



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Note: Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.</p>	<p>Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.</p>	<p>Engage VR - Virtual Reality If you are interested in travelling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus Headset.</p>	<p>Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.</p>			<ul style="list-style-type: none"> - Stretching Exercise - WU: Reminisce: My Town - Cafe' Social - Energy Burst 1:30 - Saturday Matinee: Miss Congeniality - Jigsaw Puzzles - Household Tasks - Volleyball 	
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch. 9 - Soul to Soul Walking Club - Morning Exercise - Sing Along 2:00 - Chaplet of Divine Mercy - Energy Burst - Volleyball - Music Hour: Celine Dion - Aqua Painting 	<p>Mardis Gras</p> <ul style="list-style-type: none"> - Joyful Movement - WU: Artistry Unleashed: Group Project: Penant - Brain Games - Energy Burst - Noodle Ball - Sorting/ Sequencing - Music Hour: The Beatles - Game Night: Crazy 8's 	<ul style="list-style-type: none"> - Strengthening Exercise - WU: Culinary Creations: - Group Discussion: - Energy Burst 1:30 - Community Sing Along - Table Top Bowling - Soul to Soul Walking Club - Relaxation & Meditation - Artistic Expression 	<ul style="list-style-type: none"> - Balance Exercise - Coffee Social in Cafe' - Daily Chronicle - Guided Imagery - Energy Burst - WU: Food for the Senses: Fresh Bread - Word Game: <i>Starts With</i> - Music Hour: Opera - Scenic Relaxation 	<ul style="list-style-type: none"> - Conductorcise - Matching Game - Brain Games - Energy Burst - WU: Person of Interest: Desi Arnaz - Hoop Toss - Magnetic Tiles/ Construction - Music Hour: Classical - Sorting/ Sequencing 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Hearthside Book Club - Energy Burst 1:30 - Ethan Stone on Piano - Karma the Dog Visits - Memory Triggers - Kickball - Comedy Club: Reba 	<ul style="list-style-type: none"> - Stretching Exercise - WU: Reminisce: My New Car - Cafe' Social - Energy Burst 1:30 - Saturday Matinee: Dolce Villa - Jigsaw Puzzles - Household Tasks - Volleyball 	
<p>Daylight Savings Time</p> <ul style="list-style-type: none"> 10:00 - Mass on TV Ch. 9 - Soul to Soul Walking Club - Morning Exercise - Sing Along 2:00 - Chaplet of Divine Mercy - Energy Burst - Volleyball - Music Hour: Mariah Carey - Aqua Painting 	<ul style="list-style-type: none"> - Joyful Movement - WU: An Eye for Art: Group Project: Collage - Brain Games - Energy Burst 1:00 - Communion - Shamrock Target Shoot - Sorting/ Sequencing - Music Hour: Neil Diamond - Game Night: Cards: High/Low 	<ul style="list-style-type: none"> - Strengthening Exercise - WU: Culinary Creations: - Group Discussion: - Energy Burst 1:30 - Tony Fazio Performs - Table Top Bowling - Soul to Soul Walking Club - Relaxation & Meditation - Artistic Expression 	<ul style="list-style-type: none"> - Balance Exercise - Coffee Social in Cafe' - Daily Chronicle 11:30 - Luncheon Out to 99 - Guided Imagery - Energy Burst - Word Game: <i>Catergories</i> - Music Hour: Bach - Scenic Relaxation 	<ul style="list-style-type: none"> - Conductorcise - Objects BINGO - Brain Games - Energy Burst - WU: Person of Interest: Louise Beavers - Ring Toss - Magnetic Tiles/ Construction - Music Hour: Pop - Sorting/ Sequencing 	<ul style="list-style-type: none"> - Flexibility Exercise - Hearthside Book Club - Energy Burst 1:30 - Catholic Mass w/Father Wayne - Sing Along - Karma the Dog Visits - Memory Triggers - Kickball - Comedy Club: Reba 	<ul style="list-style-type: none"> - Stretching Exercise - WU: Reminisce: How Pharmacists Rescued Soda Jerks - Cafe' Social - Energy Burst 1:30 - Saturday Matinee: An Affair to Remember - Jigsaw Puzzles - Household Tasks - Volleyball 	
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch. 9 - Soul to Soul Walking Club - Morning Exercise 1:00 - Piano Entertainment 2:00 - Grace Church Service - Energy Burst - Volleyball - Music Hour: Aretha Franklin - Aqua Painting 	<p>St. Patrick's Day</p> <ul style="list-style-type: none"> - Joyful Movement - WU: Artistry Unleashed: Free Form Watercolor - Brain Games - Energy Burst 2:00 - Chaplet of Divine Mercy - Sorting/ Sequencing - Music Hour: Jerry Lee Lewis - Game Night: Matching 	<ul style="list-style-type: none"> - Strengthening Exercise - WU: Culinary Creations: - Group Discussion: Proffesions - Energy Burst - Table Top Bowling - Living Room Dance Party - Folding - Relaxation & Meditation 6:30 - Irish Step Dancer Performance 	<ul style="list-style-type: none"> - Balance Exercise - Coffee Social in Cafe' - Daily Chronicle - Guided Imagery - Energy Burst - WU: Food for the Senses: Fresh Bread - Word Game: <i>Rhymes With</i> - Music Hour: The Singing Nuns - Scenic Relaxation 	<p>First Day of Spring</p> <ul style="list-style-type: none"> - Conductorcise - Word Game: "Items Found in the Garden" - Brain Games - Energy Burst - WU: Person of Interest: Christopher Walken - Corn Hole - Magnetic Tiles/ Construction - Music Hour: Country - Sorting/ Sequencing 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Hearthside Book Club - Energy Burst - "Spring Fling" - Refreshments - Karma the Dog Visits - Memory Triggers - Kickball - Comedy Club: Reba 	<ul style="list-style-type: none"> - Stretching Exercise - WU: Reminisce: The Honey House - Cafe' Social - Energy Burst 1:30 - Saturday Matinee: 13 Going on 30 - Jigsaw Puzzles - Household Tasks - Volleyball 	
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch. 9 - Soul to Soul Walking Club - Morning Exercise - Sing Along 2:00 - Chaplet of Divine Mercy - Energy Burst - Volleyball - Music Hour: Tom Jones - Aqua Painting 	<ul style="list-style-type: none"> - Joyful Movement - WU: An Eye for Art: Spring Mosaic Flowers - Brain Games - Energy Burst 1:00 - Communion - Living Room Dance Party - Sorting/ Sequencing - Music Hour: Frank Sinatra - Game Night: Crazy 8's 	<ul style="list-style-type: none"> - Strengthening Exercise - WU: Culinary Creations: - Group Discussion: - Energy Burst 1:30 - Memory Lane Entertains - Table Top Bowling - Jigsaw Puzzles - Relaxation & Meditation - Artistic Expression 	<ul style="list-style-type: none"> - Balance Exercise - Coffee Social in Cafe' - Daily Chronicle - Guided Imagery - Energy Burst - WU: Food for the Senses: Baked Apples - Word Game: <i>Catergories</i> - Music Hour: Charlotte Church - Scenic Relaxation 	<ul style="list-style-type: none"> - Conductorcise - Seed Planting - Brain Games - Energy Burst - WU: Person of Interest: Sarah Vaughan 2:00 - Ice Cream Social - Hoop Toss - Magnetic Tiles/ Construction - Music Hour: 1950's - Sorting/ Sequencing 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Hearthside Book Club - Energy Burst - Sing Along - Karma the Dog Visits 3:00 - Beverly on Piano - Memory Triggers - Kickball - Comedy Club: Reba 	<ul style="list-style-type: none"> - Stretching Exercise - WU: Reminisce: The Victory Garden - Cafe' Social - Energy Burst 1:30 - Saturday Matinee: Benji - Jigsaw Puzzles - Household Tasks - Volleyball 	
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch. 9 - Soul to Soul Walking Club - Morning Exercise - Sing Along 2:00 - Chaplet of Divine Mercy - Energy Burst - Volleyball - Music Hour: Dean Martin - Aqua Painting 	<ul style="list-style-type: none"> - Joyful Movement - WU: Artistry Unleashed: Group Project: Flower Bouquet - Brain Games - Energy Burst - Ring Toss - Sorting/ Sequencing - Music Hour: The Mamas & The Papas - Game Night: Cards: High/Low 	<h1>MARCH 2025</h1> <h2>Pathways</h2>		<h3>ACTIVITY LOCATOR KEY</h3>		<p>Happy Birthday</p> <p>1st Gail Westenfeld 11th Nikki Ferullo 12th Maria Mazzaferro 27th Rita Costello 28th Bob Whelan 30th Pat Keough</p>	
		 EAST VILLAGE PLACE <small>A WATERMARK RETIREMENT COMMUNITY™</small>		<p>* Schedule Subject to Change</p>			