



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<ul style="list-style-type: none"> Tai Chi Balance WU: An Eye for Art Crafty Corner : Egg Art (MAA) Energy Burst Flower Arranging (MAA) WU: Artistry Unleashed 1:00 Cardio Dance Party 2:30 Music Therapy with Madelyn (AR/F) Happy Hour & Country Music (MCAA) 6:00 Evening Coloring & Music (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Exercise: Fitness and Fun (BR) Gratitude and Reflections 11:30 Women's Luncheon Group 1 (PDR) Armchair Traveling : New York (MAA) Cooking Corner: Pig-n-Blanket (MAA) Energy Burst Name that Sound (MAA) Walking Club (MAA) 2:30 Irresistible Bites (MAA) 6:00 Brain Boosters : Hang Man (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Facials & Masks Days (MCAA) Rhythm Exercise (MCAA) Slow Flow Yoga Televised Church Service : First Baptist (MCAA) Elegant Dining Napkin Folding Class Energy Burst Sweet Treat Bingo (MCAA) Virtual Adventure 1:00 Yoga Flow 6:00 Bowling with Friends (MCAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Food :Guess Who? (MAA) Healing Touch Hand Massages (MCAA) Stretching Chair Yoga (MCAA) Sugar Rush BINGO (MCFLR) WU: Person of Interest Crossword Puzzles (MAA) Energy Burst Let's Play Go Fish card Game (MAA) Happy Hour & Wine Social (MCAA) 6:00 Balloon Badminton (MCAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Donut Social (MCAA) Stretch & Strength 10:00 Connecting Through Skype Sessions 11:00 Silver Sneakers (MCAA) Candy Rush Bingo (MCA) Crafty Corner : Surprise Art (MCAA) Energy Burst Tuesday Trivia : General Knowledge Questions (MCAA) 1:00 Qi Gong 3:30 Bowling League 7:30 Nighttime Cinema Delight (MCA)
<ul style="list-style-type: none"> Praise Movement and Christian Hymns (MAA) Verses of the Day & This Day in History (MAA) Brain Aerobics: Unscramble Letters (MAA) Energy Burst Let's Go Golfing & Caramel Popcorn Meditation Yoga (MAA) 2:30 Irresistible Bites (MAA) 4:00 iN2I Travelogue 6:00 Skill Up! Work-N-Play (MAA) 7:00 Evening Cinema 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Joyful Movement Oldies Sing-A-Long (MAA) WU: Writers Collective 10:00 Scenic Drive & Dallas Firefighters Museum (SD) Energy Burst: Kick ball & Music WU: Culinary Creations: Ice cream Sundaes 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:30 Irresistible Bites (MAA) 6:00 Balloon Volleyball (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Tai Chi Balance Tuesday Trivia: Magazine Scavenger Hunt (MAA) Crafty Corner : Canvas Painting (MAA) Energy Burst: Kick ball & Music Women's Luncheon Group 2 Flower Arranging (MAA) Penthouse Salon: Polishing Finger Nails (MAA) WU: An Eye for Art 1:00 Cardio Dance Party Happy Hour & Wine Social (MCAA) 6:00 Evening Coloring & Music (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Armchair Traveling : Switzerland (MAA) Morning Stretch (MAA) Strength & Balance Women's Luncheon Group 2 10:00 Beautifying Moments : Makeup & Hair (MAA) Cooking Corner: Fruit Jello (MAA) Energy Burst: Kick ball & Music Name Yourself Day (MAA) 2:30 Irresistible Bites (MAA) 6:00 Brain Boosters : Hang Man (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Facials And Calming Music (MCAA) Slow Flow Yoga Televised Church Service : First Baptist (MCAA) Energy Burst: Kick ball & Music Reminiscing Pictures: Lake Homes (ME) Sweet Treat Bingo (MCAA) Virtual Trip Down Memory Lane 1:00 Yoga Flow 2:30 Irresistible Bites (MAA) 6:00 Bowling with Friends (MCAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Animals: Guess Who ? (MAA) BINGO Throw Down (MCFLR) Community Life Committee Meeting Gentle Stretching Circle (MCAA) Healing Touch Hand Massages (MCAA) Crossword Puzzles & Hot Tea (MAA) Energy Burst: Kick ball & Music Let's Play Go Fish card Game (MAA) 2:30 Irresistible Bites: Healthy Snack (MAA) Happy Hour & Country Music (MCAA) 6:00 Balloon Badminton (MCAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Donut Social (MCAA) 9:00 Doughnut Social (CB) 10:00 Connecting Through Skype Sessions 11:00 Silver Sneakers (MCAA) BINGO With Friends (MCA) Energy Burst: Kick ball & Music Tuesday Trivia: Junk Drawer Detective (MCAA) 1:00 Qi Gong 1:00 Saturday Matinee Movie & Popcorn (CR) 3:30 Bowling League 6:00 Coloring with a purpose (MCAA) 7:30 Nighttime Cinema Delight (MCA)
<ul style="list-style-type: none"> Sole to Soul Walking Club Televised Worship Service (MAA) Brain Aerobics: What's in a Word (MAA) Energy Burst: Kick ball & Music Meditation Yoga (MAA) Parachute Ball Pop 2:30 Irresistible Bites (MAA) 4:00 iN2I Travelogue 6:00 Skill Up! Work-N-Play (MAA) 7:00 Evening Cinema 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Oldies 50's 60' Sing-A-Long (MAA) Spa Time : Nails Cleaning (MAA) 10:00 Body and Rhythm with Johnny (MAA) 10:00 Wisdom Circles 11:00 Pappadeaux Seafood Kitchen For Lunch (30LADT) Baking Club: Mini Pizza's (MAA) Energy Burst: Kick ball & Music Kickball & Music Circle (MAA) WU: Culinary Creations: Ice cream Sundaes 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:30 Irresistible Bites (MAA) 6:00 Balloon Volleyball (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Tuesday Trivia : Easter Themed (MAA) Crafty Corner : Egg Coloring Pages (MAA) Energy Burst: Kick ball & Music Flower Arranging (MAA) Penthouse Salon: Nail Cleanings (MAA) WU: Artistry Unleashed 1:00 Cardio Dance Party 2:30 Music Therapy with Madeline (MCA) Happy Hour & Name that Tune (MCAA) 6:00 Evening Coloring & Music (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Armchair Traveling: Alaska (MAA) Gratitude and Reflections Mens Luncheon Morning Stretch Chair Exercise (MAA) Strength & Balance Cooking Corner: PB&J Sandwiches (MAA) Energy Burst: Kick ball & Music National Wear Your Pajama's Day 2:30 Irresistible Bites (MAA) 6:00 Brain Boosters : Word Search Puzzle (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Church Service : Highland Park Presbyterian Church (MCAA) Facials And Calming Music (MCAA) Rhythm Exercise (MCAA) Slow Flow Yoga Energy Burst: Kick ball & Music Exquisite Easter Egg Coloring Day (MAA) Sweet Treat Bingo (MCAA) Virtual Roadtrippers 2:30 Irresistible Bites (MAA) 6:00 Bowling with Friends (MCAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Chair Stretching Fitness Exercises (MCAA) Healing Touch Hand Massages (MCAA) Joyful Movement Service Circles Crossword Puzzles (MAA) Energy Burst: Kick ball & Music Let's Play Go Fish card Game (MAA) 2:30 Irresistible Bites (MAA) Happy Hour & Easter Marshmallow Peeps Social (MCAA) 6:00 Balloon Badminton (MCAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Donut Social (MCAA) Husbands Appreciation Day : Card Making Stretch & Strength 10:00 Connecting Through Skype Sessions 11:00 Silver Sneakers (MCAA) Candy Rush Bingo (MCA) Crafty Corner : Painting Boiled Eggs (MCAA) Energy Burst: Kick ball & Music 1:00 Qi Gong 1:00 Saturday Matinee Movie & Popcorn (CR) 3:30 Bowling League 7:30 Nighttime Cinema Delight (MCA)
<ul style="list-style-type: none"> Praise Movement and Christian Hymns (MAA) Sole to Soul Walking Club Televised Worship Service (MAA) Brain Aerobics: Match the Sayings (MAA) Easter Egg Scavenger Hunt Energy Burst: Kick ball & Music 2:30 Irresistible Bites (MAA) 4:00 iN2I Travelogue 6:00 Skill Up! Work-N-Play (MAA) 7:00 Evening Cinema 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Kickball & Music Circle (MAA) Oldies Sing-A-Long (MAA) Spa Time & Relaxing Music (MAA) 9:00 First Watch For Breakfast Baking Club: Chicken Salad (MAA) Energy Burst: Kick ball & Music WU: Culinary Creations: Ice cream Sundaes 1:30 WU: DAPS presents Move, Laugh, Connect (CR) 2:30 Irresistible Bites (MAA) 6:00 Balloon Volleyball (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Tuesday Trivia : General Knowledge Questions (MAA) Crafty Corner : Bunny Art Painting (MAA) Energy Burst: Kick ball & Music Flower Arranging Class (MAA) Jelly Bean Tasting and Daily Chronicles (MAA) Penthouse Salon: Polishing Finger Nails (MAA) 1:00 Cardio Dance Party 2:30 Irresistible Bites (MAA) Happy Hour & Karaoke Singing (MCAA) 6:00 Evening Coloring & Music (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Armchair Traveling : Aruba (MAA) Beautifying Moments : Makeup & Hair (MAA) Guided Meditation Morning Stretch Chair Exercise (MAA) Strength & Balance Cooking Corner: Chocolate Chip Cookies (MAA) Energy Burst: Kick ball & Music Walking Club (MAA) 2:30 Irresistible Bites (MAA) 6:00 Brain Boosters : Hang Man (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Facials & Neck Massage (MCAA) Rhythm Exercise (MCAA) Slow Flow Yoga Televised Church Service : First Baptist (MCAA) Energy Burst: Kick ball & Music Reminiscing Pictures: Lakes (ME) Sweet Treat Bingo (MCAA) 1:00 Yoga Flow 2:30 Irresistible Bites (MAA) 6:00 Bowling with Friends (MCAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Chair Stretching Fitness Exercises (MCAA) Healing Touch Hand Massages (MCAA) Sugar Rush BINGO (MCFLR) WU: Lives Well Lived Energy Burst: Kick ball & Music Let's Play Go Fish card Game (MAA) Puzzle Races Team 1 & Team 2 (MAA) 2:30 Irresistible Bites (MAA) Happy Hour & Name that Tune (MCAA) 6:00 Balloon Badminton (MCAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Stretch & Strength 9:00 Doughnut Social (CB) 10:00 Connecting Through Skype Sessions 11:00 Silver Sneakers (MCAA) Energy Burst: Kick ball & Music 1:00 Qi Gong 1:00 Saturday Matinee Movie & Popcorn (CR) 2:30 Irresistible Bites (MAA) 3:00 Saturday Music : "Jazz Express" (L) 3:30 Bowling League 6:00 Coloring with a purpose (MCAA) 7:30 Nighttime Cinema Delight (MCA)
<ul style="list-style-type: none"> Praise Movement and Christian Hymns (MAA) Sole to Soul Walking Club Brain Aerobics (MAA) Energy Burst: Kick ball & Music Meditation Yoga (MAA) Parachute Ball Pop 2:30 Irresistible Bites (MAA) 4:00 iN2I Travelogue 6:00 Skill Up! Work-N-Play (MAA) 7:00 Evening Cinema 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Joyful Movement 10:00 Scenic Drive & Stop Get Slurpee's at Seven Eleven 10:00 Wisdom Circles 10:00 WU: Rhythm & Motion w/ Johnny (MCA) Baking Club: Mixed Fruit Bowl (MAA) Energy Burst: Kick ball & Music WU: Culinary Creations: Ice cream Sundaes 2:00 Scenic Drive & Stop At Starbucks: White Rock Lake 2:30 Irresistible Bites (MAA) 6:00 Balloon Volleyball (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Brain Games w/ Daily Chronicle Tai Chi Balance Crafty Corner : Canvas Painting (MAA) Energy Burst: Kick ball & Music Flower Arranging (MAA) WU: Artistry Unleashed 1:00 Cardio Dance Party 2:30 Irresistible Bites (MAA) Happy Hour & Country Music (MCAA) 6:00 Evening Coloring & Music (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Armchair Traveling: Surprise Trip (MAA) Gratitude and Reflections Strength & Balance 10:30 Music Therapy with Laurie Gabriel (MCA) Cooking Corner: Guacamole Dip & Chips (MAA) Energy Burst: Kick ball & Music Name that Sound : Animals (MAA) Walking Club (MAA) 2:30 Irresistible Bites (MAA) 6:00 Brain Boosters : Maze Puzzle (MAA) 7:30 Nighttime Cinema Delight (MCA) 	<ul style="list-style-type: none"> Body Community Entertainment Mind Outing Spirit 		

Activity Locator Key:

CR = Community Room (1st Floor)
 TR = Tea Room (7th Floor)
 CB = Craddock's Bar /Lounge (1st Floor)
 PT = Poker Table (3rd Floor)
 L = Lobby (1st Floor)
 BR = Bridge (3rd Floor)

DR = Dining Room(1st Floor)
 GR = Grill Room (1st Floor)
 MCA = Activity Area (2nd Floor)
 AR = Art Room (2nd Floor)
 TT = Third Floor Terrace (3rd Floor)
 PT = Pool Table (6th Floor)
 BUS = Community Bus

Leadership Team:

Executive Director: Chad Hubbard
 Resident Care Director: Rhonda Battee
 Memory Care Director: Delondria Epps
 Community Life Director: Lakeisha Brothers
 Dining Services Director: Kyle Blazer
 Maintenance Director: Brandon DeLeon
 Sales Director: Cynthia Seskes
 Human Resources Director: Patricia Gloria-Barraza
 Business Office Manager: Tomicca Wilson

Gardens April 2025

A WATERMARK RETIREMENT COMMUNITY®

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