

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Quote of the Month: "Hot July brings cooling showers, apricots and gilly flowers."</p>	<p>A.M. Sing-A-Long Monday Refreshments In2L Tai Chi Morning Devotional Craft Club/Color & Me P.M. Exploding with Laughter Exercise - Cardio</p>	<p>A.M. Rise and Shine Fitness Refreshments Sing - A - Long Tuesday Catholic Service/Communion Where's the Beef P.M. Virtual Reality Evening Stroll Dining Helpers</p>	<p>A.M. Wednesday Workout Refreshments Balloon Badminton Dog Day's of Summer P.M. Exercise - Range of Motion Entertainment with Dave Precious Memories Manicures & Music</p>	<p>A.M. Discussion - Table Talk Tidbits WU Gardening Club Chair Zumba P.M. Painting With A Twist Happy Hour Entertainment Evening Stroll</p>	<p>A.M. Friday Fitness Donut Day Challenge Refreshments WU Craft Club- Sunny Snapshot Door Decor Exercise - Strength P.M. In2L Brain Challenge</p>	<p>A.M. Saturday Fitness Refreshments Crazy Butterflies WU Culinary Club Strawberry Shortcake P.M. Exercise-Strength Evening In2L Furry Friend 50's Music and Relaxation</p>
<p>A.M. Stretch It Out Refreshments Sunday Devotional Hymn Praise and Worship P.M. Springtime Flower Collage Exercise-Balance Relax With Jazz Music</p>	<p>A.M. Sing-A-Long Monday Refreshments Walk it Out P.M. WU Craft Club/Color & Me Exercise - Balance Hot Towel Therapy</p>	<p>A.M. Rise and Shine Fitness Refreshments Colorful Characters Challenge In2L Brain Drain P.M. Evening Stroll Virtual Reality Backpack through Europe</p>	<p>A.M. Wednesday Workout Refreshments Buzzing Bee Bonanza P.M. Virtual Travel Club - Egypt In2L Reminisce With Me Evening Stroll</p>	<p>A.M. WU Gardening Club Refreshments Exercise - Range of Motion Sing-A-Long with Susie P.M. Exercise - Range of Motion Happy Hour Entertainment Nail and Hair Salon</p>	<p>A.M. Friday Fitness Refreshments Purr-fect Pet Photos P.M. In2L Brain Challenge WU Culinary Club- Baked Banana Chips Exercise - Breath Work</p>	<p>A.M. Sit & Be Fit Refreshments WU Craft Club - Buttons & Bows P.M. Summer Songs SingA-Long Did Someone Say "Bingo" Nature Walk</p>
<p>A.M. Stretch It Out Refreshments Sunday Devotional Name That Candy Challenge P.M. Exercise - Balance</p>	<p>A.M. Sing-A-Long Monday Refreshments Shout out the Answer Musical Moments with Luisa Bocce Ball Challenge P.M. A Poppy To Remember Exercise - Range of Motion Evening-Puzzle Fun</p>	<p>A.M. Rise and Shine Fitness Refreshments Let's Build A Picnic WU Craft Club: Summer Art P.M. Music with Karaoke Karl Virtual Reality Canadian Destinations</p>	<p>A.M. Wednesday Workout Refreshments Balloon Volleyball Challenge P.M. Happy B'day Phyllis Diller Did Someone Say BINGO Evening Stroll</p>	<p>A.M. WU Gardening Club Refreshments Let's "Pucker-Up" What' In A Picture Steak&Shake Outing P.M. Exercise Range of Motion Happy Hour Entertainment Evening-Activity Baskets</p>	<p>A.M. Friday Fitness Refreshments July Junk Drawer Detective Frankfurter Friday P.M. Exercise - Cardio Aromatherapy Dough Evening-Relaxing Music</p>	<p>A.M. Stretch It Out Refreshments Christmas in July Jigsaw Puzzle Challenge P.M. Out of This World Activity Exercise - Cardio</p>
<p>A.M. Sit & Be Fit Refreshments Sunday Devotional Exercise - Strength Hymn Sing-A-Long P.M. Wild Times At The Zoo Stretch It Out Evening Hot Towel Therapy</p>	<p>A.M. Sing-A-Long Monday Refreshments Junk Food Lovers Day Bocce Ball Challenge P.M. Baby Animal Match Up Exercise - Range of Motion Evening-Puzzle Fun</p>	<p>A.M. Rise and Shine Fitness Refreshments Daily Chronicle WU Craft Club- Wild Times At The Zoo P.M. Virtual Reality - Hawaiian Islands</p>	<p>A.M. Wednesday Workout Refreshments Entertainment with Krystal Balloon Volleyball Challenge P.M. Reading Theater Did Someone Say BINGO Evening Stroll</p>	<p>A.M. WU Gardening Club Refreshments Grapevine Aquarium Outing Gorgeous Grandma Photoshoot P.M. Exercise - Range of Motion Happy Hour Entertainment Dining Helpers</p>	<p>A.M. Friday Fitness Refreshments WU Culinary Club- Strawberries and Creme P.M. Book Club - Short Stories Exercise - Strength Training Evening-Hot Towel Therapy</p>	<p>A.M. Stretch It Out Refreshments Bocce Ball Contest Family Night Event Name That Tune P.M. Cheesy Joke Contest Exercise - Strength Training Manicures & Music</p>
<p>A.M. Sit & Be Fit Refreshments Prestonwood Church Service Hymn Sing-A-Long P.M. World Snake Day Take Your Dog To Work</p>	<p>A.M. Sing-A-Long Monday Refreshments In2L Tai Chi Morning Devotional Craft Club/Color & Me P.M. "Egg"cellent Egg Day Exercise - Cardio</p>	<p>A.M. Rise and Shine Fitness Refreshments Sing - A - Long Tuesday Catholic Service/Communion P.M. Virtual Reality Evening Stroll Dining Helpers</p>	<p>A.M. Wednesday Workout Refreshments Craft Club/ Color& Me P.M. Exercise - Balance Did Someone Say BINGO? In2L Classic Rock Radio</p>			

JULY 2024
Memory Care



PARKVIEW
IN FRISCO
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

DR-Dining Room
LR- Living Room

Color Coding
Black- Combined Events
Blue - WU
Green - Therapy
Pink - Outings

