

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Note: Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.</p>	<p>Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.</p>	<ul style="list-style-type: none"> - Strengthening Exercise - WU: Culinary Creations - Group Discussion: <i>Emotions</i> - Energy Burst - Sing Along - Table Top Bowling - Soul to Soul Walking Club - Relaxation & Meditation - Artistic Expression 	<ul style="list-style-type: none"> - Balance Exercise - Coffee Social in Cafe' - Daily Chronicle - Guided Imagery - Energy Burst - Matching - Word Game: <i>Starts With "A"</i> - Music Hour: Willie Nelson - Scenic Relaxation 	<ul style="list-style-type: none"> - Conductorcise - Objects BINGO - Brain Games - Energy Burst - WU: Person of Interest: Jay Leno - Horse Racing - Magnetic Tiles/ Construction - Music Hour: Country - Sorting/ Sequencing 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Hearthside Book Club - Energy Burst - "Spring Fling" - Refreshments - Sing Along - Karma the Dog Visits - Memory Triggers - Kickball - Comedy Club: <i>Man on the Inside ep.1</i> 	<ul style="list-style-type: none"> - Stretching Exercise - WU: Reminisce: <i>Be Careful What You Ask For</i> - Cafe' Social - Energy Burst - 1:30 - Saturday Matinee: <i>Irish Wish</i> - Jigsaw Puzzles - Household Tasks - Volleyball
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch. 9 - Soul to Soul Walking Club - Morning Exercise - Sing Along 2:00 - Reborns with Reasons 2:00 - Chaplet of Divine Mercy - Energy Burst - Volleyball - Music Hour: Celine Dion - Aqua Painting 	<ul style="list-style-type: none"> - Joyful Movement - WU: An Eye for Art: Egg Garland - Brain Games - Energy Burst - Noodle Ball - Sing Along - Sorting/ Sequencing - Music Hour: Benny Goodman - Game Night: Cards: High/Low 	<ul style="list-style-type: none"> - Strengthening Exercise - WU: Culinary Creations - Group Discussion: <i>Shopping</i> - Energy Burst 1:30 - Giovanni's Bakery Trip - Table Top Bowling - Soul to Soul Walking Club - Relaxation & Meditation - Artistic Expression 	<ul style="list-style-type: none"> - Balance Exercise - Coffee Social in Cafe' - Daily Chronicle 1:30 - Dave Colucci Performs - Energy Burst - Dominoes - Word Game: <i>Starts With "D"</i> - Music Hour: Chet Atkins - Scenic Relaxation 	<ul style="list-style-type: none"> - Conductorcise - Sing Along - Brain Games - Energy Burst - WU: Person of Interest: Buddy Ebsen - Flower Arranging - Sing Along - Magnetic Tiles/ Construction - Music Hour: Classical - Sorting/ Sequencing 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Hearthside Book Club - Energy Burst - Target Toss - Refreshments - Karma the Dog Visits - Memory Triggers - Kickball - Comedy Club: <i>Man on the Inside ep. 2</i> 	<ul style="list-style-type: none"> - Stretching Exercise - WU: Reminisce: <i>The Elevator Operator</i> - Cafe' Social - Energy Burst - 1:30 - Saturday Matinee: <i>Girl Haunts Boy</i> - Jigsaw Puzzles - Household Tasks - Volleyball
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch. 9 - Soul to Soul Walking Club - Morning Exercise - Sing Along 2:00 - Chaplet of Divine Mercy - Energy Burst - Volleyball - Music Hour: Aretha Franklin - Aqua Painting 	<ul style="list-style-type: none"> - Joyful Movement - WU: An Eye for Art: Collage - Brain Games - Energy Burst 1:00 - Communion - Outdoor Patio Enjoyment - Sorting/ Sequencing - Music Hour: Jazz - Game Night: Cards: High/Low 	<ul style="list-style-type: none"> - Strengthening Exercise - WU: Culinary Creations - Group Discussion: <i>Easter Traditions</i> - Energy Burst - Table Top Bowling 2:00 - Chopped Challenge - Soul to Soul Walking Club - Relaxation & Meditation - Artistic Expression 	<ul style="list-style-type: none"> - Balance Exercise - Coffee Social in Cafe' - Daily Chronicle - Guided Imagery - Energy Burst - Matching - Word Game: <i>Starts With "L"</i> - Music Hour: Charlotte Church - Scenic Relaxation 	<ul style="list-style-type: none"> - Conductorcise - Objects Bingo - Brain Games 11:30 - Luncheon Out to 99 Restaurant - Energy Burst - WU: Person of Interest: Lowell Thomas - Horse Racing - Magnetic Tiles/ Construction - Music Hour: Big Band - Sorting/ Sequencing 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Hearthside Book Club - Energy Burst - Pitch & Putt Golf - Refreshments 1:30 - Disco Dance Party - Sing Along - Karma the Dog Visits - Memory Triggers - Kickball - Comedy Club: <i>Man on the Inside ep.3</i> 	<ul style="list-style-type: none"> - Stretching Exercise - WU: Reminisce: <i>Easter Memories</i> - Cafe' Social - Energy Burst - 1:30 - Saturday Matinee: <i>Good Sam</i> - Jigsaw Puzzles - Household Tasks - Volleyball
<p>Easter Sunday</p> <ul style="list-style-type: none"> 10:00 - Mass on TV Ch. 9 - Soul to Soul Walking Club - Morning Exercise 12:00 - Easter Luncheon 1:00 - Piano Entertainment 2:00 - Grace Church Service - Energy Burst - Volleyball - Music Hour: The Singing Nuns - Aqua Painting 	<ul style="list-style-type: none"> - Joyful Movement - WU: An Eye for Art: Watercolor - Brain Games - Energy Burst 2:00 - Chaplet of Divine Mercy - Sing Along - Sorting/ Sequencing - Music Hour: Harp - Game Night: Cards: High/Low 	<ul style="list-style-type: none"> - Strengthening Exercise - WU: Culinary Creations - Group Discussion: <i>Spring Gardens</i> - Energy Burst - Outdoor Patio Enjoyment - Table Top Bowling - Soul to Soul Walking Club - Relaxation & Meditation - Artistic Expression 	<ul style="list-style-type: none"> - Balance Exercise - Coffee Social in Cafe' - Daily Chronicle - Guided Imagery - Energy Burst - Dominoes - Word Game: <i>Starts With "P"</i> - Music Hour: Pop - Scenic Relaxation 	<ul style="list-style-type: none"> - Conductorcise - Flower Arranging - Brain Games - Energy Burst - WU: Person of Interest: Gregory Peck - Sing Along 2:30 - Ice Cream Social - Magnetic Tiles/ Construction - Music Hour: Opera - Sorting/ Sequencing 	<ul style="list-style-type: none"> - Flexibility Exercise - WU: Hearthside Book Club - Energy Burst - "Spring Fling" - Refreshments - Karma the Dog Visits 3:00 - Beverly on Piano - Memory Triggers - Kickball - Comedy Club: <i>Man on the Inside ep.4</i> 	<ul style="list-style-type: none"> - Stretching Exercise - WU: Reminisce: <i>What Goes Around Comes Around</i> - Cafe' Social - Energy Burst 2:00 - Tony Rarus Roll & Stroll - Jigsaw Puzzles - Household Tasks - Volleyball
<ul style="list-style-type: none"> 10:00 - Mass on TV Ch. 9 - Soul to Soul Walking Club - Morning Exercise - Sing Along 2:00 - Chaplet of Divine Mercy - Energy Burst - Volleyball - Music Hour: Katie Perry - Aqua Painting 	<ul style="list-style-type: none"> - Joyful Movement - WU: An Eye for Art: Flowers - Brain Games - Energy Burst 1:00 - Communion - Sing Along - Sorting/ Sequencing - Music Hour: Rock & Roll - Game Night: Cards: High/Low 	<ul style="list-style-type: none"> - Strengthening Exercise - WU: Culinary Creations - Group Discussion: <i>Pets</i> - Energy Burst 1:30 - Blue Ribbon Singers Perform for Monthly Birthdays - Table Top Bowling - Soul to Soul Walking Club - Relaxation & Meditation - Artistic Expression 	<ul style="list-style-type: none"> - Balance Exercise - Coffee Social in Cafe' - Daily Chronicle - Guided Imagery - Energy Burst - Matching - Word Game: <i>Starts With "M"</i> - Music Hour: Merl Haggard - Scenic Relaxation 	<p>Engage VR - Virtual Reality If you are interested in travelling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus Headset.</p>	<p>Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.</p>	<p>Dates to Remember</p> <ul style="list-style-type: none"> 6th Reborns with Reasons 8th Giovanni's Bakery Out Trip 9th Dave Colucci Performs 15th Chopped Challenge 17th Lunch Out to the 99 18th Disco Dance Party

APRIL 2025
Pathways

EAST VILLAGE PLACE
A WATERMARK RETIREMENT COMMUNITY™

ACTIVITY LOCATOR KEY

* Schedule Subject to Change

Happy Birthday!

2nd Father Jack Roach
4th Bob St. George
6th Jan Wessels
19th Carol Martin



As the weather improves we will be making every effort to host our activities outside on the courtyard.

- 20th Easter Sunday
- 25th Beverly on Piano
- 26th Tony Rarus Roll & Stroll
- 29th Blue Ribbon Singers and Monthly Birthday Party
- 14th & 28th Holy Communion