


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Green activities are favorites!</p> <p>Purple activities are Watermark University Classes!</p> <p>Red is outings, they are first come first served</p>		<p>Transportation for doctor appointments is available 9:00-3:30 <b>TUESDAY</b> and <b>WEDNESDAY</b>. If you need transportation, please go to the front desk to give them your appointment information. Appointments must be scheduled a minimum 7 days in advance.</p>					<p>9:30 Cocoa &amp; News-L 10:15 Cardio-D 10:45 Brain Breaks-D 2:00 BINGO-D 3:30 Social-D</p>
<p>9:30 Cocoa &amp; News-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color &amp; Create with Ruth-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:00 Chair Yoga-T 10:30 Manicures-B 1:00 How It's Made-T 2:00 BINGO-D 3:30 Helping Hands Club-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Weight Class-F 10:45 This Week in History-F 1:00 Tasting History-D 2:30 Mardi Gras Music Program-D 3:30 King Cake Social-D 6:00 Walking Club-C 6:30 Art with the Eagle Scouts-D</p>	<p>9:30 Cocoa &amp; News-L 10:15 Badminton-D 10:45 Wellness tip for the Week-D 1:00 Tea &amp; Tunes: Dolly Pardon-L 2:00 Game Group-C 3:00 Afternoon Movie-T 6:00 Walking Club-C 7:00 Sunday School-D</p>	<p>9:30 Shop @ Harmons 10:15 Balance Class-D 10:45 Trivia-D 1:00 Hand Massages-T 2:00 Tasters Club: Johnny Appleseed Day-D 3:30 Surprise Activity-D 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Resistance Bands-F 11:00 Lunch Bunch: La Fountain 2:30 Karaoke &amp; Happy Hour-D 3:30 Color &amp; Create-C 6:00 Movie Night-T</p>	<p>9:30 Cocoa &amp; News-L 10:15 Cardio-D 10:45 Brain Breaks-D 2:30 Game Group-D 3:30 Social-D</p>	
<p>9:30 Cocoa &amp; News-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color &amp; Create with Ruth-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:00 Chair Yoga-T 10:30 Manicures-B 1:00 How It's Made-T 2:00 Music with Wayne-D 3:30 Helping Hands Club-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Weight Class-F 11:00 This Week in History-D 1:00 Tasting History-T 2:00 BINGO-D 3:30 Technology Class: Cellphones 101-T 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Stretches-D 10:45 Wellness Tip for the Week-D 1:00 Tea &amp; Tunes: Reba-L 2:00 WU: Iconic Women-T 3:00 Activity Planning Committee-C 6:00 Walking Club-C 7:00 Relief Society &amp; Priesthood-D</p>	<p>9:30 Cocoa &amp; News-L 10:15 Balance Class-D 10:45 Trivia-D 1:00 Shop @ Harmons 2:00 Music with Heart &amp; Soul-D 3:00 St. Patrick Cookie Decorating-D 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Resistance Bands-F 10:45 Name That Tune-F 1:00 Support Group-T 2:00 WU: A Trip to Ireland-D 3:00 Color &amp; Create-C 6:00 Movie Night-T</p>	<p>9:30 Cocoa &amp; News-L 10:15 Cardio-D 10:45 Brain Breaks-D 2:00 BINGO-D 3:30 Social-D</p>	
<p>9:30 Cocoa &amp; News-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color &amp; Create with Ruth-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:00 Chair Yoga-T 10:30 Manicures-B 1:00 How It's Made-T 2:00 Donuts &amp; Trivia-D 2:30 Resident Council-D 3:30 Helping Hands Club-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Weight Class-F 11:00 This Week in History-D 1:00 Tasting History-T 2:00 BINGO-D 3:30 Technology Class: Cellphones 101-T 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Badminton-D 10:45 Wellness Tip of the Week-D 1:00 Tea &amp; Tunes: Cher-L 2:00 WU: Butterflies-T 3:00 Butterfly Trivia-T 6:00 Walking Club-C 7:00 Sunday School-D</p>	<p>9:30 Shop &amp; Walmart 10:15 Tea Tunes: Classical Music-L 2:00 Craft Class-D 3:00 Trivia-D 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:00 Hearing Aide Cleaning-T 10:15 Badminton-D 10:45 Brain Breaks-D 2:15 Air Fryer Friday with Alysia-D 3:00 Color &amp; Create-C 6:00 Movie Night-T</p>	<p>9:30 Cocoa &amp; News-L 10:15 Cardio-D 10:45 Brain Breaks-D 2:30 Game Group-D 3:30 Social-D</p>	
<p>9:30 Cocoa &amp; News-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color &amp; Create with Ruth-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:00 Chair Yoga-T 10:30 Manicures-B 1:00 How It's Made-T 2:00 Music with Terry-D 3:00 Birthday Social-D 3:30 Helping Hands Club-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Weight Class-F 11:00 This Week in History-D 1:00 Tasting History-T 2:00 BINGO-D 3:30 Technology Class-T 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Wellness Principle of the Month: Nutrition-T 10:45 Wellness Tip of the Week-T 1:00 Tea &amp; Tunes: Whitney Houston-L 2:15 Karaoke &amp; Happy Hour-D 3:00 Game Group-C 6:00 Walking Club-C 7:00 Relief Society &amp; Priesthood-D</p>	<p>9:30 Cocoa &amp; Chat-L 10:15 Balance Class-D 10:45 Trivia-D 1:00 Shop @ Walmart 2:30 WU: Virtual Reality-T 3:00 WU: Artists Impression-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:15 Resistance Bands-F 10:45 Brain Breaks-F 1:00 Aquarium Outing 3:00 Color &amp; Create-C 6:00 Movie Night-T</p>	<p>9:30 Cocoa &amp; News-L 10:15 Cardio-D 10:45 Brain Breaks-D 2:00 BINGO-D 3:30 Social-D</p>	
<p>9:30 Cocoa &amp; News-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color &amp; Create with Ruth-C 6:00 Walking Club-C</p>	<p>9:30 Cocoa &amp; News-L 10:00 Chair Yoga-T 10:30 Manicures-B 1:00 How It's Made-T 2:00 Paint &amp; Sip-C 3:30 Helping Hands Club-C 6:00 Walking Club-C</p>	<h1>MARCH 2025</h1> <h2>Assisted Living</h2>  <p><b>SUMMIT</b> SENIOR LIVING A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup></p>		<p><b>ACTIVITY LOCATOR KEY</b></p> <p>B - Beauty Salon C - Craft Room D - Dining Room F - Fitness Room FD - Front Desk L - Library LR - Living Room T - Theater</p>		<p><b>HAPPY BIRTHDAY!</b></p> <p>Elvira P. 3/14</p>	
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