

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Dear Abby with The Nayas 10:00 The Carol Burnett Show with Guest Star: Gloria Swanson 10:00 Outing: State Park Scenic Tour-"Glacier Park" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Red, White and Blue Game with Renee *2:00 Qigong with Renee-2nd 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: Presidents 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 1	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee Klatch with Stars Shaped Cookies 11:00 Chicken Soup for the Soul Readings with Nayas 1:00 Walking Club with Amy and Jerry *2:00 WU-Cooking Demo with Chef Dayna-Lounge *2:00 WU-Get Inspired with Pinterest with The Nayas: "Salt Painting Fireworks" *3:00 WU-HealthPro Wellness with Katy-2nd 3:00 Reminiscing with Old Time Records with The Nayas 4:00 Busy Hands: Dinner Set-Up *6:30 WU-Nightly Meditation with Nancy 2	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with The Nayas: "Peanut Butter Cookies" 11:00 Wii Time with The Nayas: "Bowling" 1:00 Thriving Through Music with The Nayas: "Music of Duke Ellington" 2:00 Afternoon Social Hour with Peanut Butter Cookies 2:30 Sing Along with Nadine 3:00 Patriotic Bingo for Prizes with The Nayas *3:30 WU-Sip n' Thrive Mixology with Ed: "Rum and Coke"-Lounge 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with Nayas 3	Happy 4th of July! 9:15 Moving to Music with Sam 10:00 Bible Readings with Sam 10:30 4th of July Word Mining with Sam *11:00 WU-Virtual Reality Experience with Sam: "Fireworks Display Around the World" 11:15-12:15 4th of July BBQ with Music by Lisa Marie 1:00 Patriotic Sing Along with Sam 1:30 Pictionary with Sam 2:00 Painting 101 with Sam: "Firework Display" *2:00 WU-Hilarious History with Resident, Jim-2nd 3:00 Play Your Cards Right with Sam: "Slap Jack" 3:30 Balloon Volleyball 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it: Wheel of Fortune 4	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with Nayas: "4th of July Celebrations" 11:00 Mind Stretchers with The Nayas 1:00 Fancy Nails with The Nayas 1:30 The Judy Garland Show Special 2:00 Social Hour with Ed Lescher-MDR 3:30 Poetry Readings with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 ALL Things Patriotic Activity Packet with The Nayas 5	9:30 Morning Stretch with The Nayas 10:00 Outing: Geocaching w/ Renee (Car Only) 10:00 Ancient Worlds Brought to Life: "Ancient Power, Ancient Glory of Secrets of Lost Worlds" 11:00 This Week in Review with The Nayas 1:00 Drum Circle with The Nayas 2:00 Bingo for Prizes with The Nayas 3:00 National Geographic Special: "King Tut's Final Secrets" 4:00 Busy Hands: Button Sorting 6:30 Patriotic Movie Special: "Men of Honor" with Robert DeNiro 6	
Celebrate Shark Week! 9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Books of The Bible Word Scramble with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Missing 1st Letter 4:00 Busy Hands: Napkin Folding 6:30 Shark Week Word-in-Word with The Nayas 6:30 Weekend Musical Movie Special: "Seven Brides for Seven Brothers" with Jane Powell 7	Celebrate Shark Week! 9:30 Dear Abby with The Nayas 10:00 Carol Burnett Show w/ Guest Star: Jim Nabors 10:00 Outing: State Park Scenic Tour-"Chain O' Lakes" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Rise of the Great White Shark Discussion with Renee *2:30 WU-Slow & Gentle Yoga w/ Denise-2nd 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: Things Found in the Garden 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 8	Celebrate Shark Week! 9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee Klatch with Shark Bites 11:00 Chicken Soup for the Soul of America Readings with The Nayas 1:00 Afternoon Stretch with The Nayas 1:00-3:00 Cycling Without Age Bike Rides (Please Sign up at front Desk) *2:00 WU-Get Inspired with Pinterest with The Nayas: "Kindness Rocks" 2:00 Mass with Holy Apostles-2nd 3:00 Reminiscing with Old Time Records w/ Nayas 4:00 Busy Hands: Dinner Set-Up 6:00 Night Time Sing Along with Lori 9	Celebrate Shark Week! 9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations w/ Nayas: "Oreo Cake" 11:00 Wii Time with The Nayas: "Price is Right" 1:00 Thriving Through Music with The Nayas: "Music of Glenn Miller" *1:00 WU-Health Talk with Nurse Carlee: "Chronic Heart Failure"-2nd 2:00 Afternoon Social Hour with Oreo Cake 2:30 Sing Along with Nadine 3:00 Ocean Bingo for Prizes with The Nayas *3:30 WU-Sip n' Thrive Mixology with Ed: "Shark Attack"-Lounge 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with Nayas 10	Celebrate Shark Week! 9:15 Moving to Music with Sam 10:00 Christian Service: Music and Message with United Methodist Church-2nd 10:00 In Search of the Holy Grail *11:00 WU-Virtual Reality with Sam: "Swimming with Sharks" 1:00 Music and Memories with Sam 1:30 Word Pictures with Sam 2:00 Painting 101 with Sam: "Water Coloring" *2:00 WU-Discovery Series with HealthPro: "Hydration + Sun Safety"-2nd 3:00 Play Your Cards Right with Sam: "Uno Attack" 3:30 Bulls-Eye Toss with Sam 4:00 Busy Hands: Yarn Ball 6:15 Outing: Concert in The Park: McHenry City Band 6:30 Can You Solve it with The Nayas: Wheel of Fortune 11	Celebrate Shark Week! 9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with Nayas: "Camping Trips" *10:00 WU-Be a Community Scientist with Renee: "The Importance of a Healthy Ocean"-2nd 11:00 Ultimate Trivia with The Nayas 1:00 Fancy Nails with The Nayas 1:30 Jazz Legends: The Big Bands 2:00 Social Hour with Austin Cheberenchick-MDR 3:30 Short Stories with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 Shark Week Activity Packet w/ The Nayas 12	Celebrate Shark Week! 9:30 Morning Stretch with The Nayas 10:00 Ancient Worlds Brought to Life: "Quest For Immortality" 11:00 This Week in Review with The Nayas 1:00 Drum Circle with The Nayas 2:00 Bingo for Prizes with The Nayas 3:00 National Geographic Special: "Lewis & Clark-Great Journey West" 4:00 Busy Hands: Button Sorting 4:30 Weekend Movie Special: "Soul Surfer" with Helen Hunt 6:30 Hand Massages with The Nayas 13
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Cane and Abel Crossword Puzzle with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Get The List 4:00 Busy Hands: Napkin Folding 6:30 July Word Pictures with The Nayas 6:30 Weekend Musical Movie Special: "Annie" with Carol Burnett 14	9:30 Dear Abby with The Nayas 10:00 The Carol Burnett Show with Guest Star: Lily Tomlin and Steve Lawrence 10:00 Outing: State Park Scenic Tour-"Moraine Hills Park" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Stars and Stripes Cross-Out Game with Renee *2:00 WU-Line Dancing with Renee 2:30 Sing Along with Nadine *3:15 WU-Billiards 101 with Ed-Library 3:30 A-Z with The Nayas: Things Found on the Beach 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 15	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee Klatch with Frosted Brownie Crunch Pop Tarts *11:00 WU-Life Long Learning with Marcia from C.L. Library 1:00 Afternoon Stretch with The Nayas *2:00 WU-Get Inspired with Pinterest with The Nayas: "Create Your Own Flower Pot" *2:00 WU-The Tales and Taste of Czechia *3:00 WU-HealthPro Wellness with Katy-2nd 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up *6:30 WU-Nightly Meditation with Nancy 16	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with JourneyCare 11:00 Wii Time with The Nayas: "Golfing" 1:00 Thriving Through Music with The Nayas: "Music of The Temptations" 2:00 Afternoon Social Hour with The Nayas 2:30 Sing Along with Nadine 3:00 Dog Days of Summer Bingo for Prizes with The Nayas *3:30 WU-Sip n' Thrive Mixology with Ed: "Cinnamon Whiskey"-Lounge 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with Nayas 17	9:15 Moving to Music with Sam 10:00 Daniel O' Donnell's Songs of Faith 10:00 Music and Memories with Kim and Molly-2nd *11:00 WU-Virtual Reality Experience with Sam: "Touring the Renaissance Faire" 1:00 Music and Memories with Sam 1:30 Win, Lose or Draw with Sam 2:00 Painting 101 with Sam: "Marble Painting" *2:00 WU-Hilarious History with Jim: "The Mysteries of Figures"-2nd 3:00 Play Your Cards Right with Sam: "Hi-Low" 3:30 Bowling with Sam 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it with The Nayas: Wheel of Fortune 18	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Summer Activities" 10:00 Pearl Vision: Small Repair/Cleaning for your Eyeglasses-Lobby 11:00 Mind Joggers with The Nayas 1:00 Fancy Nails with The Nayas 1:30 Jolson Sings Again 2:00 Monthly Birthday/Welcome Party with Mike Knauf-MDR 3:30 July in History with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 Under the Sea Activity Packet w/ The Nayas 19	9:30 Morning Stretch with The Nayas 10:00 Ancient Worlds Brought to Life: "Athens & Ancient Greece" 11:00 This Week in Review with The Nayas 1:00 Drum Circle with The Nayas 2:00 Bingo for Prizes with The Nayas 3:00 National Geographic Special: "Great Inca Rebellion" 4:00 Busy Hands: Button Sorting 6:30 Patriotic Movie Special: "This is The Army" with Ronald Reagan 6:30 Hand Massages with The Nayas 20
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 From Adam to Noah Crossword Puzzle with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Movie Song Match 4:00 Busy Hands: Napkin Folding 6:30 Hollywood Film Stars Word Search with The Nayas 6:30 Weekend Musical Movie Special: "Hello, Dolly!" with Barbra Streisand 21	9:30 Dear Abby with The Nayas 10:00 The Carol Burnett Show with Guest Star: Joel Grey and Vincent Price 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Patriotic Scattogories with Renee *2:00 WU-Laughter Yoga with Amy-2nd 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: States 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 22	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee Klatch with Moon Pies 11:00 Chicken Soup for the Grandmother's Soul Readings with The Nayas 1:00 Afternoon Stretch with The Nayas 1:00-3:00 Cycling Without Age Bike Rides (Please Sign up at front Desk) *2:00 WU-Get Inspired with Pinterest with The Nayas: "Pinch Pot Pets, Part 1" *2:00 WU-Sound Bowl Meditation with Fleurette from JourneyCare Hospice-2nd 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up *6:30 WU-Nightly Meditation with Nancy 23	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with The Nayas: "Banana Bread" 11:00 Wii Time with The Nayas: "Who Wants to be a Millionaire" 1:00 Thriving Through Music w/ Nayas: "Music of The Beach Boys" 2:00 Afternoon Social Hour with Banana Bread 3:00 Bible Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with Nayas 24	9:15 Moving to Music with Sam 10:00 Bible Time Favorites: "The Power of the Resurrection" 10:00 Protestant Service with Immanuel Lutheran Church-2nd *11:00 WU-Virtual Reality Experience with Sam: "Walking on the Moon" 1:00 Music and Memories with Sam 1:30 Summertime Hangman with Sam 2:00 Gardening Club with Sam *2:00 WU-Spanish with 7th Grader, Makayla-2nd 3:00 Play Your Cards Right with Sam: "Blackjack" 3:30 Question Ball with Sam 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it: Wheel of Fortune 25	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing w/ The Nayas: "Farming" 11:00 Famous Folks-Trivia, Talk & Ticklers with The Nayas 11:00-2:00 Neighborhood Block Party with Sandie Dogs Food Truck, Kona Ice Truck and Music & Magic by Kevin Sarnwick-Patio (You will need money for any food truck purchase) 1:00 Fancy Nails with The Nayas 1:30 The Best of Dean Martin Variety Show 2:00 Opening Ceremony for the Summer Olympics 3:30 Fact of Fiction with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 Summer Olympic Activity Packet with The Nayas 26	9:30 Morning Stretch with The Nayas 10:00 Ancient Worlds Brought to Life: "The Land of the Pharaohs" 11:00 This Week in Review with The Nayas 1:00 Drum Circle with The Nayas 2:00 Bingo for Prizes with The Nayas 3:00 National Geographic Special: "30 Year Special" 4:00 Busy Hands: Button Sorting 6:30 Patriotic Movie Special: "A Few Good Men" with Tom Cruise 6:30 Hand Massages with The Nayas 27
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Noah and The Flood Crossword Puzzle with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Rhyming Riddles 4:00 Busy Hands: Napkin Folding 6:30 Ice Cream Flavors Word Search with The Nayas 6:30 Weekend Musical Movie Special: "La La Land" with Ryan Gosling 28	9:30 Dear Abby with The Nayas 10:00 The Carol Burnett Show with Guest Star: Eydie Gorme 10:00 Outing: State Park Scenic Tour-"Volo Bog Park" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Patriotic Spelling Bee with Renee 2:00 Piano Recital with Ms. Molly and Her Students-2nd 2:30 Sing Along with Nadine *3:15 WU-Billiards 101 with Ed-Library 3:30 A-Z with The Nayas: Things Found in the House 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 29	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee Klatch with Cheesecake Bites 11:00 Chicken Soup for the Golden Soul Readings with The Nayas *2:00 WU-Get Inspired with Pinterest with The Nayas: "Pinch Pot Pets, Part 2" *2:00 WU-Pinocle 101 with Mark-KAR 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up *6:30 WU-Nightly Meditation with Nancy 30	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with The Nayas: "Red Lobster's Cheddar Bay Biscuits" 11:00 Wii Time with The Nayas: "Baseball" 1:00 Thriving Through Music with Nayas: "Music of Ray Charles" 2:00 Afternoon Social Hour with Red Lobster's Cheddar Bay Biscuits 3:00 Global Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with Nayas 31			

ACTIVITY LOCATOR KEY

All Activities are located in the Gardens unless otherwise noted.

*Denotes a Watermark University Course

Calendar is subject to change-Please check the daily sheets for any schedule changes.

2nd-2nd Floor
 KAR-King Arthur Room
 L-Lobby
 LG-Lounge
 MDR-Main Dining Room
 P-Patio
 3rd-3rd Floor

