APRIL 2025
Our Place

EAST VILLAGE PLACE
A WATERMARK RETIREMENT COMMUNITY℠

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: Activities in **bold** denote special programs such as : live music, religious services, & Watermark University courses.	**Transportation/ Medical Appointments:** Appointments can be made on **Tuesdays** and **Thursdays, 9-3** only, through Judy Gagnon. For Memory Care residents, a family member or staff person **must** accompany them.	**April Fool's Day** - Strengthening Exercise **10:30 - WU: Culinary Creations** - Energy Burst **1:30 - WU:April Fool's Day History and Jokes** - Cafe' Social -Discussion: - Relaxation & Meditation **6:00 -** BINGO 1	**Ash Wednesday** - Cardio Exercise - **WU: Old News** - Energy Burst **1:30 - WU:Timely Topics Around the World** **3:00 -** Corn Hole - Word Game: Catergories - Scenic Relaxation - Checkers 2	- Balance Exercise -Table Top Bowling **10:30 - WU: Health Talk Nutrition** - Brain Games -Energy Burst **1:30 - Tara Murphy With Drums** - Billiards - Music Hour: 70's - Comedy Club: *Man on the Inside Episode 1* 3	- Flexibility Exercise - **WU: Reminisce:** ***What Goes Around, Comes Around*** - Coffee Social in Cafe' - Energy Burst **1:30 - Catholic Mass With Father Wayne** **2:45 - Karma the Dog Visits** - Jigsaw Puzzle - Relaxation & Meditation - Watercolor Painting 4	- Yoga for Exercise - Bingo **1:30 -** Saturday Matinee: *Persuasion* - Energy Burst - Hearthside Book Club - Cafe' Social - Volleyball - Music Hour: Peter, Paul & Mary - Sing Along 5
10:00 - Mass on TV Ch.9 -Soul to Soul Walking Club -Yoga for Exercise 2:00 - Chaplet of Divine Mercy - Energy Burst 3:00 - Volleyball - Music Hour: Billy Joel 6:30 - EWTN Worship Service Ch.18 6	-- Joyful Movement - **WU: Artistry Unleashed: Pennants** **1:30 - WU: Delicious Desserts** **- WU: Person of Interest: Gregory Peck** - Ladder Golf - Scenic Relaxation - Music Hour: Elvis -Dominoes 7	Strengthening Exercise **10:30 - WU: Culinary Creations** - Energy Burst - Discussion: Dating & Dancing **1:30- WU: Jamaican Easter** - Library Visit -BINGO - Relaxation & Meditation **6:00-** Word Game: Scattergories 8	- Cardio Exercise **10:30 - WU: Discovery Series: Unplug and Recharge** **11:00-** Plinko/Trivia **1:30 - Dave Colucci Entertains** **3:00 -** Ladder Golf - Word Game: Catergories - Scenic Relaxation - Crazy 8's 9	- Balance Exercise -Table Top Bowling **10:30 - WU: Scrumptious Delights** **11:00- WU: Old News** - Brain Games -Energy Burst **1:30 - Giovanni's Bakery Out Trip** - Billiards - Music Hour: 60's - Comedy Club: *Man on the Inside Episode 2* 10	- Flexibility Exercise - **WU: Reminisce:** *Be Careful What You Ask For* - Coffee Social in Cafe' - Energy Burst **1:30 - WU: Timely Topics Around The World** **2:45 - Karma the Dog Visits** - Sing Along - Relaxation & Meditation - Watercolor Painting 11	- Yoga for Exercise - Bingo **1:30 -** Saturday Matinee: Irish Wish - Energy Burst - Hearthside Book Club - Cafe' Social - Volleyball - Music Hour: Willie Nelson - Sing Along 12
Palm Sunday **10:00 -** Mass on TV Ch.9 -Soul to Soul Walking Club -Yoga for Exercise **2:00 -** Chaplet of Divine Mercy - Energy Burst **3:00 -** Pitch & Putt Golf - Music Hour: Billy Joel **6:30 -** EWTN Worship Service Ch.18 13	- Joyful Movement - **WU: Artistry Unleashed: Collage** **1:30 - Communion** **2:00 -** Noodle Ball **- WU: Person of Interest: Buddy Ebson** - "Spring Fling" Game - Scenic Relaxation - Music Hour: Liberaci - Billiards 14	Strengthening Exercise **10:30 - WU: Culinary Creations** - Energy Burst **2:00 - Chopped Challenge** **3:00 -** Volleyball in Wellness Room - Relaxation & Meditation **6:15 -** Word Game: 15	- Cardio Exercise **10:30 - The Wild Side w/Mike** - Energy Burst **1:30 - WU: Culinary Adventures** **3:00- WU: Timely Topics Around The World** - Target Shoot - Word Game: Catergories - Scenic Relaxation - Card Game: High/ Low 16	- Balance Exercise -Table Top Bowling **10:00 - WU: Jeff the Plant Guy** - Brain Games -Energy Burst - Billiards -Outdoor Walking Club - Music Hour: 80's - Comedy Club: *Man on the Inside Episode 3* 17	**-Good Friday** Flexibility Exercise - **WU: Reminisce:** *Easter Memories* - Coffee Social in Cafe' - Energy Burst **1:30 - Disco Dance Party** **2:45 - Karma the Dog Visits** - "Spring Fling" Game - Relaxation & Meditation - Watercolor Painting 18	- Yoga for Exercise **10:30- Easter Egg Hunt in Lobby** **1:30 -** Saturday Matinee: Meet The Fockers - Energy Burst - Hearthside Book Club - Cafe' Social - Volleyball - Music Hour: Michael Jackson - Sing Along 19
Easter Sunday **10:00 -** Mass on TV Ch.9 -Soul to Soul Walking Club -Yoga for Exercise **12:00 Easter Luncheon** **1:00 - Piano Entertainment in Lobby** **2:00- Grace Church Service** - Energy burst **3:00 -** Corn Hole - Music Hour: Billy Joel **6:30 -** EWTN Worship Service 20	**Patriot's Day** -Joyful Movement - **WU: Artistry Unleashed: Free Form Watercolors** - Hearthside Book Club **2:00 -** Chaplet of Divine Mercy **- WU: Person of Interest: Jay Leno** - Scenic Relaxation - Music Hour: America **6:00 -** Table Top Bowling 21	**Earth Day** -Strengthening Exercise **10:30 - WU: Culinary Creations** - Energy Burst **11:30 Lunch Out 99 Restaurant** **1:30 - WU: Seed Planting** - Documentary: *Our Oceans* - Artistic Expression - Relaxation & Meditation **6:00 -** BINGO 22	- Cardio Exercise **10:30 -** Team Trivia - Energy Burst **1:30 - WU:Timely Topics Around the World** **3:00 -** Corn Hole - Word Game: Catergories - Scenic Relaxation - Checkers 23	- Balance Exercise -Table Top Bowling - Brain Games -Energy Burst **1:30 - WU: Old News** **3:00- Volunteer Reconition/Ice Cream Social** -- Billiards - Music Hour: 50's Rock & Roll - Comedy Club: *Man on the Inside Episode 4* 24	- Flexibility Exercise - **WU: Reminisce:** *The Elevator Operator* **11:00- WU: Zucchini Bread** - Coffee Social in Cafe' - Energy Burst **1:30 -** **2:45 - Karma the Dog Visits** **3:00 - Beverly on Piano** - Relaxation & Meditation - Watercolor Painting 25	- Yoga for Exercise - Bingo **1:30 - Tony Rarus Entertains** - Energy Burst - Hearthside Book Club - Cafe' Social - Volleyball - Music Hour: Bread -Evening Movie: *Good Sam* 26
10:00 - Mass on TV Ch.9 -Soul to Soul Walking Club -Yoga for Exercise **2:00 -** Chaplet of Divine Mercy - Energy Burst **3:00 -** Volleyball - Music Hour: Billy Joel **6:30 -** EWTN Worship Service Ch.18 27	- Joyful Movement - **WU: Artistry Unleashed: Paper Art** **1:30 - Communion** **2:00 -** Axe Throwing **- WU: Person of Interest: Lowell Thomas** - Scenic Relaxation - Music Hour: Bette Midler **6:00 -** Billiards 28	Strengthening Exercise **10:30 - WU: Culinary Creations** - Energy Burst **1:30 - Gold and Blue Ribbon Singers/Birthday Party** - Documentary: *Our Oceans* - Artistic Expression - Relaxation & Meditation **6:00 -** BINGO 29	- Cardio Exercise **10:30 -** Team Trivia - Energy Burst **1:30 - WU:Timely Topics Around the World** **3:00 -** - Word Game: Catergories - Scenic Relaxation - Checkers 30	**Pet Therapy** **Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.**	**Happy Birthday!** **2nd Father Jack Roach** **4th Bob St. George** **6th Janet Wessels** **19th Carol Martin**	**Upcoming Events** **3rd 1:30 Tara Murphy Drums** **9th 1:30Dave Colucci Entertains** **17th 10AM Jeff The Plant Man** **19th 10:30 Easter Egg**

ACTIVITY LOCATOR KEY

*** Schedule Subject to Change**

Engage VR - Virtual Reality
If you are interested in travelling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus Headset.

20th 1PM Piano Entertainment
24th 3PM Volunteer Recognition/Ice Cream Social
26th 1:30 Tony Rarus Performs
29th 1:30 Blue Ribbon Singers/Birthday Party