

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Note: Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.</p>	<p>Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.</p>	<p>Engage VR - Virtual Reality If you are interested in travelling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus Headset.</p>	<p>Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.</p>	ADD TEXT HERE	ADD TEXT HERE	<ul style="list-style-type: none"> - Yoga for Exercise - Bingo 1:30 - Saturday Matinee: <i>Miss Congeniality</i> - Energy Burst - Hearthside Book Club - Cafe' Social - Volleyball - Music Hour: Peter, Paul, & Mary - Sing Along
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch.9 -Soul to Soul Walking Club -Yoga for Exercise 2:00 - Chaplet of Divine Mercy - Energy Burst 3:00 - Volleyball - Music Hour: Billy Joel 6:30 - EWTN Worship Service Ch.18 	<p>Mardi Gras</p> <ul style="list-style-type: none"> - Joyful Movement - WU: Artistry Unleashed: Penant 1:30 - Pitch & Putt Golf - WU: Person of Interest: Desi Arnaz - Gold Coin Toss - Scenic Relaxation - Music Hour: The Beatles - Dominoes 	<ul style="list-style-type: none"> - Strengthening Exercise 10:30 - WU: Slavic Culture: Welcoming Spring Crepes w/Irena - Energy Burst 1:30 - Community Sing Along - Cafe' Social - Discussion: <i>Going to the Show</i> - Relaxation & Meditation 6:00 - BINGO 	<p>Ash Wednesday</p> <ul style="list-style-type: none"> - Cardio Exercise - WU: Old News - Energy Burst 1:30 - WU: Timely Topics Around the World 3:00 - Corn Hole - Word Game: Categories - Scenic Relaxation - Checkers 	<ul style="list-style-type: none"> - Balance Exercise -Table Top Bowling 10:30 - WU: Health Talk - Brain Games -Energy Burst 1:30 - Care One: Respiratory Awareness: Ice Cream Sundaes - Billiards - Music Hour: 70's - Comedy Club: <i>Reba</i> 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Reminisce: My Town - Coffee Social in Cafe' - Energy Burst 1:30 - Ethan Stone on Piano 2:45 - Karma the Dog Visits - Jigsaw Puzzle - Relaxation & Meditation - Watercolor Painting 	<ul style="list-style-type: none"> - Yoga for Exercise - Bingo 1:30 - Saturday Matinee: <i>Dolce Villa</i> - Energy Burst - Hearthside Book Club - Cafe' Social - Volleyball - Music Hour: Beethoven - Artistic Expression
2	3	4	5	6	7	8
<p>Daylight Savings Time Begins</p> <ul style="list-style-type: none"> 10:00 - Mass on TV Ch.9 -Soul to Soul Walking Club -Yoga for Exercise 2:00 - Chaplet of Divine Mercy - Energy Burst 3:00 - Pitch & Putt Golf - Music Hour: Steve Martin 6:30 - EWTN Worship Service Ch.18 	<ul style="list-style-type: none"> - Joyful Movement - WU: Artistry Unleashed: Collage 1:30 - Communion 2:00 - Noodle Ball in Wellness - WU: Person of Interest: Louise Beavers - "Spring Fling" Game - Scenic Relaxation - Music Hour: Bob Dylan - Billiards 	<ul style="list-style-type: none"> - Strengthening Exercise 10:30 - WU: Culinary Creations - Energy Burst 1:30 - Tony Fazio Performs - Discussion: Dating & Dancing - Library Visit -BINGO - Relaxation & Meditation 6:00 - Word Game: Scattergories 	<ul style="list-style-type: none"> - Cardio Exercise 10:30 - WU: Discovery Series: Nourish & Flourish - Energy Burst 1:30 - WU: Timely Topics Around the World 3:00 - Ladder Golf - Word Game: Categories - Scenic Relaxation - Crazy 8's 	<ul style="list-style-type: none"> - Balance Exercise -Table Top Bowling 10:30 - WU: Scrumptious Delights - Brain Games -Energy Burst 1:30 - Giovanni's Bakery Out Trip - Billiards 3:00 - WU: Old News - Music Hour: 60's - Comedy Club: <i>Reba</i> 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Reminisce: My New Car - Coffee Social in Cafe' - Energy Burst 1:30 - Catholic Mass w/Father Wayne 2:45 - Karma the Dog Visits - Sing Along - Relaxation & Meditation - Watercolor Painting 	<ul style="list-style-type: none"> - Yoga for Exercise - Bingo 1:30 - Saturday Matinee: <i>An Affair to Remember</i> - Energy Burst - Hearthside Book Club - Cafe' Social - Volleyball - Music Hour: Mozart - Artistic Expression
9	10	11	12	13	14	15
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch.9 -Soul to Soul Walking Club -Yoga for Exercise 1:00 - Piano Entertainment 2:00 - Grace Church Service - Energy Burst 3:00 - Volleyball - Music Hour: Mariah Carrey 6:30 - EWTN Worship Service Ch.18 	<p>Saint Patrick's Day</p> <ul style="list-style-type: none"> - Joyful Movement - WU: Artistry Unleashed: Free Form Watercolors 12:00 - St. Patrick's Day Luncheon -Hearthside Book Club 2:00 - Chaplet of Divine Mercy - Lucky Coin Toss Game - Scenic Relaxation - Music Hour: Joani Mitchell 6:00 - Table Top Bowling 	<ul style="list-style-type: none"> - Strengthening Exercise 10:30 - WU: Culinary Creations - Energy Burst 2:00 - Chopped Challenge 3:00 - Volleyball in Wellness Room - Relaxation & Meditation 6:15 - Irish Step Dancer Performance 	<ul style="list-style-type: none"> - Cardio Exercise 10:30 - The Wild Side w/Mike - Energy Burst 1:30 - WU: Jen & Rossana Class - Shamrock Target Shoot - Word Game: Categories - Scenic Relaxation - Card Game: High/ Low 	<p>First Day of Spring</p> <ul style="list-style-type: none"> - Balance Exercise -Table Top Bowling 10:00 - WU: Jeff the Plant Guy - Brain Games -Energy Burst - Billiards 3:00 - WU: National Parks & Historic Sites - Music Hour: 80's - Comedy Club: <i>Reba</i> 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Reminisce: How Pharmacists Rescued Soda Jerks - Coffee Social in Cafe' - Energy Burst 1:30 - WU: Timely Topics Around the World 2:45 - Karma the Dog Visits - "Spring Fling" Game - Relaxation & Meditation - Watercolor Painting 	<ul style="list-style-type: none"> - Yoga for Exercise - Bingo 1:30 - Saturday Matinee: <i>The Shack</i> - Energy Burst - Hearthside Book Club - Cafe' Social - Volleyball - Music Hour: The Doors - Poker with Friends
16	17	18	19	20	21	22
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch.9 -Soul to Soul Walking Club -Yoga for Exercise 2:00 - Chaplet of Divine Mercy - Energy Burst 3:00 - Corn Hole - Music Hour: Herb Alpert 6:30 - EWTN Worship Service Ch.18 	<ul style="list-style-type: none"> - Joyful Movement - WU: Artistry Unleashed: Clay Pinch Pots 1:30 - Communion 2:00 - Sing Along in Activity Room - WU: Person of Interest: Christopher Walken - Scenic Relaxation - Music Hour: Linda Ronstadt 6:00 - Billiards 	<ul style="list-style-type: none"> - Strengthening Exercise 10:30 - WU: Culinary Creations - Energy Burst 1:30 - Memory Lane Entertains/ Monthly Birthday Party - Documentary: <i>Our Oceans</i> - Artistic Expression - Relaxation & Meditation 6:00 - BINGO 	<ul style="list-style-type: none"> - Cardio Exercise 10:30 - Team Trivia - Energy Burst 1:30 - WU: Timely Topics Around the World 3:00 - Corn Hole - Word Game: Categories - Scenic Relaxation - Checkers 	<ul style="list-style-type: none"> - Balance Exercise -Table Top Bowling - Brain Games -Energy Burst 2:00 - Retirement Party for Patti - Billiards - Music Hour: 50's Rock & Roll - Comedy Club: <i>Reba</i> 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Reminisce: The Honey House - Coffee Social in Cafe' - Energy Burst 1:30 - WU: Old News 2:45 - Karma the Dog Visits 3:00 - Beverly on Piano - Relaxation & Meditation - Watercolor Painting 	<ul style="list-style-type: none"> - Yoga for Exercise - Bingo 1:30 - Saturday Matinee: <i>Two Weeks Notice</i> - Energy Burst - Hearthside Book Club - Cafe' Social - Volleyball - Music Hour: Jazz Flute - Social Hour
23	24	25	26	27	28	29
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch.9 -Soul to Soul Walking Club -Yoga for Exercise 2:00 - Chaplet of Divine Mercy - Energy Burst 3:00 - Pitch & Putt Golf - Music Hour: Willie Nelson 6:30 - EWTN Worship Service Ch.18 	<ul style="list-style-type: none"> - Joyful Movement - WU: Artistry Unleashed: Group Project: Flower Bouquet 1:30 - Axe Throwing - WU: Person of Interest: Sarah Vaughan - Happy Hour - Scenic Relaxation - Music Hour: Dolly Parton 6:00 - Billiards 	<h1>MARCH 2025</h1> <h2>Our Place</h2>  <p>EAST VILLAGE PLACE A WATERMARK RETIREMENT COMMUNITY™</p>		<p>ACTIVITY LOCATOR KEY</p>	<p>Happy Birthday</p> <p>1st Gail Westenfeld 11th Nikki Ferullo 12th Maria Mazzaferro 27th Rita Costello 28th Bob Whelan 30th Pat Keough</p>	
30	31					

* Schedule Subject to Change