

# March 2025

Happy Birthday  
Robin Fulmer 03/10  
Bobbi McGillis 03/22

Coastal Seniors Water Classes begin March 17th @ 10:00

A WATERMARK RETIREMENT COMMUNITY®

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>10:00 Livestream Haynes Barton, North Carolina Service (T)</li> <li>1:00 5 Crowns Card Game (RL)</li> <li>1:00 Bridge (GC)</li> <li>2:00 Sunday Matinee: An Affair to Remember (SR)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Balance (V)</li> <li>10:00 Publix Run</li> <li>11:30 Bookmobile Visit</li> <li>1:00 Bridge (GC)</li> <li>1:00 Rummikub (BR)</li> <li>2:00 Standing Strong Follow-Along (B)</li> <li>2:30 Canasta (BR)</li> <li>3:00 Corn hole on the Pool Deck (PD)</li> <li>4:00 Mix it up Monday Happy Hour (TB)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Chair Sit-to-Fit (BS)</li> <li>10:00 Quirky with Quirkle for the Brain (BR)</li> <li>11:00 Fat Tuesday Party</li> <li>11:30 15 min Guided Meditation for Positivity (T)</li> <li>12:00 Guided Fitness (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Senior Scattergories Showdown (BR)</li> <li>2:00 Creative Seaglass with Thalia (CR)</li> <li>2:30 Canasta (BR)</li> <li>3:30 Chair Stretch video (H)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Morning Stretch (BS)</li> <li>10:00 Mexican Train Dominoes (BR)</li> <li>11:00 Hand and Foot Card Game (BR)</li> <li>11:00 Neighborhood Walk (L)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Kings in the Corner (PD)</li> <li>2:00 Mat Stretching (V)</li> <li>2:30 Movie: Atlantic City 1980 (SR)</li> <li>3:00 Line Dancing (FS)</li> <li>3:30 Family Feud (BR)</li> <li>4:00 Trivia Happy Hour (BA)</li> </ul>	<ul style="list-style-type: none"> <li>8:00 Nature Walk (LR)</li> <li>9:00 Body Balance (V)</li> <li>10:00 Blokus Brain Cafe' Game (BR)</li> <li>11:00 Sequence Game (GP)</li> <li>11:30 Shades Bar and Grill Lunch</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Bridge (GC)</li> <li>1:30 Left, Right, and Center (BR)</li> <li>2:00 Chair Strength (FR)</li> <li>3:00 Bocce Ball (PD)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Senior Circuit (BS)</li> <li>10:00 Beach Walk</li> <li>1:00 Bridge (GC)</li> <li>1:00 Fun with Farkle Dice Game (TBR)</li> <li>2:00 Intro to Mah-Jang (BR)</li> <li>3:00 Tai Chi (T)</li> <li>4:00 Happy Hour at the Bar (BA)</li> </ul>	<ul style="list-style-type: none"> <li>10:30 Emerald Coast Cruizin Car Show</li> <li>11:15 Bible Study w/ Terry and Charmane (TH)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Canasta (RL)</li> <li>2:00 Trivia Pursuit (BR)</li> <li>3:00 Wheel of Fortune (BR)</li> </ul>
<ul style="list-style-type: none"> <li>10:00 Livestream Haynes Barton, North Carolina Service (T)</li> <li>1:00 5 Crowns Card Game (RL)</li> <li>1:00 Bridge (GC)</li> <li>2:00 Sunday Matinee: Mudbound (SR)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Aroma Yoga and Stretch (V)</li> <li>10:00 Blokus for Brain Game (BR)</li> <li>10:00 Publix Run</li> <li>11:00 Watersound Book Club with Author Kendra Hoey (LI)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Rummikub (BR)</li> <li>2:00 Standing Strong (B)</li> <li>2:30 Canasta (BR)</li> <li>4:00 15 min Balance Routine (B)</li> <li>4:00 Monday Happy Hour with Mike (TB)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Chair Sit-to-Fit (BS)</li> <li>10:00 Quirky with Quirkle for the Brain (BR)</li> <li>10:00 Shopping @ Destin Commons</li> <li>11:00 Corn Hole Contest on the Pool Deck (PD)</li> <li>12:00 Guided Fitness (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Senior Scattergories Showdown (BR)</li> <li>2:00 Chair Mobility and Stretch (BS)</li> <li>2:30 Creative Seaglass with Thalia (CR)</li> <li>3:00 Neighborhood Walk (L)</li> <li>3:30 Mexican train Dominoes (BR)</li> <li>4:30 Old Florida Fish House Dinner</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Morning Stretch (BS)</li> <li>10:00 Health and Wellness Panel (CS)</li> <li>10:30 Kings in the Corner (PD)</li> <li>11:00 Guided Fitness Center Hour (V)</li> <li>11:00 Hand and Foot Card Game (BR)</li> <li>12:00 Xpress Chair Cardio Workout (B)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Scrabble Social (BR)</li> <li>2:00 Mat Stretching (V)</li> <li>2:00 Movie: South Pacific (SR)</li> <li>2:30 5 Crowns Card Game (RL)</li> <li>3:00 Line Dancing (FS)</li> <li>3:00 Veteran's Cocktails and Comraderie (SI)</li> <li>4:00 Roulette Happy Hour (BA)</li> </ul>	<ul style="list-style-type: none"> <li>8:00 Nature Walk (LR)</li> <li>9:00 Body Balance (V)</li> <li>10:00 Hilarious Headbandz Game (GP)</li> <li>11:00 Sequence Game (BR)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Left, Right, and Center (BR)</li> <li>2:00 Chair Strength (FR)</li> <li>2:00 WU: Nourish to Flourish (H)</li> <li>2:30 Bocce Ball Contest (PD)</li> <li>3:30 Ice Cream and Pizza Party with Live Music by Tall Cotton Band (PD)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Senior Circuit (BS)</li> <li>10:00 Beach Walk</li> <li>10:00 VR Exploration (VL)</li> <li>11:00 Rush Hour Traffic Puzzle Brain Game (BR)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Brain Cafe' Course (TH)</li> <li>1:00 Bridge (GC)</li> <li>2:00 Intro to Mah-Jang (BR)</li> <li>3:00 Water Aerobics (P)</li> <li>4:00 Happy Hour at the Bar (BA)</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Bible Study w/ Terry and Charmane (TH)</li> <li>11:00 Olive Garden</li> <li>1:00 Bridge (GC)</li> <li>1:00 Canasta (RL)</li> <li>2:00 Brain Aerobics Trivia (TH)</li> <li>3:00 Wheel of Fortune (BR)</li> </ul>
<ul style="list-style-type: none"> <li>10:00 Livestream Haynes Barton, North Carolina Service (T)</li> <li>1:00 5 Crowns Card Game (RL)</li> <li>1:00 Bridge (GC)</li> <li>2:00 Sunday Matinee: Gone With the Wind (SR)</li> <li>4:00 Dinner @ Firefly</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Aroma Yoga and Stretch (V)</li> <li>10:00 Publix Run</li> <li>11:15 Blokus for Brain Game (BR)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Rummikub (BR)</li> <li>2:00 Canasta (BR)</li> <li>2:00 Standing Strong (B)</li> <li>3:30 15 min Balance Routine (B)</li> <li>4:00 Luck of the Irish Happy Hour with live Irish Music (TB)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Chair Sit-to-Fit (BS)</li> <li>10:00 Member Chat with the Team! (H)</li> <li>11:00 Neighborhood Walk (L)</li> <li>12:00 Guided Fitness (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Chair Mobility and Stretch (BS)</li> <li>2:00 Easy, healthy snack demo and taste test (H)</li> <li>2:30 Creative Seaglass with Thalia (CR)</li> <li>3:15 Collaborative Crosswords (BR)</li> <li>4:00 Piano with Kim (PI)</li> <li>4:30 Cafe 30 A Dinner</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Morning Stretch (BS)</li> <li>10:00 Scrabble Social (BR)</li> <li>11:00 Guided Fitness Center Hour (V)</li> <li>11:00 Hand and Foot Card Game (BR)</li> <li>12:00 Xpress Chair Cardio Workout (B)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Carousel Market</li> <li>2:00 Mat Stretching (V)</li> <li>3:00 Line Dancing (FS)</li> <li>3:00 Movie: Chicago (SR)</li> <li>4:00 Trivia Happy Hour (BA)</li> <li>4:45 Crust Restaurant Dinner</li> </ul>	<ul style="list-style-type: none"> <li>8:00 Nature Walk (LR)</li> <li>9:00 Body Balance (V)</li> <li>10:30 Hurricane Lanes Bowling and Lunch</li> <li>11:00 Mexican Train Dominoes (PD)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Left, Right, and Center (BR)</li> <li>2:00 Chair Strength (FR)</li> <li>2:30 360Well Principle of the Month: Nutrition</li> <li>4:00 Thirsty Thursday with Chuck (BA)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Senior Circuit (BS)</li> <li>10:00 Beach Walk</li> <li>11:00 VR Exploration (VL)</li> <li>11:30 Water Aerobics (P)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Brain Cafe' Course (TH)</li> <li>1:00 Bridge (GC)</li> <li>2:00 Intro to Mah-Jang (BR)</li> <li>3:00 Tai Chi (T)</li> <li>4:00 Happy Hour at the Bar (BA)</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Bible Study w/ Terry and Charmane (TH)</li> <li>10:30 Uncle Ernies Lunch</li> <li>1:00 Bridge (GC)</li> <li>1:00 Canasta (RL)</li> <li>2:00 Trivia Pursuit (BR)</li> <li>3:00 Wheel of Fortune (BR)</li> </ul>
<ul style="list-style-type: none"> <li>10:00 Livestream Haynes Barton, North Carolina Service (T)</li> <li>11:00 Scratch Watercolor for Brunch</li> <li>1:00 5 Crowns Card Game (RL)</li> <li>1:00 Bridge (GC)</li> <li>2:00 Sunday Matinee: Out of Africa (SR)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Aroma Yoga and Stretch (V)</li> <li>10:00 Publix Run</li> <li>11:15 Blokus for Brain Game (BR)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Rummikub (BR)</li> <li>1:00 Watersound Book Club (LI)</li> <li>2:00 Standing Strong (B)</li> <li>2:30 Canasta (BR)</li> <li>3:30 15 min Balance Routine (B)</li> <li>4:00 Mix it up Monday Happy Hour (TB)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Chair Sit-to-Fit (BS)</li> <li>10:00 Quirky with Quirkle for the Brain (BR)</li> <li>10:45 Lunch @ Wine World Watercolor</li> <li>11:00 Neighborhood Walk (L)</li> <li>12:00 Guided Fitness (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Senior Scattergories Showdown (BR)</li> <li>2:00 Chair Mobility and Stretch (BS)</li> <li>2:30 Creative Seaglass with Thalia (CR)</li> <li>3:15 Hilarious Headbandz Game (GP)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Morning Stretch (BS)</li> <li>10:00 Fitness Center Orientation (V)</li> <li>11:00 Guided Fitness Center Hour (V)</li> <li>11:00 Hand and Foot Card Game (BR)</li> <li>12:00 Xpress Chair Cardio Workout (B)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Flowers with Melissa (TH)</li> <li>2:00 Mat Stretching (V)</li> <li>2:30 Family Feud (BR)</li> <li>3:00 Line Dancing (FS)</li> <li>3:00 Movie: Guys and Dolls (SR)</li> <li>3:00 ROMEO'S Happy Hour @ Amigos</li> <li>4:00 Black Jack Happy Hour (BA)</li> </ul>	<ul style="list-style-type: none"> <li>8:00 Nature Walk (LR)</li> <li>9:00 Body Balance (V)</li> <li>11:00 Boots, Bling and Birthday Things! (D)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Left, Right, and Center (BR)</li> <li>2:00 Chair Strength (FR)</li> <li>2:30 WU: Caffeine Awareness (H)</li> <li>3:00 Sequence Game (PD)</li> </ul>	<ul style="list-style-type: none"> <li>9:00 Senior Circuit (BS)</li> <li>10:00 Beach Walk</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Brain Cafe' Course (TH)</li> <li>1:00 Bridge (GC)</li> <li>2:00 Intro to Mah-Jang (BR)</li> <li>3:00 Water Aerobics (P)</li> <li>4:00 Happy Hour at the Bar (BA)</li> </ul>	<ul style="list-style-type: none"> <li>10:00 Bible Study w/ Terry and Charmane (TH)</li> <li>11:00 Oku Lunch Aly's Beach</li> <li>1:00 Bridge (GC)</li> <li>1:00 Canasta (RL)</li> <li>5:30 Sea Lights Festival</li> </ul>
<ul style="list-style-type: none"> <li>10:00 Livestream Haynes Barton, North Carolina Service (T)</li> <li>1:00 5 Crowns Card Game (RL)</li> <li>1:00 Bridge (GC)</li> <li>2:00 Sunday Matinee: A Man in Full (SR)</li> <li>3:30 Ruth Chris Steakhouse Dinner</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Windcreek Casino</li> <li>9:00 Aroma Yoga and Stretch (V)</li> <li>10:00 Publix Run</li> <li>11:15 Blokus for Brain Game (BR)</li> <li>12:00 Guided Fitness Center Hour (V)</li> <li>1:00 Bridge (GC)</li> <li>1:00 Rummikub (BR)</li> <li>2:00 Standing Strong (B)</li> <li>2:30 Canasta (BR)</li> <li>4:00 Mix it up Monday Happy Hour (TB)</li> </ul>	<ul style="list-style-type: none"> <li>1</li> </ul>				

- Body
- Community
- Entertainment
- Mind
- Outing
- Spirit