

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:15 Chair Yoga-2T 2:00 WU: The History and Making of the Baseball-2AR 2:30 Bingo - 2AR 3:30 Mindful Breathing-2 4:00 Ice Breakers - Lobby 6:00 Discussions with Donna - L	10:00 WU: Parkinsons Discussion & Exercise w/ Wade -2T 11:00 Weis Trip 1:00 Walking For Health Followed by a Snack -Lobby 2:00 April IQ & Gazette - Bistro 4:00 Ice Breakers- Lobby 6:00 Movie Night- "The Last Laugh" - Bistro	10:15 Stretching & Balance - 2T 2:00 WU: Horticulture History of the Tulip-2AR 3:00 Practicing Gratitude - 2AR 4:00 Ice Breakers- L	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 3:00 Happy Hour & Massages 2AR 4:00 Ice Breakers- Lobby	2:00 Word Mining -2AR Independent April Word Games Available in the Bistro
10:00 Communion with Lucy - Bistro	10:15 Seated Aerobics - 2T 2:00 WU: Beer Flights - 2AR 3:00 Laughing It Off-2 4:00 Ice Breakers- Lobby	10:15 Chair Yoga-2T 2:00 Bingo - 2AR 3:00 Mindful Breathing- 2AR 4:00 Ice Breakers- L 6:00 Discussions with Donna - L	10:15 Coordination & Agility Training - 2T 12:00 So Much to Give Inclusive Cafe Lunch Trip 3:00 WU: Inclusivity in Today's World - B 4:00 Ice Breakers - L 6:00 Movie Night - "Nyad"-Bistro	10:15 Stretching & Balance - 2T 10:45 Dollar Tree 2:30 Cindy McGrath - Piano 3:30 Breath it Out - B 4:00 Ice Breakers - L	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:00 Checkers 2T 3:00 Happy Hour 2AR 4:00 Ice Breakers- L	2:00 Easter Egg Hunt - L 4:00 Passover Seder - B Independent April Word Games Available in the Bistro
<u>Palm Sunday</u> 10:00 Communion with Lucy - Bistro	10:15 Seated Aerobics - 2T 2:30 Minnie Kalan-Singer - 2T 4:00 Ice Breakers- Lobby	10:15 Chair Yoga-2T 10:45 Nail Salon Trip 1:00 Menu Plan- B 2:30 Bingo - 2AR 3:00 Mindful Breathing- 2AR 4:00 Ice Breakers- Lobby 6:00 Discussions with Donna - L	10:15 Coordination & Agility Training - 2T 2:00 Resident Council - 2T 2:30 BBP Store - 2T 3:00 Tic Tac Toe - 2AR 4:00 Ice Breakers -L 6:00 Movie Night - Journey to Bethlehem- Bistro	10:15 Stretching & Balance - 2T 10:45 Rhoads Garden Trip 2:00 WU: Ellis Island Family History Day-2AR 3:30 Grateful Talk -2AR 4:00 Ice Breakers-L	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 3:00 Happy Hour & Birthday Party 2AR 4:00 Ice Breakers- L	2:00 Word Mining -2AR Independent April Word Games Available in the Bistro
<u>Easter Sunday</u> 10:00 Communion with Lucy - Bistro 11:30 Easter Meal	10:15 Seated Aerobics - 2T 2:00 Barbershop Quartet and Rootbeer Floats -2T 4:00 Ice Breakers- L	10:15 Chair Yoga-2T 2:30 Planting a Future-Lobby 3:30 Mindful Breathing - 2 AR 4:00 Ice Breakers -L 6:00 Discussions with Donna - L	10:15 Coordination & Agility Training - 2T 10:45 Wegman's Trip 2:00 WU: Wine, Cheese & Poetry with Patricia -Bistro 4:00 Ice Breakers -L 6:00 Movie Night - "The Pale Blue Eye - Bistro	10:15 Stretching & Balance - 2T 2:00 WU: Creating In the Kitchen - 2AR 3:00 Meditation for Health - 2T 4:00 Ice Breakers- Lobby	<u>Crazy Socks Day</u> 10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 3:00 Happy Hour 2AR 4:00 Ice Breakers- L	Independent April Word Games Available in the Bistro
10:00 Communion with Lucy - Bistro 2:00 Brownies & Junior Girl Scouts - 2AR	<u>Superhero Day</u> 10:15 Seated Aerobics - 2T 2:00 Craig Satchel - Piano 3:15 Activity Planning-B 4:00 Ice Breakers- L	10:15 Chair Yoga-2T 2:00 Bingo - 2AR 3:15 Mindful Breathing- 2AR 4:00 Ice Breakers -L 6:00 Discussions with Donna - L	10:15 Coordination & Agility Training - 2T 2:00 Book Club - 2AR 3:00 Journaling - 2AR 4:00 Ice Breakers -L 6:30 Gwynedd Mercy University Spring Musical Trip	<u>Manicures every Wednesday by appointment.</u> Sign up at the front desk	<u>Every Thursday evening join your friends for some jigsaw puzzle therapy in the Activities Room</u>	

APRIL 2025

Traditional

ACTIVITY LOCATOR KEY

L - Lobby
DR - Dining Room
B - 1st Floor Bistro
2T- 2nd Fl. Theater
2AR - 2nd Fl. Activities Room

Calendar is Subject to Change
See Daily Calendar in Lobby for most accurate schedule!