| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|---|---|---|
| All Activities Are Subject to Change | | | In March, we focus on the essential principle of Nutrition, part of the 360Well Circle of Body. Thoughtful nutrition choices are key to overall well-being, impacting the mind, body, spirit, and community. This month, let's celebrate whole foods that showcase the best of what nature has to offer. Nutrition is all about making informed choices that boost your health and enhance your quality of life. Join us in exploring the joy of nutritious eating and discovering the profound impact it can have on your overall well-being. | | | 8:30 Philly News & Coffee (BR) 9:30 Chair Exercise Class (CL) 10:30 Weekly Trivia with Angie (CL) 11:30 Walking Group with Angie (MIL) 2:00 Roe Durkin's Movie - Leap Year (TH) 2:00 WU: 360 Well Program - Nutrition with Angie (CL) 3:00 Girl Scout Cookie Bingo w/Angie (CL) 7:00 Music Program of Andre Rieu (CL) 8:00 Saturday Night Movie (TH) |
| 8:00 Morning News & Coffee (BR) 9:00 Communion W/Nativity Church (CL) 10:00 Exercise Class with Angie (CL) 11:00 Weekend Discussion with Angie (CL) 1:30 Walking Group w/Angie (MIL) 2:00 Movie Matinee (TH) 2:30 You Be the Judge with Angie (CL) 3:00 WU - Bible Study Class with Angie (CL) 4:00 Billiards (GR) 7:00 Evening Movie (CL) | 8:00 World News & Coffee (BR) 9:15 Exercise Around the World (CL) 10:00 Scenic Drive w/Jack & Susie (SU) 10:30 World Highlights (CL) 11:00 Rummy Cube & UNO (CL) 1:30 Puzzles to Improve Your Mind (BR) 2:00 WU- Play & Learn Black Jack &/or Texas Holdem' Poker w/Karl (BR) 2:00 Fitness Class with Jess (CL) 3:00 Boggle w/Susie (BR) 3:00 Painting Class (CL) 7:00 Rosary with Nativity Church (CL) | 8:00 Morning News & Coffee (BR) 9:15 Chair Exercise Class (CL) 9:30 Shopping Trip to Acme (Sign-up) 10:30 Morning Discussion W/Susie (CL) 2:00 Rummy Cube (GR) 2:00 Dart Competition (GR) 3:00 WU - Meet Juliette Gordon Low (CL) 3:00 Wii Bowling (TH) 6:30 Themed Hangman w/Angie (CL) 7:30 You Be the Judge w/Angie (CL) 8:00 Evening Movie (CL) | Ash Wednesday 9:15 Morning Exercise Class (CL) 10:00 Giving Ashes (CL) 10:30 Card Shark & Dominoes (CL) 11:00 Magnetism (CL) 2:00 Catholic Mass with Father Bell (CL) 2:00 Land Girls (TH) 3:00 WU: Arts & Crafts with Karen (CL) 3:00 Wii Bowling (CL) 3:00 Rummy Cube (BR) 4:00 Puzzles Time (CL) | 8:00 News & Coffee Club (BR) 9:15 Exercise Class (CL) 10:30 Reminiscing w/Susie (CL) 1:30 Trip to Pinball Gallery (Sign-up) 1:30 Scrabble (BR) 2:00 Relaxing with Painting Class (CL) 2:00 Movie Matinee (TH) 3:00 Happy & Social Hour w/Susie (CL) 4:00 Billiards (GR) 6:30 Rosary with Helen (CL) 7:00 WU - Lives of the Saints (CL) 7:30 Hymns We Know & Love w/Helen (C | 8:00 Good Morning News & Coffee (BR) 9:15 Exercise Essentials (CL) 10:15 Sing Along (CL) 11:00 Mexican Train Dominoes (CL) 1:30 Scrabble (BR) 2:00 Movie Matinee (TH) 2:00 Dart/Axe Throwing (GR) 3:00 Music Program w/Philly Cuzz (CL) 4:00 Walking Club (MIL) 7:00 WU - Mrs. Blair's Classic Movie Meet John Doe (CL) | 8:30 Philly News & Coffee (BR) 9:30 Chair Exercise Class (CL) 10:30 Trivia with Susie (CL) 11:00 Group Discussion with Susie (CL) 1:30 Walking Group (MIL) 2:00 Roe Durkin's Movie - The Last Legion (TH) 2:00 Wii Bowling (CL) 3:00 Word Games for the Mind w/Susie (CL) 4:00 Dart Competition (GR) 7:00 Music Program of Andre Rieu (CL) 8:00 Evening Movie (CL) Please turn your clocks ahead one hour |
| Daylight Saving Time begins 8:00 Morning News & Coffee (BR) 9:00 Communion W/Nativity Church (CL) 10:00 Exercise Class (CL) 11:00 Dominoes with Susie (CL) 1:30 Walking Group (MIL) 2:00 WU - Ponds & Rivers (TH) 2:30 UNO with Susie (CL) 3:00 WU - Daylight Saving Time with Susie (CL) 4:00 Darts & Billiards (GR) 7:00 Oscars (CL) | 8:00 Philly News & Coffee (BR) 9:15 Exercise Around the World (CL) 10:00 Scenic Drive w/Jack & Susie (SU) 11:00 Sing Along (CL) 12:30 Line Dancing at Redwood (Sign-up) 2:00 Movie Matinee (TH) 2:00 Fitness Class w/Jess (CL) 3:00 WU - 1960's with Susie (CL) 3:00 Rummy Cube (BR) 4:00 Monday's Puzzles (CL) 7:00 Rosary with Nativity Church (CL) | 8:00 Morning News & Coffee (BR) 9:30 Chair Exercise Class (CL) 10:00 Monthly Puzzles (CL) 2:00 Movie Matinee (TH) 2:00 Billiards/Dart Game (GR) 2:00 Wii Sports (CL) 3:00 WU - Healthy Heart Lecture with Kathleen (CL) 3:00 Playing Cards (Blackjack/Rummy) (BR) 6:30 Spelling Bee w/Angie (CL) 7:30 You Be the Judge w/Angie (CL) | 8:00 Morning News & Coffee (BR) 9:15 Movin' & Groovin' Exercise Class (CL) 10:30 WU: Painting Class w/Karen (CL) 11:00 Cranium Crunches (CL) 2:00 Rummy Cube (BR) 2:00 WU - Baseball Class with Mike (CL) 3:00 Playing 31 Card Game, Bring \$2 (CL) 3:00 A Tour of Ireland (TH) 4:00 Axe & Dart Throwing (GR) 6:30 Candy Bingo with Ellen (CL) 7:30 Evening Movie (CL) | 8:00 News & Coffee Club (BR) 9:15 Exercise Class (CL) 10:30 Trivia w/Susie (CL) 11:15 Lunch Trip to Erin's Pub (Sign-up) 1:30 Scrabble (BR) 2:00 Relaxing with Painting Class (CL) 2:00 Movie Matinee (TH) 3:00 Happy & Social Hour w/Susie (CL) 4:00 Billiards (GR) 6:30 Rosary with Helen (CL) 7:00 WU - Lives of the Saints (CL) 7:30 Hymns We Know & Love w/Helen | 8:00 Good Morning News & Coffee (BR) 9:15 Exercise Essentials (CL) 10:30 Boggle with Susie (CL) 11:00 Mexican Train Dominoes (CL) 1:30 VR Adventures (CL) 2:00 Dart & Billiards (GR) 2:00 Cool Cards of the 50's (TH) 3:00 Music Show with Debbie Feeser (CL) 3:00 Chess (BR) 7:00 WU - Mrs. Blair's Classic Movies - The Daughter of Rosie O'Grady (CL 14 | 9:30 Chair Exercise Class w/Angie (CL) 10:30 Family Feud with Angie (CL) 11:30 Trivia with Angie (CL) 1:30 Walking Club with Angie (MIL) 2:00 Roe Durkin's Movie - Just Like Heaven (TH) 2:30 Uno Card Game (BR) 3:00 St. Patty's Event with McDade-Cara School of Irish Dance (CL) 7:00 Music Program of Andre Rieu (CL) 8:00 Evening Movie (CL) |
| 8:00 Morning News & Coffee (BR) 9:00 Communion w/Nativity Church (CL) 10:00 Exercise Class (CL) 11:00 Brainteasers & Discussion w/Angie (CL) 2:00 Billiards (GR) 2:00 Scrabble on Sunday w/Angie (CL) 3:00 WU - Bible Study Class with Angie (CL) 3:00 The Irish Country House (TH) 4:00 Darts (GR) 4:00 Crossword Puzzle (CL) 7:00 Movie Night (CL) | 9:15 Exercise Around the World (CL) 10:00 Scenic Drive w/Jack (Sing-up) 11:00 Sing Along (CL) 2:00 The Quiet Man Movie (TH) 2:00 Fitness Class with Jess (CL) 2:00 Magnetism (BR) 3:00 WU: History of St. Patrick's Day with Susie (CL) 3:00 Mexican Train (BR) Special St. Patty's Day Menu for Dinner 7:00 Rosary with Nativity Church (CL) | 8:00 Morning News & Coffee (BR) 9:30 Chair Exercise Class (CL) 9:30 Shopping Trip to ACME (Sign-up) 10:00 Monthly Puzzles (CL) 2:00 Movie Matinee (TH) 2:00 Billiards/Dart Game (GR) 2:00 WU - Ceramics Class with Liz (CL) 3:00 Playing Cards (Blackjack/Rummy) (BR) 4:00 Mind Puzzles (CL) 6:30 Hangman w/Angie (CL) 7:30 Trivia w/Angie (CL) | 8:00 World News & Coffee (BR) 9:15 Morning Exercise Class (CL) 10:15 Wii Bowling with Karen (CL) 11:00 Sing Along (CL) 2:00 Wii Bowling (CL) 2:00 Magnetism Game (BR) 3:00 WU - The Life of Andrew Wyeth W/Karen (CL) 3:00 Rummy Cube (BR) 4:00 Puzzles Time (CL) 6:30 Bingo with Ellen (CL) 7:30 Evening Movie (CL) | Spring Begins 9:15 Fitness Fun (BR) 10:15 Sharing with Our Neighbors (BR) 11:00 Magic Show & Lunch Trip to Lancaster/Magic & Wonder Theater (SU) 2:00 Magnetism (BR) 2:00 The Bells of St. Mary's (TH) 3:00 Happy & Social Hour w/Susie (CL) 3:00 Billiards in the Game Room 2nd Floor 6:30 Rosary with Helen (CL) 7:00 WU - Lives of the Saints (CL) | 8:00 Good Morning News & Coffee (BR) 9:15 Exercise Essentials (CL) 10:30 Boggle with Susie (CL) 11:00 Mexican Train Dominoes (CL) 1:45 VR Adventures (CL) 2:00 Movie Matinee (TH) 2:00 Adult Coloring Class (BR) 2:00 Dart Game (GR) 3:00 Music Show with Chris Cross (CL) 3:00 Crosswords (BR) 7:00 WU - Mrs. Blair's Classic Movies - The Phantom of the Opera (CL) | 9:30 Chair Exercise Workout (CL) 10:30 Trivia w/Susie (CL) 11:00 Weekly Puzzles (CL) 1:30 Walking Club (MIL) 2:00 Wii Sports (CL) 2:00 Roe Durkin's Movie - Dreamscape (TH) 3:00 Bingo with Susie (CL) 3:00 Scrabble (BR) 4:00 Playing Cards (CL) 7:00 Music Show of Andre Rieu (CL) |
| 8:00 Morning News & Coffee (BR) 9:00 Communion W/Nativity Church (CL) 10:00 Exercise Class (CL) 11:00 Current Events & Chat with Susie (CL) 1:30 Walking Group (MIL) 2:00 Movie Matinee (TH) 2:00 WU: America's Greatest Monuments (CL) 3:00 Sunday Bingo w/Susie (CL) 3:00 Billiards & Darts (GR) 4:00 Scrawl (CL) 7:00 Evening Movie Night (CL) | 8:00 Philly News & Coffee (BR) 9:15 Exercise Around the World (CL) 10:00 Scenic Drive w/Jack & Susie (SU) 11:00 Sing Along (CL) 2:00 Movie Matinee (TH) 2:00 Fitness Class with Jess (CL) 3:00 WU - Parades, Parties & Picnics with Susie (CL) 3:00 Boggle (BR) 4:00 Monday's Puzzles (CL) 7:00 Rosary with Nativity Church (CL) | 8:00 Morning News & Coffee (BR) 9:30 Chair Exercise Class (CL) 10:30 Monthly Puzzles (CL) 2:00 Movie Matinee (TH) 2:00 Billiards/Dart Game (GR) 3:00 Painting Class (CL) 3:00 Playing Cards (Blackjack/Rummy (BR) 4:00 Wii Sports (CL) 6:30 Themed Hangman with Angie (CL) 7:30 Movie Trivia with Angie (CL) 8:00 Evening Movie (CL) | 8:00 World News & Coffee (BR) 9:15 Morning Exercise Class (CL) 10:30 Card Sharks (CL) 11:00 Wii Sports (CL) 2:00 WU: Ballroom Dance Class with Gene (CL) 2:00 Land Girls (TH) 3:00 WU - A Portrait of George Weymouth (CL) 3:00 Adult Coloring Class (BR) 4:00 Puzzle Time (CL) 6:30 Bingo with Ellen (CL) 7:30 Evening Movie (CL) | 8:00 News & Coffee Club (BR) 9:15 Exercise Class (CL) 10:30 Resident Choice w/Susie (CL) 12:30 WU - Mural Arts Tour of Philadelphia (Sign-up) 2:00 Scrabble (BR) 2:00 Movie Matinee (TH) 3:00 Happy & Social Hour w/Susie (CL) 4:00 Chess (BR) 6:30 Rosary with Helen (CL) 7:00 WU - Lives of the Saints (CL) 7:30 Hymns We Know & Love w/Helen (CL) | 8:00 Good Morning News & Coffee (BR) 9:15 Exercise Essentials (CL) 10:00 Triominos with Susie (CL) 10:30 Card Sharks (CL) 11:00 Trivia with Susie (CL) 2:00 WU - Butterfly & Moths (TH) 2:00 Springtime Puzzle (BR) 3:00 Music Social with Joe & Flo (CL) 3:00 Crosswords (BR) 4:00 Walking Group (MIL) 7:00 WU - Mrs. Blair's Classic Movies The Godfather (CL) | 8:30 Philly News & Coffee (BR) 9:30 Chair Exercise Class (CL) 10:30 Weekly Trivia with Angie (CL) 11:00 Family Feud with Angie (CL) 1:30 Walking Group with Angie (MIL) 2:00 Roe Durkin's Movie - Dave (TH) 2:00 Rummikub & Scrabble (CL) 3:00 WU - Cooking Class with Angie (CL) 7:00 Music Program od Andre Rieu (CL) 8:00 Saturday Night Movie (CL) |
| 8:00 Morning News & Coffee (BR) 9:00 Communion W/Nativity Church (CL) 10:00 Exercise Class with Angie (CL) 11:00 Brainteasers with Angie (CL) 1:30 Walking Group w/Angie (MIL) 2:00 Movie Matinee (TH) 2:30 You Be the Judge with Angie (CL) 3:00 WU - Bible Study Class with Angie (CL) 4:00 Billiards (GR) 7:00 Evening Movie (CL) | 8:00 World News & Coffee (BR) 9:15 Exercise Around the World (CL) 10:00 Scenic Drive w/Jack & Susie (SU) 10:30 Resident Council Meeting (CL) 11:00 Rummy Cube & UNO (CL) 1:30 Puzzles to Improve Your Mind (BR) 2:00 Trivia with Susie (BR) 2:00 Fitness Class with Jess (CL) 3:05 Phillies Opening Game (CL) 4:00 Walking Club (MIL) 7:00 Rosary with Nativity Church (CL) | MARCH Personal ROSE TREE | Care | ACTIVITY LOCATOR KEY | WU - Watermark University Class SU - Sign-up w/Community Life Associate CL - Community Life Room TH - Theater Room - 3rd Floor GR - Game Room 2nd Floor | BR- Bistro - 1st Floor MIL - Meet in Lobby P - Pathways Neighborhood |