July 2024 Activity Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	 10:30 Smoothie (C) 11:00 Aerobic Chair Exercise w/Fit Group USA (AR) 1:00 Color Therapy w/Delpy (AC) 3:00 Patio Games (P) 5:30 Resident Happy Hour (LR) 7:00 Movie: Flash (LR) 	2 10:30 Smoothie Drink (B) 11:00 Strengthening w/Lynese (AC) 1:00 Visit From Zelda or Bowie (L) 2:00 Crafts or Floral Arranging and Cupcakes (AC) 3:00 Dancing with Bella (AR) 4:00 Group Crossword (LR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Damsel (LR)	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 12:00 4th of July Celebration. Music w/NM Entertainment (DR) 4:00 Virtual Reality: Take Flight (AC) 5:30 Resident Happy Hour (LR) 7:00 Movie: Trigger Warning (LR) 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 1:00 Bingo (AC) 2:00 WU: Paper Craft w/Debbie (AR) 3:00 Farmer's Market Outing (L) 5:30 Resident Happy Hour (LR) 7:00 Movie: Bright (LR) 	 10:30 Smoothie Drink (B) 11:00 Strengthening Exercise w/Lynese (AC) 1:00 Grocery Shopping (L) 2:30 Group Crossword (LR) 3:30 Appetizers (DI) 4:00 Dancing with Bella (DI) 5:30 Resident Happy Hour (LR) 7:00 Movie: Queen Bees (LR) 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 2:00 Outing: Nordic Heritage Museum and Troll (L) 5:30 Resident Happy Hour (LR) 7:00 Movie: First Born 	
 9:00 Church Service (LSU) 10:30 Smoothie (C) 11:00 Exercise w/Delphy (AR) 1:00 Crafts with Delphy (AC) 2:00 Outing: Scenic Drive (L) 3:00 Patio Games (P) 4:00 The Unexplained with William Shatner (AC) 5:30 Resident Happy Hour (LR) 7:00 Movie: Our Souls at Night (LR) 	 10:30 Smoothie (C) 11:00 Aerobic Chair Exercise w/Fit Group USA (AR) 1:00 Color Therapy w/Delpy (AC) 2:00 Cooking Demo with the Kitchen (AR) 3:00 Sing Along with Cameron (2F) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Abyss (LR) 	9 10:30 Smoothie Drink (B) 11:00 Strengthening w/Lynese (AC) 2:00 Crafts or Floral Arranging and Cupcakes (AC) 4:00 Group Crossword (LR) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Nutty Professor (LR)	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 11:30 Cactus Restaurant (L) 1:00 Outdoor Games (P) 2:00 Calendar Planning w/Lynese (ACT) 3:00 Virtual Reality: Sharks! (T) 5:30 Resident Happy Hour (LR) 7:00 Movie: Airport 	and Talk (B) 11:00 Strengthening w/Lynese (AC) 2:00 Bingo (AC) 3:00 Farmer's Market Outing (L) 4:00 WU: Mark: Poetry Time (2F) 5:30 Resident Happy Hour (LR)	 10:30 Smoothie Drink (B) 11:00 Strengthening Exercise w/Lynese (AC) 1:00 Grocery Shopping (L) 2:30 Group Crossword (LR) 3:30 Appetizers (DI) 4:00 Music: DUO (DI) 5:30 Resident Happy Hour (LR) 7:00 Movie: Tyson's Run (LR) 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 2:00 Outing: Museum of Flight (L) 5:30 Resident Happy Hour (LR) 7:00 Movie: On the Basis of Sex (LR) 	
 9:00 Church Service (LSU) 10:30 Smoothie (C) 11:00 Exercise w/Delphy (AR) 1:00 Crafts with Delphy (AC) 2:00 Outing: Scenic Drive (L) 3:00 Patio Games (P) 4:00 The Unexplained with William Shatner (AC) 5:30 Resident Happy Hour (LR) 7:00 Movie: American Graffiti (LR) 	 10:30 Smoothie (C) 11:00 Aerobic Chair Exercise w/Fit Group USA (AR) 1:00 Color Therapy w/Delpy (AC) 3:00 Patio Games (P) 5:30 Resident Happy Hour (LR) 7:00 Movie: Home Team (LR) 	 10:30 Smoothie Drink (B) 11:00 Strengthening w/Lynese (AC) 2:00 Crafts or Floral Arranging and Cupcakes (AC) 3:00 Dancing with Bella (AR) 4:00 Group Crossword (LR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Good Sam (LR) 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 1:00 All Resident Meeting (AC) 3:00 Virtual Reality: History of Rock and Roll (T) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Boy Who Harvested the Wind (LR) 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 2:00 Bingo (AC) 3:00 Farmer's Market Outing (L) 3:00 Watermark University Programming (T) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Best of Enemies 	 10:30 Smoothie Drink (B) 11:00 Strengthening Exercise w/Lynese (AC) 1:00 Grocery Shopping (L) 2:30 Group Crossword (LR) 3:30 Appetizers (DI) 4:00 Music: Tony Mcarty (DI) 5:30 Resident Happy Hour (LR) 7:00 Movie: Brain on Fire 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 2:00 Outing: Bellevue Nursery (L) 5:30 Resident Happy Hour (LR) 7:00 Movie: Glass 	
 9:00 Church Service (LSU) 10:30 Smoothie (C) 11:00 Exercise w/Delphy (AR) 1:00 Crafts with Delphy (AC) 2:00 Outing: Scenic Drive (L) 3:00 Patio Games (P) 4:00 The Unexplained with William Shatner (AC) 5:30 Resident Happy Hour (LR) 7:00 Movie: Home Team (LR) 	 10:30 Smoothie (C) 11:00 Aerobic Chair Exercise w/Fit Group USA (AR) 1:00 Color Therapy w/Delpy (AC) 3:00 Patio Games (P) 5:30 Resident Happy Hour (LR) 7:00 Movie: My All American (LR) 	 10:30 Smoothie Drink (B) 11:00 Strengthening w/Lynese (AC) 1:00 Presentation with Lance (B) 2:00 Crafts or Floral Arranging and Cupcakes (AC) 4:00 Group Crossword (LR) 5:30 Resident Happy Hour (LR) 7:00 Movie: Cowgirls Song (LR) 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 1:00 Outdoor Games (P) 3:00 WU: Swimming the English Channel w/Kate (B) 5:30 Resident Happy Hour (LR) 7:00 Movie: Eat, Pray, Love (LR) 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 2:00 Bingo (AC) 3:00 Farmer's Market Outing (L) 3:00 Watermark University Programming (T) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Miracle Club (LR) 	 11:00 Strengthening Exercise w/Lynese (AC) 1:00 Grocery Shopping (L) 3:00 Luau Presentation w/Gloria (DI) 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 12:30 Lunch Outing: Wild Ginger (L) 5:30 Resident Happy Hour (LR) 7:00 Movie: Benji (LR) 	
9:00 Church Service (LSU) 10:30 Smoothie (C) 11:00 Exercise w/Delphy (AR) 1:00 Crafts with Delphy (AC) 2:00 Outing: Scenic Drive (L) 3:00 Patio Games (P) 4:00 The Unexplained with William Shatner (AC) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Wonderful Story of Henry Sugar (LR)	 10:30 Smoothie (C) 11:00 Aerobic Chair Exercise w/Fit Group USA (AR) 1:00 Color Therapy w/Delpy (AC) 3:00 Patio Games (P) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Starling 	 10:30 Smoothie Drink (B) 11:00 Strengthening w/Lynese (AC) 2:00 Crafts or Floral Arranging and Cupcakes (AC) 4:00 Group Crossword (LR) 5:30 Resident Happy Hour (LR) 7:00 Movie: The Circle 	 10:30 Coffee, Tea, Hot Chocolate and Talk (B) 11:00 Strengthening w/Lynese (AC) 1:00 Outdoor Games (P) 2:00 Food for Thought with Dining (DI) 3:00 Virtual Reality: Hooray for Horses (AC) 5:30 Resident Happy Hour (LR) 7:00 Movie: Downton Abbey 			Body Community Entertainment Mind Outing Spirit	

Activity Locator Key

Rincon Room = RIN Bistro = B Back Patio = BKP Dining Room = DR Sabino Room = SAB Lobby Area = LOB Library = L Theatre = THR Multipurpose Room = MPR The Inn =

Activity Room = AR South Lounge = SL Cafe = C Courtyard = CY Front Patio = FP

Main Living Room = ML Media Room = MR South Wing Exercise Room = SE Chapel = CH Vitality Fitness Center = VFC

Lobby = L Hallway/Room = H Lower Level Brookside = LL First Floor Elevators = E Auditorium = A

Café = C The Inns Patio = P Farm House = FH Channel 1970 = Ch Second Floor Activity Room = 2AR

First Floor Activity Room = 1AR In Room = IR The Inns Lower Level Dining Room = LLD The Garden Level = GL