floor)

Leadership Team:

GR = Grill Room (1st Floor)

AR = Art Room (2nd Floor)

PT = Pool Table (6th Floor)

BUS = Community Bus

MCA = Activity Area (2nd Floor)

TT = Third Floor Terrace (3rd Floor)

Executive Director: Chad Hubbard
Resident Care Director: Rhonda Battee
Memory Care Director: Delondria Epps
Community Life Director: Lakeisha Brothers
Dining Services Director: Kyle Blazer
Maintenance Director: Brandon DeLeon
Sales Director: Cynthia Seskes
Human Resources Director: Patricia Gloria-Barraza
Business Office Manager: Tomicca Wilson

March Assisted Living 2025

