

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Gardening-P 10:30 Monday Manicures 1:30 Super Striders 2:15 WU Canada Day -ALD 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening -P 9:45 Good News Tuesday 10:15 Zumba With Julie 1:30 Super Striders 2:15 Flower Arranging 2:30 Crafter's Corner 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Volleyball-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:15 Afternoon Movie 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Badminton-ALD 10:45 Brain Breaks-ALD 2:30 Color and Create 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Badminton-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Ice Cream Taster's Club-ALD 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Cardio Saturday-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Game Group-ALD 5:30 Evening Stroll 6:00 Evening Movie
9:00 Gardening-P 10:00 LDS Sacrament-ALD 1:30 Super Striders 2:30 Afternoon Movie 5:30 Evening Stroll 6:00 Evening Movie	10:00 Gardening-P 10:30 Monday Manicures 1:30 Super Striders 2:00 Music w/ Wayne -ALD 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening -P 9:45 Good News Tuesday 10:15 Morning Moves 1:30 Super Striders 2:15 Flower Arranging 2:30 Crafter's Corner 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Volleyball-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Crafter's Corner 5:30 Evening Stroll 6:00 Evening Movie	9:00 Gardening-P 9:30 Scenic Drive 1:30 Super Striders 2:30 Happy Hour & karaoke-ALD 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Badminton-ALD 10:45 Brain Breaks-ALD 11:00 Canyon Cookout & Leatherby's Ice Cream Outing 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Cardio Saturday-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Bingo 5:30 Evening Stroll 6:00 Evening Movie
9:00 Gardening-P 10:00 LDS Sacrament-ALD 1:30 Super Striders 2:30 Afternoon Exercises 5:30 Evening Stroll 6:00 Evening Movie	10:00 Gardening-P 10:30 Monday Manicures 1:30 Super Striders 2:30 Book Club 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening -P 9:45 Good News Tuesday 10:15 Zumba With Julie 1:30 Super Striders 2:15 Flower Arranging 2:30 MC Bowling 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Volleyball-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Crafter's Corner 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 9:45 Brain Boosters 10:15 Morning Moves 1:30 Super Striders 2:30 Scenic Drive 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Badminton-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Fondue Friday-ALD 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Cardio Saturday-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Game Group-ALD 5:30 Evening Stroll 6:00 Evening Movie
9:00 Gardening-P 10:00 LDS Sacrament-ALD 1:30 Super Striders 2:30 Afternoon Movie 5:30 Evening Stroll 6:00 Evening Movie	10:00 Gardening-P 10:30 Monday Manicures 1:30 Super Striders 2:00 Music w/ Terry-ALD 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening -P 9:45 Good News Tuesday 10:15 Zumba With Julie 1:30 Super Striders 2:15 Flower Arranging 2:30 Arm Chair Travel - France 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Volleyball-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:00 Bowling-ALD 5:30 Evening Stroll 6:00 Evening Movie	9:00 Gardening-P 9:30 Scenic Drive 1:30 Super Striders 2:30 Happy Hour & karaoke-ALD 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Badminton-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Penny Pitch Game 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Cardio Saturday-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Bingo 5:30 Evening Stroll 6:00 Evening Movie
9:00 Gardening-P 10:00 LDS Sacrament-ALD 1:30 Super Striders 2:30 Afternoon Exercises 5:30 Evening Stroll 6:00 Evening Movie	10:00 Gardening-P 10:30 Monday Manicures 1:30 Super Striders 2:30 Book Club 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening -P 9:45 Good News Tuesday 10:15 Morning Moves 1:30 Super Striders 2:15 Flower Arranging 2:30 Cooking With Alysia 5:30 Evening Stroll 6:00 Evening Movie	9:30 Gardening-P 10:15 Volleyball-ALD 10:45 Brain Breaks-ALD 1:30 Super Striders 2:30 Birthday Celebration 5:30 Evening Stroll 6:00 Evening Movie		<b>JULY BIRTHDAYS</b>  Rosie B 7/12 Helen S. 7/24 Myron 7/27	

**ACTIVITY LOCATOR KEY**

# JULY 2024

