


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		**All Activities are Subject to Change  All Outings are Weather Permitting**	March Madness Bracket Challenge!  March 17th-19th Come find George to compete in the games!	<b>March Birthdays:</b>  <b>Beth G. 2nd</b> <b>Mary T. 3rd</b> <b>Lois C. 20th</b> <b>Catherine A. 22nd</b> <b>Frances C. 30th</b>	<b>Entertainment:</b>  <b>Total Sound - 3rd Birthday Party- 12th</b> <b>Pub Crawl- 17th</b> <b>Mike Sidoti- 27th</b>	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L	
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:00pm Movie Night L	10:00am Chair Yoga L 11:00am Pamper and Polish L 1:30pm Blackjack L <b>2:30p WU: All about New Jersey L</b> 3:30pm Mocktail Monday L 6:00pm Sensory Room Strolls L	10:00am Total Body Workout L 11:00am Word Games L 1:30pm UNO L <b>2:30pm Music Therapy W/ Katie L</b> 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00am Bible study with Anne and Tony L 11:00am Balance and Mobility L 1:30pm Bingo L 2:30pm Popcorn and Trivia L 3:30pm Total Body Workout L 6:00pm Sensory room strolls SR	10:00am Stretch and Flex L 11:00am Trivia Teasers L 11:30am Sing a Long L 1:30pm UNO L 2:30pm Name that Tune L 3:30pm Memory Madness L 6:00pm Creative Coloring L	10:00am Balance and Mobility L 11:00am Weekly News L 11:30am Finish the Phrase L <b>12:00pm Pizza Luncheon DR</b> <b>1:30pm WU: History of the Peace</b> 2:30pm Functional Fitness L 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Free Draw L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L	
2	3	4	5	6	7	8	
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Chair Yoga L 11:00am Irish Craft L 1:30p Whiteboard Word Games L 2:30pm Balance and Mobility L 3:30pm Milkshake Monday L 6:00pm Sensory Room Strolls SR	10:00am Total Body Workout L 11:00a Applesseed Board Game L 1:30pm Craft Corner L <b>2:30pm Music Therapy W/ Katie L</b> 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00 Balance and Mobility L 11:00am Whiteboard Games L <b>1:30 WU: Travel to Ireland W/ Beth GA</b> 1:30pm Muscial Memory Lane L <b>3:00pm March Birthday Party GA</b> 4:00pm Hot Coco and Chat L 6:00pm Sensory room strolls SR	10:00am Noodlecise L 11:00am St. Pattys Craft L 11:30a Laughing w/ Limmericks L 1:30 Irish Trivia L 2:30pm Memory Madness L 3:30pm Balance and Mobility L 6:00pm Creative Coloring L	10:00am Balance and Mobility L 11:00am Weekly News L 11:30am Puzzling L <b>1:30pm Bus Trip: Scenic Drive</b> 2:00pm Cathletic Mass GVC 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L	
9	10	11	12	13	14	15	
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:00pm Movie Night L	10:00am Chair Yoga L <b>11:00am Pub Crawl GA</b> 2:30pm Foam Craft L <b>3:00p WU: St. Pattys Day History L</b> 4:00pm Mocktail Monday L 6:00pm Sensory Room Strolls L	10:00am Total Body Workout L 11:00am Pamper and Polish L 1:30pm Craft Corner L <b>2:30pm Music Therapy W/ Katie L</b> 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00am Bible study with Anne and Tony L 11:00am Balance and Mobility L 1:30pm Bingo L <b>2:30pm WU: Bull Shark L</b> 3:30pm Blackjack L 6:00pm Sensory room strolls SR	10:00am Stretch and Flex L 11:00am Craft Corner L 11:30am Sing a Long L 1:30pm UNO L 2:30pm Memory Madness L 3:30pm Balance and Mobility L 6:00pm Creative Coloring L	10:00am Workout with Wendy L 11:00am Weekly News L 11:30am Sing A Long L <b>12:00pm Sub Luncheon</b> <b>1:30pm WU: Yuri Gagarin L</b> 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L <b>3:00pm Finger lakes Opera GA</b> 6:00pm Creative Coloring L	
16	17	18	19	20	21	22	
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Chair Yoga L 11:00am Guess that Slogan L 11:30am Trivia L 1:30pm Left Right Center L <b>2:30pm WU: All About Colorado L</b> 3:30pm Milkshake Monday L 6:00pm Sensory Room Strolls SR	10:00am Total Body Workout L 11:00 Water Color Painting L 1:30 UNO L <b>2:30pm Music Therapy W/ Katie L</b> 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00pm Balance and Mobility L 11:00am Whiteboard Games L <b>1:30pm WU: Harriet Tubman w/ Rosemary GA</b> 1:30pm Muscial Memory Lane L 2:30pm Bingo L 3:30pm Memory Madness L 6:00pm Sensory room strolls SR	10:00am Move and Groove L 11:00am Rhyme Time L <b>11:30am WU: Frank Sinatra L</b> 1:30pm Craft Corner L 2:30 Mind Games L 3:30 Balance and Mobility L 6:00pm Creative Coloring L	10:00am Movie Popcorn and Lemonade L <b>1:30pm Bus Trip: Conservatory</b> 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Free Draw L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L	
23	24	25	26	27	28	29	
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Chair Yoga L 11:00am Read Aloud Stories L 1:30pm Left Right center L <b>2:30pm WU: Mountain Lion L</b> 3:30pm Mocktail Monday L 6:00pm Sensory Room Strolls L	<h1>MARCH 2025</h1> <h2>The Gardens</h2>  <p>LEGACY AT GRANDE VIE A WATERMARK RETIREMENT COMMUNITY</p>		<b>ACTIVITY LOCATOR KEY</b>  GA- Grande Vie Activities WU- Watermark University CY- Courtyard SR- Sensory Room DR- Dining Room L- Lounge GVC- Grande Vie Chapel		<b>With any questions please reach out to:</b>  <b>George Kimball</b> <b>Community Life Director</b> <b>(585) 381-0680</b> <b>Ext. 1118</b> <b>gkimball@watermarkcommunities.com</b>	
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