



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>Quote of the Month</b> It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade ~Charles Dickens</p>		<p><b>March Birthdays</b> Marilyn Roehm 03/01 Ann Miller 03/11 Beverly Phillips 03/28</p>					<p>9:30 Coffee and News 10:00 Bingo 1:00 Diamond Dots with Jacky 1:30 Creative Expression Through Color 2:30 Afternoon Piano with Samhitha 3:00 Pokeno 3:30 Bible Study with Kaleb 6:00 Evening Movie</p>
<p><b>Texas Independence Day</b> 9:30 Coffee and News 10:00 Sunday Stretches 10:30 Bingo 12:30 Oscars Trivia and Facts 1:00 Orange Creamsicle Floats 2:00 Hymn Singing &amp; Church Service on TV 2:30 Texas Independence Day Meet and Greet with Frisco Roughriders 6:00 Mocktail Hour</p>	<p>9:30 Coffee and News 9:45 Exercise Group: Cardio 10:15 Trivia Group: Welcome to March 10:30 Hot Coffee Social with Nicki 12:30 Caregiver Appreciation Day: Sundae 1:00 Precious Memories 2:00 Mexican Train 2:30 Communion Service 3:00 Bible Study &amp; Hymn Singing with Pastor Bill 6:00 Puzzles</p>	<p><b>Mardi Gras</b> 9:00 Community Life Meeting with Raz 9:30 Coffee and News 9:45 Exercise Group: Strength 10:00 <b>Outing: Normas Cafe Lunch Bunch</b> 10:15 Meditation with Neha 12:30 Crazy Rummy 1:00 <b>Mardi Gras Celebration: King Cake and Mocktails</b> 2:00 Bingo 3:15 WU Travel Club 5:30 Evening Movie</p>	<p><b>Ash Wednesday</b> 9:30 Coffee and News 9:45 Exercise Group: Balance 10:15 This Day in History 10:30 Mardi Gras Painting Activity 12:30 360 Wellness Talk: Healthy Habits and Healthy Eating with Curana 12:30 Bridge Group 1:00 Tulips Craft 2:00 Oreo Day 3:00 Wine Down Wednesday 6:00 Evening Brain Puzzles</p>	<p>9:30 Coffee and News 9:45 Exercise: Flexibility 10:15 Monopoly Day 10:30 Bible Study 12:30 <b>Cleopatra Day: Snacks and Facts</b> 1:00 Afternoon Stretches 2:15 <b>Mardi Gras Happy Hour with Doc</b> 3:30 National Cereal Day 6:00 Evening Movie</p>	<p>9:30 Coffee and News 10:00 Bingo 1:00 Afternoon Yoga with Tina 2:30 <b>WU Colorful Crowd with Julie</b> 3:30 Brain Challenging Puzzles 6:00 Friday Night Dominoes 6:00 Late night Trivia with Tina</p>	<p>9:30 Coffee and News 10:00 Bingo 1:00 Diamond Dots with Jacky 1:30 Creative Expression Through Color 2:30 Afternoon Piano with Samhitha 3:00 Pokeno 3:30 Bible Study with Kaleb 6:00 Evening Movie</p>	
<p>9:30 Coffee and News 10:00 Sunday Stretches 10:30 Bingo 12:30 Mens Club 1:00 Barbie Day: Barbie Snacks and Drinks 2:00 Hymn Singing &amp; Church Service on TV 3:00 Hot Chocolate Social Time 6:00 Barbie Mocktail Hour</p>	<p>9:30 Coffee &amp; News 9:45 Exercise Group: Cardio 10:15 Trivia Group: Finishing Words Challenge 10:30 <b>Music Therapy with Luisa</b> 1:00 Precious Memories 2:00 Mexican Train 3:00 Bible Study &amp; Hymn Singing with Pastor Bill 6:00 Jazz Music</p>	<p>9:30 Coffee and News 9:45 Exercise Group: Strength 10:15 Meditation with Neha 10:30 WU Culinary Club 12:30 Crazy Rummy 1:00 Pharaoh Day: Egyptian Beads 2:00 Bingo 3:15 <b>WU Songs &amp; Smiles w/ Karl</b> 5:30 Evening Movie</p>	<p>9:30 Coffee and News 9:45 Exercise Group: Balance 10:15 Chat Pack 10:30 WU Creative Crafts with Sandy 12:30 Bridge Group 1:00 Girl Scout Cookie Day: Cookie Comparisons 2:00 Irish Riverdance 3:00 Wine Down Wednesday 6:00 Evening Brain Puzzles</p>	<p>9:30 Coffee and News 9:45 Exercise: Flexibility 10:15 Tech Class: New Technology in our time 10:30 Bible Study 12:30 Watermark Legacies Writing Class with Raz 1:00 WU Book Club w/ Sheree 2:30 National Potato Chip Day: Potato Chip Tasting 3:15 <b>St. Patricks Happy Hour with Roger</b> 6:00 Evening Movie</p>	<p>9:30 Coffee and News 10:00 Bingo 1:00 Afternoon Yoga with Tina 2:30 <b>WU Colorful Crowd with Julie</b> 3:30 Brain Challenging Puzzles 6:00 Friday Night Dominoes 6:00 Late night Trivia with Tina</p>	<p>9:30 Coffee and News 10:00 Bingo 1:00 Diamond Dots with Jacky 1:30 Creative Expression Through Color 2:30 Afternoon Piano with Samhitha 3:00 Pokeno 3:30 Bible Study with Kaleb 6:00 Evening Movie</p>	
<p>9:30 Coffee and News 10:00 Sunday Stretches 10:30 Bingo 12:30 St. Patricks Word Search 1:00 2:00 Hymn Singing &amp; Church Service on TV 3:00 St. Pat's Shamrock Shakes 6:00 Mocktail Hour</p>	<p><b>St. Patrick's Day</b> 9:30 Coffee &amp; News 9:45 Exercise Group: Cardio 10:15 Trivia Group: Finishing Lyrics Challenge 10:30 Riverdance Program 12:30 <b>St. Patricks Day Snacks and Facts</b> 1:00 Precious Memories 2:00 Mexican Train 3:00 Bible Study &amp; Hymn Singing with Pastor Bill 6:00 Jazz Music</p>	<p>9:30 Coffee and News 9:45 Exercise Group: Strength 10:00 <b>Outing: Krispy Kreme for St. Pats donuts</b> 10:15 Meditation with Neha 12:30 Crazy Rummy 1:00 Mary Kay Moisturizing Samples 2:00 Bingo 3:15 WU Songs &amp; Smiles w/ Karl 5:30 Evening Movie</p>	<p>9:30 Coffee and News 9:45 Exercise Group: Balance 10:15 Chat Pack 10:30 WU Sheree's Art Enthusiasts with Hot Chocolate 12:30 Bridge Group 12:30 <b>M&amp;M Party: Snacks and Refreshments</b> 2:00 Taste of the Mediterranean 3:00 Wine Down Wednesday 6:00 Evening Brain Puzzles</p>	<p>9:30 Coffee and News 9:45 Exercise: Flexibility 10:15 Bible Study 10:30 WU Scrapbooking Photos 12:30 National Macaron Day: Macaron Tasting 1:30 HealthPro Heritage 360 Well Talk: Healthy Living and Fitness 2:00 WU Book Club w/ Sheree 3:15 <b>Happy Hour with Krystal</b> 6:00 Evening Movie</p>	<p>9:30 Coffee and News 10:00 Bingo 1:00 Afternoon Yoga with Tina 2:00 Coloring Corner 2:30 Total Hearing Care Visit 3:15 Resident Social with Senior Helpers 6:00 Friday Night Dominoes 6:00 Late night Trivia with Tina</p>	<p>9:30 Coffee and News 10:00 Bingo 1:00 Diamond Dots with Jacky 1:30 Creative Expression Through Color 2:30 Afternoon Piano with Samhitha 3:00 Pokeno 3:30 Bible Study with Kaleb 6:00 Evening Movie</p>	
<p>9:30 Coffee and News 10:00 Sunday Stretches 10:30 Bingo 12:30 Panda Day 1:00 Nat King Cole day 2:00 Hymn singing &amp; Church Service on TV 3:00 Chips &amp; Dips Social Time 6:00 Mocktail Hour</p>	<p>9:30 Coffee &amp; News 9:45 Exercise Group: Cardio 10:15 Trivia Group: Name 10 Challenge 10:30 Group Yahtzee Challenge 12:30 Titanic Exhibition Tour 1:00 Precious Memories 2:00 Mexican Train 3:00 Bible Study &amp; Hymn Singing with Pastor Bill 6:00 Jazz Music</p>	<p>9:30 Coffee and News 9:45 Exercise Group: Strength 10:15 Meditation with Neha 10:30 Singing Club 12:30 Crazy Rummy 1:00 <b>Greek Independence Day Snacks and Facts</b> 2:00 Bingo 3:30 Chat Pack 5:30 Evening Movie</p>	<p>9:30 Coffee and News 9:45 Exercise Group: Balance 10:15 WU Creative Crafts 10:30 Diana Ros Birthday 12:30 Bridge Group 12:30 Cherry Tree Day 1:00 Baseball Opening Day 2:00 Mexican Train 3:00 Wine Down Wednesday 6:00 Evening Brain Puzzles</p>	<p>9:30 Coffee and News 9:45 Exercise: Flexibility 10:15 Bible Study 10:30 WU Blankets of Love with Sheree 12:30 International Whiskey Day: Whiskey Tasting 1:00 Major League Baseball Opening: Trivia 1:30 <b>Leslies Art with Accent</b> 2:30 WU Book Club w/ Sheree 3:15 <b>Happy Hour with Johnny</b> 6:00 Evening Movie</p>	<p>9:30 Coffee and News (LR) 10:00 Bingo (LR) 1:00 Afternoon Yoga with Tina (LR) 2:00 Coloring Corner (LR) 3:00 Brain Challenging Puzzles (LR) 3:30 Time Slips with Tina- Create your own Story (LR) 6:00 Friday Night Dominoes (CLR) 6:00 Late night Trivia with Tina (LR)</p>	<p>9:30 Coffee and News 10:00 Bingo 1:00 Diamond Dots with Jacky 1:30 Creative Expression Through Color 2:30 Afternoon Piano with Samhitha 3:00 Pokeno 3:30 Bible Study with Kaleb 6:00 Evening Movie</p>	
<p>9:30 Coffee and News 10:00 Sunday Stretches 10:30 Bingo 12:30 Tamale Day 1:00 Color Therapy Day 2:00 Hymn singing &amp; Church Service on TV 3:00 Orange Creamsicle Floats 6:00 Mocktail Hour</p>	<p>9:30 Coffee &amp; News 9:45 Exercise Group: Cardio 10:15 Trivia Group: Name 10 Challenge 10:30 Group Yahtzee Challenge 12:30 Tortilla Chip Day: Heart Shaped Tortillas and Mango Salsa 1:00 Precious Memories 2:00 Pokeno 3:00 Bible Study &amp; Hymn Singing with Pastor Bill 6:00 Jazz Music</p>	<p><b>MARCH 2025</b> <b>Independent Living</b></p>  <p>PARKVIEW IN FRISCO A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup></p>		<p><b>ACTIVITY LOCATOR KEY</b></p> <p>DR- Dining Room LR- Living Room FP- Fire Place CLR- Community Life Room MC- Memory Care</p>	<p><b>Friendly Reminder:</b> Schedule changes may occur, changes will be posted on the daily schedule</p>		