

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Seated Aerobics - 2LR 2:00 July IQ - B 2:30 July Monthly Gazette Reading & Discussion-B <span style="float:right">1</span>	10:00 Chair Yoga-2LR <b>2:00 Meeta- Singer ( 2LR)</b> 3:15 WU: Civil Rights Timeline - <b>Bistro</b> <span style="float:right">2</span>	<b>10:00WU:Discussing Arthritis &amp; Exercise w/ Wade - 2LR</b> <b>2:00 WU: The Making of the Eiffel Tower - Bistro</b> <span style="float:right">3</span>	<b>Independence Day BBQ</b> <b>1:30 Red, White, and Blue Trivia - B</b> <span style="float:right">4</span>	10:00 Stretching and Balance - 2LR <b>3:00 Happy Hour &amp; Massages &amp; Music - 2LR</b> <b>6:15 Bingo w/Jocie</b> <span style="float:right">5</span>	Independent Word Games Available in Learning Center <span style="float:right">6</span>
10:00 Communion with Lucy - 2LR <span style="float:right">7</span>	10:00 Seated Aerobics - 2LR <b>10:30 Weis Trip</b> <b>2:00 WU: French Trivia &amp; Dessert - B</b> <span style="float:right">8</span>	10:00 Chair Yoga-2LR <b>1:30 Bingo - DR</b> <b>3:00 Steven DiJoseph- Piano</b> 6:00 Discovery with Donna - Lobby <span style="float:right">9</span>	10:00 Coordination & Agility Training-2LR <b>2:00 WU: In the Kitchen with Michael - LC</b> <span style="float:right">10</span>	10:00 Stretching & Balance - 2LR <b>11:30 Lunch Trip-Ooka</b> 3:00 Hangman <span style="float:right">11</span>	10:00 Stretching and Balance - 2LR 3:00 Happy Hour - 2LR <span style="float:right">12</span>	Independent Word Games Available in Learning Center <b>10:15 Word Games with Theresa - LC</b> <span style="float:right">13</span>
10:00 Communion with Lucy - 2LR <span style="float:right">14</span>	10:00 Seated Aerobics - 2LR <b>10:30- Dollar Tree Trip</b> <b>2:00 J.T-Singer-2LR</b> <span style="float:right">15</span>	10:00 Chair Yoga- 2LR <b>1:30 Menu Planning -DR</b> <b>2:00 Table Tennis &amp; Strawberries/Cream-B</b> 6:00 Discovery with Donna - Lobby <span style="float:right">16</span>	10:00 Coordination & Agility Training- 2LR <b>2:00 Resident Council - 2LR</b> <b>2:30 BBP Store - LC</b> <span style="float:right">17</span>	10:00 Stretching & Balance - 2LR <b>1:30 Trip to Merrymeade</b> 3:00 WU: Exploring Paris- Bistro <span style="float:right">18</span>	10:00 Stretching and Balance - 2LR <b>3:00 Happy Hour &amp; Birthday Party- 2LR</b> <b>6:15 Bingo with Jocie - DR</b> <span style="float:right">19</span>	Independent Word Games Available in Learning Center <b>11:00 Trivia on the Front Porch</b> <span style="float:right">20</span>
<b>11:00 Walking Outdoors - Lobby</b> <b>1:00 Ice Cream in the Bistro</b> <span style="float:right">21</span>	10:00 Seated Aerobics - 2LR <b>2:30 Minnie-Singer - 2LR</b> <span style="float:right">22</span>	10:00 Chair Yoga-2LR <b>10:30 Nail Salon Trip</b> <b>1:30 Bingo - DR</b> <b>3:00 Activity Planning - Bistro</b> <span style="float:right">23</span>	10:00 Coordination & Agility Training-2LR <b>2:00 WU: Making Olympic Themed Art- LC</b> <span style="float:right">24</span>	10:00 Stretching & Balance - 2LR 2:00 Corn Hole-LR 3:00 Large Crossword Puzzle - Bistro <span style="float:right">25</span>	10:00 Stretching and Balance - 2LR <b>3:00 French Themed Happy Hour - Patio</b> <span style="float:right">26</span>	Independent Word Games Available in Learning Center <b>10:15 Word Games with Theresa - LC</b> <span style="float:right">27</span>
10:00 Communion with Lucy - 2LR <span style="float:right">28</span>	10:00 Seated Aerobics - 2LR <b>2:00 Bill Long-Piano</b> 3:15 Act It Out- B <span style="float:right">29</span>	10:00 Chair Yoga-2LR 2:00 Olympic Ring Toss - Patio 3:00 WU: Learning French - Patio <span style="float:right">30</span>	10:00 Coordination & Agility Training-2LR 2:00 Who, What, Where Trivia- Patio 3:00 Checkers- B <span style="float:right">31</span>	<b>Manicures every Wednesday by appointment. Sign up at the front desk.</b>	Netflix Movies shown every Wednesday at 6:00pm in the 2nd Floor Living Room See the Daily Sheet for Movie Title	<b>Every Thursday evening join your friends for some jigsaw puzzle therapy in the 2nd floor LR</b>

**JULY 2024**  
**Traditional**

**ACTIVITY LOCATOR KEY**

Activity Locator Key:  
L - Lobby  
DR - Dining Room  
B - 1st Floor Bistro  
2LR - 2nd Floor Living Room  
LC - Learning Center  
P - Patio

**Calendar Subject to Change**  
**See Daily Calendar in Lobby for most accurate schedule**

**Walking Club every Friday at 11:00. Meet in the Lobby and walk around the building, weather permitting.**