

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Intergenerational Games w/ Camp Hillcroft kids starts 11th</p> <p>Bible Study w/ Pastor Kyle: Ruth, Faithfulness in Action. Please note new time: 3:30 PM - Thursdays.</p>	<p>10:45 Stretch/Strengthen - A 11:35 WU Current Affairs - AL 1:00 Bridge - NL 1:30 WU Knit/Crochet - UL 3:00 The Jouney by Andrea Boccelli - AL, 591 3:15 Game: Name Five - NL 4:30 Natural Healing - 591 7:00 Doc. Film: Rather - 591</p>	<p>10:45 WU Lucy's Limber Up - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 3:00 WU Active Listening Group w/ Maayana Howard - AL 3:00 Swim Trip: Tymor Park 4:00 Deb's Update Meeting A</p>	<p>9:30 Men's Coffee Social - CS 10:45 WU Alexander Technique-w/ Judith - A 1:00 Bridge - NL 2:00 Documentary Series: Deep Sea Detectives: Ghost Ship of New England - 591, AL 3:00 Andre Rieu Concert 591 3:30 Popsicles on the Rocking Chair Porch</p>	<p>Happy Independence Day!!</p> <p>12 - 2 Picnic & Entertainment by Frankie Keene - Patio, weather permitting. 2:30 Classic Film: Air Force - 591, AL</p>	<p>10:15 Cards: Hand, Knee, Foot -NL 10:45 WU Chair Yoga - A 1:00 New Series: The Great Ideas of Philosophy (30 min)-AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR</p>	<p>10:30 Walking Club - NL 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: South Pacific - AL, 591 2:15 WU Crafts w/ Jess: Card Making - AR 4:00 Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Board Games - UL 2:00 Film: Unsinkable: Titanic Untold - 591, AL 2:00 Theater Trip: Rock of Ages @ Sharon Playhouse</p>	<p>10:45 Stretch/Strengthen - A 11:35 WU Current Affairs - AL 1:00 Bridge - NL 1:00 Shopping Trip: Shoprite 1:30 WU Knit/Crochet - UL 3:00 WU Music Appreciation: The Beatles - A 4:30 Natural Healing - 591 7:00 Film: Eight Days a Week</p>	<p>10:45 WU Lucy's Limber Up - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Art Seminar w/ Lori Boehm 2:00 Doc. Film: Jerry Lee Lewis, Trouble in Mind - 591, AL 3:30 Team Game: Family Feud - NL</p>	<p>10:45 WU Alexander Technique-w/ Judith - A 1:00 Bridge - NL 2:00 Documentary Series: Deep Sea Detectives: Skeleton in the Sand - 591, AL 2:30 WU Digital Literacy (by appointment) - L 3:00 Sound Bath Experience w/ Elizabeth Castagna-AL</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:30 Games w/ Hillcroft Kids UL 2:00 Art History: Frida - AL, 591 2:00 Walking Club - NL 3:00 Corn Hole - NL back yard 3:30 WU Bible Study Series- L 4:00 Catholic Communion - AL 6:30 Game Night - UL</p>	<p>10:15 Cards: Hand, Knee, Foot -NL 10:45 WU Chair Yoga - A 11:30 Lunch Trip: Hangars Cafe 1:00 New Series: The Great Ideas of Philosophy (30 min) - AL, 591 2:00 Trivial Pursuit - AL 3:30 Bastille Day Concert - A 4:00 Shabbat Shalom - PDR</p>	<p>10:30 Walking Club - NL 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: That Day We Sang - AL, 591 2:15 WU Crafts w/ Jess: Mandala Suncatchers - AR 4:00 Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Board Games - UL 2:00 Broadway Film: Anything Goes - AL, 591 2:30 Family Feud - NL 3:00 WU Making Connections w/ Maayana - AL</p>	<p>10:45 Stretch/Strengthen - A 11:35 WU Current Affairs - AL 1:00 Bridge - NL 1:30 WU Knit/Crochet - UL 3:00 Gordon George Concert A 4:30 Natural Healing - 591 7:00 Film: Legal Eagles - 591</p>	<p>10:45 WU Lucy's Limber Up - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 Shopping Trip: Millbrook 2:00 Armchair Travel: Seychelles - AL, 591 3:30 WU Laura's Book Club - L 3:00 WU Active Listening Group w/ Maayana Howard - AL</p>	<p>10:45 WU Alexander Technique-w/ Judith - A 1:00 Bridge - NL 2:00 Deep Sea Detectives: Gold Rush Disaster - 591, AL 2:00 WU Storytelling Exchange w/ Lorraine - L 3:15 Father Matt's Service AL 4:00 Secrets of the Neanderthals - 591</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 American His. AL, 591 1:00 Canasta - UL 1:30 Games w/ Hillcroft Kids - UL 2:00 Art History: Hudson River School - AL 2:00 Walking Club - NL 3:00 Corn Hole - NL back yard 3:30 WU Bible Study Series- L 4:00 Catholic Communion - AL 6:30 Game Night - UL</p>	<p>10:15 Cards: Hand, Knee, Foot -NL 10:45 WU Chair Yoga - A 1:00 New Series: The Great Ideas of Philosophy (30 min) - AL, 591 2:00 Trivial Pursuit - AL 3:30 Wine Tasting - Bistro 4:00 Shabbat Shalom - PDR</p>	<p>10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Arthur & the King - AL, 591 2:15 WU Crafts w/ Jess: Wagon Wheel Sip & Paint-AR 4:00 Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Board Games - UL 2:00 Film: The Perfect Game - 591 only 2:30 Word Wow! - NL</p>	<p>10:45 Stretch/Strengthen - A 11:35 WU Current Affairs - AL 1:00 Bridge - NL 1:00 Shopping Trip: Tops 1:30 WU Knit/Crochet - UL 3:00 Classical Piano Concert w/ Heung Lee - A 4:30 Natural Healing - 591 7:00 Film: Torn Curtain 591</p>	<p>10:45 WU Lucy's Limber Up - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Art Seminar w/ Paola Bari: Porcelaine Painting Demo & Technique Discussion - AR 2:00 Team Game: Hedbanz - AL 3:00 FMRA General Meeting - A, all are welcome!</p>	<p>10:45 WU Alexander Technique-w/ Judith - A 1:00 Bridge - NL 2:00 Deep Sea Detectives: Treasure Hunt - AL, 591 3:00 WU Seminar Women in the Bible part 2 w/ Rev. Mary Grace Williams - AL 4:00 Dinner Trip: Ole Savannah in Kingston</p>	<p>10:45 WU Lucy's Limber Up - A 11:30 American His. - AL, 591 1:00 Trip: McCarthy's Pharmacy 1:00 Canasta - UL 1:30 Games w/ Hillcroft Kids - UL 2:00 Art History: Audubon, AL, 591 2:00 Walking Club - NL 3:00 Corn Hole - NL back yard 3:30 WU Bible Study Series- L 4:00 Catholic Communion - AL 5:00 BirthDay Dinner - PDR 6:30 Game Night - UL</p>	<p>10:15 Cards: Hand, Knee - NL 10:45 WU Chair Yoga - A 1:00 New Series: The Great Ideas of Philosophy - AL, 591 2:00 Olympics Trivia - AL 2:24 Summer Olympics Opening Ceremony w/ refreshments - AL 4:00 Shabbat Shalom - PDR 6:30 Trio: Hotchkiss Concert</p>	<p>10:30 WU Chair Zumba - A 11:00 Scrabble - NL 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Roald Dahl's Esio Trot - AL, 591 2:15 WU Crafts w/ Jess: Beaded Wind Chimes - AR 4:00 Piano Singalong - Inn</p>
<p>9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Board Games - UL 2:00 Classic Film: A Place in the Sun - 591 2:30 Bingo w/ prizes - NL 4:15 WU Lectio Divina w/ Beth</p>	<p>10:45 Stretch/Strengthen - A 11:35 WU Current Affairs - AL 1:00 Bridge - NL 1:00 Shopping Trip: Adams 1:30 WU Knit/Crochet - UL 3:00 WU Opera part 1: Tosca by Puccini - A 4:30 Natural Healing - 591 7:00 Classic Film: First Knight</p>	<p>10:45 WU Lucy's Limber Up - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 2:00 Portrait of a City: Paris Documentary: AL, 591 (26m) 3:00 Swim Trip: Tymor Park 4:15 Edwin's Prayer Group - AL</p>	<p>10:45 Trio: Renegades Baseball 10:45 WU Exercise therapy w/ Cris Caivano - A 1:00 Bridge - NL 2:00 Documentary Series: Deep Sea Detectives - 591 only 2:00 Food Service Meeting BIS 3:00 WU Opera part 2: Tosca by Puccini - A</p>	<p>Location Key: A - Auditorium AL - Allen Lounge AG - Art Gallery AR - Art Room BIS - Bistro CS - Country Store L - Library LOB - Lobby NL - North Lounge PDR - Private Dining Room UL - Upper Lobby</p>	<p>American History schedule: 11th: African Americans After Reconstruction 18th: Men & Women 25th: Religion in Victorian America</p>	<p>Summer Olympics begin 26th w/ an Opening Ceremony event!</p>
<p>JULY 2024 Independent Living THE FOUNTAINS AT MILLBROOK A WATERMARK RETIREMENT COMMUNITYSM</p>		<p>STAFF Community Life Staff: Lisa Rieckermann, Director Jennifer Bourque, Associate Raegan Haege, Associate Jessica Kaufman, Associate 845-905-8014</p>	<p>Red - Live Exercise Purple - Music Dark Orange - Arts & Crafts Teal - Vocational Black - Educational /Social Pink - Health Green - Trips Blue - Spiritual, Therapeutic</p>			