

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		<ul style="list-style-type: none"> Tai Chi Brain Games WU: Artistry Unleashed Energy Burst Afternoon Snack & Music Corn Hole Puzzle Time Together	<ul style="list-style-type: none"> Strength & Balance Gratitude & Reflections Energy Burst 1:00 Walking for Health Afternoon Snack & Music Manicures Sing Along with Me Evening Movie	<ul style="list-style-type: none"> Slow Flow Yoga Brain Games Virtual Adventure Energy Burst 1:00 Happy Hour Desert Animals & Plants Hand Massages	<ul style="list-style-type: none"> Joyful Movement Energy Burst WU: Person of Interest 1:00 Walking Club Afternoon Snack & Music 2:00 Massages with Tiffany 2:00 Scenic Drive Balloon Toss	<ul style="list-style-type: none"> Stretch & Strength Energy Burst Afternoon Snack & Music Daily Chronicles Color Me Happy Puzzle Corner	
<ul style="list-style-type: none"> Sole to Soul Walking Club Energy Burst Afternoon Snack & Music Relax and Unwind with Meditation Sounds	<ul style="list-style-type: none"> Joyful Movement WU: Writers Collective WU: Culinary Creations Energy Burst Afternoon Snack & Music Laughing It Out Dance in Place	<ul style="list-style-type: none"> Tai Chi Brain Games WU: An Eye for Art Energy Burst Afternoon Snack & Music Memory Game Evening Stretch	<ul style="list-style-type: none"> Strength & Balance Guided Imagery Energy Burst Afternoon Snack & Music IN2L Games Evening Movie	<ul style="list-style-type: none"> Slow Flow Yoga Brain Games Virtual Trip Down Memory Lane Energy Burst 1:00 Happy Hour 2:00 Cindy McGrath- Singer Evening Trivia	<ul style="list-style-type: none"> Joyful Movement Community Life Committee Meeting Energy Burst 1:00 Walking Club Afternoon Snack & Music 2:00 Scenic Drive Motivational Stories	<ul style="list-style-type: none"> Stretch & Strength Energy Burst 2:00 Easter Egg Hunt Afternoon Snack & Music Daily Chronicles 4:00 Passover Seder- Bistro Passover Begins	
<ul style="list-style-type: none"> Sole to Soul Walking Club Energy Burst Afternoon Snack & Music Relax and Unwind with Meditation Sounds	<ul style="list-style-type: none"> Joyful Movement WU: Culinary Creations Energy Burst Afternoon Snack & Music 2:30 Minnie Kalan - Singer Abraham Lincoln Life & Times	<ul style="list-style-type: none"> Tai Chi Brain Games WU: Artistry Unleashed Energy Burst Afternoon Snack & Music ABC Name It Game The Beauty of Orchids	<ul style="list-style-type: none"> Strength & Balance Gratitude & Reflections Energy Burst Afternoon Snack & Music Manicures Basketball Game Evening Movie	<ul style="list-style-type: none"> Slow Flow Yoga Brain Games Virtual Roadtrippers Energy Burst 1:00 Happy Hour Finish the Thought Color Me Peaceful	<ul style="list-style-type: none"> Joyful Movement Service Circles Energy Burst 1:00 Walking Club Afternoon Snack & Music 2:00 Scenic Drive Good Friday Traditions	<ul style="list-style-type: none"> Stretch & Strength Energy Burst Afternoon Snack & Music Daily Chronicles Color and Song Relax and Reminisce	
<ul style="list-style-type: none"> Sole to Soul Walking Club Energy Burst 12:00 Easter Meal Afternoon Snack & Music Relax and Unwind with Meditation Sounds Happy Easter!	<ul style="list-style-type: none"> Joyful Movement WU: Culinary Creations Energy Burst Afternoon Snack & Music 2:00 Barbershop Quartet and Rootbeer Floats - 2T Elvis IQ Trivia	<ul style="list-style-type: none"> Tai Chi Brain Games WU: An Eye for Art Energy Burst 11:00 Cheesecake Factory Lunch Trip Afternoon Snack & Music Planting Spring Flowers	<ul style="list-style-type: none"> Strength & Balance Guided Imagery Energy Burst 12:00 Picnic Lunch Afternoon Snack & Music Manicures Let's Talk About It... Evening Movie	<ul style="list-style-type: none"> Slow Flow Yoga Brain Games Energy Burst 1:00 Happy Hour Balloon Toss Winding Down with a Jigsaw Puzzle	<ul style="list-style-type: none"> Joyful Movement WU: Lives Well Lived Energy Burst 1:00 Walking Club Afternoon Snack & Music Hand Massages	<ul style="list-style-type: none"> Stretch & Strength Energy Burst Afternoon Snack & Music Daily Chronicles Musical Balloon Toss Name 3...	
<ul style="list-style-type: none"> Sole to Soul Walking Club Energy Burst Afternoon Snack & Music Relax and Unwind with Meditation Sounds	<ul style="list-style-type: none"> Joyful Movement WU: Culinary Creations Energy Burst Afternoon Snack & Music 2:00 Craig Satchel on the Piano - Lobby Motivational Stories	<ul style="list-style-type: none"> Tai Chi Brain Games WU: Artistry Unleashed Energy Burst Afternoon Snack & Music Shining the Spotlight-"Frank Sinatra"	<ul style="list-style-type: none"> Strength & Balance Gratitude & Reflections Energy Burst Afternoon Snack & Music Manicures Charades Evening Movie	Calendar is Subject to Change All Activities Will Take Place in Common Areas			

APRIL 2025

Prema Memory Support Pathways



ACTIVITY LOCATOR KEY

- Body
- Community
- Mind
- Spirit