


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY BRAIN GAMES REST AND RELAX BINGO STRETCH AND STRENGTH MUSIC AND MOVEMENT JOYFUL MOVEMENT SATURDAY NIGHT FLICK 1
MORNING MINGLE LDS SACRAMENT MEETING ENERGY BURST HYMN SING A LONG COLOR AND CREATE GO TO BASKETS SOLE TO SOUL WALKING CLUB SUNDAY NIGHT MOVIE 2	MORNING MINGLE TAI CHI MANICURE MONDAY HAND MASSAGES REST AND RELAX ENERGY BURST VIRTUAL ADVENTURE JOYFUL MOVEMENT MONDAY NIGHT MOVIE 3	MORNING MINGLE BADMINTON THIS DAY IN HISTORY THINK TANK TUESDAY REST AND RELAX BRAIN GAMES ENERGY BURST WRITER'S COLLECTIVE EYE FOR ART MARDI GRA MUSIC PROGRAM MUSIC AND MOVEMENT JOYFUL MOVEMENT TUESDAY NIGHT MOVIE 4	MORNING MINGLE VOLLEYBALL THIS DAY IN HISTORY REWIND WEDNESDAY REST AND RELAX GUIDED IMAGERY STRENGTH AND BALANCE 1950'S JUKEBOX SING ALONG GAME MUSIC AND MOVEMENT ENERGY BURST WESTERN WEDNESDAY MOVIE LDS CHURCH SERVICES 5	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY THROWBACK THURSDAY REST AND RELAX BRAIN GAMES SLOW FLOW YOGA CULINARY CREATIONS: APPLES MUSIC AND MOVEMENT JOYFUL MOVEMENT THURSDAY NIGHT MOVIE 6	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY GOOD NEWS NEWS FLASH REST AND RELAX COMMUNITY LIFE COMMITTEE ARTISTRY UNLEASHED: SHAMROCKS MUSIC AND MOVEMENT JOYFUL MOVEMENT FRIDAY NIGHT FLICK 7	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY BRAIN GAMES REST AND RELAX COMBINED GAME GROUP STRETCH AND STRENGTH MUSIC AND MOVEMENT JOYFUL MOVEMENT SATURDAY NIGHT FLICK 8
MORNING MINGLE LDS SACRAMENT MEETING ENERGY BURST HYMN SING A LONG COLOR AND CREATE GO TO BASKETS SOLE TO SOUL WALKING CLUB SUNDAY NIGHT MOVIE 9	MORNING MINGLE TAI CHI MANICURE MONDAY AROMATHERAPY REST AND RELAX ENERGY BURST MUSIC WITH WAYNE JOYFUL MOVEMENT MONDAY NIGHT MOVIE 10	MORNING MINGLE BADMINTON THIS DAY IN HISTORY THINK TANK TUESDAY REST AND RELAX BRAIN GAMES ENERGY BURST WRITER'S COLLECTIVE CULINARY CREATIONS: NUTRITION AND A HEALTHY SNACK MUSIC AND MOVEMENT JOYFUL MOVEMENT TUESDAY NIGHT MOVIE 11	MORNING MINGLE VOLLEYBALL THIS DAY IN HISTORY REWIND WEDNESDAY REST AND RELAX GRATITUDE AND REFLECTION STRENGTH AND BALANCE CEREAL TASTING JUKEBOX SING A LONG MUSIC AND MOVEMENT ENERGY BURST WESTERN WEDNESDAY MOVIE LDS CHURCH SERVICES 12	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY THROWBACK THURSDAY REST AND RELAX BRAIN GAMES SLOW FLOW YOGA MUSIC WITH HEART AND SOUL ST. PATRICK DAY COOKIE DECORATING MUSIC AND MOVEMENT JOYFUL MOVEMENT THURSDAY NIGHT MOVIE 13	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY GOOD NEWS NEWS FLASH REST AND RELAX WU: LIVES WELL LIVED TRAVEL FRIDAY: IRELAND CULINARY CREATIONS POTATO CAKES: MUSIC AND MOVEMENT JOYFUL MOVEMENT FRIDAY NIGHT FLICK 14	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY BRAIN GAMES REST AND RELAX ST. PATRICK DAY BINGO STRETCH AND STRENGTH MUSIC AND MOVEMENT JOYFUL MOVEMENT SATURDAY NIGHT FLICK 15
MORNING MINGLE LDS SACRAMENT MEETING ENERGY BURST HYMN SING A LONG COLOR AND CREATE GO TO BASKETS SOLE TO SOUL WALKING CLUB SUNDAY NIGHT MOVIE 16	MORNING MINGLE TAI CHI MANICURE MONDAY HAND MASSAGES REST AND RELAX ENERGY BURST VIRTUAL TRIP DOWN MEMORY LANE JOYFUL MOVEMENT MONDAY NIGHT MOVIE 17	MORNING MINGLE BADMINTON THIS DAY IN HISTORY THINK TANK TUESDAY REST AND RELAX BRAIN GAMES ENERGY BURST WRITER'S COLLECTIVE BOWLING MUSIC AND MOVEMENT JOYFUL MOVEMENT TUESDAY NIGHT MOVIE 18	MORNING MINGLE VOLLEYBALL THIS DAY IN HISTORY REWIND WEDNESDAY REST AND RELAX GUIDED IMAGERY STRENGTH AND BALANCE SCENT GUESSING JUKEBOX SING A LONG MUSIC AND MOVEMENT ENERGY BURST WESTERN WEDNESDAY MOVIE LDS CHURCH SERVICES 19	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY THROWBACK THURSDAY REST AND RELAX SLOW FLOW YOGA ARTISTRY UNLEASHED: EASTER BRAIN GAMES: TRIVIA MUSIC AND MOVEMENT JOYFUL MOVEMENT THURSDAY NIGHT MOVIE 20	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY GOOD NEWS NEWS FLASH REST AND RELAX SERVICE CIRCLES CULINARY CREATIONS: AIR FRYER FRIDAY MUSIC AND MOVEMENT JOYFUL MOVEMENT FRIDAY NIGHT FLICK 21	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY BRAIN GAMES REST AND RELAX COMBINED GAME GROUP STRETCH AND STRENGTH MUSIC AND MOVEMENT JOYFUL MOVEMENT SATURDAY NIGHT FLICK 22
MORNING MINGLE LDS SACRAMENT MEETING ENERGY BURST HYMN SING A LONG COLOR AND CREATE GO TO BASKETS SOLE TO SOUL WALKING CLUB SUNDAY NIGHT MOVIE 23	MORNING MINGLE TAI CHI MANICURE MONDAY AROMATHERAPY REST AND RELAX ENERGY BURST MUSIC WITH TERRY JOYFUL MOVEMENT MONDAY NIGHT MOVIE 24	MORNING MINGLE BADMINTON THIS DAY IN HISTORY THINK TANK TUESDAY REST AND RELAX BRAIN GAMES ENERGY BURST WRITER'S COLLECTIVE MUSIC AND MOVEMENT JOYFUL MOVEMENT TUESDAY NIGHT MOVIE 25	MORNING MINGLE VOLLEYBALL THIS DAY IN HISTORY REWIND WEDNESDAY REST AND RELAX GRATITUDE AND REFLECTION STRENGTH AND BALANCE SCIENCE WITH SENIORS JUKEBOX SING A LONG MUSIC AND MOVEMENT ENERGY BURST WESTERN WEDNESDAY MOVIE LDS CHURCH SERVICES 26	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY THROWBACK THURSDAY REST AND RELAX BRAIN GAMES SLOW FLOW YOGA FAMILY SOCIAL MUSIC AND MOVEMENT JOYFUL MOVEMENT THURSDAY NIGHT MOVIE 27	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY GOOD NEWS NEWS FLASH REST AND RELAX WU: PERSON OF INTEREST: JULIA CHILD BIRTHDAY BASH MUSIC AND MOVEMENT JOYFUL MOVEMENT FRIDAY NIGHT FLICK 28	MORNING MINGLE ENERGY BURST THIS DAY IN HISTORY BRAIN GAMES REST AND RELAX STRETCH AND STRENGTH MUSICAL BINGO MUSIC AND MOVEMENT JOYFUL MOVEMENT SATURDAY NIGHT FLICK 29
MORNING MINGLE LDS SACRAMENT MEETING ENERGY BURST HYMN SING A LONG COLOR AND CREATE GO TO BASKETS SOLE TO SOUL WALKING CLUB SUNDAY NIGHT MOVIE 30	MORNING MINGLE TAI CHI MANICURE MONDAY HAND MASSAGES REST AND RELAX ENERGY BURST VIRTUAL ROAD TRIPPERS JOYFUL MOVEMENT MONDAY NIGHT MOVIE 31	<h1>MARCH 2025</h1> <h2>PREMA MEMORY CARE</h2>  <p>SUMMIT SENIOR LIVING A WATERMARK RETIREMENT COMMUNITYSM</p>		ACTIVITY LOCATOR KEY BODY COMMUNITY SPIRIT MIND	<h3>MARCH BIRTHDAYS</h3> <p>IONA A. 3/31 SHELLY R. 3/31</p>	