

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Medical Transportation Appointment Request must be turned in one day prior by 2:00pm. All appointments must be within a 10 mile radius. Please note: Only one appointment per day per resident and First Come First Serve</p>	 <p>WATERMARK RETIREMENT COMMUNITIES®</p>	<p>April Fools 9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 11:00 Trivia with Christianne (BL) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:00 Wet T-Shirt Contest (BL) 3:00 Brownies and Fruit Punch (BL) 6:30 Evening Movie: The Quietman (TH)</p>	<p>10:00 Resistance Band Workout (AS) 11:00 Morning Affirmations (BL) 11:00 History of the World with Rabbi Wolk (TH) 11:30 Hugs Cafe Outing 1:00 Pokeno (Next to 5212) 1:00 Lady Liberty Day: Virtual Tour of the Statue of Liberty and Facts (BL) 2:00 Baking Class: Peanut Butter and Jelly Cookies (BL) 3:00 Art Class with Judy Mason (AB) 3:15 Learn French with Christianne (BL) 4:00 Wine Down Wednesday (BL)</p>	<p>9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 11:00 Travel to Colombia: Snack Box and Information Session (BL) 1:30 Bingo (MP) 2:15 Happy Hour with Andy Goin (DR) 2:30 Hymn Singing (next to 4111) 3:15 Community Life Meeting with Raz and Christianne (BL) 6:30 Pokeno (G) 6:30 Poker (L)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:00 Confession with Father Joe 10:30 Catholic Communion (MP) 11:30 Mystery Lunch Outing 1:00 Crazy Rummy (L) 1:00 Stretch Band Workout with Christianne (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Lungs (BL) 10:30 Diamond Dots (BL) 11:00 Hawaiian Bros Outing 11:30 Violin Playing with Jay (DR) 1:30 Bingo (MP) 2:00/7:00 Movie: The Italian Job (TH) 6:30 Chicken Foot (G)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Notting Hill (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 National Beer Day: Union Bear Brewery Outing 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 2:30 Walking Around Frisco Outing 3:00 History Buffs: Passover (L) 3:00 New Resident Orientation (TH) 6:30 Pokeno (G)</p>	<p>9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 1:30 Activity with Amanda and Christianne (BL) 2:15 Happy Hour with Doc Gibbs (DR) 3:15 Painting with Bob Razz: Draw a Bird Day (AB) 6:30 Evening Movie: The Shootist (TH)</p>	<p>10:00 Resistance Band Workout (AS) 10:00 Grocery Shopping/Nail Salon Outing 11:00 Learn French Phrases with Christianne (BL) 1:00 Pokeno (Next to 5212) 1:30 360 Wellness Talk: Walking Club with HealthPro Heritage (BL) 2:30 Day of Pink: Pink Party (BL) 3:30 Winston Churchill Day: The Life and Legacy of a Famous Leader (BL) 4:00 Wine Down Wednesday (BL)</p>	<p>9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 11:30 WU Tech Class: Social Media (BL) 1:30 Bingo (MP) 1:30 One Hundred Day: 100 Places You Have Traveled (BL) 2:30 Masters Tournament: Golf Championship and Golf Party (BL) 3:30 US Patent System: Learn about Historic Inventors (BL) 6:30 Pokeno (G) 6:30 Poker (L)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:00 Pearl Sugar Waffle Bake with Christianne (BL) 11:00 Fords Garage Outing 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 4:00 Signature Cocktail Hour with Michele Morris (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Heart (BL) 10:00 The Apollo Project: Women In Space at the Frisco Heritage Museum Outing 10:30 Diamond Dots (BL) 10:30 Squad Sells (BL) 1:00 Cybersecurity class with Manoj and Tejasvi (TH) 1:30 Bingo (MP) 1:30 Valerie's Card Making Creations (AB) 2:00/7:00 Movie: The Eagle Has Landed (TH) 6:30 Chicken Foot (G)</p>
<p>Palm Sunday 10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: The Unsinkable Molly Brown (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 Delicious Deals: McAlisters Outing 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 2:30 Walking Around Frisco Outing 3:00 History Buffs: Ceremonies of Holy Week (L) 6:30 Pokeno (G)</p>	<p>Tax Day 9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 11:00 Easter Egg Creations (BL) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:00 Income Tax Day: Tax Day Cocktails (BL) 3:00 World Art Day: Marbling Art (AB) 6:30 Evening Movie: Last Holiday (TH)</p>	<p>10:00 Resistance Band Workout (AS) 11:00 Morning Affirmations (BL) 11:30 JULIET's Women's Lunch Outing: Heirloom Haul - Tea Room and Clothing 1:00 Pokeno (Next to 5212) 1:30 WU Taste of the Holy Lands (1208) 2:30 Henry Mancini Day: Breakfast at Tiffanys (BL) 3:00 National Orchid Day: Paint an Orchid for Beginners (AB) 4:00 Wine Down Wednesday (BL)</p>	<p>8:00-4:00 Dr. Graff Mobile Visit (East Side of the Building) 9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 11:00 Macadamia Cookie Tasting with Christianne (BL) 11:00-1:00 Tai Chi Session with Nanci DuPlant (AS) 1:00 Parkinson Disease Talk with Encompass Health (BL) 1:30 Bingo (MP) 1:30 Leslie's Watercolor Art with Accent (AB) 2:15 Happy Hour with Vic Duncan (DR) 2:30 Hymn Singing (next to 4111) 5:00 Mystery Dinner Outing 6:30 Pokeno (G) 6:30 Poker (L)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:00 Travel with Christianne: Spain (TH) 11:30 ROMEO Mens Outing: Saltgrass Outing 1:00 Crazy Rummy (L) 1:00/2:00/3:00 WU Live your Best Life (G) 1:00 Pinata Day: Pinata Time! (BL) 3:30 Total Hearing Care Visit (L) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>0:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Kidneys (BL) 10:30 Julie's Abstract Art (AB) 12:00 Easter Egg Hunt and Party (BL) 1:30 Bingo (MP) 2:00/7:00 Movie: Silverado (TH) 6:30 Chicken Foot (G)</p>
<p>Easter 10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Angel Eyes (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 Delicious Deals: Lubys Outing 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 2:30 Walking Around Frisco Outing 3:00 History Buffs: The Fall of Richmond and Virtual End of the Confederacy (L) 6:30 Pokeno (G)</p>	<p>Earth Day 9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 11:00 Learn French Common Sayings with Christianne (BL) 11:30 Jelly Bean Day: Whats that Jellybean? 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:15 Happy Hour with Divine (DR) 3:15 Earth Day Talk with Raz (BL) 6:30 Evening Movie: Saint (TH)</p>	<p>10:00 Trader Joes Outing 11:00 Morning Affirmations (BL) 1:00 Pokeno (Next to 5212) 1:00 National Picnic Day: Picnic at the Grove Outing 2:00 Pinochle (G) 2:00 WU Mary Kay Lip Moisturizer Information Session (BL) 3:00 Cherry Cheesecake Day: Sampling (BL) 4:00 Wine Down Wednesday (BL)</p>	<p>9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 Bingo (MP) 1:30 National Soda Fountain Day: 50s Dress and Soda Fountain Floats (BL) 2:30 National Bucket List Day: Create your own Bucket List (BL) 3:00 Mad Hatters Book Club: When We Believed in Mermaids by Barbara O'Neal (L) 3:30 Parkview Cook Book Contest (BL) 6:30 Pokeno (G) 6:30 Poker (L)</p>	<p>8:00 Choctaw Casino 9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 Bake Sale for Watermark for Kids Fundraiser (BL) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Pancreas (BL) 10:00 Piada Italian Street Food Outing 10:30 Diamond Dots (BL) 10:30 Julie's Abstract Art (AB) 11:45 Rolling Through the 40's and 50's with Dean Peters (DR) 1:30 Bingo (MP) 2:00/7:00 Movie: The Alamo (TH) 6:30 Chicken Foot (G)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Nefertiti Resurrected (TH)</p>	<p>9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:00 Delicious Deals: Braums 1:00 Chair Zumba (AS) 1:00 Harris Jewelry Repair (BL) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 2:30 Walking Around Frisco Outing 3:00 History Buffs: The Sinking of the Titanic (L) 6:30 Pokeno (G)</p>	<p>9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:15 Happy Hour with Andy Goin (DR) 3:15 National Peace Rose Day: Clay Rose Flowers (AB) 6:30 Evening Movie: The Secret of the Titanic (TH)</p>	<p>10:00 Getting to know you- New Resident Social (AS) 11:00 Morning Affirmations (BL) 12:30 Titanic: The Exhibition Outing 1:00 Pokeno (Next to 5212) 1:00 Denim Day: Wear your best Denim Outfit (BL) 2:00 Pinochle (G) 2:00 Mr Potato Head Day Trivia and Facts 3:00 Art Class with Judy Mason (AB) 4:00 Wine Down Wednesday (BL)</p>	<p>April Birthdays James D. 04/02 Enhui L. 04/05 Billie R. 04/05 Joan P. 04/06 Sherry C. 04/08 Dona L. 04/10 John P. 04/11 John C. 04/15 Jolaine C. 04/19</p>	<p>April Birthdays Continued Frank R. 04/21 Barbara B. 04/23 Sylvia P. 04/24 Bill A. 04/25 Sandra B. 04/25 Nila M. 04/29</p>	

APRIL 2025

Independent Living



PARKVIEW
IN FRISCO
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

AB- Art Breezway
AS- Aerobic Studio
B1/4- Breezway Between Bld 1/4
BL- Bistro Lounge
DO- Doctor's Office (#1102)

DR- Dining Room
FP- Fire Place
G- Game Room
L- Library
MP- Multipurpose Room
LB- Lobby
P-Pool
PD- Private Dining Room
PT- Pool Table
TH- Theater