


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>New Programs:</p> <p>Spiritual Book Club: Return to the Garden of Your Heart w/ Nadine & Lisa - 14th</p> <p>Sign Language 101 w/ Edwin - 15th</p> <p>Garden Girls' Plant Project w/ Terri & Ashley - 22nd</p>	<p>New Series:</p> <p><i>House of David</i> Mondays at 11:30 AM</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591 1:00 Shopping Trip: Millbrook 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 2:30 Fountains Radio Network - A 3:00 WU Active Listening - AL 4:00 Deb's Update Meeting - A</p>	<p>10:00 Men's Coffee Social - CS 10:45 WU Alexander Tech. - A 1:00 Bridge - UL 1:30 WU Walking Club w/ Lisa & Chewy - NL 2:00 WU Writers' Exchange w/ Lorraine Hartin Gelardi - L 2:00 New Game: Broadway Trivia w/ Jen - AL 3:00 Scott Stephens Concert - A</p>	<p>10:00 WU Equine Therapy - LR 10:45 WU Lucy's Limber Up - A 11:30 Irish Identity - AL, 591 1:00 Canasta - UL 1:00 WU Advanced Art - AR 2:00 WU Art History Film: - A 3:30 Art History Discussion AR 3:45 No Bible Study, Kyle away 4:00 Catholic Communion - AL 6:30 Game Night w/ Amber UL</p>	<p>10:00 Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 1:00 WU Spanish 101 - L 2:00 Trivial Pursuit - AL 3:00 Oscar Rodriguez Classical Piano Concert - A 4:00 Shabbat Shalom followed by Passover Dinner - PDR</p>	<p>10:30 WU Vitality & Balance w/ Demetra - A 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Pinewoods School of Dance Performance - A 3:15 Film: The Bucket List - 591, AL 4:00 Inter-generational Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 12:45 Trip: Ketchum High School- Mary Poppins 1:30 Mahjong - NL 2:00 Classic Film: The Blue Bird - A, 591 2:30 Team Game: Smart Alec - UL</p>	<p>10:45 WU Rehab Workout - A 11:30 House of David - 591 11:30 WU Current Affairs - AL 1:00 Shopping Trip: Adams 1:00 Bridge - UL 1:30 WU Knit/Crochet - UL 3:00 WU Opera part 1: La Fille du Regiment - AL 7:00 Film: Laura Ingalls Wilder: Prairie to Page - 591, AL</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 3:00 WU Brain Games w/ Jen McCreery - L 2:30 Fountains Radio Network - A 3:30 Lemon Lavender Gin Rickey Social - UL Cowboy Theme Dinner - DR</p>	<p>10:45 WU Alexander Tech. - A 1:00 Bridge - UL 1:30 WU Walking Club w/ Lisa & Chewy - NL 2:00 WU Active Aging Seminar w/ OT, Sarah Domschine: Parkinson's Awareness - AL 3:00 WU Opera part 2: La Fille du Regiment by Donizetti w/ Dr. Marguerite Mullee - AL</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Irish Identity Series - AL, 591 1:00 Canasta - UL 1:00 WU Advanced Art - AR 2:00 WU Art History Film - A 3:00 Art History Discussion AR 3:45 WU Bible Study - INN 4:00 Catholic Communion - AL</p>	<p>10:00 Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 1:00 WU Spanish 101 - L 2:00 Trivial Pursuit - AL 3:00 Volunteer Appreciation Celebration w/ Frankie Keene - A 4:00 Shabbat Shalom - PDR</p>	<p>10:30 Streamed Exercise* - 591 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Documentary Film: Mad about the Boy: the Noel Coward Story - A, 591 2:15 WU Crafts w/ Jess: Crafts w/ Egg Line Art - AR 4:00 Inter-generational Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: Inside Out 2 - A, 591 2:30 Team Game: Hedbanz - UL 3:00 WU Making Connections w/ Maayana - AL</p>	<p>10:45 WU Rehab Workout - A 11:30 House of David - 591 11:30 WU Current Affairs - AL 1:00 Shopping Trip: Shoprite 1:00 Bridge - UL 1:30 WU Knit/Crochet - UL 2:00 WU Sound Bath - AL 3:00 WU Music Appreciation: The Music of Easter - A 4:00 Spiritual Book Club - L 7:00 Runaway Jury - 591, AL</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 Independent Art - AR 2:30 Food Service Meeting - Bistro 2:30 Fountains Radio Network - A 3:30 WU Laura' Book Club - L 4:15 WU Sign Language - AL</p>	<p>10:45 WU Alexander Tech. - A 11:30 Lunch Trip: Dosa Grill 1:00 Bridge - UL 1:00 Andre Rieu Concert - 591 1:30 WU Walking Club w/ Lisa & Chewy - NL 2:00 Karaoke w/ Jess - Inn 2:30 Earth Day Project: Community Garden w/ Lucy L 3:15 Father Matt's Service - AL 3:30 FMRA Coffee Social - UL</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Irish Identity Series - AL, 591 1:00 Canasta - UL 1:30 Documentary: Visions of Greece - 591, AL 2:15 WU Craft w/ Jess: Easter Magnets - AR 3:45 WU Bible Study - INN 4:00 Catholic Communion - AL 4:30 Dinner Trip: Vulajio's</p>	<p>10:00 Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 1:00 WU Spanish 101 - L 2:00 Trivial Pursuit - AL 3:00 Good Friday Service w/ Pastor Kyle - A 4:00 Shabbat Shalom - PDR</p>	<p>10:30 WU Vitality & Balance A 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Brian's Song - A, 591 2:15 WU Crafts w/ Jess: Wooden Flower Painting - AR 4:00 Inter-generational Piano Singalong - Inn</p>
<p>Happy Easter! 9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: The Greatest Game Ever Played - A, 591</p>	<p>10:45 WU Rehab Workout - A 11:30 House of David - 591 11:30 WU Current Affairs - AL 1:00 Shopping Trip: Tops 1:00 Bridge - UL 1:30 Group Knit/Crochet - UL 3:00 Lance Lavender & Co. Concert - A 4:00 Spiritual Book Club - L 7:00 New Film: A Complete Unknown - 591, AL</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 2:30 Fountains Radio Network - A 3:00 WU Active Listening - AL 3:00 WU Garden Girls' Plant Project w/ Ashley & Terri - AR</p>	<p>10:45 WU Alexander Tech. - A 1:00 Bridge - UL 1:00 Documentary: Sinatra in Palm Springs - 591, AL 1:30 WU Walking Club w/ Lisa & Chewy - NL 2:00 Documentary: Il Villaggio di Millbrook - AL, 591 2:00 Saxophone Name That Tune - Inn 3:00 WU Wine Tasting w/ Carl - Bistro</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Irish Identity Series - AL, 591 1:00 Canasta - UL 2:30 WU Spring Art Show - AG 3:45 WU Bible Study - INN 4:00 Catholic Communion - AL 5:00 Birthday Dinner - PDR</p>	<p>Arbor Day 10:00 Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: The Great Ideas of Philosophy - AL, 591 1:00 WU Spanish 101 - L 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR</p>	<p>10:30 WU Vitality & Balance A 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Hoosiers - A, 591 2:15 WU Collage Creations w/ Susan Myers - AR 4:00 Inter-generational Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 12:45 Concert Trip to Bard 1:30 Mahjong - NL 2:00 Classic Film: The Train Robbers - A, 591 3:00 WU Spiritual Study w/ Beth & Maayana - AL</p>	<p>10:45 WU Rehab Workout - A 11:30 House of David - 591 11:30 WU Current Affairs - AL 1:00 Bridge - UL 1:30 Group Knit/Crochet - UL 2:00 National Library Month: Millbrook Library Offerings & Library Card Registration - L 3:00 WU African Drumming Inn 4:00 Spiritual Book Club - L 7:00 Heart of Champions 591, AL</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 Inventions Series - 591 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 2:30 Fountains Radio Network - A 3:30 Orange Ginger Mint Soda Social - UL 4:15 WU Edwin's Prayer Group - AL</p>	<p>10:45 WU Exercise Therapy w/ Cris Caivano - A 11:00 Shopping Trip: Walmart 1:00 Bridge - UL 1:30 WU Walking Club w/ Lisa & Chewy - NL 1:30 WU National Poetry Month Program w/ Lorraine: Emily Dickinson: My Letter to the World film & discussion AL 3:30 Grandpa Joe's Band - A</p>	<p>Wishing our Jewish community a blessed Passover 12th-20th. Our special service & dinner is on the 4th. Please reserve w/ Community Life 905-8014.</p> <p>A - Auditorium AG - Art Gallery AL - Allen Lounge AR - Art Room BIS - Bistro CS - Country Store DR - Dining Room L - Library LOB - Main Lobby LR - Living Room at the Inn NL - North Lounge PDR - Private Dining Room UL - Upper Lobby</p>	<p>Art History schedule:</p> <p>4/3 Georgia O'Keeffe Biography 4/10 Alfred Stieglitz</p>	<p>27th Concert Trip to Bard's Fisher Center: Heaven in a Wildflower: The Earthly & the Divine w/ Orchestra Now</p>
<p>APRIL 2025 Independent Living</p> <p> THE FOUNTAINS AT MILLBROOK A WATERMARK RETIREMENT COMMUNITYSM</p>		<p>ACTIVITY LOCATOR KEY</p> <p>Your Community Life Team: Lisa Rieckermann, Director Jennifer Bourque, Associate Raegan Haege, Associate Jessica Kaufman, Associate 845-905-8014</p>	<p>Red - Live Exercise Purple - Music Dark Orange - Arts & Crafts Teal - Vocational Black - Educational/Social Pink - Health Green - Trips Blue - Spiritual, Therapeutic</p>	<p>Church & Shopping trips: sign up @ podium - Lobby Community Life trips: 905-8014</p>	<p>Please check channel 591 daily for updates!</p> <p>WU = Watermark University Series, taught by a live Instructor</p>	