

April 2025

April Birthdays
Charles Siskin 04/03 Kay Devereux 04/13 Joyce Ramserran 04/27
Thalia Newton 04/10 John Bakker 04/10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Morning Stretch (BS) 10:00 Aly's Beach Nature Walk 10:00 Ladies Spa Day (A3) 11:00 Mexican Train Dominoes (PD) 12:00 Guided Fitness Center Hour (V) 12:30 Xpress Chair Cardio Workout (B) 1:00 Bridge (GC) 1:00 Hand and Foot Card Game (BR) 2:00 Mat Stretch and Mobility (V) 2:30 Movie: West Side Story (T) 3:00 Line Dancing (FS) 3:00 Veteran's Meet Up (GC) 2	9:00 Body Balance and Core (V) 10:00 Grayton Beach Locals Market and Nature Walk 12:00 Guided Fitness Center Hour (V) 1:00 5 Crowns Card Game (BR) 1:00 Bridge (GC) 2:00 Chair Flex and Flow (GP) 2:30 WU: Unplug to Recharge (H) 3:00 WU: Hydroponic Gardening @ Water sound Fountains (TH) 3:30 Corn Hole and Ladder Ball on the Pool Deck (PD) 3	9:00 Senior Circuit (BS) 10:00 Beach Walk 11:00 Sequence Game (VR) 12:00 Mindful Movement (GP) 12:30 Guided Fitness Center Hour (V) 1:00 Brain Cafe' Course (TH) 1:00 Bridge (GC) 1:00 Mah-Jang (BR) 3:00 Water Aerobics (P) 4:00 Trivia Happy Hour (BA) 4	10:00 Bible Study w/ Terry and Charmane (TH) 11:00 Raw N Juicy Alys Beach 1:00 Bridge (GC) 1:00 Canasta (RL) 3:00 Billiards/Shuffleboard (BR) 4:00 Community Ride 5
10:00 Livestream Haynes Barton, North Carolina Service (T) 1:00 Bridge (GC) 1:00 Hand N Foot (RL4F) 2:00 Matinee: Fiddler on the Roof (T) 2:00 Watersound Block Party (CP) 7:00 The Americas: The West Coast Documentary Narrerated by Tom Hanks (T) 6	9:00 Power Yoga (V) 10:00 Publix Run 11:15 Blokus for Brain Game (BR) 11:30 Book mobile 12:00 Guided Fitness Center Hour (V) 12:30 Lunch and Learn Health Fair (H) 1:00 Bridge (GC) 1:00 Senior Scattergories Showdown (BR) 2:00 FUNctional Fitness (B) 2:30 Canasta (BR) 3:45 15 min Chair Abs Workout (B) 4:00 Mix it up Monday Happy Hour (TB) 6:30 Couples Game Night Competition (H) 7	9:00 Chair Sit-to-Fit (BS) 10:00 Left, Right and Center (BR) 11:00 Neighborhood Walk in Watercolor & Lunch @ Scratch 1:00 Bridge (GC) 1:00 Guided Fitness (V) 1:00 Rummikub (BR) 2:00 Chair Stretch and Sculpt (BS) 2:30 Kings in the Corner (PD) 2:30 Seaglass and Shell Creations with Thalia (CS) 3:00 Meditation Practice (GP) 3:30 Kings in the Corner (PD) 3:30 Watersound Book Club and Book Mark Making (L) 4:00 Music a the Piano with Kim C (PI) 8	9:00 Morning Stretch (BS) 9:30 Coffee, Donuts and Conversation, Pets welcome (GP) 10:00 Fitness Center Orientation (V) 10:30 Hilarious Headbandz Game (BR) 11:00 Hand and Foot Card Game (BR) 11:00 Mission BBQ 12:00 Guided Fitness Center Hour (V) 12:00 Xpress Chair Cardio Workout (B) 1:00 Bridge (GC) 1:00 Flowers with Melissa (CS) 2:00 Mat Stretching and Mobility (V) 2:30 Movie: Singing in the Rain (SR) 9	8:00 Nature Walk (LR) 9:00 Body Balance and Core (V) 11:30 Master's Par-tee (CD) 12:00 Guided Fitness Center Hour (V) 1:00 5 Crowns Card Game (BR) 1:00 Bridge (GC) 2:00 Chair Flex and Flow (GP) 2:30 360Well Principle of the Month: Peace (GP) 3:00 Bocce Ball (PD) 10	9:00 Senior Circuit (BS) 10:00 Beach Walk 11:00 Sequence Letters Game (VL) 11:00 Water Aerobics (P) 12:00 Guided Fitness Center Hour (V) 1:00 Brain Cafe' Course (TH) 1:00 Bridge (GC) 1:00 Mah-Jang (BR) 3:30 Mindful Movement (GP) 4:00 Trivia Happy Hour (BA) 11	11:15 Bible Study w/ Terry and Charmane (TH) 12:15 The Perfect Pig (W) 1:00 Bridge (GC) 1:00 Canasta (RL) 3:00 VR Exploration (VR) 4:00 Community Ride 12
10:00 Livestream Haynes Barton, North Carolina Service (T) 1:00 Bridge (GC) 1:00 Hand N Foot (RO) 2:00 Masters Watch Party (T) 7:00 The Americas: Patagonia: A Documentary Narrated by Tom Hanks (T) 13	9:00 Power Yoga (V) 10:00 Publix Run 11:15 Blokus for Brain Game (BR) 12:00 Guided Fitness Center Hour (V) 1:00 Bridge (GC) 1:00 Monet Monet Art Gallery (GB) 1:00 Senior Scattergories Showdown (BR) 2:00 FUNctional Fitness (B) 2:30 Canasta (BR) 3:45 15 min Chair Abs Workout (B) 4:00 Mix it up Monday Happy Hour (TB) 14	9:00 Chair Sit-to-Fit (BS) 11:00 Neighborhood Walk (LO) 11:30 Sharkey's PCB 12:00 Guided Fitness (V) 1:00 Bridge (GC) 1:00 Rummikub (BR) 2:00 Chair Stretch and Sculpt (BS) 2:30 Seaglass and Shell Creations with Thalia (CS) 3:00 Watersound Book Club with Author Diane Parrish (L) 3:30 Kings in the Corner (PD) 4:00 Meditation Practice (GP) 4:00 Music with Chuck (BA) 15	9:00 Morning Stretch (BS) 9:30 Camp Helen Nature Walk and Kayaking 10:00 Scrabble Social (BR) 11:00 Croquet (MIL) 11:00 Hand and Foot Card Game (BR) 12:30 Guided Fitness Center Hour (V) 12:30 Xpress Chair Cardio Workout (B) 1:00 Bridge (GC) 1:00 Mexican Train Dominoes (PD) 2:00 Mat Stretching and Mobility (V) 2:30 Canasta (BR) 2:30 Movie: Life is Beautiful (SR) 3:00 Line Dancing (FS) 5:00 April Birthday Dinner (PDR) 16	8:00 Nature Walk (LR) 9:00 Body Balance and Core (V) 12:00 Guided Fitness Center Hour (V) 12:00 ROMEO'S Havana Roof Top Happy Hour Brunch 1:00 5 Crowns (BR) 1:00 Bridge (GC) 2:00 Chair Flex and Flow (FR) 2:30 Putt-Putt (PGO) 3:30 Hilarious Headbandz Game (BR) 17	9:00 Senior Circuit (BS) 10:00 Beach Walk 11:00 Sequence Game (VL) 12:00 Guided Fitness Center Hour (V) 1:00 Bridge (GC) 1:00 Egg Scavenger Hunt w/ Cassidy and Community Life 1:00 Mah-Jang (BR) 2:00 Sip N Color/Stuff Eggs (CS) 3:00 Water Aerobics (P) 4:00 Trivia Happy Hour (BA) 18	10:00 Bible Study w/ Terry and Charmane (TH) 11:00 Easter Brunch with Violinist 1:00 Bridge (GC) 1:00 Canasta (RL) 3:00 Billiards/Shuffleboard (BR) 4:00 Community Golf Cart Ride 19
10:00 Livestream Haynes Barton, North Carolina Service (T) 1:00 Bridge (GC) 2:00 Easter Games on the Pool Deck (PD) 3:00 Matinee: The Blue Gardenia (T) 20	8:15 Plant Walk at Topsail State Park 10:00 Publix Run 11:00 Power Yoga (V) 11:15 Blokus for Brain Game (BR) 12:00 Guided Fitness Center Hour (V) 1:00 Bridge (GC) 1:00 Senior Scattergories Showdown (BR) 2:00 FUNctional Fitness (B) 2:30 Canasta (BR) 3:30 15 min Chair Abs Workout (B) 4:00 Mix it up Monday Happy Hour with Music by Mike (TB) 21	9:00 Chair Sit-to-Fit (BS) 10:00 Left, Right, and Center (BR) 11:00 Neighborhood Walk (LO) 11:30 Lunch and Shopping @ the Big Chill 30 A 12:00 Guided Fitness (V) 1:00 Bridge (GC) 1:00 Rummikub (BR) 2:00 Chair Stretch and Sculpt (BS) 2:30 Seaglass and Shell Creations with Thalia (CS) 3:30 Kings in the Corner (PD) 3:30 Meditation Practice (GP) 22	9:00 Morning Stretch (BS) 9:30 Coffee, Donuts and Conversation, Pets Welcome (GP) 10:00 Fitness Center Orientation (V) 10:30 Scrabble Social (BR) 11:00 Hand and Foot Card Game (BR) 11:30 Volunteer Appreciation Lunch (PDR) 12:00 Guided Fitness Center Hour (V) 12:00 Xpress Chair Cardio Workout (B) 1:00 Bridge (GC) 1:00 Mexican Train Dominoes (PD) 2:00 Mat Stretching and Mobility (V) 2:30 Movie: It Happened One Night (SR) 23	8:00 Nature Walk (LR) 9:00 Body Balance and Core (V) 10:30 Putt-Putt (PGO) 11:00 Columbian Grill House 12:00 Guided Fitness Center Hour (V) 1:00 Bridge (GC) 1:00 Flowers with Melissa (H) 2:00 Chair Flex and Flow (GP) 2:30 WU: Meditate for the Health of it (VR) 3:00 Member Chat with the Team! (TH) 24	9:00 Senior Circuit (BS) 10:30 Doc's Oyster Bar and Valpariso Heritage Museum 11:00 Water Aerobics (P) 12:00 Brain Cafe' Graduation Lunch (TH) 12:00 Guided Fitness Center Hour (V) 1:00 Bridge (GC) 1:00 Mah-Jang (BR) 1:00 Mindful Movement (PA) 3:00 Sequence Letters Game (BR) 4:00 Trivia Happy Hour (BA) 25	10:00 Bible Study w/ Terry and Charmane (TH) 10:00 Pensacola Crawfish Festival and New Yorker Deli 1:00 Bridge (GC) 2:30 Canasta (BR) 3:00 Billiards/Shuffleboard (BR) 4:00 Community Golf Cart Ride 26
10:00 Livestream Haynes Barton, North Carolina Service (T) 11:00 Publix Run 1:00 Bridge (GC) 1:00 Hand N Foot Card Game (RL) 2:00 Matinee: His Girl Friday (T) 27	9:00 Power Yoga (V) 9:00 T.H. Stone Memorial State Park (SJ) 11:15 Blokus for Brain Game (BR) 12:00 Guided Fitness Center Hour (V) 1:00 Bridge (GC) 1:00 Rummikub (BR) 1:00 Senior Scattergories Showdown (BR) 2:00 FUNctional Fitness (B) 2:30 Canasta (BR) 3:00 Shuffle Board and Billiards (BR) 4:00 Mix it up Monday Happy Hour (TB) 28	9:00 Chair Sit-to-Fit (BS) 10:30 Left, Right and Center (BR) 11:00 Neighborhood Walk (LO) 12:00 Guided Fitness (V) 1:00 Bridge (GC) 1:00 Rummikub (BR) 2:00 Chair Stretch and Sculpt (BS) 2:30 Seaglass and Shell Creations with Thalia (CS) 3:00 Meditation Practice (GP) 3:30 Baking a Blueberry Pie with Sammy (TH) 3:30 Kings in the Corner (PD) 29	9:00 Morning Stretch (BS) 10:00 Putt-Putt Pirates Island PCB 10:30 Scrabble Social (BR) 11:00 Hand and Foot Card Game (BR) 12:00 Guided Fitness Center Hour (V) 1:00 Bridge (GC) 2:00 Mat Stretching and Mobility (V) 2:30 Movie:I love Lucy Marathon (SR) 3:00 Line Dancing (FS) 30	1 1	Body Community Entertainment Mind Outing Spirit	