


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
EXERCISE - DARK RED MUSIC - PURPLE SPIRITUAL/THERAPEUTIC - BLUE ARTS & CRAFTS - DARK ORANGE EDUCATION/SOCIAL - BLACK VOCATIONAL - TEAL TRIPS - GREEN HEALTH - PINK	Watermark University classes, taught by a live instructor & are indicated by an *	Please check channel 591 daily for updates from various departments, including daily program schedules	NEW: Cooking Class w/ Juliet - 26th	New Thursday series: The Irish Identity: Independence, History & Literature	New Saturday series: Real Zen for Real Life	10:25 Mission Meet Up - LR 10:30 Pool Noodle Fitness- LR 11:15 Brain Game: Word Magic - LR 1:00 Great Courses Series: Real Zen for Real Life - 591 2:00 Saturday Cinema w/ Popcorn & Soda: Smart House - 591, LR 4:00 Intergenerational Piano Sing-along w/ Judith - LR	
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 1:45 Trip: Rhinebeck Performing Arts: Mousetrap 2:00 Film: Unstoppable - 591, LR	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun - LR 11:00 Brain Game: Word Wow!- LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 2:00 Doc: Hidden Ireland - 591 3:00 Gordon George Concert - LR 7:00 Film: Contact - LR, 591	10:25 Mission Meet Up- LR 10:30 Chair Yoga* - LR 11:00 PT Walker Clinic - LR 11:30 Inventions Series- AL 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR	ASH WEDNESDAY 10:00 Catholic Service - LR 11:15 Crafts w/ Reagan & Jess: Shamrock Decorations - LR 2:00 Episcopal Service - AL 3:00 Joe & Gabrielle Tranchina New Orleans Carnival Concert - A	10:00 WU Equine Therapy - LR 11:00 This Date in History* - LR 11:30 Doc: Irish Identity - 591 2:00 Hedbanz - LR 2:00 Art History w/ Ellen* Frank Lloyd Wright part 1 - A 3:30 Art History Discussion* - AR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* - Inn 6:30 Game Night w/Amber - UL	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:00 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave & Jess: Shamrock Suncatchers- LR 4:00 Shabbat Shalom - PDR	10:25 Mission Meet Up - LR 10:30 Pool Noodle Fitness- LR 11:15 Brain Game: Word Magic - LR 1:00 Great Courses Series: Real Zen for Real Life - 591 2:00 Saturday Cinema w/ Popcorn: Clue - 591, LR 4:00 Intergenerational Piano Sing-along w/ Judith - LR	
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: My Fair Lady - 591, LR 2:30 Team Game: Hedbanz - UL	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun - LR 11:00 Brain Game: Word Wow!- LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Grandpa Joe's Band - LR 7:00 Film: Quintessentially Irish - LR, 591	10:25 Mission Meet Up- LR 10:30 Chair Yoga* - LR 11:00 Brain Games: St. Patrick's Day think fast - LR 11:30 Inventions Series- AL 12:15 Irish Theme Lunch - DR 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR 4:00 Deb's Update Meeting - A	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:15 St. Patrick's Day Trivia LR 2:00 Active Aging Seminar w/ Sarah: Nourish to Flourish* - AL 2:15 Parachute Fun! - LR 3:00 FMRA General Meeting w/ Chapel History - All are Welcome - AL	11:00 This Date in History* LR 11:30 Doc. Series: Irish Identity - 591 2:00 Lucky Bingo - LR 2:00 Art History w/ Ellen* Frank Lloyd Wright part 2 - A 3:30 Art History Discussion* AR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* LR	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:00 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave* & Jess: Card Making- LR 4:00 Shabbat Shalom - PDR	10:25 Mission Meet Up - LR 10:30 Pool Noodle Fitness- LR 11:15 Brain Game: Word Magic - LR 1:00 Great Courses Series: Real Zen for Real Life - 591 2:00 Saturday Cinema w/ Popcorn: Then She Found Me - 591, LR 4:00 Intergenerational Piano Sing-along w/ Judith - LR	
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: Something the Lord Made - 591, LR 2:30 Team Game : St.Pattys Bingo - UL	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun - LR 11:00 Brain Game: Brain Teasers!- LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 St. Patty's Day Concert w/ Frankie Keene- A 7:00 Film: Waking Ned Divine - LR, 591	10:25 Mission Meet Up- LR 10:30 Chair Yoga* - LR 11:00 Brain Games - LR 11:30 Lunch Trip: Four Brothers in Dover 11:30 Inventions Series- AL 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR	8:15 Special Breakfast - DR 10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:15 Pictionary- LR 2:00 Saxophone Name That Tune - LR 3:00 Famous Felines - LR	11:00 This Date in History* LR 11:30 Doc. Series: Irish Identity - 591 2:00 Cornhole- LR 2:30 Art Opening: Barbara Braun- AG 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* LR	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:00 Singalong w/ Donna* LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave & Jess: Beautiful Spring Tree - LR 3:15 Manicures w/ Brittney LR 4:00 Shabbat Shalom - PDR	10:25 Mission Meet Up - LR 10:30 Pool Noodle Fitness- LR 11:15 Brain Game: Word Magic - LR 1:00 Great Courses Series: Real Zen for Real Life - 591 2:00 Saturday Cinema w/ Popcorn & Soda: Fanny - 591, LR 4:00 Intergenerational Piano Sing-along w/ Judith - LR	
10:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Film: The Return - 591, LR	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun - LR 11:00 Brain Game: Word Wow!- LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Scrabble - LR 3:00 Opera Part 1: Turandot by Puccini* - A 3:00 Gloria's Line Dancers - LR 7:00 Film: O Brother, Where Art Thou? - LR, 591	10:25 Mission Meet Up- LR 10:30 Chair Yoga* - LR 11:00 Brain Games: Idioms- LR 11:30 Inventions Series- AL 2:00 Wii Bowling - LR 2:30 Raegan's Rounds - Apt. Visits 3:30 Art w/ Ellen* - LR 4:15 Edwin's Prayer Group* - AL	10:25 Mission Meet Up - LR 10:30 Fitness First!* - LR 11:00 Resident Council - LR 1:00 Streamed Concert: Celtic Woman: Destiny - 591, AL 2:00 Cooking Class w/ Juliet* - DR 3:00 Opera part 2: Turandot by Puccini* - A	11:00 This Date in History* LR 11:30 Doc. Series: Irish Identity - 591 2:00 Ping Pong - LR 2:00 Art History w/ Ellen* - A 3:30 Art History Discussion* - AR 3:30 Catholic Communion - LR 3:45 Bible Study w/ Kyle* LR 5:00 Birthday Dinner - PDR	10:25 Mission Meet Up - LR 10:30 Rehab Workout* - LR 11:00 Singalong w/ Donna* - LR 1:00 Philosophy Series: AL, 591 2:00 Team Trivia Pursuit - AL 2:00 Projects w/ Dave & Jess: Mandala Wind Chimes* - LR 3:30- Wine & Cheese Happy Hour- LR 4:00 Shabbat Shalom - PDR	10:25 Mission Meet Up - LR 10:30 Pool Noodle Fitness- LR 11:15 Brain Game: Word Magic - LR 1:00 Great Courses Series: Real Zen for Real Life - 591 2:00 Saturday Cinema w/ Popcorn & Soda: Nell - 591, LR 4:00 Intergenerational Piano Sing-along w/ Judith - LR	
9:30 Church Trip 10:00 Catholic Mass - LR, 591 10:30 Fitness w/Raegan- LR 11:00 Coffee/Pastry Social - LR 11:15 Good News Network - LR 2:00 Foreign Film: Amarcord - 591, LR 2:30 Team Game: Smart Alec - UL	10:25 Mission Meet Up - LR 10:30 Fab, Fit & Fun - LR 11:00 Brain Game: Old Wives tales- LR 1:30 Knit/Crochet w/ Jen* - UL 2:00 Music Appreciation: The History Of Irish Music - LR 3:00 Scrabble - LR 7:00 Film: Conclave - LR, 591	<h1>MARCH 2025</h1> <h2>INN</h2>  THE FOUNTAINS AT MILLBROOK A WATERMARK RETIREMENT COMMUNITY SM		ACTIVITY LOCATOR KEY Your Community Life Team: Lisa Rieckermann, Director Jennifer Bourque, Associate Raegan Haege, Associate Jessica Kaufman, Associate 845-905-8102		A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room L - Library LOB - Main Lobby LR - Living Room at the Inn	NL - North Lounge PDR - Private Dining Room UL - Upper Lobby