

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Dance Exercise (MCAA) Quote/Word/History of the Day (MCAA) 9:00 Donut Social (MCAA) 10:00 BINGO (MCA) 11:00 Silver Sneakers (MCAA) Trivia Game Hour (MCAA) 1:00 Saturday Matinee Movie & Popcorn (MCA) 2:30 Irresistible Bites (MAA) 6:00 Coloring with a purpose (MCAA) 7:30 Nighttime Cinema Delight (MCA) 1
After Breakfast Morning March (MAA) Verse of the Day & This Day in History (MAA) 9:00 Praise Movement and Christian Hymns (MAA) 9:30 Televised Worship Service (MAA) Brain Aerobics: Unscramble Letters (MAA) Parachute Ball Pop 1:00 Meditation Yoga (MAA) 2:30 Irresistible Bites (MAA) 6:00 Skill Up! Work-N-Play (MAA) 7:30 Nighttime Cinema Delight (MCA) 2	Nayas & CM Inspirational Engagement Junk Drawer Detective (MAA) Oldies Sing-A-Long (MAA) Spa Time : Nails Cleaning (MAA) 10:00 Flight Museum Fernandos Baking Club: Mixed Fruit (MAA) Balloon Volleyball (MAA) Music Therapy 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:30 Irresistible Bites (MAA) 6:00 Evening Workout 7:30 Nighttime Cinema Delight (MCA) 3	Coffee and Daily Chronicles (MAA) 10:00 Chair Yoga Stretch (MCA) 10:30 Tuesday Trivia: Magazine Scavenger Hunt (MAA) Flower Arranging (MAA) Penthouse Salon: Polishing Finger Nails (MAA) 1:30 Music Therapy with Madelyn (AR/F) 2:30 Irresistible Bites (MAA) Happy Hour & Mardi Gras Theme (MCAA) 6:00 Evening Coloring & Music (MAA) 7:30 Nighttime Cinema Delight (MCA) 4	Nayas & CM Inspirational Engagement Armchair Traveling : Paris (MAA) Daily Chronicle & Name What Cereal it is ? (MAA) Morning Stretch (MAA) 10:30 Lauri Gabriel 11:30 Women's Luncheon Group 1 (PDR) Brain Boosters : Cereal Hang Man (MAA) Cooking Corner : Million Dollar Dip (MAA) Name that Sound (MAA) Walking Club (MAA) 2:30 Irresistible Bites (MAA) 3:30 BINGO With Friends On Bridge 7:30 Nighttime Cinema Delight (MCA) 5	Breath Exercises Facials (MCAA) Rhythm Exercise (MCAA) 9:00 Televised Church Service: Joel Osteen (MCAA) Candy Bingo (MCAA) Elegant Dining Napkin Folding Class 2:30 Irresistible Bites (MAA) 2:30 Mix-N-Mingle w/ Black Bean Band (L) 6:00 Bowling with Friends (MCAA) 7:30 Nighttime Cinema Delight (MCA) 6	Nayas & CM Inspirational Engagement BINGO With Friends (MCFLR) Food :Guess Who? (MAA) Stretching Chair Yoga (MCAA) 9:00 Healing Touch Hand Massages (MCAA) Crossword Puzzles (MAA) Lemonade & Employee Appreciation Day : Say something Nice (MAA) Uno Card Game (MAA) 2:30 Irresistible Bites (MAA) 3:30 Happy Hour & Wine Social (MCAA) 6:00 Balloon Badminton (MCAA) 7:30 Nighttime Cinema Delight (MCA) 7	Dance Exercise (MCAA) Quote/Word/History of the Day (MCAA) 9:30 Donut Social (MCAA) 10:00 Candy Rush Bingo (MCA) 11:00 Silver Sneakers (MCAA) 11:30 International Women's Brunch (CR) Crafty Corner: Mardi Gras Masks (MCAA) Trivia : Counting Money (MCAA) 2:30 Irresistible Bites (MAA) 3:30 BINGO With Friends On Bridge 6:00 Patio Time & Volley Ball 7:30 Nighttime Cinema Delight (MCA) 8
After Breakfast Morning March (MAA) Verse of the Day & This Day in History (MAA) 9:00 Praise Movement and Christian Hymns (MAA) 9:30 Televised Worship Service (MAA) Brain Aerobics: What's in a Word (MAA) 1:00 Meditation Yoga (MAA) 2:30 Irresistible Bites (MAA) 6:00 Skill Up! Work-N-Play (MAA) 7:00 Nighttime Cinema Delight (MCA) 9	Nayas & CM Inspirational Engagement Oldies Sing-A-Long (MAA) Spa Time : Nails Cleaning (MAA) 10:00 Body and Rhythm with Johnny (MAA) 10:00 Scenic Drive & Stop At Starbucks: White Rock Lake (SD) Baking Club: Crescent Rolls (MAA) Connect Four Challenge (MAA) 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:30 Irresistible Bites (MAA) 6:00 Balloon Volleyball (MAA) 7:30 Nighttime Cinema Delight (MCA) 10	Coffee and Daily Chronicles (MAA) 9:00 Tuesday Trivia: Junk Drawer Detective (MAA) Crafty Corner : Coloring Pages (MAA) Flower Arranging (MAA) Penthouse Salon: Polishing Finger Nails (MAA) 2:30 Irresistible Bites (MAA) Happy Hour and Mock Cocktails (MCAA) 6:00 Evening Coloring & Music (MAA) 7:30 Nighttime Cinema Delight (MCA) 11	Nayas & CM Inspirational Engagement Daily Chronicle (MAA) Morning Stretch (MAA) Women's Luncheon Group 2 10:00 Armchair Traveling (MAA) Cooking Corner: Caramel Apple Grapes (MAA) Name that Sound (MAA) 2:30 Irresistible Bites (MAA) 6:00 Brain Boosters : Hang Man (MAA) 7:30 Nighttime Cinema Delight (MCA) 12	Breath Exercises Chair Rhythm Exercise (MCAA) 9:00 Coffee and Daily Chronicle (MCA) 10:00 Church Service : Highland Park Presbyterian Church (MCAA) Candy Bingo (MCAA) Reminiscing Pictures (ME) 2:30 Irresistible Bites (MAA) 6:00 Bowling with Friends (MCAA) 7:30 Nighttime Cinema Delight (MCA) 13	Nayas & CM Inspirational Engagement Gentle Stretching Circle (MCAA) Healing Touch Hand Massages (MCAA) 10:00 Artsy Bingo (MCFLR) Crossword Puzzles (MAA) Lemonade & Current Events (MAA) Setting the Table (MCDR) 2:15 DIMA Jazz Lecture (MCA) 2:30 Irresistible Bites (MAA) Happy Hour & Name that Tune (MCAA) 6:00 Balloon Badminton (MCAA) 7:30 Nighttime Cinema Delight (MCA) 14	Dance Exercise (MCAA) Name That Tune (MAA) Quote/Word/History of the Day (MCAA) 9:00 Donut Social (MCAA) 10:30 Mike Name that Tune Patio Time & Ball Counting Sugar Rush BINGO (MCA) Trivia : Counting Money (MCAA) 1:00 Saturday Matinee Movie & Popcorn (CR) 1:30 Silver Sneakers: Tina (MCAA) 2:30 Irresistible Bites (MAA) 6:00 Coloring with a purpose (MCAA) 7:30 Nighttime Cinema Delight (MCA) 15
Verse of the Day & This Day in History (MAA) 9:00 After Breakfast Morning March (MAA) 9:00 Praise Movement and Christian Hymns (MAA) 9:30 Televised Worship Service (MAA) Brain Aerobics (MAA) Parachute Ball Pop 1:00 Meditation Yoga (MAA) 2:30 Irresistible Bites (MAA) 6:00 Skill Up! Work-N-Play (MAA) 7:30 Nighttime Cinema Delight (MCA) 16	Nayas & CM Inspirational Engagement Saint Patrick's Day Sing -A- Longs (MAA) Spa Time : Nails Cleaning (MAA) 10:00 African American Museum and Lunch Baking Club: Pineapple Cucumber Salad (MAA) Saint Patrick's Day Parade 1:30 Music Therapy 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:30 Irresistible Bites (MAA) 6:00 Balloon Volleyball (MAA) 7:30 Nighttime Cinema Delight (MCA) 17	Tuesday Trivia: Random Questions (MAA) 9:00 Coffee and Daily Chronicles (MAA) 10:00 Chair Yoga Stretch (MCA) 10:30 Lucky Dog Card Game (MCA) Crafty Corner : Surprise Art (MAA) Flower Arranging (MAA) Penthouse Salon (MAA) 2:30 Irresistible Bites (MAA) Happy Hour & Name that Tune (MCAA) 6:00 Evening Coloring & Music (MAA) 7:30 Nighttime Cinema Delight (MCA) 18	Nayas & CM Inspirational Engagement Armchair Traveling : Ireland (MAA) Daily Chronicle (MAA) Morning Stretch (MAA) 10:00 Beautifying Moments (MAA) Cooking Corner: Olive Oil Cheese Bread (MAA) Mens Luncheon Name that Sound (MAA) 1:00 Matinee Movie & Popcorn w/Bridge (CR) 2:30 Irresistible Bites (MAA) 6:00 Brain Boosters : Hang Man (MAA) 7:30 Nighttime Cinema Delight (MCA) 19	Breath Exercises Facials & Neck Massage (MCAA) Televised Church Service : First Baptist (MCAA) 9:00 Rhythm Exercise (MCAA) Elegant Dining Napkin Folding Class Sweet Treat Bingo (MCAA) 2:30 Irresistible Bites (MAA) Word Search Puzzle 6:00 Bowling with Friends (MCAA) 7:30 Nighttime Cinema Delight (MCA) 20	Multicultural Day: Different Foods and Dress Wear Nayas & CM Inspirational Engagement BINGO With Friends (MCFLR) Gentle Stretching Circle (MCAA) 9:00 Healing Touch Hand Massages (MCAA) Crossword Puzzles & Hot Tea (MAA) Go Fish Card Game (MAA) Lemonade & Current Events (MAA) 2:30 Irresistible Bites (MAA) Happy Hour and Bingo (MCAA) 6:00 Balloon Badminton (MCAA) 7:30 Nighttime Cinema Delight (MCA) 21	Dance Exercise (MCAA) Quote/Word/History of the Day (MCAA) Sugar Rush BINGO (MCA) 9:00 Donut Social (MCAA) 11:00 Silver Sneakers (MCAA) Crafty Corner : Canvas Painting (MCAA) Patio Time & Ball Counting 2:30 Irresistible Bites (MAA) 6:00 Tuesday Trivia: Magazine Scavenger Hunt (MCAA) 7:30 Nighttime Cinema Delight (MCA) 22
After Breakfast Morning March (MAA) Verse of the Day & This Day in History (MAA) 9:00 Praise Movement and Christian Hymns (MAA) 9:30 Televised Worship Service (MAA) Brain Aerobics: Unscramble Letters (MAA) Parachute Ball Pop 1:00 Meditation Yoga (MAA) 2:30 Irresistible Bites (MAA) 6:00 Skill Up! Work-N-Play (MAA) 7:30 Nighttime Cinema Delight (MCA) 23	Nayas & CM Inspirational Engagement Oldies Sing-A-Long (MAA) Spa Time & Relaxing Music (MAA) 10:00 WU: Rhythm & Motion w/ Johnny (MCA) 10:30 Lunch at Original Pancake House and Movies Baking Club: Fruit Cones (MAA) Connect Four Challenge (MAA) 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 1:30 WU: Music with Madelyn (MCA) 2:30 Irresistible Bites (MAA) 6:00 Balloon Volleyball (MAA) 7:30 Nighttime Cinema Delight (MCA) 24	Tuesday Trivia : Name that Cereal (MAA) 9:00 Coffee and Daily Chronicles (MAA) Crafty Corner : Coloring Pages (MAA) Flower Arranging (MAA) Penthouse Salon (MAA) 2:30 Irresistible Bites (MAA) Happy Hour & Wine Social (MCAA) 6:00 Evening Coloring & Music (MAA) 7:30 Nighttime Cinema Delight (MCA) 25	Nayas & CM Inspirational Engagement Daily Chronicle (MAA) Morning Stretch (MAA) 10:00 Armchair Traveling (MAA) 10:00 Beautifying Moments (MAA) Cooking Corner: Sugar Cookies St. Patrick's Day Theme (MAA) Name that Sound (MAA) Walking Club (MAA) 2:30 Irresistible Bites (MAA) 3:30 BINGO With Friends On Bridge 6:00 Brain Boosters : Hang Man (MAA) 7:30 Nighttime Cinema Delight (MCA) 26	Breath Exercises Church Service (MCAA) Facials (MCAA) 9:00 Rhythm Exercise (MCAA) Reminiscing Pictures (ME) Sweet Treat Bingo (MCAA) 2:30 Irresistible Bites (MAA) 6:00 Bowling with Friends (MCAA) 7:30 Nighttime Cinema Delight (MCA) 27	Nayas & CM Inspirational Engagement BINGO (MCFLR) Celebrity Guess Who? (MAA) Chair Stretching Fitness Exercises (MCAA) Healing Touch Hand Massages (MCAA) Crossword Puzzles (MAA) Lemonade & Current Events (MAA) Setting the Table (MCDR) Uno Card Game (MAA) 2:15 WU:DIMA Jazz Lecture (MCA) 2:30 Irresistible Bites (MAA) Happy Hour (MCAA) 6:00 Balloon Badminton (MCAA) 7:30 Nighttime Cinema Delight (MCA) 28	Dance Exercise (MCAA) Donut Social (MCAA) Quote/Word/History of the Day (MCAA) 10:00 BINGO With Friends (MCA) 11:00 Silver Sneakers (MCAA) Crafty Corner : Canvas Painting (MCAA) Patio Time & Ball Counting Tuesday Trivia : General Knowledge Questions (MCAA) 2:30 Irresistible Bites (MAA) 3:00 Saturday Music : "Jazz Express" (L) 6:00 Coloring with a purpose (MCAA) 7:30 Nighttime Cinema Delight (MCA) 29
Verse of the Day & This Day in History (MAA) 9:00 Praise Movement and Christian Hymns (MAA) 9:30 Televised Worship Service (MAA) After Breakfast Morning March (MAA) Brain Aerobics: What's in a Word (MAA) Parachute Ball Pop 1:00 Meditation Yoga (MAA) 2:30 Irresistible Bites (MAA) 6:00 Skill Up! Work-N-Play (MAA) 7:30 Nighttime Cinema Delight (MCA) 30	Nayas & CM Inspirational Engagement Oldies Sing-A-Long (MAA) Spa Time : Nails Cleaning (MAA) 10:00 Scenic Drive Around, Downtown Dallas & Stop for Donuts Baking Club: Cup Cakes (MAA) Music Therapy 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:30 Irresistible Bites (MAA) 6:00 Balloon Volleyball (MAA) 7:30 Nighttime Cinema Delight (MCA) 31		Body Community Entertainment Mind Outing Spirit			

Activity Locator Key:

CR = Community Room (1st Floor)

TR = Tea Room (7th Floor)

CB = Craddock's Bar /Lounge (1st Floor)

PT = Poker Table (3rd Floor)

L = Lobby (1st Floor)

BR = Bridge (3rd Floor)

DR = Dining Room(1st Floor)

GR = Grill Room (1st Floor)

MCA = Activity Area (2nd Floor)

AR = Art Room (2nd Floor)

TT = Third Floor Terrace (3rd Floor)

PT = Pool Table (6th Floor)

BUS = Community Bus

Leadership Team:

Executive Director: Chad Hubbard
Resident Care Director: Rhonda Battee
Memory Care Director: Delondria Epps
Community Life Director: Lakeisha Brothers
Dining Services Director: Kyle Blazer
Maintenance Director: Brandon DeLeon
Sales Director: Cynthia Seskes
Human Resources Director: Patricia Gloria–Barraza
Business Office Manager: Tomicca Wilson

Gardens March 2024