


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.</p>	<p>Note: Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.</p>	<p>Doctor Appointment Transportation All Appointments can be made Tuesdays & Thursdays. Be aware that others may have appointments; in the case of a conflict you may be asked to reschedule.</p> <p>Shopping Trips are every Wednesday at 9:00AM.</p>	<p>Engage VR- Virtual Reality If you are interested in travelling, going into outer space, or even under the sea, without leaving the comfort of your apartment, sign up with the Activity Staff to use the Oculus Headset.</p>	<p>A Prayer Service with Communion will be held every Sunday and Tuesday @ 11:00am in the Pub</p> <p>Chaplet of Divine Mercy will be held @ 2pm Sundays</p>		<p>9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: Comedy: <i>A Family Affair</i> 4:15 - iN2L: <i>Piggy Bankers</i> 6:30 - Coffe Social in Cafe'/ Daily Chronicle Discussion</p>
<p>9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 2:00 - Chaplet of Divine Mercy 3:00 - Volleyball 4:15 - iN2L : Art History 6:30 - EWTN Worship Service Ch.18</p>	<p>Mardi Gras 9:45 - Resistance Exercise 10:15 - Balance Assessment 10:30 - Scattergories 1:30 - Pitch & Putt Golf 3:00 - Happy Hour in Pub/ WU: Person of Interest: Desi Arnaz 4:15 - iN2L: Animal Adventures 6:30 - Comedy Club: <i>My Wife & Kids</i></p>	<p>9:45 - Balance Exercise 10:30 - WU: Slavic Culture: Welcoming Spring Crepes w/Irena 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - Community Sing Along 3:00 - WU: Artistry Unleashed: Puppets 4:15 - iN2L: Meditation 6:15 - Prize BINGO</p>	<p>Ash Wednesday 9:30 - Blood Pressure Clinic 9:45 - Cardio Exercise 10:30 - WU: Old News 1:30 - WU: Timely Topics Around the World 3:00 - Corn Hole 4:00 - WU: A Stitch in Time in Library 6:00 - Poker with Friends in Pub</p>	<p>9:45 - Exercise w/Gina 10:30 - WU: Health Talk 11:30 - Luncheon Out to Center Square Grill 1:30 - WU: Engage VR 1:30 - Care One: Resperatory Awareness: Ice Cream Sundaes 3:00 - " Spring Fling" Game 4:15 - iN2L: Relaxation 6:00 - LCR in Activity Room</p>	<p>9:45 - WU: Exercise w/Jen 10:30 - Crossword Puzzle 1:30 - Ethan Stone on Piano 2:45 - Karma the Dog Visits 3:00 - Happy Hour in Pub/ Shut the Box 4:15 - iN2L: Breathe 6:15 - WU: An Eye for Art: Vision Board</p>	<p>9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: Classic: <i>An Affair to Remember</i> 4:15 - iN2L: <i>Radio Garden</i> 6:30 - Coffe Social in Cafe'/ Daily Chronicle Discussion</p>
<p>Daylight Savings Time Begins 9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 2:00 - Chaplet of Divine Mercy 3:00 - Pitch & Putt Golf 4:15 - iN2L : Art History 6:30 - EWTN Worship Service Ch.18</p>	<p>9:45 - Resistance Exercise 10:30 - Scattergories 1:15 - Communion 2:00 - Noodle Ball in Wellness 3:00 - Happy Hour in Pub/ WU: Person of Interest: Louise Beavers 4:15 - iN2L: Animal Adventures 6:30 - Comedy Club: <i>My Wife & Kids</i></p>	<p>9:45 - Balance Exercise 10:30 - One Long Word in Cafe' 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - Tony Fazio Performs 3:00 - Coffee Social in Cafe' 4:15 - iN2L: Meditation 6:15 - Prize BINGO</p>	<p>9:30 - Blood Pressure Clinic 9:45 - Cardio Exercise 10:30 - WU: Discovery Series: "Nourish & Flourish the World" 1:30 - WU: Timely Topics Around the World 3:00 - Ladder Golf 4:00 - WU: A Stitch in Time in Library 6:00 - Poker with Friends in Pub</p>	<p>9:45 - Exercise w/Gina 10:30 - WU: Scrumptious Delights 10:30 - Bulb Show Outing 1:30 - WU: Engage VR 1:30 - WU: Card Making: St.Patrick's Day 3:00 - WU: Old News 4:15 - iN2L: Relaxation 6:00 - LCR in Activity Room</p>	<p>9:45 - WU: Exercise w/Jen 10:30 - Crossword Puzzle 1:30 - Catholic Mass w/Father Wayne 2:45 - Karma the Dog Visits 3:00 - WU: Wine & the Times 4:15 - iN2L: Breathe 6:15 - WU: An Eye for Art: Watercolor Painting</p>	<p>9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: Drama: <i>Megan Leavey</i> 4:15 - iN2L: <i>Wordle</i> 6:30 - Coffe Social in Cafe'/ Daily Chronicle Discussion</p>
<p>9:45 - Stretchy Band Exercise 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 1:00 - Piano Entertainment in Lobby 2:00 - Grace Church Service 3:00 - Cafe' Social 4:15 - iN2L : Art History 6:30 - EWTN Worship Service Ch.18</p>	<p>Happy St. Patrick's Day 9:45 - Resistance Exercise 10:30 - Scattergories 12:00 - St Patrick's Day Luncheon 1:30 - Card & Board Games: Pub 2:00 - Chaplet of Divine Mercy 3:00 - Happy Hour in Pub/ Irish Coffees 4:15 - iN2L: Animal Adventures 6:30 - Comedy Club: <i>My Wife & Kids</i></p>	<p>9:45 - Balance Exercise 10:30 - One Long Word in Cafe' 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - Prize BINGO 3:00 - Volleyball in Wellness 4:15 - iN2L: Meditation 6:30 - Irish Step Dancer Performance</p>	<p>9:45 - Cardio Exercise 10:30 - WU: The Wild Side w/Mike 1:30 - WU: Jen & Rossanna Class 3:00 - Food for Thought Meeting 4:00 - WU: A Stitch in Time in Library 6:00 - Poker with Friends in Pub</p>	<p>First Day of Spring 9:45 - Exercise w/Gina 10:00 - WU: Jeff the Plant Guy 1:30 - WU: Engage VR 1:30 - Giovanni's Bakery Out Trip 3:00 - WU: National Parks & Historic Sites 4:15 - iN2L: Relaxation 6:00 - LCR in Activity Room</p>	<p>9:45 - WU: Exercise w/Jen 10:30 - Crossword Puzzle 1:30 - WU: Timely Topics Around the World 2:45 - Karma the Dog Visits 3:00 - Happy Hour in Pub 4:15 - iN2L: Breathe 6:15 - WU: An Eye for Art: Jewelry Making</p>	<p>9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: Comedy: <i>Definitely Maybe</i> 4:15 - iN2L: Balloon Burst 6:30 - Coffe Social in Cafe'/ Daily Chronicle Discussion</p>
<p>9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 2:00 - Chaplet of Divine Mercy 3:00 - Corn Hole 4:15 - iN2L : Art History 6:30 - EWTN Worship Service Ch.18</p>	<p>9:45 - Resistance Exercise 10:30 - Scattergories 1:15 - Communion 2:00 - Sing Along 3:00 - Happy Hour in Pub/ WU: Person of Interest: Christopher Walken 4:15 - iN2L: Animal Adventures 6:30 - Comedy Club: <i>My Wife & Kids</i></p>	<p>9:45 - Balance Exercise 10:30 - One Long Word in Cafe' 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - Memory Lane Entertains/ Monthly Birthday Party 3:00 - Coffee Social in Cafe' 4:15 - iN2L: Meditation 6:15 - Prize BINGO</p>	<p>9:45 - Cardio Exercise 10:30 - Group Project w/Judy 1:30 - WU: Timely Topics Around the World 3:00 - Sunshine Club 4:00 - WU: A Stitch in Time in Library 6:00 - Poker with Friends in Pub</p>	<p>MLB Opening Day 9:45 - Exercise w/Gina 10:30 - Resident Council Meeting 11:00 - Baseball Dice Game 1:30 - WU: Engage VR 2:00 - Retirement Party for Patti / Ice Cream Social 4:15 - iN2L: Relaxation 6:00 - LCR in Activity Room</p>	<p>9:45 - WU: Exercise w/Jen 10:30 - Crossword Puzzle 1:30 - WU: Old News 2:45 - Karma the Dog Visits 3:00 - Beverly on Piano 4:15 - iN2L: Breathe 6:15 - WU: An Eye for Art: Collage</p>	<p>9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: Drama: <i>The Six Triple Eight</i> 4:15 - iN2L: <i>Sudoku</i> 6:30 - Coffe Social in Cafe'/ Daily Chronicle Discussion</p>
<p>9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 2:00 - Chaplet of Divine Mercy 3:00 - Pitch & Putt Golf 4:15 - LL : Art History 6:30 - EWTN Worship Service Ch.18</p>	<p>9:45 - Resistance Exercise 10:30 - Scattergories 1:30 - Axe Throwing in Wellness 3:00 - Happy Hour in Pub/ WU: Person of Interest: Sarah Vaughan 4:15 - iN2L: Animal Adventures 6:30 - Comedy Club: <i>My Wife & Kids</i></p>	<p>MARCH 2025 Assisted Living</p> <p>EAST VILLAGE PLACE A WATERMARK RETIREMENT COMMUNITY™</p>		<p>ACTIVITY LOCATOR KEY</p>	<p>Happy Birthday! 1st Gail Westenfeld 11th Nikki Ferullo 12th Maria Mazzaferro 27th Rita Costello 28th Bob Whelan 30th Pat Keough</p>	
						<p>* Schedule Subject to Change</p>